#### Our National Holidays

If "national holiday" is to be interpreted as a holiday declared by the federal government, then we observe no such holidays, for we observe no such holidays, for the legal declaration or observ-ance of holidays is a matter en-tirely up to the state or territorial government. Of the total number of legal or public holidays ob-served in various portions of the U. S., only seven may be said to S., only seven may be said to "national" in the sense that all 48 states concur in their observ-ance. These are New Year's day, Washington's birthday, Independ-ence day, Labor day, Armistice day, Thanksgiving (though not cel-ebrated on the same day in each state), and Christmas state), and Christmas,



Getting and Giving

No man lives without jostling and being jostled; in all ways he has to elbow himself through the world, giving and receiving of-fense.—Carlyle.

#### DON'T LET CONSTIPATION SLOW YOU UP

When bowels are sluggish and you feel irritable, headachy and everything you do is an effort, do as millions do—chew FEEN-A-MINT, the modern chewing gum laxative. Simply chew FEEN-A-MINT before you go to bed—sleep without being disturbed—next morning gentle, thorough relief, helping you feel swell again, full of your normal pep. Try FEEN-A-MINT. Tastes good, is handy and economical. A generous family supply costs only

### FEEN-A-MINT 10¢

We Exaggerate

There is always less money, less wisdom, and less honesty than people imagine—Bacon.



BLAIR OF VIRGINIA Dept. 3071 Lynchburg, Va.

Happiest Man

He is the happiest, be he king or peasant, who finds peace in his home.-Goethe.

## Relieves MONTHLY -

ply marrelous to re ss. They're made as

we such distress. The citally for women.

Taken regularly—Lydia Pinkham's ablets help build up resistance ainst such annoying symptoms, hey also help build up red blood ad thus ald in promoting more crength. Follow label directions, wella Pinkham's Compound Tableta dia Pinkham's Comp e WORTH TRYING!

Farmers Are Founders

The farmers are the founders of civilization and prosperity.—Daniel Webster.

\$23,000 a Minute

For defense, the U. S. government s now said to be spending \$23,000 a minute and before the end of the year, it is figured this expenditure will be about \$69,000 a minute. The cost of the World war to the U. S. government was \$26,000 a minute.

## "All the Traffic Would Bear"

There was a time in America when there were no set prices. Each merchant charged what he thought "the traffic would bear." Advertising came to the rescue of the consumer. It led the way to the established prices you pay when you buy anything today.

Washington, D. C. DELAYS TO RUSSIA

There were two inside reasons for the slowness of the U. S. mission to Moscow in sitting down at the conference table with Joe Stalin. One was the technical difficulty of the flight across Germany. The oth-

was China. The flight from London to Moscow is not the easiest thing in the world, since about a thousand miles is across enemy territory. The British bombers which make the flight use as much of the night as possible over German territory and also go

over German territory and also go up to tremendous altitudes.

The U. S. mission to Moscow also had to fly in sections—three different planes, flown on different days, with the time of departure kept a dark secret. And the last sections were delayed in London.

The Chinese delay of the mission to Moscow greater before Averill.

to Moscow occurred before Averill Harriman left Washington, when it was proposed that China, nearest friendly neighbor to Russia, should sit in with Harriman, Stalin and the

But the state department objected and for a highly unexpected resson. Appeasement-minded diplomats inside the state department claimed that a Chinese mission to Moscow would offend Japan. The United States was trying to woo Japan away from the Axis, they argued, and so nothing must be done to rub the Japanese fur the wrong

In the end, Japan reaffirmed its partnership in the Axis; but only after the U. S. mission to Moscow already had started, also after Nazi victories in Russia seemed on the upgrade once again. So the appease-ment policy of the state department got nowhere.

NOTE-Key to Japanese policy of friendship for the United States or allegiance to Germany always is the barometer of Nazi military suc-cess. If Hitler is winning, Japan will stick by him; and if the U.S.A. looks stronger, it is vice versa.

#### U. S. MILITARY ATTACHE

Gen. John Magruder was recently appointed head of the U. S. military mission to China in order to heal the slight to Chiang Kai-shek when he was not permitted to send an envoy to the Harriman confer-ence in Moscow. But General Ma-gruder is more famous for another

chapter in his life.

When he was U. S. military attache to Switzerland in 1938, Magruder sent a report to the war de-partment on the march of Hitler's mechanized forces to conquer Aus-tria. In this report he said that Nazi tanks and trucks were of poor quality and that many of them had broken down en route to Vienna.

