

SPORTS

by Gary Spittler
PSU Sports Information Director



These three cheerleaders on Pembroke State University's squad are all from the Pembroke area. They are part of an active

BRAVES BASKETBALL ROLLING AFTER WINNING THREE

Probably the biggest game to date will come to Pembroke State on Monday (Jan. 18) when the Braves host Catawba in a double-header beginning at 6 p.m. Catawba is ranked third in the nation in the NAIA with a 10-2 record and leads the Carolinas Conference race. The Indians are a contender for the league crown this year and Catawba is the team PSU dumped in the league tournament semi-finals last year. PSU, of course, is the defending Carolinas Conference Champions.

The women's cage team will also host Catawba. The Lady Indians are 7-0 on the season while Pembroke State is 5-4 after winning two straight. The Braves enter Thursday night's game at Pfeiffer with a 4-7 record, now winning three in a row.

JOIN NOW OR HOLD YOUR PEACE

This is the final offer! Membership in the Pembroke State University Braves Club has hit an all-time high with 163 members on the rolls. Under the leadership of Club President Dr. Jeff Collins the Club looks to have the best year ever.

If you would like to join, simply send a check for \$20 for a booster, \$35 for an individual, \$50 for a family, or \$100 for a business to the Braves Club office at Pembroke State or come by Jones P. Center.

Be a part of Exciting PSU Athletics--Join the Braves Club!

Willie Dye, a senior from Chester, S.C. has been leading the Pembroke State University wrestling team in style.

The 134-pounder holds the only undefeated record on the squad at 19-0. In addition, Dye only needs two more wins to become the winningest wrestler in PSU history.

Dye currently holds 121 wins in his career with Gregg Shealy (1976-80) the all-time leader in wins with 122. Dye is now second on the all-time list.

"Willie is a very tough competitor and he is a real leader," stated first-year Head Coach P.J. Smith. "He is a good example for the team and he is just one of those people blessed with a lot of talent, but does not take it for granted."

Coach Smith continued, "I have been very pleased with his leadership ability. He is excellent on his feet and if he has a weakness, it's being able to escape from the bottom."

But there is not much the friendly Dye cannot do. His name is throughout the wrestling records of all-time.

He holds the record for most takedowns in a single season with 91 in 1979 and was fourth in the same category with 70 in 1978.

Dye also was second in most

squad which has done things to help many PSU sports programs this year in addition to raising school spirit and cheering at PSU basketball games.

first takedowns in 1979 with 29. Dye in addition posted 56 nearfalls in 1979, good enough for third all-time.

He also is second in all-time wins in a season tied with Gregg Shealy with 37 in 1979. He posted 35 wins in 1981. "Dye is awesome and makes his opponents look like nothing," continued PSU Coach Smith. "For this reason, he has not been named 'Most Outstanding Wrestler' in any tournaments yet, but he has deserved it in three of the four tournaments.

Dye's most recent victories show the power he has. Against Appalachian State, Dye dumped Larry Savides 12-1. Then in a match against Wright State, Ohio's Steve Neel, Dye destroyed him 21-5. "Practices makes you better," stated Dye. "I've had days when I could barely walk back to the dorm, but that's good because it makes you tougher. I hope I can coach someday."

PSU PLAYER IS MERE 5-FOOT-8

At Pembroke State University, there's a little man who is making it big.

Standing a mere 5-foot-8, sophomore guard Dwight Miller of Rose Hill has moved up and is now one of PSU's starting five.

Why? The reason is simple. The Union High School graduate is a real team leader.

"When I came to Pembroke State, I felt I didn't have a chance," smiled and stated Miller. "I now do and feel my duty is to get the ball inside to the 'big' men on offense and on defense, contain my man."

Increasing as one of the toughest guards in the Carolinas Conference, Miller feels he has had help from former player Melvin Reid, a graduate of last year.

"Several things have helped me through the transition," Miller recalls. "Reid helped and the entire coaching staff has helped me alot on fundamentals."

