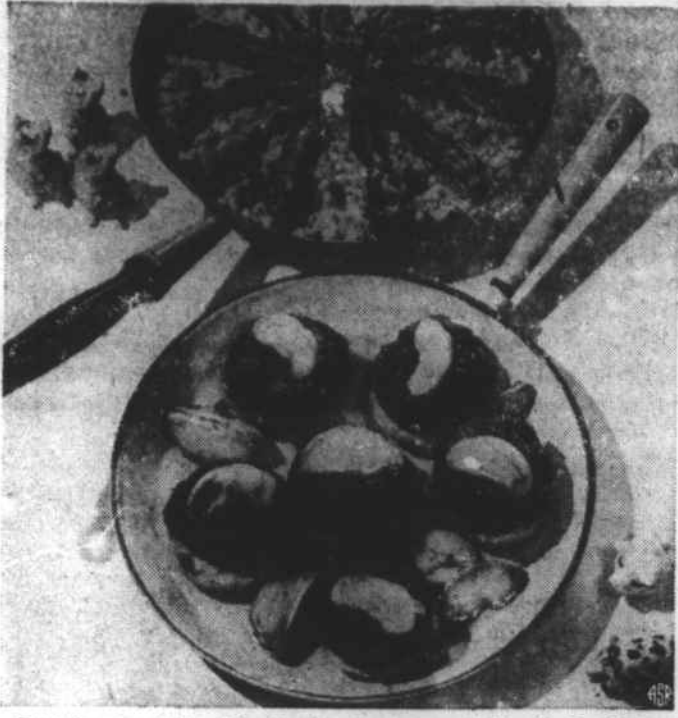


Thrifty Meals With Pork



Pork is one of the richest natural sources of vitamin B₁. It has the same high quality complete protein found in all meats. Whether it be a regal loin roast of pork or honey spareribs, every cut of pork has the same important nutrition. Old-fashioned favorites are those pictured.

Bacon and Corn Sauté

12 bacon slices 1 can (1 pound) whole kernel corn
 ¼ cup finely chopped onion ½ teaspoon salt
 ¼ cup chopped green pepper ½ teaspoon pepper

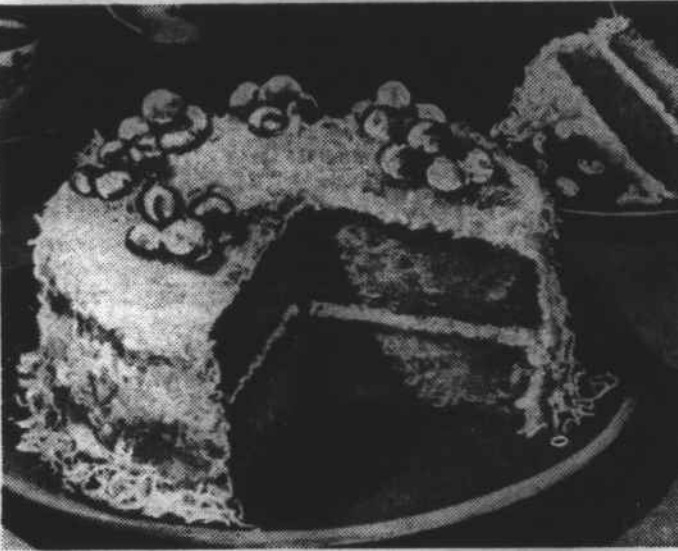
Place bacon slices in cold skillet. Cook over low heat, turning occasionally, until desired degree of crispness. Remove bacon; drain on absorbent paper. Pour off all but 2 tablespoons of the drippings. Add onion and pepper; cook until onion is tender, but not brown. Drain corn; add liquid to skillet and boil rapidly until reduced to approximately ¼ cup. Add corn, salt and pepper; top with bacon slices. Heat to serving temperature.
 YIELD: 3 servings.

Sausage and Apple Grill

1 pound sausage meat 3 apples, cored and sliced
 ¼ cup brown sugar

Form sausage into 6 patties. Place in skillet. Brown on both sides, pouring off fat as it accumulates, about 15 minutes. Remove sausage; pour off all but 3 tablespoons drippings. Add apple slices; sprinkle with brown sugar. Cover; cook over low heat 10 minutes. Add sausage; heat to serving temperature.
 YIELD: 3 servings.

