

"If Your Pain Is There, What You Need Is a Good Tonic For the Kidneys"

The hidneys are the scavengers and they work day and night in separating and the poisons from the blood. Their signals of distress are easily recognized and include such symptoms as lumbago, backache, depressions, drowsmess, irritability, head-aches, dizziness, rheumatic twinges,

aches, dizziness, rheumatic twinges, dropsy.

People are realizing more and more every day that the kidneys, just as do the bowels, need to be flushed eccasionally. The kidneys are an eliminative organ and are constantly working, separating the poison's from the blood. Under this continual and perpetual action they are apt to congest, and then trouble starts. Uric acid backs up into the system, causing rheumatism, neuralism, dropsy and many other serious disturbances. It means that you are a victim of uric acid poisoning. Then ask your druggist for Anuric (antiuric acid) and you will very soon become one of hundreds who have been helped by this powerful enemy to uric acid.

Dr. Pierce manufactures Anuric

uric acid.

Dr. Pierce manufactures Anuric (k'dney-backache) tablets and you can obtain a trial pkg. by enclosing 10e and addressing Dr. Pierce, Invalids' Hotel, Buffalo, N. Y.

Plant Shade Trees For Beaudy And Comfort and Value

(Continued from page 1)

shape so as to appear as much like nature'smethod of ylanting as pos-sible. If the grounds are quite small of course, they will have to be plant-ed single, but this will be all right, just so they are not put in straight

While shade thees are being planted on the home grounds, don't overlook the school and church grounds because these can be just as greatly improved by the planting of a few as can the home grounds Do Not Allow Roots To becomeDry

When shade or other trees are or dered from the nursery be very care-



ful not to allow the roots to be ex- Have You A Bad Back? posed to the sunshine and wind, as more young trees die because the root are allowed to dry out before they are set, than from probably all other sources put together. When received from the nursery, dig a hole large enough and deep enough to accommodate the roots without crowding; in this hole mix up thick mud More troubles may soon appear.

Does your back ache night and only.

Hinder work; destroy your rest?

Are you tortured with stabbing pains When you stoop, lift or bend?

then likely your kidneys are weak.

More troubles may soon appear. batter using some well rotted cow Headache, dizzines), nervousness; manure and dip the roots in this mud Or uric acid and its ills. manure and dip the roots in this mud batter to prevent drying on expassing while planting. Set out immediately or if this is impossible, heal them in. This is nothing more not less than digging a hole and temporarily planting the trees, lying them down at an angle of about 45 degrees. Then when ready to set, puddle as outlined above and put them in the hole and plant immediately, not allowing the roots to be exposed to sunshine for even 10 or 15 minuter. This may sound like a small point, but it is a very important one.

Help your weakened kidneys with a reporter dismulant diuretic.

Use Doan's Pills.

R.ad this interesting testimony:

H. G. Royers, braiceman, Railroad cover.

St., Brevard, N. C., says: "My back ached a good deal and when I bent over I could hardly straighten. I has two black specks appeared before my eye. I was lame mornings and my kidneys attend used them. I soon felt like myself tresting the porter in the properties.

Miss.

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Or wice acid and its ills.

Help your weakened kidneys with a reporter.

I was lamelant diuretic.

St. Brevard, N. C., says: "My back ached a good deal and when I bent over I could hardly straighten. I had beadaches and dizzy spells when black specks appeared before my eye." I was lame mornings and my kidneys attend when I bent over I could hardly straighten. I had beadaches and clare to the properties.

ground that cannot be broken up for a good distance, then, at least a space of there or four feet should be thoroughly pulverized and kept this way for a year or two or until the tree can get a start. Dig the hole big enough so as to be 10 or 12 inches fore the tree reaches the stage where Mary Mine. enough so as to be 10 or 12 inches wider than he space of the roots. Also dig it 8 to 10 inches deeper than necessary and then fill in this extra 8 or 10 inches with rich top soil. Put the tree down in the hole, spread out the tree down in the hole, spread out the roots in their natural position is one of our most beautiful shade.

