

A TRIP TO PALESTINE

By Rev. Howard P. Powell

There are few passages in the New Testament that have the appeal to the heart as that conversation between Christ and His Disciples on the Sea of Galilee following the night of fishing during which they caught nothing. It was soon after this experience that He had a very intimate conversation with Simon Peter, during which He asked him for three times: "Lovest thou me?" Read this account for yourself in the Gospel of John, Chapter 21.

It was with this scene in mind that the writer and his friend walked to the shores of Galilee just as the break of day on a beautiful morning in May. Many of the fishermen were waiting for the other side of the sea. Some were returning to their homes after having spent the night fishing. Some after reaching the shore were watching the light breaking over the mountains. As we stood there looking for

the sun to show itself, we could see in the blue waters of Galilee the many colors of the rainbow which were formed by the approaching sun. Soon we saw the sun coming up and snapped a picture of it just as it came into full view.

From the spot where we stood we could see the country of the Golan where Christ found the man among the tombs who had become a maniac. You will find this account of a miracle in the Gospel of Mark, chapter 5. Just a few steps from where we stood was the ancient Bethsaida, the home of Philip. Just a short distance to the left of the rising sun was the home of Simon Peter. In the opposite direction, from which we came the afternoon before, stood Magdala and Tiberias. Surrounded by these scenes so close to the heart of our Lord we found it easy to worship the Christ

of Galilee. From our Bibles we read many of the references to these places and prayed together. As we prayed it was easy to commune with the Christ through His spirit.

One will soon find in reading the New Testament that the Sea of Galilee was one of the favorite places for the Christ to teach and to preach. There is an inspiration to be found there today that will linger long after many other places have lost their interest. Many of the places of interest in Palestine have been marred by churches being built over them and the appeal that is being made to use them for commercial advantage. There is very little of this to be found around the Sea of Galilee. One can appreciate the absence of these things after visiting in and around the city of Jerusalem.

It was to the Sea of Galilee that Jesus came after He had been cast out of Nazareth. This adds to the interest of the place when one remembers that He was received here after His own people refused to hear His message. His three most intimate Disciples, Peter, James, and John had their homes at this place and they no doubt used whatever influence they had in working with and for the Master.

The Sea of Galilee occupies a depression in the upper end of that unparallelled gorge which reaches from the foot of Hermon to the Dead Sea. The lake is the shape of an Irish harp of a Palestine fig, and about thirteen miles long and seven miles broad, the narrow end being to the South.

The water of the Sea of Galilee is fresh and wholesome, sweet to the lips of man and beast. When placed in a jar and left in the open air, even in that warm and sheltered spot, it becomes as cold as snow. The Jews speak of this coolness of the lake water as one of the miracles of nature, and one that only a native could fully appreciate. Because of this the flowers and plants on the banks are unusual for their freshness and beauty.

Fish are very abundant and of various kinds, and are most numerous at the head of the lake between Capernaum and Bethsaida-Julias, where the Jordan enters into the lake. The kind that is the most plentiful is something like a perch in shape. It has the extraordinary instinct of carrying its young in its

mouth. This peculiarity throws great light upon the story in the Gospels of the fish with the piece of money in its mouth, and it is interesting to note that it is only in Galilee, where this event happened, that the fish have this peculiarity.

We are now leaving for Capernaum.

(To be continued)

ANDREWS BRIEFS

The Woman's Missionary Union of the Western North Carolina Association will hold its annual meeting with the Valley River Baptist church of Andrews June 2. Mrs. Edna R. Harris, of Raleigh, N. C., W. M. U. Secretary of the state, will deliver the principal address of the occasion.

There will be a morning and afternoon session and lunch will be served by the hostess church. The Murphy society will present the need of home and foreign missions, and the Andrews society will discuss the Heck memorial program and the convention debt on schools and colleges. At the morning session there will also be a roll call of churches, reports of officers, and election of officers for the ensuing year. The address of Mrs. Harris will conclude the morning program.

In the afternoon the Hayesville society will discuss the Margaret fund for the education of missionaries' children and the Andrews society will discuss the missionary education of young people and present a playlet entitled, "Love Provides". Some time will be devoted to conference discussion of problems relating to the work of the local societies. Mrs. Fred McGuire of Andrews, associational superintendent, will preside.

Last Sunday morning at 10:30 Miss Emma Lee Cathey became the bride of the Reverend Walter Augustus Sigmon, the ceremony being performed in the St. Andrews Lutheran church here. The Rev. Edwin F. Troutman, pastor of the church, officiated.

