

HOUSEHOLD QUESTIONS



Sandwich Filler.—Peanut butter mixed with a little cream is a good filling for white or graham cracker sandwiches for children.

White, Tender Chicken Meat.—If a chicken is well rubbed inside and out with a cut lemon before being cooked it will make the meat white, juicy and tender.

To Hasten Cooking.—When using a double boiler the food will cook more quickly if the water in the outer vessel is salted in the proportion of a fourth of a cup of salt to one quart of water.

Cap, Scarf, Mittens To Keep Tot Warm



Pattern 6504.

Any little girl will be overjoyed to find this woolly set in her Christmas stocking. It's done in simple crochet. Pattern 6504 contains directions for making cap, scarf and mittens in a 4, 6 and 8 year size; materials needed; illustrations of them and stitches; color schemes.

To obtain this pattern send 15 cents in coins to The Sewing Circle, Household Arts Dept., 259 W. 14th St., New York, N. Y.

NIGHT COUGHS DUE TO COLDS

Need More Than "Salve" To Quickly Relieve DISTRESS!

Before you go to bed rub your throat, chest and back with warming, soothing Musterole. You get such QUICK relief because Musterole is MORE than "just a salve." It's a marvelous stimulating "counter-irritant" which helps break up local congestion and pain due to colds. Its soothing vapors ease breathing.

Used by millions for over 30 years! 3 strengths: Regular, Children's (mild) and Extra Strong, 40¢. Hospital Size, \$3.00.



Habits to Cultivate

Cultivate only the habits that you are willing should master you.—Elbert Hubbard.

HEADACHE?

Here is Amazing Relief of Conditions Due to Sluggish Bowels

Nature's Remedy If you think all laxatives act alike, just try this all vegetable laxative. So mild, thorough, refreshing, invigorating. Dependable relief from sick headaches, bilious spells, tired feeling when associated with constipation. Without Risk get a 25c box of NR from your druggist. Make the test—then if not delighted, return the box to us. We will refund the purchase price. That's fair. **NR TO-NIGHT** Get NR Tablets today.

Hope a Pillar

Hope is the pillar that upholds the world.—Pliny.



GOOD MERCHANDISE

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FARM TOPICS

MORTGAGE DEBT SHOWS DECLINE

Farm Liens Are the Lowest In Twenty Years.

The farm mortgage debt stands at approximately \$7,000,000,000 it is reported by the bureau of agricultural economics. This is the smallest figure in 20 years, and compares with the high record of nearly \$11,000,000,000 in the early 1920s.

Officials said the debt has been reduced markedly during the current decade—from \$9,631,000,000 in 1930 to \$7,071,000,000 in 1939—but is still much higher than in the years immediately preceding the World War a quarter century ago. Much of the reduction during the early 1930s was the result of foreclosures and distress transfers. In recent years principal repayments have been of increasing importance.

The way in which the debt increased and declined in the last three decades, and the conditions affecting these movements are discussed by Donald C. Horton in a recent issue of the bureau's publication "The Agricultural 'Situation.'" The peak in farm mortgage debt during the last 30 years was in 1922-23, about 172 per cent above the 1910-14 level. The debt has declined in each subsequent year except 1927.

The debt increased in all major geographic divisions of the country from 1910 to 1920, and there was a further rise in all areas for some time during the early 1920s. For all geographic decreases liquidation or a much retarded rate of growth followed the increases of the early 1920s, and varying amounts of debt liquidation resulted from the post-1929 depression in all areas.

Marked regional differences in debt trends occurred in the late 1920s and early 1930s. The continued downward trend for the west north central states, for example, stood in sharp contrast with the continued upward trend for the Pacific states during this period. In the west south central states debt continued to increase from 1925 to 1930, whereas in the south Atlantic and east south central states the upward movement after 1925 continued only to the middle of this five-year period.

In four geographic divisions—New England, Middle Atlantic, Mountain, and Pacific—farm mortgage debt rose for a time after 1930. In all of these regions mortgage debt had either risen or changed little during the latter part of the 1920s.