The Willow Oak is one of the most satisfactory for the lawn. It succeeds section are, as a rule, still hibernating problem in the roots in their natural position is one of our most beautiful shade. with the tamping stick. should be filled at least half full with this rich top soil. After it is half full, if some well rotted stable manure is available, put in several shovelfuls of it and then finish filling the hole with soil. It is not necessary, the hole with soil. It is not necessary, however, to pack so very tightly except around the roots. An inch or so of loose soil should be left immediate.

spreading a layer of well rotted stable good one, but is very slow growing. Manure on top of the fresh soil. This will serve the purpose of preventing by years, this variety of Maple will prove highly desirably especie by in the unthe evaporature of moisture and also highly desirably, especie is in the up-will supply some plant food to the per portions of the South. One of the tree later on. In setting, be careful to see that the tree stands straight because if it is set out leaning to one side, it will be hard to correct this after growth has started.

Best Shade Trees for South

planting on the home grounds, some of the common of which, we will liscuss briefly in the following paragraps.:

The American Elm is one of th what you need. They tone the weak stomach, and build up the system. They, but is a slow grower, and there-



GET THE MATERIAL FROM

CHEROKEE MANUFACTURING COMPANY Phone 95

Factorytown

Murphy, N. C.



FORD lubrication is no cinch,

"Standard" Polarine (medium) is absolutely the correct oil. Ask for it by name and see that you get it. Good for other cars, too.

Buy the best oil, but buy it by name—and the



Then the Advice of a resident of This Locality Will Interest You

very important one.

If shade trees are to be planted in again."

fore, should be depended upon only and

the tree down in the hole, spread out the roots in their natural position filling in around the roots with the trees. It grows comparatively rapid top soil and preferably soil that is and grows to a height of, 50 to 60 fairly rich. Pack tightly around the roots, tamping it some, but use care not to knock the bark off the roots with the tamping stick. The bark off the roots and taken as a whole of God any more.

| Our farmers are still planting corn the latest through this section with their planting in several ble for shade purposes. The growth of the tamping stick. The bark off the roots and taken as a whole of God any more.

| Sheriff W. P. Od home folks Sunday. | Sheriff way are the latest through this section with their planting in several ble for shade purposes. The growth of the tamping stick. The bark off the roots and taken as a whole of God any more.

| Allen Chambe | Sheriff way are the latest through the planting in several ble for shade purposes. The growth of the planting or the planting or the latest through the planting or the planting or the latest through the planting or the planting or the latest through the planting or the planting or the latest through the planting or the latest through the planting or the The hole and taller than the Willow Oak.

ly on top.

After the planting is completed, it is probably the most desirable for average Southern conditions of any of the Maples. The Norway Maple is a good one, but is very slow growing. cry wide range of conditions is the Hackberry or Sugarberry tree. grows quite large and will stand many adverse conditions, and with it all, it There are a great many different is a very beautiful tree. One of the same strong points is that it is alkinds of trees that are suitable for most immune from the various distances that attack many of eases and insects that attack many of the other shade trees.

A very beautiful dwarf growing shade tree is the Red Bud or American Judas tree. It does not grow more than 18 or 20 feet high, but the foliage is very attractive and the purplish red flowers give it a gorgeous appearance early in the spring be fore the leaves come out. Another small growing tree that should be made use of all over the South is Crepe Myrtle. Because of its beautiful flowers lasting over such a long period of time, it is one of the most desirable of this class of trees. Dogother of these small grow ing trees that is highly desirable. Its carly blooms make it particularly attractive. The Texas Umbrella Tree The Silver Maple, the Carolina Pop-lar, the Pecan and Weeping Mulberry ome of the other desirable shade

By planting some of the varieties pentioned, one will not make a mis-Keep in mind, however, that not all of the good ones are named in this list and wherever one knows of any particular tree, which succeeds well in his own neighborhood, then plant that variety. The pecan is being planted very extensively as a shade tree. This is a good plant, be-cause it makes a beautiful shade tree, and the nuts produced make it valuable for this purpose as well.

style that should concern one about help but ring. says Miss Maude bobbing her hair," Wallace, Assistant Home Demons tration Agent for the State College culture, "but she should fin decide whether or not it is suitable for her particular type of beauty.



CASTORIA

For Infants and Children In Use For Over 30 Years Signature of Chat H. Hetchers.

WOLF CREEK

Mrs. Mary Jane Hancock who was reported as having penumonia from here last week, developed do the in amonia but is now much better and we all hope for her speedy re

Mrs. John E. Coleman spent a few pleasant days with a sister in Atlanta last week returning home Saturday.

Miss Omage Garren who has been attending the Graysville Adademy since last August returned home Tuesday night, having completed the school term.

er in Murphy a few days ago while recoving from an attack of influenza and now has resumed his former Railrood where the are at work on the Tellico River Railrood. where one can wait a good while be- position with theD. S. C. & I. Co., at River Railroad.

