FRIDAY, MARCH 12, 1926.

BUGS & HUMBUGS Bureau of Health Educatio N. C. State Board Of Health

LACRIPPE

From everywhere just now people are talking much of colds and "grip." There is no way of knowing now what serious complications may de-velop, neither is there any way of knewing just how prevalent the con-dition may be. It is sufficient, how-ever, to know that "grip" is causing tremendous disturbance in school, in business and in the home.

There is a group of bacteria which infest the upper respiratory tract and produce a group if diseases of which colds, gripp,e influenza and pneumonia are the most common. There is a close relationship betwee the symptoms called by these variou names, as there is a close relationship betwen the different special forms of bacteria which make up the group. La grippe is the Frenchword and refers to an infection in the respira-tory tract. The bacillus is found in the nasal and bronchial secretions. Any physical conditon which lowers the bodily resistance or decreases the protective function of the mucous membranes predisposes to grippe It may be fatigue, or chilling of some part of the body or under nourishment that deprives the nuccus mem-brane of the nose and throat of its normal blood supply and permits these germs which at this season are very prevalent to gain a foothold and become implanted in the system. Immediately they get implanted they be-gin multiplying and eliminating into system a toxin which produces

the symptoms. Grippe is very easily transmitted from one person to another by means of courbing and sneeping or from handling handkerchiefs or linen soiled by the sick person. The price of freedom from grippe is eternal vigilmee in avoiding contact with persons who have it and in being especially external to avoid ususual debilitating fatience or chilling of the hody as ^k.

wet feet or inadequate clothing. Although grinpe is very common and most persons quickly get well it often is quite treacherous and lead to serious complications. Immediate ly going to bed is the best treatment for the patient and this also protects others from the infection.

HAYESVILLE

Havesville, Mar. 2-We regret to my we have had several deaths in ou community recently Little Margarett Hogsed, the seven year old daughter of Mr. and Mrs. Fred Hogsed, of oting Creek, died February 27th after a short illness. Interment wa made at Bothel church, Rev. Chas. S Piyler, officiating.

Another one of Clay County' prominent citizens has taken his fini al leave. Mr. W. B. Martin, better known us "Uncle Sam," died of parabuis, Murch 1st. He was a good and loyal citizen, and will be greatly missed. Interment was made at Hayes-tille, the Rev. H. H. Hyde officiating.

dick of our community are flowly, but surely, improving. Mr Crawford has had a severe case of hgrippe, but is about to get out again.

Mr. Earl Standridge is right sick at this weiting with pneumonia, but we think he has "turned" for better We hope he will continue to improve.

The stork visited Mr. and Mrs. Charile Core, and they now have a new boy, born March 1st.



set 5 packets of seeds o and very beautiful flower-lings' 1926 Seed Cataton

nest 1928 Seed Catalog about 11. Seeds are "The Standard They give the best re-Southern gardens and on Hissings' new 1926 Cata-pages in all, full of pic-photographs, handsone "notors, truthful, accurate and valuable culture di-

The second secon

HASTINGS CO., SEEDSMEN. TLANTA, GA.

We think the farmers around here were about to think the groundhog was off his job, as they were getting out their plows and making gardens, and preparing for the crops. But the ground-hog was not as far off his job as some thought, for the dawn Saturday morning revealed to us the ground covered with a balnket of snow. However, we overheard a farmer yesterday inquiring about a tractor, and gangplows—there is still hope. was off his job, as they were getting hope.

Mrs. Lee Penland, of the Oak Forest community, entertained the senior chapter of the Epworth League at her home a few nights ago.

Tom Tarheel says he is getting ready to cash in on the shortage of horses and mules by trying to raise a few colts.



News Taken from the Daily Papers

A headline in the super surve "In their war. Cloud won't hight on rainy days." The dust a mind gen-ting shot, but may won't get wet.

Imagine a site as you start to en-ter Chinar LOAD, NO WAR TODAY." If that was the custom in this country, we could prevent all wars by and surving that all the fighting must be done in Portland. Oregon.

Another report alls, "Where does a Florida Real Fisher man go in the summar?" He gives no Colli-forma to his all-the-yeer-round

A newspaper asks " (Vhy does President of a concern always talk at the Company's binometal" It's in an encourse to the coefficient who ray, "If they's all be longers I may be President some day,"

Another mays support, "The chape a way to enforce a chabition is to have contrawatched." Who is a ong to do the

An article in a Budiness Man's in this country has the largest turn-over?" Commercial turn-over?" Commercial turn-the largest turnover, with pords a

The Congressional Report speaking editorially, says, " ham is the best Toing intered these Stately Halls





ESTER With One Hand He Pulled Open a Corner of the Dog's Lips, Tilting the Head a Trifle Higher as He Did So.