During 1932 and 1933 the decline was general for all areas, but in the following two years there were again widely divergent regional movements. There was a continued rise in New England during the years 1936, 1937 and 1938. Changes were small during this period in the middle Atlantic, east south central and Pacific states.

There was a considerable decrease, however, in the west north central states. The largest decrease for any state in 1938 was 9.4 per cent for North Dakota, the largest increase was 3 per cent for Massachusetts.

Many Silo Accidents Are Found Avoidable

Far too many serious accidents occur in connection with silo filling, most of which can be prevented by exercising even a small amount of care. Probably the most common is that of falls from the silo in putting up or taking down the filler pipes or in putting in the doors. Even a 10-foot fall may be very serious if one strikes on his head, falls with a leg or arm underneath, or falls on the cutter or other machine.

Also many lose a hand or an arm by trying to crowd the corn into a cutter which is partly choked. Keep the hands at least a foot away from the feed rolls; and if closer crowding must be done, use a forked stick.

Be careful that the cutting knives are properly adjusted and the adjusting bolts and locking nuts properly secured. Any clicking or tapping should at once be investigated by stopping the cutter and testing the knife adjustments and lock nuts, and these should be gone over each half day before the cutter is started up.

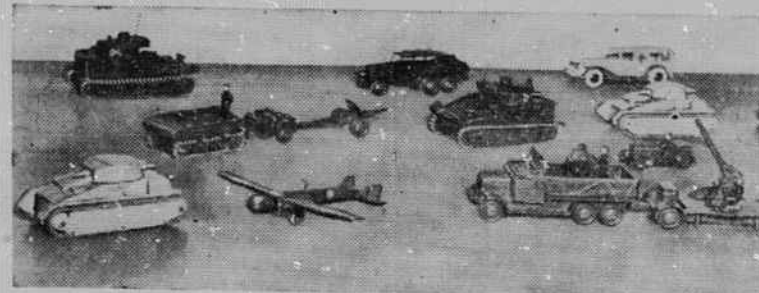
Do not run the cutter faster than called for in the manufacturers' directions. Experimental work shows that excessive speed not only is dangerous but that it wastes an enormous amount of power and that usually just as good results will be obtained at the lower speeds.

Peace Theme Features Toys For U. S. Children This Year

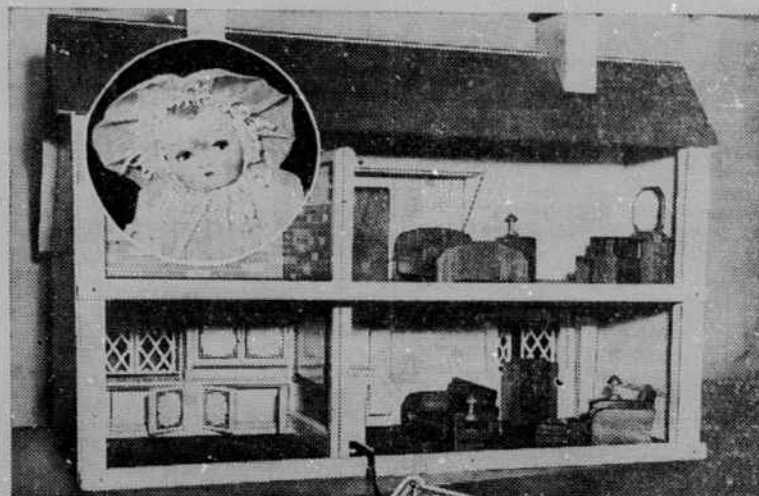


Picture Parade

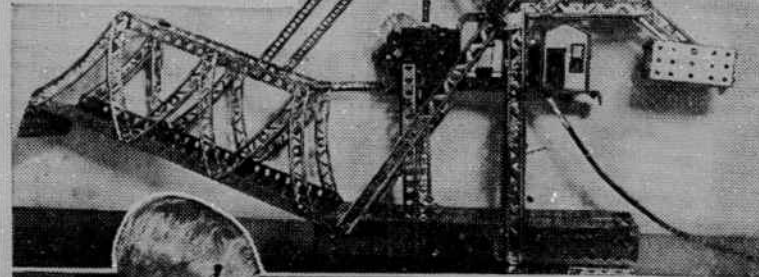
Christmas 1939 will be a cavalcade of peace for American kiddies; in his \$225,000,000 pack, St. Nick will carry less than one per cent of military playthings. There will be fewer imported toys, too. Above: Learning by doing is stressed for growing youngsters; chemistry sets will feature microscopes.