But why was he not recruited by a bigger school? "All recruits told me I was too short to play college basketball," Miller said. "They told me I could never play, but PSU Coach Billy Lee was different."

"Dwight was not highly recruited and I feel now, he is going to help bring back the small man in college basketball," stated PSU Coach Lee who measures under six-feet himself.

"I was not all that impressed with Dwight at first, but something kept making me go back," Lee said.

Coach Lee feels there are several reasons why he went back.

"I knew he was a winner. I knew by his actions he would find a way to win," continued Lee. "He works very hard and is very pleasant to work with. Besides, I got tired of being the shortest guy at practice," Coach Lee kidded.

But while his height hasn't stopped him, the future looks bright for the business major.

"Dwight acts as the head to

Sophomore Sara Strickland, PSU cheerleader, daughter of Mr. and Mrs. William Moland Strickland of Route 3, Maxton.

our giant as he learns to be the coach on the floor," explained Lee. "A giant cannot operate without his head."

But while the big guys are rebounding and scoring, PSU's Miller is also busy at work.

"I feel being small is an advantage," said Miller. "I am quicker than most others plus I've found I get on the big guy's nerves."

"I feel," Miller continued, "It's not how tall or small you are as a college basketball player, but rather it's who works the hardest to give 110 percent everyday."

But the "little man" does have ideas on what he feels he can do for Pembroke State University.

"My goals this season are to get better and quicker on defense," predicted Miller. "I want to become more a team leader."

And like PSU Coach Lee, the little guy has similar goals. "I want to see Pembroke State win the Carolinas Conference again and advance to the NAIA District 26 Tournament."

"Also, my personal long-range goals include learning how to be a better all-around basketball player. I want to be the best defensive player ever at Pembroke. Making All-American is also on my list."

So if the saying, "Dynamite comes in small packages" is true, Pembroke State basketball fans may hear a lot about the little guy in years to come. Miller was a member of last year's Carolinas Conference Championship basketball squad.

Watch #20 at the next PSU game!

BRIEFS

Blast in Germany injured some Americans.

Reagan may cut defense monies to balance budget.

Two U.S. largest banks lowers prime rates.

S. Africa said Soviet troops captured, killed in Angola.

Judge orders no bail for Hinckley.

Man charged with threatening Reagan in Baltimore.

Peanuts creator, Schulz, undergoes surgery.

Figures show medical costs soar in 1981.

U.S. asked for aid to poor nations be realistic.

Study: no less abortions since funding cuts.

Sadat cracks down on opposition.

Canadian officials: U.S. air system "safe".

Walesa vows to fight for solidarity in Poland.

Study finds victims of some cancer living longer.



Sophomore Cindy Locklear, PSU cheerleader, daughter of Mrs. Joy Locklear of Pembroke.



Freshman Deborah Dimery, PSU cheerleader, daughter of Mr. and Mrs. Odgen Dimery of Pembroke.

"Love is the marrow of friendship." James Howell

"Mountains are the palaces of nature." Lord Byron

Mayor Jacobs addresses LRDA Staff



the Honorable James A. "Pete" Jacobs

Marilyn Locklear, Project Director of Adult Basic Education introduced the Honorable James A. "Pete" Jacobs as guest speaker to L.R.D.A.'s (Lumbee Regional Development Association, Inc.) staff meeting Monday, January 11, 1982. Every two weeks a guest speaker is

invited to speak to the staff at the weekly staff meeting held each Monday morning at 9 in the L.R.D.A. Annex building.

Mr. Jacobs, who was re-elected to a second term as Mayor of Pembroke Nov. 3, 1981, also doubles as the Tax Supervisor for Robeson County. It was in this official capacity he addressed his talk to the staff.

After sharing a wide spectrum of tax subject matter, much of which dealt with federal and state statutes regulating the filing and listing of taxes, Mr. Jacobs entertained questions from the floor.

After a very informative and interesting talk on tax matters, he entertained questions from the floor in his capacity as Mayor of the Town of Pembroke.

