

Intellectual Powers

OUR intellectual and active powers increase with our affection. The scholar sits down to write, and all his years of meditation do not furnish him with one good thought or happy expression; but it is only necessary to write a letter to a friend, and, forthwith, troops of gentle thoughts invest themselves, on every hand, with chosen words.—Emerson.

The moment you feel an attack of discouragement coming on, arouse yourself from this terrible influence, for discouragement is death to success.

Beware Coughs from common colds That Hang On

No matter how many medicines you have tried for your cough, chest cold or bronchial irritation, you can get relief now with Creomulsion. Serious trouble may be brewing and you cannot afford to take a chance with anything less than Creomulsion, which goes right to the seat of the trouble to aid nature to soothe and heal the inflamed membranes as the germ-laden phlegm is loosened and expelled. Even if other remedies have failed, don't be discouraged, your druggist is authorized to guarantee Creomulsion and to refund your money if you are not satisfied with results from the very first bottle. Get Creomulsion right now. (Adv.)

Armor of Egotism
Pray that you have some egotism. It spares one many a knock upon his sensitive nature.

WHAT BECAME OF YOUR HEADACHES?

OH THE ALL-VEGETABLE CORRECTIVE PUT A STOP TO ALL THAT!

She was "notorious" for her sick headaches. Finally a friend said, "Why don't you give NRs a trial?" With Nature's Remedy (NR Tablets) she noted a thorough cleansing of poisonous wastes—a complete natural action that she hadn't experienced for ages. Yet so gentle and refreshing. Try NRs yourself. They are so fine for constipation, so useful in warding off colds, so-called "bilious spells," and other conditions caused by faulty elimination. Only 25c for box of 25 at any drugstore.

NR TO-NIGHT
TOMORROW ALRIGHT

Same in Ages
An excellent mind in the last century would be an excellent mind in this.

Strength During MIDDLE LIFE

Strength is extra-important for women going through the change of life. Then the body needs the very best nourishment to fortify it against the changes that are taking place. In such cases, Cardul has proved helpful to many women. It increases the appetite and aids digestion, favoring more complete transformation of food into living tissue, resulting in improved nutrition and building up and strengthening of the whole system.

Mutual Understanding
The greatest minds are not high-brow. You can understand every word they utter.

ASK FOR **St. Joseph**

The original Cellophane-wrapped genuine pure aspirin.

BRINGS PROMPT RELIEF FROM PAIN AND COLDS

St. Joseph
GENUINE PURE ASPIRIN

WORLD'S LARGEST SELLER AT 10¢

MANGE SCABS BARE PATCHES RED SPOTS SORES

Mange in dogs is a serious skin disease and calls for prompt use of GLOVER'S MANGE MEDICINE

It relieves itching and irritation; kills the mange mites causing Sarcopic Mange; checks spread of the disease; stimulates hair growth on bare patches; destroys ticks and chiggers. Insist on GLOVER'S. At all drugstores.

GLOVER'S WORM MEDICINES are safe, sure. In capsules and liquid form for Roundworms; capsules for Tapeworms and Hookworms.

FREE VETERINARY ADVICE on any animal problem. Please mention animal's age, breed and sex.

FREE GUIDE—Write for it today. Address **GLOVER'S**

Dept. D-47, 462 Fourth Avenue, New York City

IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL Lesson

By REV. HAROLD L. LUNDQUIST, Dean of the Moody Bible Institute of Chicago. © Western Newspaper Union.

Lesson for November 22

AN AMBASSADOR IN CHAINS

LESSON TEXT—Acts 28:16-24, 30, 31, Romans 5:6-11.
GOLDEN TEXT—I can do all things through Christ which strengtheneth me. Phil. 4:13.
PRIMARY TOPIC—In the World's Greatest City.
JUNIOR TOPIC—An Ambassador in Chains.
INTERMEDIATE AND SENIOR TOPIC—A Prisoner Speaks for Christ.
YOUNG PEOPLE AND ADULT TOPIC—Chained But Not Silenced.