Above: An example of mechanization in toys, a miniature army made in England. Far more popular mechanical toys are farm tractors, trucks, harrows, spreaders, movers and reapers. Biggest item in Santa's bag will be rubber-shod toys, which B. F. Goodrich company surveys show will use 100,000,000 tires—twice as many as the nation's real autos.



Above: Dolls and doll houses scaled to life. The tot is a model of Netherlands' Princess Beatrix.



Miscellany: Above is an electrically-driven drawbridge, a sample of the new "progressive education" construction toys. Left: Late bulletins from toyland come from this rotary printing press which is strictly in line with recent advances of the craft, using rubber type and plates for economy. Below: Real-life characters portrayed in dolls. How many can you identify?



OUR PRESIDENTS

Of our Presidents, John Adams lived to the greatest age—91 years.

He was the first President to be inaugurated on March 4, at Philadelphia.

The mothers of seven Presidents lived until their sons were inaugurated. These were Mary Ball Washington, Kelly Conway Madison, Eliza Garfield, Nancy Allison McKinley, Hannah Simpson Grant, Jane Knox Polk and Sara Delano Roosevelt.

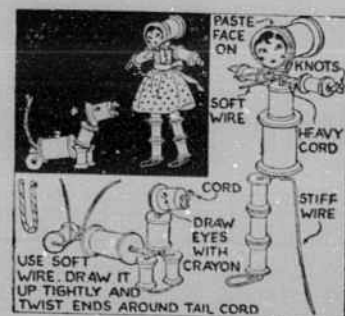
The Adams, Harrison and Roosevelt families have been twice represented in the White House.

Toys for Christmas Made From Spools

By RUTH WYETH SPEARS

SO MANY readers have asked for more spool ideas after seeing the directions for spool shelves in Sewing Book No. 3, that I know you will love making these amusing toys.

The two spools for the doll's arms are strung together with cord. Start with these, then bend the body wire over the center of the cord. Run both ends of the wire through the two body spools,



then bend the wires and run them through the spools for the legs. Bend in flat loops for the feet. Twist wire around the bonnet spool and fasten to body tightly so the bonnet tips up at the back. Cut a face out of a fashion magazine or draw one and paste it on the front of the bonnet spool. The dress is of two straight pieces; the bright sash and bonnet ribbons match.

One end is cut off the spool for the dog's head. Bend the wire over the whiskers, then run both ends through the head and neck spools. Run one end through the two leg spools, then both through the body and one through the back spool. Twist together around the tail.

NOTE: Readers who are now using Sewing Books No. 1, 2 and 3 will be happy to learn that No. 4 is ready for mailing; as well as the 10-cent editions of No. 1, 2 and 3. Mrs. Spears has just made quilt block patterns for three designs selected from her favorite Early American quilts. You may have these patterns FREE with your order for four books. Price of books—10 cents each postpaid. Set of three quilt block patterns without books—10 cents. Send orders to Mrs. Spears, Drawer 10, Bedford Hills, New York.

CLOTHESPIN NOSE

Sensational extra help for colds—with Luden's! These famous cough drops not only help soothe throat, but release a menthol vapor—which, with every breath, helps penetrate clogged nasal passages, helps relieve "clothespin nose!"

LUDEN'S 5¢ Menthol Cough Drops

Enthusiasm Enthusiasm is grave, inward, self-controlled; mere excitement outward.—Sterling.

A GREAT BARGAIN **VESPER TEA** PURE ORANGE FEMOE 50 Cups for 10 Cents Ask Your Grocer

MODERNIZE

Whether you're planning a party or remodeling a room you should follow the advertisements... to learn what's new... and cheaper... and better. And the place to find out about new things is right here in this newspaper. Its columns are filled with important messages which you should read regularly.