

# Says Teachers' Colleges Should Be Treated As One University

CULLOWHEE, Nov. 9.—(Spl.)—The three state teachers colleges, Western Carolina Teachers college, at Cullowhee, Appalachian State Teachers college, at Boone, and Eastern Carolina Teachers college, at Greenville, are equivalent to one good sized university, and should be treated as such by the state, said Dr. H. T. Hunter, president of Western Carolina Teachers college, in a report to the students on the results of his study of the three white teachers colleges in North Carolina.

At the beginning of his report, Dr. Hunter explained that he had made an intensive survey of the general status of the three institutions because of repeated questioning on the part of various interested people and because of the continual legislative fights concerning appropriations.

After presenting a variety of facts Mr. Hunter concluded by saying, "Cullowhee is a small college, handicapped to an extent by its geography, by its population, and by its lack of wealth, but it is triumphing over these handicaps and is striving toward being the best little college in the entire state of North Carolina."



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# North Carolina Boys Win Cash Awards In National Gardening-Market Contest



George Wilder



Raymond Woodard

EFFECTIVE use of garden hoes by two North Carolina boys during spare hours last summer has added \$100 in cash to each of their college funds in addition to providing their families with an abundance of healthful vegetables.

These boys, state winners in a national vegetable growing and marketing contest, are George Wilder of Durham county and Raymond Woodard of Nash county. Both previously have won state honors with 4-H club projects. Their \$100 gardening awards are part of a \$5,000 scholarship fund provided by the A & P Tea Company for the National Junior Vegetable Growers Association, which sponsored the contest course among farm youngsters of 30 states.

Announcement of North Carolina winners was made by Prof. Grant B. Snyder, head of the department of olericulture at Massachusetts State College at Amherst, Mass., and advisory chairman of the National Junior Vegetable Growers. Prof. Snyder explained that the main objective of the course was "to give farm youngsters a chance to examine various methods of marketing food and to show why efficient marketing is essential to farm prosperity as efficient production."

## Cold Months Demand Extra Tractor Care

November frosts should remind farmers to take the steps necessary to protect their tractors or engine-equipped machines from damage due to freezing, says J. D. Blickle, agricultural engineering specialist of the N. C. State College Extension Service. A little preventive maintenance will guard against cracked cylinder heads and blocks, burst radiators, burned-out bearings, and other damage likely to occur in cold weather.

During the winter months, the whole cooling system of the tractor or engine should be drained if not in actual use, or a good anti-freeze solution placed in the radiator.

One of the surest ways to prevent excessive wear and damage is to use the engine and transmission oil recommended by the manufacturer of the equipment for the lowest temperatures expected.

Then, too, Blickle explained, the oil should be changed oftener in the winter than in the summer because the condensation of moisture, oil dilution, and the collection of sludge in the engine crankcase are increased greatly during cold weather operations. The oil should be drained while the engine is still hot.

The State College specialist also reminded farmers that it is a good practice to warm the engine up to operating temperature before putting it to work. The battery has an extra load during cold weather, so it should be kept fully charged at all times and the solution in each cell maintained at the proper level. A battery in which the charge is weak will freeze. "Stepping up" the generator may be necessary to keep the battery fully charged.

## Upper Wolf Creek

The Rev. Leo Elrod, of Copperhill, Tenn., preached here Sunday.

Miss Leona Carter left Sunday for Baltimore, Md. where she is employed.

Mrs. Florence Ensley left Monday for Chattanooga, Tenn., for a few days visit.

Mr. and Mrs. Clovz Bandy and baby, Judy, of Murphy, spent Sunday night with Mr. and Mrs. W. A. Bandy.

Mr. and Mrs. John Cole and family were Murphy visitors Sunday.

Miss Lottie Simonds returned Saturday from a week's visit with her sister, Mrs. Robert Cole, in Lenoir City, Tenn.

## CULBERSON

Austin Raper and Misses Edith and Loma Kate Anderson spent the week-end with Mr. and Mrs. John Hogan at Sevierville, Tenn.

Mrs. Robert Cearley and Harold Harris were business visitors in Bryson City Monday.

Thurman Cearley, of Gastonia, spent Saturday night here with Mr. and Mrs. Robert Cearley.

John Gladson, of Persimmon Creek, visited Mr. and Mrs. G. E. Dickey on Monday of this week.

Mr. and Mrs. Rob Polster, of Marble, visited Mr. and Mrs. D. C. Watson Sunday.

Mrs. Ersa McNabb and Miss Ellen Watson were Asheville visitors Saturday.

Mr. and Mrs. Don Johnson, Mrs. Joe Johnson and daughter, Bessie Mae, visited relatives on Lower Hangingdog, Sunday.

W. I. Redmond spent the week-end with his family at Cisco, Ga.

Mr. and Mrs. R. W. Brown, of Isabella, Tenn., were business visitors here last week.

## LETITIA

The fifth Sunday meeting will be held at the Oak Grove church November 29.

Miss Ula Pilkey, of Bryson City, is spending a few weeks with her sister, Mrs. Oda Conley.

# State College Hints For Farm Homemakers

By Ruth Current  
N. C. State College  
The right daily foods supply building and repair materials to the body and ward off some kinds of disease. No one food can do everything. It takes a number of kinds to keep fit.

You can carry lunch in a box or pail and still have a complete and satisfying meal. An Active worker may need as much as one-third of the day's food at lunch time. Furthermore, lunch should be appetizing and easy to eat.

In sandwiches: Use whole-wheat, rye or enriched bread; now and then rolls, corn bread, or biscuits.