Mr. William Ballew visited his fath-



SUIT.

Mrs. W. Homer Anderson and son of Akron, Ohio, are visiting relatives here.

Mrs. Vance Mason, of Athens, Tenn., is visiting friends and rela-

Quite a number of people from distant communities attended the decoration exercises at Friendship chuurch last Sunday and all seemed to enjoy the talks made by the lowing ministers: C. F. Conley, Rev. Chastain, and J. B. Decker.

Among those who decoration services here from Copper Hill were: Mr. and Mrs. Arthur Hendrix and children, Mr. and Mrs H. C. Dickey and son, Mr. James Miller, Editor of the Copper City Advance, and family, and a Mr. Stand-

Messrs, L. M. and L. W. Shields were in attendance at the decoration services here last Sunday.

Mr. and Men. A. M. Same ds of Murphy and Miss Galea Barton of Birch were dinner guests at the home of Mr. and Mrs. J. M. McNabb Sun-

Mr. Mat Stiles, of Ducktown, tool dinner Sunday with R. L. Keenum

Quite a lot of people enjoyed the singing given by the Friendship choir last Saturday night and promised to with us again on next Saturday

Hr. Lee Wood has returned form

Miss Hattie Lawrance has returned

Dan Cupid has been hurling his rally the wedding bells could not

Come to Suit next Saturday night When we've sung a song or two, Yuo'll be feeling, oh, just right!

Come and hel us train our choir Bring your song book, flute or lyre But certainly don't forget to come For if you do you'll miss it some



OWL CREEK

Mrs. Viola Lovingood and Mrsr. Roy Lovingood have been visiting Mrs. W. F. Daniels the past week

Mr. Paris Sneed of Ebenezer visitd on Owl Creek Sunday,

Mr. S. C. Gentry and Sheridan Dickey visited Mr. J. W. Palmer on

Mr. Thomas Kephart and wife visited his brother, S. L. Kephart, Sun-

The Sunday school is progressing nicely at Owl Creek.

Mrs. Newt Kephart returned from Tennessee Saturday where she bad been to attend the funeral of her sin ter-in-law, Mrs. Rastus Lovingcod.

The singing class at Owl Crick is practicing to sing for the bonner of June the 8th, 1924, at Marble.

Mr. John McRea and Ralph Grey

OGREETA.

Rev. W. D. Hogsed filled his appointment Satuday and Supaday. large crowd was present.

Sheriff W. P. Odom was visiting

Mr. Allen Chambers, who is work ing on Davis Creek, visited home folks at Ogreeta Sunday. Allen ha purchased a nice Ford ear and it : cuestion in the minds of the pecple which knows more about kees ing i athe middle of the road-Allen or the car.

We are glad to announce that our Sunday school is steadily improving the number enrolled reached 47 Sun-

Boost your community instead of knocking it. The knocker is worth nothing to hims if or his a mmunity

The people seemed to be deligated with the prospects of the long-deliged power company beginning werk on the hydro-electric dams in the near future.

Mrs. J. W. Odom is visiting her father, Mr. A. W. Hall.



when I feel like thisdizzy, black spots before my eyes, bad taste in my mouth, stupid and lazy—I know what's the matter. I'm bilious, I just take a couple of

in the morning

DR. MILES' LIVER PILLS

They fix me up in short order. Why don't YOU try these little wonder workers? You'k find them easy to take and mild but effective in opera-Your Druggist sells Dr. Mant

Preparations.

TRY OUR JOB PRINTING

Pain In Back & Sides

deficit de Balla Balla Balla Balla Balla Balla Ba

FOR A LONG TIME," to get it for me. The very first bottle seemed to help me. After the second . . . I was better than I had been in months. I certainly can control Cardini.

"I felt listless, tired and worn-out. I did not feel like doing my work, visiting or anything.

"I suffered much pain in my back and sides. My limbs hurt, my knees would tremble without apparent cause and I would have to sit down.

"I was very nervous. . . . I would have a tired, dull headache.

"I had read so much about Cardui I asked my husband



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Our easy monthly payment plan makes it possibly YOU to have this splendid machine immediately. Paymare just the same as rentals.

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That's good business. You try the machine TEN DAYS.

That's good judgment. Then you'll decide to keep it. That's certain. For Full Details—Call—Phone—Write.

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Murphy, N. C