This U. S. military report was immediately picked up by the British who placed great confidence in the word of a U. S. military attache.

Today, Hitler's tanks and armored cars are the model for modern war-

MRS. ROOSEVELT'S JOB
A friend of Mrs. Roosevelt came to see her at the White House, to talk about the First Lady's new job in the Office of Civilian Defense. She was much impressed at Mrs. Roosevelt's grasp of the problems, but a little disturbed at the boldness of some of her plans. of some of her plans.

So thinking of Director LaGuardia, the friend remonstrated: you introduce such bold ideas, what will the mayor say?"

The First Lady smiled. "My dear," she said, "I don't think the mayor will say 'No' to me."

NOTE — Mrs. Roosevelt cannot spend full time at her desk in the O.C.D., and during her absences, the job will be held down by her good friend Mrs. Henry Morgenthau, wife of the secretary of the treasury.

#### MERRY-GO-ROUND

What the army needs for men in southern areas is short pants. The long trousers are too hot and difficult to keep clean. British officers observing the maneuvers wore observing the maneuvers wore shorts and looked cool and swagger.

Observed one second army wit anent the fact that the war games were held in the "Gajun" (Arcadi-an) section of Louisiana, "450,000 soldiers and all looking for Evange-

Attention, Mr. Tom Dewey: The U.S.O. did not show up very helpfully in the maneuver area. In some of the towns the local organizations did make an effort to provide the soldiers with bathing and laundry facilities, but in general the U.S.O. fell down on the job. It should have made special arrangements for the men in this backwoods region.



HERE are three major factors in competitive sport—apart from such superior physical assets as speed and power.

As some sporting philosopher once remarked—"the race may not be to the swift—nor the

battle to the strong but that is where to

Usually-but not always. For the referred to play a big part in naming the winner, no mat-ter what the sport. These three lead-ing elements are

Form — Technique and Tactics. They are the big winners, where so many are so well matched on the physical side. They write most of the head-

And they are the least understood by the vast majority of those who play various games.

#### What They Are

Just what is Form-what is Tech-ique and what are Tactics? I put nique and what are Tactics? I put the matter up to P. Hal Sims, bridge player and golfer, who has put in much careful thought along these through 40 years of competi-

"Form," says Mr. Sims, "is really style—the correct physical way of doing things. It is the popular current style, which often changes as new champions come along with different ways of playing games. different ways of playing games. "Technique is the best mathemat-

ical execution of form. I should say that technique is eliminating as much as you can the margin of er-ror. It demands that you give more consideration to the percentage

"Tactics is the handling or direc-tion of form and technique together. "Many times the failure to ob-serve technique puts on added presserve technique puts on added pres-sure. All the mistakes you make increase pressure. In bridge for example the first mistake you make in bidding or playing the hand will increase the pressure enormously. The same is true in golf, which opens with the tee shot. If you miss this stroke, you wade right out in the middle of increasing pressure.

#### The Many Angles

"I have always thought," P. Hal continued, "that Walter Hagen was always a master of technique and tactics. Hagen's angle is this—a golfer plants his tee shot into the rough, partially stymied by a tree. In place of accepting the penalty he has incurred by a bad shot, he tries to save himself by some miracle attempt. The odds against this at-tempt may be 10 or 15 to 1. If he would play out safely and then gamble on one pitch and one putt, the odds would be much less. And the penalty much lighter.

"How many average golfers will 8:26-28).
you see trying to play a wooden club from the rough. You'll see it especial often. They merely move from one trouble to deeper trouble, as a rule. By using the right technique they might still get a 4 on the hole or almost surely a 5. But overlooking the percentage matter completely, they wind up with a 6 or a 7. ly, they wind up with a 6 or a 7. Most golfers could take away 8 or 10 strokes from their average

tion was all that any one could ask. He made you think of style—just as Jim Corbett once did.
"But Conn's technique in the thir-

teenth round suddenly blew up. He had taken the lead because he kept moving around, giving Louis a shift-ing target. But in the thirteenth round he suddenly turned flat-footed and began exchanging punches with

a much better puncher.
"Many will tell you Conn became flat-footed through the body pun-ishment he had taken in earlier rounds. I don't agree with this for the simple reason in the twelfth round Conn was at his best, swarming all over Louis. It was this round that made him so badly overconfident that he forgot all about tech-nique and tactics. He overlooked Old Man Mathematics or Old Man Percentage completely. You couldn't blame him too much for this. It was the first time he had ever been within two or three rounds of a heavyweight championship. He lacked at this point the coolness and the experience needed to carry along a winning plan, which he actually had.

