

BLAH TO YOU, TOO!
The Riangs, gentle and polite tribesmen of southeast East Pakistan, have a strange way of expressing apology: sticking out their tongues. When they accidentally bump into a stranger they show their tongues as a means of saying "I have no words in my mouth which can say how sorry I am."

FORMOSA FARMERS
Farmers make up half of Formosa's population, says the National Geographic Society. Many hold land. The average production holding is three acres. Favorable climate, irrigation and use of fertilizers allow two or three crops yearly. Bumper rice crops in 1954.

Precaution Is Still Needed Against Polio

RALEIGH—The use of Salk poliomyelitis vaccine may not materially influence poliomyelitis rates in North Carolina in 1955, and parents of children who receive the vaccine must continue to exercise common-sense precautions to guard youngsters against the disease in the coming months of expected high incidence.

This was the two-fold warning issued by officials of the N. C. State Board of Health and the University of North Carolina School of Public Health in making public the results of a study designed to predict the influence of the widely acclaimed anti-polio vaccine in the Tar Heel state.

The study, conducted by Dr. Bernard G. Greenberg, professor of Biostatistics of the School of Public Health and Dr. Charles M. Cameron of the Division of Epidemiology of the State Board of Health, was based on the official results of the Salk Vaccine Evaluation Study conducted by the University of Michigan and on the past history of poliomyelitis outbreaks in this state.

The authors state that on the basis of the Michigan report, the effectiveness of the Salk Vaccine against reported cases of poliomyelitis of all types is 49 per cent. This indicates that among persons inoculated, 49 per cent will be protected against the disease.

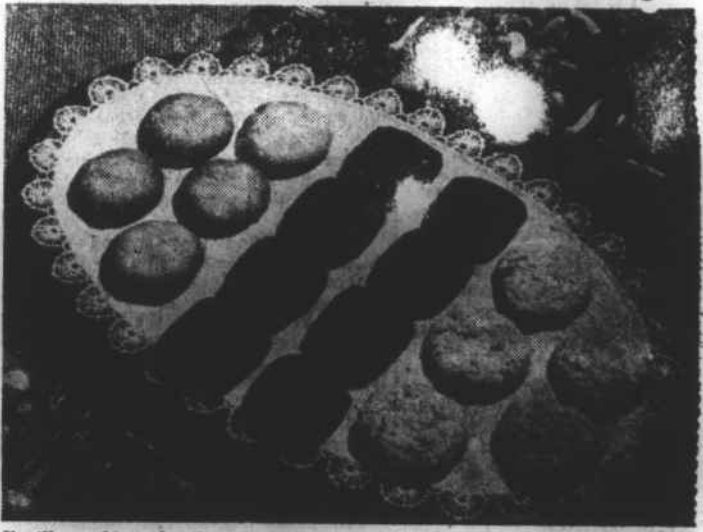
Corn Belt studies show that better and cheaper roughage production is possible on many farms.

Salk Polio Vaccine Safely Rushed To Children In No. Carolina



In handling the Salk polio vaccine to safeguard the nation's children against poliomyelitis, the rule is "RUSH" but "gently". This is done at the Eli Lilly plant with the aid of modern industrial lift trucks which speedily and safely move and stack the packaged life-saving vaccine. Illustrated here is the manner in which the polio vaccine was handled for shipment to inoculate the school children of this state. (Photo, courtesy of N. G. M.'s News of The Day)

Three-In-One-Cookies



Vanilla cookies, chocolate cookies, orange cookies—all from one basic recipe for refrigerator dough. Let Three-In-One Cookies save kitchen time for you.

Lemonade-time requires a full cookie jar. Three-In-One Cookies will easily fill your summer cookie jar needs. From just one basic recipe, you can make cookies in three flavors—popular vanilla, rich chocolate, and flavorful orange.

The basic dough requires only five ingredients. A real time-saver is the self-rising flour. It already contains salt and baking powder, so there's no need to measure those two items, or to do the usual "sifting together of dry ingredients."

This recipe makes about 6 dozen small cookies.

You can bake the cookies all at one time. Or, if you prefer, leave the rolls of dough in the refrigerator and bake as needed. Perhaps you can dove-tail your cookie baking with some other oven-baking to keep your kitchen as cool as possible.

You'll appreciate the convenience of Three-In-One Cookies. And your family will appreciate you for catering to their "sweet-tooth."

- THREE-IN-ONE COOKIES**
- 1/2 cup shortening
 - 1 cup sugar
 - 1 egg
 - 1/2 teaspoon vanilla extract
 - 2 cups sifted enriched self-rising flour
 - 1 square unsweetened chocolate, melted
 - 1 teaspoon shredded orange or lemon rind
- Cream together shortening and sugar until light and fluffy. Add egg and vanilla extract. Beat well. Add flour to creamed mixture and mix well. Divide dough into thirds. To one third add chocolate, mixing it in thoroughly. To another third add orange or lemon rind, mixing well. Leave remaining third plain. Shape each third into a roll. Wrap in waxed paper. Chill until very firm. Slice 1/4 inch thick and bake on ungreased baking sheets in moderately hot oven (400 deg. F.) about 10 minutes. Remove cookies from baking sheet (to cooling rack) immediately.

RICE-STUFFED FRANKS



Frankfurters are always a family favorite, but your family will find them a special treat when they're prepared with this unusual rice-and-cheese filling. For indoor or outdoor eating, winter or summer, these savory franks are sure to please—and they're inexpensive, too!