The rescue of Paul from the Jewish mob by the Roman authorities resulted in consideration of his case on their part to determine what manner of man he was, and why his words and actions provoked such violent reactions among the Jewish subjects of Rome in Judea. When it appeared that Festus, who was procurator, was inclined to turn him over to the Jews at Jerusalem, Paul, knowing of their hatred, makes

I. An Appeal to Caesar (Acts 28:16-19).

It was an act of great significance, and largely determined the course of Paul's life and ministry until his death. It is a question upon which there is no little difference of opinion whether Paul was right in making this appeal. Perhaps Dr. G. Campbell Morgan has best gathered up the truth of the matter in saying, "His way was that of an attitude revealing for all time what the duty of the Christian man is—to be true to his Lord, to be true to his conscience, to be loyal to the powers that be, and to make his appeal to them where necessary, for protection, in order that he may continue his work in accordance with the will of his Lord." Paul made no appeal to save his own life, but he did want to continue his ministry. And this he was permitted to do, for after he had come to Rome we find him to be

II. A Prisoner Preacher (vv. 20-24, 30, 31).

He was chained, but not silenced. He was anxious that those in Rome should "see" and "speak with" him (v. 20). They knew of the Christian "sect" only by rumor as one "which everywhere is spoken against" (v. 22). He now proclaimed the truth to them, and with what results? "Some believed . . . and some disbelieved" (v. 23). Again, we see that the greatest of all preachers met just the same encouragement and discouragement that we face.

The witness and messenger is not judged by the success that crowns his efforts, but by the faithfulness with which he discharges his duty. Let us not condone our own carelessness or inefficiency by saying that even Paul was unsuccessful; but if we have been faithful and diligent, let us be encouraged ever though some disbelieve.

Verse 30 indicates that Paul either had a large measure of liberty, being permitted even as a prisoner to dwell in a private house, or that he was tried and acquitted and continued to work in Rome for a period of years. Whichever may be true we cannot but admire the faithful testimony of this man upon whose body time and trials had borne heavily, but whose spirit was as young and as powerful as the message he presented. And what was his message? We find it in his epistle to the Roman church. It was

III. Justification by Faith (Rom. 5:6-11).

Christian men and women are those who were weak (v. 6), ungodly (v. 6), unrighteous sinners (v. 7, 8), and enemies of God (v. 10). But having been justified by his blood (v. 9), they are "saved" (v. 9). What a beautiful word—"saved!" Brought back to God, "reconciled to God through the death of his Son" (v. 10), we are indeed saved if we have accepted him as our Saviour.

This was Paul's message, and it is our message to a lost world.

Count Your Mercies

Be on the lookout for mercies. The more we look for them the more of them will we see. Blessings brighten when we count them. Out of the determination of the heart the eyes see. If you want to be gloomy, there's gloom enough to keep you glum; if you want to be glad, there's gleam enough to keep you glad. Say, "Bless the Lord, O my soul, and forget not all his benefits." Better lose count in his enumerating your blessings than lose your blessings in telling over your troubles. "Be thankful unto him and bless his name."—Maltbie D. Babcock, D. D.

"Quotations"

If you are a friend to Nature you are a rich man, even in old age.—*Adolf Lorenz.*
The only way of catching a train I have ever discovered is to miss the train before.—*C. K. Chesterton.*
Women are the social guardians of the human race.—*Lady Astor.*
Beauty in itself is not a gift, but femininity is.—*Henri Bernstein.*
To live for one's country is greater than to die for it.—*Harold Bell Wright.*
It's better to give than to lend, and it costs about the same.—*Sir Philip Gibbs.*
The decrease in ability with age is much slighter than popular opinion would indicate.—*Havelock Ellis.*

Household Questions

A little salt added to pumpkin sauce will greatly improve the flavor.

...
Cooked prunes stuffed with celery and nuts make a tempting salad. Stuffed prunes can also be used as a garnish for chops, roasts or steaks.

...
When "buttered" crumbs are called for, the best way is to melt butter, add crumbs and mix well and then sprinkle over the top of food. If butter is merely "dotted" over the top it does not evenly mix with the crumbs.

...
To clean fireplace bricks, cover them with a paste made of powdered pumice and household ammonia. Let it dry for an hour, then scrub with warm soapy water.

© Bell Syndicate.—WNU Service.

Clever Coyotes

Rangers stationed at Yellowstone park thought he was a coward, but they discovered that a coyote there was merely being clever. The coyote skirts over the bear-feeding grounds each evening, but carefully stays away from the feeding platform. Rangers, wondering why he came without attempting to eat, watched. They found that one or two of the bears had a habit of picking out appetizing pieces of meat and scampering to the timber, where they would not be molested. The coyote followed them into the timber, took a quick nip at the bear's heels and, when the bear dropped the meat to defend himself, the coyote grabbed it and dashed away.

