

Observe 25th Anniversary



Mr. and Mrs. Leancil Maynor

Mr. and Mrs. Leancil Maynor celebrated their 25th Wedding Anniversary Feb. 7, 1982 at Union Chapel Methodist Church Fellowship Hall, Pembroke N.C. from 3 p.m. until 6 p.m.

Greeting the guests were Mr. and Mrs. Charles Alton Maynor, Presiding at the guest register was Mrs. Sandra Baber. Presiding at the gift tables were Mrs. Faye Maynor and Mrs. Bobbie Ann Scott.

The Rev. Charles W. Maynor addressed the honoree's and their guest with a special message on Marriage and its important function. He closed with a special prayer

on behalf of the honorees. The bridal table covered with white over-laid with lace held the three-tiered Anniversary white and silver cake, a lovely white flower arrangement accented with silver, silver candles and a picture of the couple.

The refreshment tables covered with white, over-laid with lace centered with silver candles and carnations. Mrs. Shirley Oxendine presided at the Silver punch bowl. Serving the wedding Anniversary cake was Mrs. Vina Hunt.

Assisting in serving the hors-d'Oeuvres were friends of the couple.

EXTENSION SCENE



North Carolina
AGRICULTURAL
EXTENSION
SERVICE

JOHN G. RICHARDSON
Robeson County Extension Chairman

The disastrous growing conditions of the past few years, especially in the western part of Robeson County, has resulted in farmers from those areas giving strong consideration to the planting of alternate crops. One of these crops that is being considered is grain sorghum.

In the past couple of weeks we have received a large number of calls or requests at the Extension Office relating to the production and marketing of grain sorghum. While grain sorghum is used extensively in many parts of the United States and can be grown locally, there are a number of factors relating to grain sorghum that deserve some mention.

This particular crop is generally grown in areas that are most susceptible to severe drought. Certainly, this situation has existed in Robeson County during the past couple of years. However, grain sorghum is renowned for being more difficult to grow and manage than corn.

Also, unless an individual is planning to utilize the grain sorghum directly on their individual farms for animal feeds, serious consideration should be given to available marketing opportunities prior to planting this particular crop. Grain sorghum is lower in fat than corn and is generally considered to be

90% the value of corn when finishing hogs. However, the bird-resistant varieties create serious palatability problems when used in swine feeds and should not be used for this purpose. When feeding poultry, grain sorghum is 95% the value of corn and 92% when finishing beef cattle.

This particular grain product is grown extensively in central Texas and up through the more arid western Corn Belt areas. In those areas it is readily used as a sole substitute for corn in animal rations, both hog and cattle.

While yield potential may appear good, in recent years in North Carolina yields have averaged only a disappointing 49 bushels per acre in the major production area that is centered in Union, Stanly, and surrounding counties.

In the coastal area the optimum planting dates are essentially the same as soybeans, beginning April 20 and continuing to June.

Grain sorghum can be cropped behind small grains, but yields are known to suffer following these later plantings. Fertilization programs closely parallel that of corn, but grain sorghum requires only about 60% of the amount of nitrogen that is needed for corn.

It is of vital importance that grain sorghum not be planted too thickly. A seeding rate of not more than seven to eight seeds per foot of row on

38-inch rows down to three to four seeds per foot of row on 14-inch rows is the maximum rate recommended. Thicker plantings usually result in much smaller heads and a higher tendency of the plant to lodge. However, relatively thin planting allows the plants to tiller out and compensate for a thin stand.

There are numerous varieties of grain sorghum available, but it is important to make sure that varieties are selected that are high in disease resistance and varieties that are not bird resistant if plans are to use it in swine rations. Additionally, for later cropped grain sorghum it is best to use an open-head type rather than a closed head since insect identification and control is very difficult in the head-closed varieties.

From a personal standpoint, while grain sorghum may offer some promise in this area, considering the market availability, birds, and other problems associated with grain sorghum production, it appears to me much more economically feasible for farmers to follow their small grains with soybeans in double cropping situations unless there is a specific need for animal feeds on an individual farm.

Should anyone need additional information to the production of grain sorghum, this information may be obtained at the County Extension Office.



A pound of tea makes about 125 cups.



Some 500,000 immigrants come to this country every year.



A golf ball is made of rubber thread wound around a core of liquid, rubber, or steel. The dimpled cover adds accuracy and distance to the ball's flight.

YOUTH FOR CHRIST CHURCH NEWS

Pastor: Elder Larue Barton
Asst. Pastor Elder W.T. Lowery

We would love to invite you to our revival this week. Rev. David Hunt preached a wonderful sermon from Acts the 4th Chapter his title was "The Name of Power". We will be having different speakers throughout the week.