**Try a Frosty Snow Cake
 For a Winter's Feast**

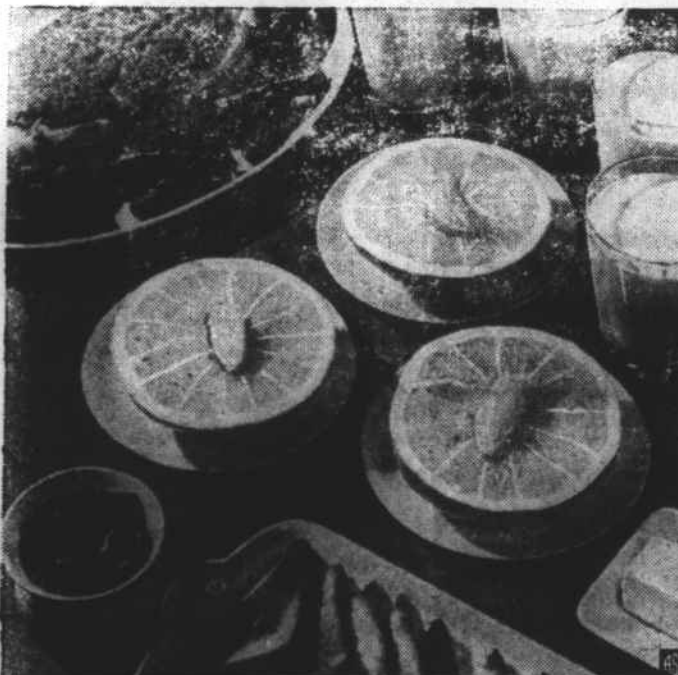


HERE'S A SPARKLING BRIGHT, UTTERLY DELICIOUS CAKE to serve at any winter gathering, holiday or everyday. It's a snow cake, easily made with a white-cake mix and a sweetened condensed milk frosting, then spread with coconut and garnished with pale green grapes, dipped, when moist, in powdered sugar and allowed to dry with a frosty coating.
 The frosting is one of the magic kind made with sweetened condensed milk that needs no cooking. The sweetened condensed milk thickens to smooth-spreading creaminess when mixed with lemon juice.

MAGIC LEMON BUTTER FROSTING

(Makes 2 cups, enough for top and sides of two 8-inch layers)
 4 tablespoons butter 1½ teaspoons grated lemon rind
 ½ cup (½ 15-oz. can) 3½ cups confectioners' sugar
 sweetened condensed milk 1 to 2 tablespoons lemon juice
 Cream butter. Gradually stir in ¼ cup sweetened condensed milk. Add lemon rind, mixing well. Add sugar gradually, alternately with remaining sweetened condensed milk, beating until smooth. Add 1 to 2 tablespoons lemon juice and beat well. Spread on cooled cake. (ANS)

Grapefruit Starts Day Right



With all the emphasis on winter health and better breakfasts, it's a wise woman who sets her table for the first meal of the day with the proper components for good health and energy. And every woman knows that nothing has a cleaner, wake-up taste first thing than a juicy half Florida grapefruit.

Florida grapefruit is right at the peak of its goodness and flavor now. You'll find both seeded and seedless, white and pink grapefruit in your markets. Fix them properly, separating each section from the dividing membranes, and serve with various toppings every day while they're so good. For they're so good for you! Low in calories, high in vitamin C, they're your ablest ally whether you're fighting the battle of the bulge or just plain colds. Besides your daily citrus, a well-balanced breakfast should include eggs in some form (here's an omelet, a pleasant change and easy too), sausage or bacon or ham; toast and butter, and of course, milk. Remember that adults need milk just as children do.

Presbyterian Circle Meets On Tuesday

The afternoon circle of the Women of the Presbyterian Church met last Tuesday at 3:30 p. m. at the home of Mrs. W. A. Singleto. New officers for the year 1957 assumed their duties. They are, Mrs. Singleton, chairman who presided over the meeting; Mrs. S. C. Burgess, secretary; Mrs. Harvey Wilson, Jr. treasurer; Mrs. R. A. Potter Bilbe Study chairman. Mrs. Potter gave the Bible stud for the afternoon.
 A social hour followed when the hostess served a sweet course with coffee.
 Present, in addition to the officers were Mrs. E. H. Brumby, Mrs. Robert R. King, Mrs. Cloe Moore and Mrs. Vernie Ayers.

Andrews Personals

Mr. and Mrs. Everett Miltz have returned after spending a vacation with relatives in Florida.
 Mr. Willis Jones who is with the Merchant Marines is spending a leave with his mother, Mrs. G. A. Jones.

Mr. and Mrs. J. A. Rodda who have been the house guests of their son Dr. John S. Rodda and his family in Valletytown since early fall left Friday via Southern route to their home in Portland, Oregon. Enroute they will spend several weeks with their son in California.
 Mr. and Mrs. Loy Seay returned Tuesday to their home in Jasper, Ga. after spending the week end here with Mrs. Seay's parents, Mr. and Mrs. Bruce Battle. They were accompanied on the trip by Mrs. Seay's mother.

Mrs. Tom Mauney of Hayesville was the house guest of Mrs. Ruth Starr Pullium over the week-end.
 Mrs. Ellen Tjersland has returned to her home in Morristown, Tenn. after a visit with the Misses Jean and Gladys Christy and Mrs. Pullium.

Mrs. Tom Day has as her guest this week her sister Miss Hope Lowery of Fontana. Miss Lowery will leave this week end for Washington, D. C.

Mrs. W. T. Holland has returned after a visit of several weeks in Aiken, S. C. as guest of her daughter, Mrs. Jack McCraney and her family.

Miss Grace Erwin of Canton Miss Sybil Jean Bradshaw of Waynesville, Miss Joyce Baldwin of Franklin, Miss Caroline Hendricks of Murphy, seniors at Western Carolina College, Cullowhee, are spending several months in Andrews where they are practice teachers in the Andrews School.