Miss Fannie Buckner of Andrews, intimate friend of the bride, was maid of honor and the groom's brother was best man. Little Eddie Troutman, Jr., carried the ring and Eleanor Cover served as junior bridesmaid. She carried a large basket of sweet peas and fern. The bride wore a corsage of pink roses and carried a bouquet of pink roses and sweet peas while the maid of honor carried a bouquet of yellow Marchiel Neel roses. Garden flowers were used in the church decorations. Cecil Chandler of Andrews acted as usher.

Mrs. Sigmon is the daughter of Mr. and Mrs. Andrews Cathey of Andrews. Since her graduation from the Andrews high school she has been a student in Lenoir-Rhyne college at Hickory. She has made a commendable record in all college activities.

Mr. Sigmon is a native of Catawba county and is a graduate of Lenoir-Rhyne college and the Lutheran seminary of Columbia, S. C. He is now pastor of the Trinity Lutheran church of Vale, Catawba county, where he and Mrs. Sigmon will make their home.

MARTIN'S CREEK

Mr. Bill Henson who has been visiting friends and relatives in Atlanta, Ga., returned home last week.

Mr. Carl Chastain and family of Oak Grove, Ga., spent the week end with his father and mother, Mr. and Mrs. Benny Chastain.

A number of the younger set enjoyed a straw ride Sunday afternoon.

Mr. and Mrs. Floyd Stalcup entertained the young folks with a party Friday night. Quite a crowd was present and reported a nice time.

Mr. and Mrs. Wayne Crisp were the Sunday guests of Mrs. Crisp's parents, Mr. and Mrs. Benny Chastain.

Mr. Arvil Crisp and Mr. Wade Burchfield of Clover, S. C., were the guests of Mr. and Mrs. Will Burchfield Saturday night.

Miss Annie Ruth Stalcup spent the week end at Bellview with relatives.

Miss Ollie Crisp who has been in school at the Bachman Memorial School, Farmer, Tenn., spent the week end here before leaving for her home in Clover, S. C.

The pie supper that was given at Old Martin's Creek church Saturday night for the benefit of the church, was a success. Mr. Bill Henson sold the pies, and Misses Annie Ruth Stalcup, Emilee Ellis, and Misses Blake Stalcup, and Bill Henson furnished the music.

Mrs. Hye and several of the students from Bachman school, Farmer, Tenn., spent the week end in our section.

Next Sunday is decoration day at the New Martin's Creek church. Everybody invited to come and bring flowers.

Mrs. Mark Stalcup who has been

Dr. Goldberger's Diet for Pellagra Prevention

With interpretation by Mary E. Thomas, Extension Nutritionist, Division of Home Demonstration Work, State College, Raleigh, N. C.

Milk, sweet or butter milk, 2 pints daily.

Lean meats—beef, mutton, pork, fish, fowl, one-fourth to one-half pound per day.

Eggs—at least one daily.

Vegetables—turnips, string beans, tomatoes, cabbage, collards, turnip greens spinach, and other vegetables, 2 servings daily in addition to Irish or sweet potatoes.

Fruits—Fresh canned or dried, 2 servings daily.

A raw fruit or raw vegetable or canned tomatoes daily.

Whole grain products—Breakfast cereals or breads made of the whole grains, 2 servings daily.

Water—6 to 8 glasses a day.

These foods may be distributed as follows:

For breakfast: Sweet milk daily, oat meal served with milk four times a week, grits with meat gravy or butter three times a week, one egg daily. Bread or biscuit daily, fresh, stewed, or canned fruit daily.

For Dinner: One meat dish, beef stew, roast, hash, steak, roast lean pork boiled or roast fowl, fish—every day. Dried beans or dried peas two or three times a week Irish or sweet potatoes or rice every day. One other vegetable daily such as turnips, carrots, tomatoes, squash, etc. Bread daily, butter milky daily.

For supper: Sweet or buttermilk daily. Biscuit or bread daily, butter daily, eggs, lean meat, canned salmon or cheese, several times a week. Vegetable salad several times a week, syrup, old-fashioned cane syrup or sorghum or honey several times a week.

Food that can keep us from having pellagra can also aid greatly in curing pellagra. When the disease is actually present, Dr. Goldberger says powdered yeast, sweet or butter milk, lean meat, fresh meat juice, scraped beef, egg yolk, fresh or canned tomato-juice should be given preference.

Dried pure yeast contains more of the pellagra-preventive vitamin than any known food. For use as a food the powdered yeast should be stirred into boiling water and allowed to boil about one minute. Two table spoonfuls or one ounce of powdered yeast a day will ordinarily be enough for an adult. One or two teaspoonfuls may be given three to six times a day in milk tomato juice, or fruit juices.