#### IMPROVED UNIFORM INTERNATIONAL CUNDAY CHOOL Lesson

By HAROLD L. LUNDQUIST, D. D. Dean of The Moody Bible Institute of Chicago. (Released by Western Newspaper Union.)

#### Lesson for October 19

Lesson subjects and Scripture texts se-cted and copyrighted by International ouncil of Religious Education; used by

#### THE HOLY SPIRIT OUR HELPER

LESSON TEXT—John 3:5-8; Acts 1:8; Romans 8:26-26; Galatians 5:22-26.
GOLDEN TEXT—As many as are led by the Spirit of God, they are the sons of God.—Romans 8:14.

Nothing could be more practical Nothing could be more practical or blessed for and in the life and service of the believer than an understanding of the person and work of the Holy Spirit; yet it is a subject concerning which most Christians are woefully ignorant.

Before taking up the work of the Spirit are it concerning our lease.

Spirit as it appears in our lesson, we should understand that the Holy Spirit is a person, not an influence which may exert itself upon a servwhich may exert itself upon a service, or a power which a man may obtain and use. He—the Spirit—is one of the Trinity, with the attributes of a person, doing the work of a person and always referred to as a person in Scripture. (When "it" is used of the Holy Spirit in the A.V. it will be found to be corrected to "him" in the R.V.)

What then does this divine person do? The work of creation was His as one of the Godhead. He regenerates, He teaches, He comforts, He leads, He calls and qualifies Chris-

leads, He calls and qualifies Christian workers, He is the divine author of the Bible. These and many other things He does, this One who indwells the believer as the ever-present Guide and Counselor. The Christian is

I. Born of the Spirit (John 3:5-8).

I. Born of the Spirit (John 3:5-8).
The new birth is indispensable to entrance into the kingdom of God. We either enter that way or we do not enter at all. Let's be clear about that. "Ye must be born again" is not the edict of a church or the plea of a preacher; it is the plain statement of our Lord Himself

(v. 5). The Holy Spirit is indispensable to regeneration. We must be born of the Spirit. How it takes place we can no more explain than the coming or going of the wind, but just as the power of the wind is known to the power of the wind is known to us by clear evidence, so the regenerating power of the Spirit, mysterious though it be in operation, is known to us by the evidences of redeeming grace in a man's life.

II. Empowered by the Spirit (Acts 1:8).

Spiritual birth calls for service for Christ. For that we must have the

Christ. For that we must have the power of the Holy Spirit. A man may do many ordinary things in the strength of his own body and mind (although even these ought always to be under the Spirit's con-trol), but when he comes to witnessing for Christ, teaching or preaching God's Word, he must have Holy Spirit power or he is utterly ineffective.

Directed by the Spirit (Rom.

The guidance of the Holy Spirit, especially in the matter of prayer, is stressed in these verses, but they are a part of a longer passage dealing with the indwelling, enabling, and guiding power of the Holy Spirit (read vv. 9-14). Every detail of life in the home, at business, or in social relations should be in con-

scious submission to His leading.
It is in the realm of the spiritual, The Case of Conn
"When Billy Conn met Joe Louis,
Conn's boxing form was brilliant.
"His foot action and his hand action was all that any one could ask. these profound words seems to be that the divine Spirit, by His immediate influence in the saint's soul, which becomes as it were the organ of his own address to the Father, secures the rightness of the essence of the saint's prayer." (H. C. G

IV. Walking in the Spirit (Gal. 5:

Being born again of the Spirit, living daily by the Spirit, it is right that (as v. 25 puts it) "if we live by the Spirit, let us also walk by the Spirit." The works of the flesh, the Spirit." The works of the flesh, horrible in their wickedness and lust, are listed in the verses preceding (vv. 19-21), and then by striking contrast we have the fruit of the Spirit in the life of the Christian. Note the distinction: Work is something we produce; fruit is something that grows.

Walking in the Spirit the Chris-tian finds in his life the inward graces of love, joy, and peace. These then express themselves outwardly in longsuffering, kindness, goodness, faithfulness, meekness, and self-control. The Spirit-filled man is not only a good man; he lives a good life



A damp cloth placed around a head of lettuce will keep it fresh and crisp.

If the beaten eggs are mixed with milk that is slightly warm when making custards the cus-tard will not be watery.

When baking candied sweet po-tatoes turn them frequently to permit even browning.

Meats cooked at low temperatures not only save fuel, but they are not overcooked, and for that reason are tender and juicy.

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