Mrs. John Christy was hostess to members of Woman's Society of Christian Service of the First Methodist church at her home on Wednesday afternoon.

Mrs. Pauline Matheson had charge of the program theme "Islands in our Community". She was assisted in presenting the topics by Mrs. David Swan, Mrs. Edwin Carter, Mrs. C. E. Holder and Mrs. W. T. Holland.

Mrs. Roy Williams, president presided. Plans were discussed for sponsoring the annual Sweetheart Banquet to be held in February. During the social hour the hostess served cake and coffee.

The February meeting will be held with Mrs. Frank Swan at her home in Valletytown.

Farm Tips

QUESTION: Is a farmer required to hold on to his trees after the contract period under the Conservation Reserve phase of the Soil Bank program runs out?

ANSWER: No. When the contract expires, he can cut and sell every tree he planted if he wants to. Actually, he would be wiser to hold them or to thin out the poorest and hold the best for a while. At the end of 10 years most of his trees would just be reaching the minimum size for pulpwood.

QUESTION: How long should I age hams for good flavor?
ANSWER: Hams cured in December should be aged until July 1st or after to give a high flavor.

NOTICE CHEROKEE COUNTY NORTH CAROLINA

The undersigned, having qualified as Administrator of the Estate of Charles D. Wood Sr., Deceased, late of Cherokee County, this is to notify all persons having claims against said estate to present them to the undersigned on or before the 17th day of January, 1957, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment to the undersigned.
 This the 15th day of January, 1957.

Charles D. Wood Jr.
 Administrator

Births

IN PROVIDENCE HOSPITAL

Mr. and Mrs. D. B. McGaha of Rt. 1, Young Harris, Ga., a son, Terry Lin, Jan. 9
 Mr. and Mrs. Breece Breland of Chapel Hill, a son, Breece Coleman Breland, Jan. 14.
 Mrs. Breland is the former Miss Joyce Coleman, daughter of Mr. and Mrs. Walter Coleman of Murphy.
 Mr. and Mrs. J. D. Burgess, Rt. 1, Murphy, a son, Jan. 14.
 Mr. and Mrs. John Hardy Haigler, Rt. 2, Murphy, a daughter, Eva Lou, Jan. 14.

PROTESTANT HOSPITAL

Mr. and Mrs. Carl Carroll Jr. of Murphy, a son, Charles David, Jan. 8.
 Mr. and Mrs. William B. Mills, Rt. 3, Murphy, a girl, Jan. 8.
 Mr. and Mrs. Stanley Whitener, of Rt. 3, Murphy, a girl, Jan. 12.
 Mr. and Mrs. Jud Stiles, Rt. 2, Murphy, a boy, Jan. 14.

Pool Fund . . .

(Continued from Page One)
 Jr., 100.00; Don Ramsey, 50.00; Roscoe L. Wilkins, 100.00; Roy Lovington, 100.00; Robert Weaver, 100.00; Mabel Massey, 100.00; H. E. Bishop, 200.00; J. J. McGuire, 25.00; W. C. "Pete" Stalcup 100.00; F. C. Bourne Jr., 200.00; Plez Headrick, 2.00; Hilton Bus. Equipment Co., 100.00; Murphy Electric Shop, 25.00; McKeever and Edwards, 200.00; Joe E. Ray, 100.00; Quinn Egg Service, 100.00; Hayes Dockery, 25.00; Smoky Mt. Fibre Co., 100.00; Crawford Tire Company, 100.00; Western Carolina Telephone Co. 500.00; Walter Haigler, 30.00; Mark Ben Joseph, 2.00; W. Frank Forsyth, 100.00; Loren C. Davis, 100.00; Parrott Odom, 50.; Jake Stiles, 15.00; Glenn Hembree, 25.00; Cyrus White, 50.00; Susie Graves, 10.00; Olen J. McDonald, 25.00; Murphy Lions Club (this money raised by public subscription for swimming pool several years ago.) 3,900.00; Other funds on hand, 1,766.08.

*This means these names previously were published in last weeks paper.

Mrs. W. G. McKeldrey will be hostess for the meeting of Laura Elliott Circle of the WMC at her home on Thursday (today) at 2:30 p. m.

Andrews Personals

Sgt. Gerald Mathis, Mrs. Mathis and their twin sons, Ricky and Micky who have been in Germany for the past 2 years have arrived for a stay of several weeks with Sgt. Mathis parents Mr. and Mrs. Mathis and Mrs. Mathis mother Mrs. Mae Taylor.
 Mrs. Charles Barr of Arlington, New Jersey has arrived for a two weeks stay as guest of her son-in-law and daughter, Mr. and Mrs. Frank E. Maennie.
 Supt. J. E. Ruffy attended a meeting held for Superintendents and leaders in Asheville Friday.

MURPHY WOMAN'S CLUB TO MEET THURSDAY

The Murphy Woman's Club will hold its monthly meeting Thursday evening, January 17 at the TAC at 7:30.
 Mr. H. ueck will speak to the group. His topic will be announced.

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