- 1/2 cup milk
- 2 tablespoons butter or margarine
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 1/4 teaspoon onion salt
- 1/4 teaspoon dry mustard
- 3 cups cooked rice
- 2 cups grated American cheese
- 12 frankfurters

Warm the milk, add butter, salt, pepper, onion salt, and dry mustard. Stir until butter is melted. Stir in rice and one cup of the cheese; let stand until milk is absorbed.

Split frankfurters almost in half lengthwise. Place cut side down on broiler pan and brown lightly on both sides.

Fill frankfurters with seasoned rice. Sprinkle top with remaining cheese. Slip under broiler until cheese melts and browns slightly. Yields six servings.

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"Super-Right" Fresh Loin End Roasts Lb. **43c**

"Super-Right" Fresh Loin Pork Chops Lb. **75c**

Dressed & Drawn—4-8 Lb. Avg. Beltsville White Broiler Turkeys Lb. **55c**

Lemons Large Juicy Per Lb. **15c**

Limes Juicy Florida - - Each Ctn. **19c**

Sweet Bing Cherries	-----	Lb.	49c
Golden Crisp Carrots	-----	2 Cello Pkgs.	25c
California Peaches	-----	Lb.	37c
California Plums	-----	Lb.	25c
Watermelons	Ripe Sweet	Lb.	3c
Crisco Shortening	1-Lb. Tin	32c	3-Lb. Tin 87c
Campfire Marshmallows	-----	1-Lb. Pkg.	31c
Tasty Cracker Jacks	-----	3 Pkgs.	13c
Ffi-C Party Punch Drink	-----	46-Oz. Can	29c
Uncle Ben's Rice	14-Oz. Pkg.	23c	28-Oz. Pkg. 45c
My-T-Fine Puddings	Regular	Pkg.	9c
Nabisco Cookies	Lorna Doone	Cello Pkg.	28c
Sunshine Krispy Crackers	-----	1-Lb. Pkg.	25c

YOUR CHOICE 10c

1-LB. CAN SULTANA Pork and Beans Blockeye Peas

Ann Page 1-Lb. Can Red Kidney Beans Red Beans & Chili Gravy

Krey's Meats With Brown Gravy

- Chopped BEEF 10-Oz. Can 17c
- Sliced PORK 10-Oz. Can 41c
- Sliced BEEF 10-Oz. Can 45c
- Salisbury Beef STEAKS 12-Oz. Can 39c

MARCAL PAPER PRODUCTS

- Kitchen Charm WAX PAPER Roll 21c
- Marcal Dinner NAPKINS, 2 Pkgs. 29c
- Marcal Pastel Toilet TISSUES, 3 Rolls 29c
- NAPKINS 30-Ct. Pkg. 10c

JANE PARKER VALUES

- Peach Struesel PIES Ea. 49c
- Blueberry PIES Ea. 45c
- Jane Parker SPANISH BAR Ea. 29c
- Jane Parker Topped KELLY BUNS Pkg. 25c

Put These On Your Shopping List

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Palmolive 25c	Palmolive 12c
Rinso White 30c & 72c	Rinso Blue 30c & 72c
Lifebuy Soap 9c	Lifebuy Soap 27c
Toilet Soap 20c	Super Suds 30c & 75c
Toilet Soap 25c	Toilet Soap 12c
Elastic Starch 12c	Liquid Starch 25c

SALMON 37c

SPRINKLE MEY GOOD PASTER 7 1/2-Oz. Can

Assorted Cereal - Pkg. 25c

SUNNYFIELD FLOUR 10-Pkg. Bag 69c

GRAPE JELLY 12-Oz. Jar 17c 16-Oz. Jar 29c

WHITE CAKE MIX - 1-Pkg. 10c

OUR OWN TEA 59c

AP Super Markets

LAUNDRY TIPS

There's a lot being said — and done — these days about bathroom laundry combinations. What is more convenient than to have your washer and dryer where your soiled clothes and linens are stored between washings? When it comes to laundering shower curtains, it's only a matter of changing tubs. And that is what this column is about...



During the summer when your shower is working overtime keeping the family cool, plastic shower curtains are apt to lose their color and crispness. According to Marcia Mead, home service director for Whirlpool Corporation, these curtains can be successfully laundered and softened in an automatic washer. Fill washer tub with warm water and add twice the amount of water softener you usually use to condition the water. Set the timer for three minutes, and complete cycle automatically. That's all there is to it!

Plastic is not absorbent so curtains may be hung immediately after they are removed from spin-dry cycle of washer. If you prefer, curtains may be dried in an automatic dryer providing temperature is under 120°. The delicate fabrics cycle of the Imperial electric dryer is perfect for this.

IN JACKSONVILLE
JACKSONVILLE, Fla.—William R. Rogers, quartermaster seaman, USN, son of Mr. and Mrs. Neal N. Rogers of Route 3, Hayesville, is serving here at the Naval Air Station in the Operations Department. Before entering the Navy in October 1951, Rogers attended Hayesville High School.

Worry of FALSE TEETH Slipping or Irritating?

Don't be embarrassed by loose false teeth slipping, dropping or wobbling when you eat, talk or laugh. Just sprinkle a little **PASTETHIN** on your plates. This pleasant powder gives a remarkable sense of added comfort and security by holding plates more firmly. No gummy, gooey, pasty taste or feeling. It's alkaline (non-acid). Get **PASTETHIN** at any drug counter.

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