Said Kenneth R. Maynor, Executive Director of L.R.D.A.: "We would like to thank Mr. Jacobs for taking time out of his busy schedule to speak to us. His presentation was very informative and enlightening."

Health News... Untreated 'Whiplash' Injuries Can Produce Lifelong Problems

BY DR. ROGER ROFF
Doctor of Chiropractic

We have frequently issued warnings of the consequences of ignoring treatment for whiplash injuries. In my view it is foolhardy to forego examination following any auto accident or serious fall as the tell-tale symptoms of a whiplash can be hidden for a few days or even weeks.

Problems such as traumatic arthritis, nerve root compression, myofibrositis, chronic disc re-injury, all can result from untreated whiplash.

Following a whiplash joint ligaments can heal with scar tissue.

With scar tissue there is a loss of elasticity in the ligaments, which in itself can result in a loosened spinal joint. If the loose joint becomes unstable, traumatic arthritis may well result.

Myofibrositis occurs when the injured muscle and surrounding ligaments are replaced by the scar tissue.

The most common complication in whiplash is 'nerve root compression.'

Nerve root pain is excruciating, as it radiates over the entire area serviced by the particular spinal nerve.

Chronic disc re-injury sounds to be the logical danger of an untreated whiplash. A whiplash jolt can render the spine susceptible to any number of disc injuries from subsequent jolts and shocks.

Other problems con-



Dr. Roger R. Roff

nected with untreated whiplash are neuritis of the neck, extreme nervousness and even eventual brain and spinal injuries can result.

It sounds oversimplifying to say, "to ig-

nore a whiplash is to play with fire," but that is an accurate description.

In other words, don't compound the problems of an accident with your own indifference.

(NOTE: The whiplash symptoms, whether immediate or delayed, are generally the stiff neck, head or joint pains, and an uneasiness—or tension—particularly upon awakening. More serious symptoms are restricted head motion, headache, nausea and muscle spasm. If you are involved in an accident and experience these symptoms, I urge you to contact a Doctor of Chiropractic.)

IF YOU HAVE INJURED YOUR NECK OR BACK, CALL 739-0693 FOR AN APPOINTMENT. ROFF CLINIC OF CHIROPRACTIC 4902 Fayetteville Road Lumberton, N.C. 28358 Phone 739-0693

MT. AIRY JAYCEES NEWS

by Harlie W. Locklear

The Mt. Airy Jaycees have fixed up fruit baskets for the senior citizens and the handicapped in our community for the last three years. And this year was no different.

Last year we joined with the Mt. Airy Brotherhood to do this and it worked out so good we did it again this year.

Between the Jaycees and the Brotherhood we came up with 65 names. We fixed a basket for each person. Then we got together Christmas Eve and delivered the baskets. There were quite a few Jaycees who were supposed to help deliver the fruit, some of them didn't show up. They don't know what they missed.

As we all know, Christmas time is a time for giving. When you give someone something, it brings a smile to their face. When you can make someone smile, that makes you feel good also. The fruit baskets were not that much, but it let our senior citizens and handicapped know that we were thinking of them at a time when loving and caring is supposed to be shown to everyone.

After all, Christ showed his love to everyone by dying on the cross that everyone might live. The smiles and loving care on of these senior citizens' faces is what those Jaycees who did not show up to help missed. I wish everyone could have helped. It was a good feeling.

I would like to take this opportunity to thank all the Jaycees, Jaycettes and members of the Mt. Airy Brotherhood for helping with the fruit baskets. Thanks everyone.

The Jaycees also tried to make the kids at the Odum Home in Pembroke have a happier Christmas. We gave each one in the home \$5 for Christmas. We have had this as a project for the past three years also.