CHEROKEE SCOUT, MURPHY, N. C.

Lore for Dog-Owners

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Tree and had to be cornered. At first the part learns of custor off had been full. Now it was had empty. But no drop of the grousy, yellow fluid had trickled down the alreadal's pink threat. Indeed, most of the off adorned bis owner's hands and clothest and the dog's bead and the surrounding gross. "Hold on, there, Judge?" halled Ner-ies. "You're wasting a lot of good slatistick councily when there is no camera here to supp you. And you're wasting good ensite of, too. At this rate the bottle will be empty before you can get any of it down him. Like me to help you?"

all the the old mun. "The brute a freed today. I remainhered and about giving a tables inster all to any dog that d just well. So I tried to Helle +The I

good and they'd mup the d

mon the laws. He sufficient

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If. More people and more animals ar and by overesting than by male of by overesting than by male to \mathbf{A} dog hows, by instin-ally, when he descript need for when more food will a signess of So he haves it more writes a leit.

We are well again in we try tonic appetizing food that caree with my We don't give tion a rest and a chance to We tille more work on it, wonder why we don't get

"A big doctor told me ence that a choir fast and a quiet day in hed ill generally stave of almost any mentened liness and will brace up

of receiving a doctor's fee to find He'll stop cating and he'll sto Just the wane, it's a wise pr the stime. It would be a wiser precia we're out of sorts. But the the lock's fact in the lock is the second and lock in the second and lock is the second and lock in the second and lock is the formate, that our own second and lock is the second and lock in the second and lock is the second and lock in the second and lock is the second and lock in the second and lock in the second and lock is the second and lock in the second and lock is the second and lock in the second and

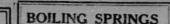
> Would Seem That Fate Appoints Time to Die

charge of the Light briende, hurte of Rafshinyn Arross a of a half of open ground he ng racged gaps in the

with

on had been shin by the nv. a few TOURS OUT

3.4



A group of farmers in Vance County have ordered about 5,000 ba-Monday March 8, 1926 .-- Most of the folk's of this section are planting by chicks to fatten for broilers. heir gardens,

Mr. Jack Davis, Jr., shot a large hawk one day last week measuring four feet from tip to tip of its the Skin Clear wings.

Most all of the folks around this "canyon" have an attack of the flu.

Mr. Howard O'dell of this place has gone to Florida.

- Mr. Jack Davis visited R. L. Aber. nathy Sunday.
- Mr. Fred Dockery made a business trip to Murphy Saturday.
- Mr. Pearlie White and Mr. Jack Davis Jr., made a business trip to Andrews last week.

Mrs. S. L. Abernathy is improving

are glad to say. Mr. Jhn Munday and family visited

to the Bone Liniment Called Mexican Mustang has Strange Power

BILL PAGE THREE

his parents Mr. and Mrs.

Mundy Saturday.

A lame back, a strained muscle or ach-furg joints will stop pairing and become limber and natural H you will apply a little of this old-fashioned listicsent known as Meateon Muscain. Druggiets and other antiorities agree that its great power to relieve path is due to its magical penetrating action—it goes through the prime because of one-th goes through the as Mexicon p other authority hower to reliev penetrating as outer layers of outer tape of hilder, right to or a trace of hilder, right to it is not like the smarth burning mattures usually kn ments. No matter if all of applications have failed, you deapoointed with Mexico

Children Bry for MOTHER! Fletcher's Castoria is a harmless Substitute for Oil, Paregoric, Teething Drops and Soothing Syrups, Castor prepared to relieve Infants in arms and Children all ages of Constipation Wind Colic Flatulency To Sweeten Stomach Diarrhea Regulate Bowels

Aids in the assimilation of Food, promoting Cheerfulness, Rest, and Natural Sleep without Opiates To avoid initiations steays look for the signature of GaAH Within Proven directions _1 undo package. Physicians everywhere recommend in

MURPHY COLLEGE

Of

ASHEVILLE UNIVERSITY

Instruction in Shorthand. Typewriting, and the general essentials of a Business Course



Instruction in College and Academy Subjects

The difference between success and failure is the little time, the little effort, and the little money it takes to get ready.

George A. Hubbell President

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¹⁰ The tiles the starsarbon ence. He cost its starsmolt a good rest it.) It is endy to handle another meal.
¹⁰ We humans ret indirection. What we do? Instead of starving our cost until we are well ajoin we try i find some appeticing food that