As sandwich fillings: Don't forget baked beans with or without catsup; eggs firmly fried or scrambled; fish, chopped liver; corned beef; peanut butter or peanuts ground up and mixed with top milk, and cheese, many ways.

Vary the flavor of sandwiches with pickle, mustard, onion, catsup, horseradish, or salad dressing.

Fruit every day: Always include an orange, an apple, or some other fruit. When fresh fruits are scarce use dried fruit, or canned fruit in a small jar with a tight top.

Raw vegetables: For something crisp and for added vitamins and minerals, put in carrot strips or wedges of cabbage, celery, cucumber sticks, turnip sticks, or pieces of cauliflower. Whole tomatoes with salt are good. Sometimes make a raw vegetable sandwich, with chopped water cress in butter for instance.

To eat out of hand: Pieces of cold meat or cheese may be tucked in, well wrapped; or hard-cooked eggs with salt; or nuts, cupcakes, and turnovers.

To drink: A small vacuum bottle carries hot and cold drinks of many kinds—milk, soup, tomato juice, cocoa, tea, and the popular half-coffee-half-milk.

## Soldiers To Feast On Turkey With Trimmin's

Atlanta, Ga., Nov. 11—It's going to be turkey with trimmin's on Thanksgiving Day, November 26, for the soldiers at Army posts and camps in the southeastern states and there'll be no skimpy helpings.

Prepared menus, released today at headquarters, Fourth Service Command, show that there'll be 100 pounds of turkey supplied for every 100 men—and a pound of turkey i snot a lunch room sandwich slice in any kind of language.

Neither will the boys be exactly starved at breakfast on this holiday, just to whet their appetites, for the morning meal will consist of: oranges — one orange per man — oatmeal, fresh milk, scrambled eggs, bacon curls, toast, butter and — yes sir — coffee, plenty of it.

And the mess sergeants are going to feed them in the evening just like they hadn't had a belt-bustin' meal at noon — and it won't be turkey hash. For supper they'll have: cold cuts, sliced cheese, potato salad, sandwich buns, butter, chocolate marshmallow sundae and tea.

But the big feed at noon is where they'll give the fighting men the culinary works. Here's that Thanksgiving Dinner menu:

Fruit Cup, Roast Turkey, Dressing and Giblets, Cranberry Sauce, Gravy, Corn, Peas, Stuffed Celery, Tomato Salad, Bread, Butter, Pumpkin Pie, Apples, Grapes, Candies, Coffee, Nuts

## SNOW HILL

Pvt. Luther May, of Nashville, Tenn., is visiting his family here for a few days.

Prayer meeting services will be held at the home of Mr. and Mrs. Metting Robinson Saturday night.

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# OUR DEMOCRACY

by Mat



## Ours to Carry On.



## COMMENTS ON HERE AND HEREAFTER

God asked Moses, "What is that in thine hand?" And Moses answered, "A rod." That rod was a shepherd's crook. It was Moses' stock in trade. It was his business. He was a sheep herder. God said, "Give me that rod." Moses obeyed God. God performed a miracle and turned the rod into a serpent and then turned the serpent back into a rod. When Moses went down to Egypt he took "God's rod" with him. The old shepherd's crook which used to herd sheep was used by Almighty God to beat Pharaoh into submission, to break chains of slaves from thousands of Hebrews, to drive back the waves of the sea and to lead to victory God's distressed people. If all Christians would turn over everything to God in the sense that they would use everything that God has given them for God's glory, we could see things happen in our day which might be a little different from what happened under Moses' rod, but things which would be just as wonderful as Moses witnessed when he lifted that rod which at one time he called his rod, but later called it God's rod.

The silver is mine and the gold is mine. That is what God said through His prophet Haggai. Someone reading this article may feel that the dollar in his pocket is his, but it is not his dollar. It is God's dollar. The mint got it from the mine. God put it in the mine. What a wonderful world it would be if every human being realized that he is God's steward and that some day he must give an account of his stewardship. What we have done with our money, what we have done with our children, and what we have done with all that God entrusted to us will be a question that we will have to answer some day when our eyes look into the eyes of a holy God at the judgment seat.

## Government Asks Less Meat-Eating

All families in the Nation are being asked to contribute alike in the "share-the-meat" program by holding down weekly consumption to 2 1/2 pounds per person over 12 years of age.

In clarifying the request, Dr. I. O. Schaub, director of the Extension Service of N. C. State

College, said all meat slaughtered on farms for home use and that which families purchase in quantity for storage in freezer lockers should be counted in the 2 1/2 pound weekly sharing allowance. This applies to the meat from home-slaughtered cattle, calves, hogs, and sheep, since the "share-the-meat" program affects all beef, pork, veal, lamb, and mutton. All meat, whether slaughtered on the farm or commercially, makes up the total supply to be available to consumers.

Explaining the situation, Dr. Schaub said that huge amounts of meat must be supplied to the Army, the Navy, and our Allies. Civilian consumption must be held to the amount available after all of these needs are met.

If civilians were allowed to buy all the meat they wanted, their purchases alone would take 21 billion pounds of the total available supply of slightly more than 24 billion pounds. Since Army, Navy, and Lease-Lend requirements amount to 6 1/2 billion pounds, civilian consumption must be cut to 17 1/2 billion pounds.

Dr. Schaub said a meat-rationing system cannot be worked out until early in 1943, so citizens have been asked to cooperate in the voluntary "share-the-meat" program so as to assure adequate rations for the Army, Navy, and American Allies.



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