## Honeymoon Mountain

By Frances Shelley Wees

WNU Service

CHAPTER IX-Continued
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Her Eyes Were Black and
Like a Cat's. and Deborah knew her. She was tall
and very slim, with a long oval face and a very red mouth. Her eses were
black, and sleepy, llke a cat's, with slow black lashes trooping over them. Deborah rose, and found Madeline at her
side. They went down the steps. side. They went down the steps.
"tr's Pllar," Madeline sald under breath, and Deborah nodded.
"Ah, Madeline!" Pilar said, forward and a tune. She moved on Madeline's ellow how rest lightly she looked down at Deborati. "Anit this," she went on caressingly, "this
"Thank sou", and put out her hand in welcome. " am so glad you have come I am sur much about you."
Phar looked a nittle starlued, but
she lost not a whit of her puise. She cooked at Madeline "And aren't yo slad to see me, too, Madellne?"

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THE CHEERFUL CHPRUB
The other people stay indoors at night And sit in leather chen But 1 soo out and light. Underweight Children. Iot chidramination of of number mar schools it was found that the
number of underweights was reduced by supplying milk
school at least once a day school at least once a day. In the
high schools where no milk was supplied the gain in weight or height
and age was not so satisfactory. While this habit of supplying exchiddren is excellent cal defects and bad health habits that
are undermining the youngsters' health,
and these must be corrected 1 permanent results are
be obtained. youngster that plays
all the time and is too tired to eat and
digest his food prop-
 digest his food propjust as can a youngster who doesn't get outdoors at all, and has no appe-
tite for his food. Infected teeth or tite for his food. Infected teeth or tonsils, a nose that is blocked and
preventing proper breathing, round shoulders, and other physical de-
feets all prevent proper growth and
d
chives of Pediatrics" says: "The essentials for good nutrition and nor-
mal physical and mental development are: (1) freedom from physical defects, (2) adequate fcod, (3)
free air, (4) sufficient exercise, and
(5) proper rest. From a survey of a large number of children of pre-
school (three to six years) and school ages it was found that each
child had an average of $4^{1 / 2}$ physichild had an average of $41 / 2$ physiits. Of a group of 1,000 children
only 2 per cent ( 20 in the whole
1,000 ) were found to be free from physical defects.
"The most frequent defects are The most frequent defects are
obstruction of the nose, bad teeth,
diseases of various organs, and posdural conditions (round shoulders
tur sway back, spinal curvature), whtch
were either the result or partly the causes of the underweight and un-

The Family Physician. There was a time when the "outwas supposed to be very silent, very gruff, having no patience with the
patient who vanted to tell him all patient his sickD.ss. It was felt that
at his patient anu the taking of pulse and temperature was all that he needed to know what was wrong.
Fortunately the real family physician was not of this type, but a real had all the affairs of the family on his mind.
And then came the "hospital" type of physician who took samples of blood, urine, sputum, used the X-ray and other types of examina-
tion passible in the hospitai, and tion pcssible in the hospitai, and
after waiting the hours and days necessary for these examinations to
be completed, told the pationt and the patient's family exactly what was wrong.
Now it is only good sense for the doctor to get all the help possible
from the hospital's laboratories, befrom the hospital's laboratories, be-
cause this will be of help to the patient; but the up-to-date doctor,
the successful physician now realthe successful physician now rea
izes more than ever before th more than a knowledge of medicine, more than the findings from the laboratory are necessary if the
patient is to get the best possible patient is
treatment.

Humanism Is Needed
Dr. Oscar Klotz in addressing the
Foronto Academy of Medicine states: "In the practice of medicine the physician is called upon to use his every effort and equipment
to learn the cause of the ailment and to learn the cause of the ailment and
its treatment. He is often called upon to strain the last resources kiown to science to attain a satisfactory result. But over and above all these scientific endeavors, aided
by all the available skill, there is by all the available skill, there is
need of a very commonplace attribute of man best spoker, of as humanism-love and understanding
of your fellow man. There is need of your fellow man. There is need of a sympathetic understanding which serves to support the courage
of the patient, an appreciation of of the patient, an appreciation of
the mental and spititual reactions oi the sick, often determined by
thential and their surroundings and made worse by the poverty and distress of other members of the amily. The full understanding
ing circumstances of life and is aty
it tained in greatest measure by the family or general physician, rather than by the specialist."

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BAYER ASPIRIN - no by the
name. aspirin" alone when yout
buy. Get it next time you want name
buy
quick ret it


## LOOK FOR THE DAYER CROSS

To the Extreme

## AT LAST

 a COUGH RELIEF - THAT aLSO SPEEDS RECOVERY

WEALTH AND HEALTH
Good health and successgo together. Doc
handicap yourself-get $r$ io of of sluggish, acid condition with trasty Nilnesia, thm.
original milk of ma masia in wafer form.
Each wafer equala 4 tzaspoon fuls milk of