Owning a good milk cow, raising poultry and eggs and a meat supply for home consumption, and growing a year-round garden on every farm is the best assurance of an adequate food supply.

BATES CREEK

The Sunday school at this place is progressing nicely.

Mr. Buck Seabolt, Luther Killian, Lewis Fricks, Owen Dockery, Andrew Kephart, Wade Rogers and Clyde Mills motored to Salem Sundays afternoon.

Mr. Homer Lovingood and Tom Kephart and families went on a picnic Sunday and reported a nice time.

Wade Rogers was a guest of Bill Hembree Sunday night.

Buster Seabolt was visiting friends and relatives at Hiawasee Sunday.

The many friends of Wayne Rogers are glad to have him back from Rio Grande.

Born to Mr. and Mrs. Carl Gaddis (the baby boy).

Our debates are progressing nicely under new management. The subject for last Thursday night was Resolved that Education is more beneficial than money. The affirmative speakers were Capt. Noah Hembree, Tom Kephart, Wayne Rogers, Vance Dockery and Lewis Fricks. The negative speakers were Capt. Bill Hembree, Bass Seabolt, Luther Killian, Wade Rogers, and Glenn Ashe, and others. Everybody is cordially invited to come out and take part or hear the arguments.

wooden bedroom and dining room furniture than any other state in the Union.

Bedroom furniture valued at \$27,702,092 and dining room furniture valued at \$13,736,485 was manufactured in North Carolina in 1929. All wooden furniture manufactured in the state was valued at \$53,414,111.

ill for the past two weeks is much improved now.

Miss Floriede Henson spent Monday night with her cousin, Miss Madge Stalcup.

Among those who have been attending school at the Bachman Memorial, Farmer, Tenn., are, Misses Annie Ruth Stalcup, Mona Chastain, Tilia and Buelah Stalcup, Ruth Coleman, Floriede Henson and Mr. Blake Stalcup.

TO THE CITIZENS AND TAX PAYERS OF CHEROKEE COUNTY:

I wish to say that I have prevailed with the Commissioners to allow the Taxpayers of Cherokee County a little more time on their taxes before advertising. I am holding off till the latter part of June, and don't waste any time. Get busy and if you can't pay all pay what you can as fast as you get it.

DO WHAT YOU CAN AT ONCE AND SAVE COSTS AND ADVERTISING FEE

Yours,

N. W. ABERNATHY
Tax Collector Cherokee County

Matchless economy with six-cylinder smoothness

"Better than 20 miles to the gallon." "Its cost-per-mile is the lowest of any car." "Never have to add oil between crankcase changes." "Drove from Ohio to California on a repair expense of \$1.05." "It just runs and runs and runs."

— typical comments from owners of the Chevrolet Six



Chevrolet's 152" frame supports the body throughout its entire length

Why is it that Chevrolet—a big, powerful, smooth-running six—actually costs less to operate and maintain than any other car you can buy? The answer lies in five outstanding factors of Chevrolet economy:

1. **Efficient Engine Design** makes Chevrolet fuel consumption so low that 20 miles to the gallon of gasoline is nothing unusual for a Chevrolet owner.

2. **Modern Chassis Design**—as evidenced by Chevrolet's long heavy frame, four parallel-mounted springs, and smooth-running six-cylinder engine—increases the ability of the Chevrolet Six to run dependably, day after day.

3. **Excellence of Manufacture** also adds to Chevrolet dependability and long life. Chevrolet pistons, for instance, are built so carefully, and held true to such close limits of pre-

cision, that many owners have gone 20,000 miles or more without having their motors opened for major servicing.

4. **High-Quality Materials** are used throughout the Chevrolet car—costly nickel steel, chrome-vanadium steels, chrome-nickel steels—to assure trouble-free, low-cost service for tens of thousands of miles.

5. **Economical Nationwide Service**, with its low flat-rate charges on labor and genuine parts, is available at 10,000 dealers throughout the country, who also offer the protection of the most liberal owner's service policy ever to back a low-priced car.



Chevrolet's Owner's Service Policy is the most liberal ever offered in connection with a low-priced car

Remember—in addition to all these basic economies—Chevrolet offers the extra dollars-and-cents advantage of one of the lowest delivered prices on the market. And this cost may be spread over a period of many months by the liberal G.M.A.C. plan.

NEW CHEVROLET SIX

The Great American Value

New low prices—Chevrolet passenger car prices range from \$475 to \$650. Truck chassis prices range from \$355 to \$590. All prices f. o. b. Flint, Mich. Special equipment extra. Low delivered prices and easy terms.

See your dealer below

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