Foreign Words and Phrases

Allons! (F.) Let us go! Come!
Bis pueri senes. (L.) Old men are twice children.
Canaille (F.) Th erabble.
Ense petit placidam sub libertate quietam. (L.) With the sword she seeks quiet peace under liberty. (Motto of Massachusetts.)
Ferae naturae. (L.) Of a wild nature.
Garde de corps. (F.) A body-guard.
In Esse. (L.) In a state of being.
Lasciate ogni speranza, voi ch'entrate (It.) Who enter here, leave all hope behind. (The inscription over the gate of Dante's Inferno.)



FINER-TEXTURED CAKES!

with this famous southern SPECIAL-BLEND in the bright red Jewel carton

• Cakes are more delicate, pastry and biscuits flakier and more delicious when you use this finer shortening! For Jewel is a Special-Blend of vegetable fat with other bland cooking fats. Actual tests prove that it creams faster and makes more tender baked foods.

PREFERRED TO THE COSTLIEST SHORTENINGS

Read Our Advertisements

JOHN BECOMES A FIRST CLASS SCOUT!

WHAT? YOUR BOY SCOUTS USE MY POND FOR THEIR SKATING RACES? I SHOULD SAY NOT! AND THAT'S FINAL!

SAY... THAT SCOUTMASTER'S GOT A NERVE! HANG UP ON HIM! GO ON... BANG UP THE RECEIVER!

MR. COFFEE-NERVES

WHY, JOHN... I'VE NEVER SEEN YOU ACT SO CROSS! YOU DIDN'T NEED TO TAKE THE POOR MAN'S HEAD OFF!

THERE SHE GOES... NAGGING AGAIN! SHE KNOWS YOU SCARCELY SLEPT A WINK LAST NIGHT... BUT SHE DOESN'T CARE!

WHAT IF I AM CROSS? YOU WOULD BE, TOO, IF YOU COULDN'T SLEEP... AND HAD MY HEADACHES AND INDIGESTION!

WELL, YOU KNOW WHAT THE DOCTOR TOLD YOU! HE SAID YOU HAVE COFFEE-NERVES!

AW, TELL HER TO GO FLY A KITE! NO ONE BELIEVES THAT BUNK!

MR. COFFEE-NERVES

YOU'D FEEL BETTER ALL AROUND IF YOU'D DO AS THE DOCTOR SAID... CUT OUT COFFEE FOR 30 DAYS AND SWITCH TO POSTUM!

THAT'S A LOT OF ROT! BUT I'LL TRY IT... IF IT WILL HELP KEEP YOU QUIET!

CURSES! THIS MEDDLING WOMAN KNOWS THAT POSTUM WILL DRIVE ME OUT!

30 DAYS LATER

YOUR HUSBAND IS CERTAINLY A JOLLY SOUL! HE'S HAVING THE TIME OF HIS LIFE!

ISN'T IT WONDERFUL? SINCE HE SWITCHED TO POSTUM HE'S BEEN A DIFFERENT PERSON!

Paul ARTHUR

OF COURSE, children should never drink coffee. And many grown-ups, too, find that the caffeine in coffee disagrees with them. If you have headaches or indigestion or can't sleep soundly... try Postum. It contains no caffeine. It is simply whole wheat and bran, roasted and slightly sweetened.

You may miss coffee at first, but after 30 days you'll love Postum for its own rich, satisfying flavor. Postum comes in two forms—Postum Cereal, the kind you boil, and Instant Postum, made instantly in the cup. Either way it is easy to make, delicious, economical, and may prove a real help. A product of General Foods.

FREE—Let us send you your first week's supply of Postum free! Simply mail coupon. COPR. 1935, G. F. CORP.

GENERAL FOODS, Battle Creek, Mich. WAT 11-21-36
Send me, without obligation, a week's supply of Instant Postum Postum Cereal (check kind you prefer).

Name _____
Street _____
City _____ State _____

Fill in completely, print name and address. If you live in Canada, address: General Foods, Ltd., Cobourg, Ont. (Offer expires July 1, 1937.)