We had our annual Christmas raffle this year and it was to be held Dec. 30, 1981. Due to the holidays, we postponed it until Jan. 6, 1982. The drawing was held at our regular meeting last Wednesday night. The winners were as follows: first place was a Remington 1100 shotgun and it was won by Mrs. Carol Hunt. Second prize was a ladies watch and it was won

by Mr. Curlin Lowry. Third prize was a child's hot cycle and it was won by Mr. Conella Cummings. I would like to take this time to thank everyone who bought a raffle ticket from any member. Raffles and things like dances are what keeps our club going. And we thank every one for helping out. We also would like to thank everyone who came out to our Christmas and New Year's Eve dances. Mr. Dexter Locklear was the chairman of our raffle. We would like to thank Mr. Locklear for a job well done.

As you all might know, January 9, 1982 was a big day for the Mt. Airy Jaycees, Jaycettes and a whole lot of other people too. We sponsored a blood drive for the American Red Cross. It was held at the Mt. Airy Haycee Hut and it turned our real good. Our goal was 135 units of blood and we collected 111 units. We had 58 new donors who were there for the first time giving blood. We had eight people who were turned down for one reason or another. If everyone who had signed up would have come out, we would have gone over our goal. Blood is the gift of life and no one can give it but you. We would like to thank everyone who came out and gave someone a unit of life.

We would also like to thank all the people who volunteered their services. They were Mrs. Cynthia Johnson, Debra Baker, Barbara A. Lowery, Joseph W. Oxendine, Belton McMillan, and all the Red Cross workers. Special thanks to Mrs. Doris Whittall, field consultant for the American Red Cross. Also to all the Jaycees and Jaycettes who gave blood and worked the drive. Chairman of this project was Harlie W. Locklear.

Thanks everyone for a job well done.

Rev. Luke Cummings of Rockfish spent last Friday night in the home of Mr. and Mrs. Bill Buck Locklear. A lot of us joined them Friday night as a routine.

Mr. Norman Oxendine has returned home from Southeastern General Hospital. His condition remains serious.

Mrs. Eunice Evelyn Locklear returned home Monday from Southeastern General Hospital where she underwent surgery.

Mr. Fernie Barton Jr. returned home Saturday from Cape Fear Valley Hospital where he was hospitalized due to a back injury.

Mrs. Cora M. Jones returned home Wednesday from Southeastern General Hospital. Please remember them and many more we have on the sick list.

Our deepest sympathy goes out to the family of Mrs. Mary Ruth Locklear who departed this life on Monday due to injuries received in an auto accident Christmas Eve night. Her son Patrick remains a patient in Southeastern General Hospital with multiple injuries from the same accident. Mary Ruth was a find person. To know her was to love her. Everyone at times is weighed down with a particular load of trouble, disappointment or sorrow. To each of us in times like these, lean hard on Jesus Christ. For He is with us in all the experiences of life and that is what makes all the difference. I know from experience.

MT. AIRY NEWS by Violet Locklear

On Sunday our pastor delivered a very inspiring message taken from Jeremiah 16:1-8, using as his subject "Pain."

If you're only thinking of the pain from sickness you are wrong.

We are living in a corrupt world, pain of sorrow, grief, trouble, pain of the heart from having to endure so much. I think I am in that boat, etc. We will never have any relief here. I think it is a good thing that we know not what a day may bring forth. Proverbs 27:1. For if we were to see the road ahead for the next day, month, etc. We would probably not have courage to face it.

The home choir really did some wonderful singing. A new selection to me. I hope to hear it again soon. I am really proud of all our singing groups.

The church is in full progress with the January Bible study which has a class for every age group. There are many in attendance.

Something New. Mr. Monroe Chavis, our music director, will be beginning this week a new music program with the youth, junior and senior high choir.

The associational Baptist singing will be held at New Point this Sunday beginning at 2 p.m. Rev. Sanford Locklear is the pastor. All choirs are invited to attend.

Remember our men are getting ready for Men's Day the fourth Sunday of this month. There will be breakfast for all men who desire to partake. Christian men will be leading all classes in Sunday School, doing the speaking and leading worship in general. Looking forward to it.

Mrs. Darlene Carter and