We will be having a Gospel Sing on March 12, at 7:30, at Maxton High School. The special singers are "Heaven Bound" from Kinston N.C. "The Shannonaire", "The Gospelaire", and "Felix Deal and Wife". Admission is \$3.00, you can get tickets from the members of the youth for Christ Church, Rudy's Florist, in Lumberton, Gloria's Beauty Shop in Maxton, or Wilkins' Cafe & Gro. in Lumberton. We also will be selling tickets at the door.

Don't forget to pray for the sick and shut-ins Remember Rev. Daniel's baby who has been sick for the past week. Also remember Bro. Joe and his son Buddy who has been sick.

We have youth Service every Monday night, and Bro. Jesse has a radio program every Sunday on WEWO at 2:00 p.m.

Rev. Larue Barton Will be preaching Tuesday night, at Faith Fellowship in Fayetteville.

We invite you to any or all of our services.

Violet Rose Wilkins

GOOD PSYCHOLOGY



UPON RETIREMENT, AN INCREASING NUMBER OF OLDER AMERICANS ARE TURNING TO LEARNING. ACCORDING TO SOME DOCTORS, USING THE MIND HELPS PRESERVE IT. IF YOU'VE RECENTLY GONE BACK TO SCHOOL, JOINED A STUDY GROUP OR ENROLLED IN A COURSE OF ANY KIND, YOU MIGHT LIKE TO BEAR IN MIND A CUP OF SOOTHING HOT TEA CAN HELP YOU CONCENTRATE ON YOUR STUDIES, AND PERHAPS EVEN HELP YOU WITH YOUR HOMEWORK!

To Speak at Mt. Olive Pentecostal Holiness



The Rev. Kit Teasdale, missionary for the past few years in Zimbabwe, Central Africa, will be the guest speaker for this March 3 thru 7th revival. Mt. Olive Pentecostal Holiness church invites you to come to these services which being at 7:30 p.m. each evening.

Rev. Teasdale has a very wonderful way of speaking to the needs in our lives. It is our desire that you should have those needs met as God provides this opportunity. The testimony of this missionary couple will make you appreciate the efforts of those on the mission field.

Health News . . .

The Pain of Migraine Is Very, Very Real

BY DR. ROGER ROFF
Doctor of Chiropractic

Quite frankly, we Doctors often make the mistake of using names or labels of serious conditions without fully explaining them. Just because a person may not know the name of his problem, that doesn't mean he isn't suffering pain and discomfort.

For instance, migraine, by any name, is the most cruel type of headache.

Let me describe a typical migraine attack. It can start with a heavy feeling over the eyes. The individual generally becomes depressed with the thought of going through another bout with migraine.

The pain begins at the base of the skull and radiates, or throbs, to one or both sides of the head. Some senses, such as hearing, may become extra acute. A dripping faucet will sound like a cannon exploding. The least jarring or stooping aggravates the pain. Strange spots or flashes of light appear before the eyes. Often there is vomiting.

The symptoms may be less severe in the earlier stages of a migraine condition, but they will only intensify if left untreated. What causes a migraine?

Nerve pressure at the base of the skull is the first cause. Technically, mid-dorsal nerve pressure impairs the tone of the pyloric valve, diminishing the efficiency of digestion. Bile entering the stomach becomes difficult to

dispel. The lower pelvic organs may produce low-back nerve pressures. Pain pills and headache remedies offer only temporary relief at



Dr. Roger R. Roff

best, and all the definitions and technical language in the world mean little to the migraine sufferer. Relief becomes the most precious word in the English language.

Let's go back to that term "nerve pressure." Sound familiar? Since 1895, Chiropractic has been used effectively to relieve nerve pressure in all parts of the body. Like all forms of pain and illness, migraine is a sign that something is wrong in the body. And Chiropractic seeks to eliminate the cause of the trouble, so the body can live in the healthy state nature intended.

CALL DR. ROFF TODAY AND MAKE AN APPOINTMENT
PHONE: 739-0693

DR. ROGER ROFF
CLINIC OF CHIROPRACTIC
4902 Fayetteville
Lumberton, NC 28358
Phone 739-0693

To Serve On National Indian Lutheran Board

Once Is Enough
A young minister, sitting down to dinner, was asked by his wife to say grace. He opened the casserole dish she had prepared from a new recipe and countless leftovers.

"Well, I dunno," he said dubiously, "seems to me I've probably blessed this stuff before."



Judy B. Warner

CHARLOTTE Judy B. Warner has been elected to the National Indian Lutheran Board. The National Indian Lutheran Board is the Indian Service agency of the Lutheran Church. The role of the NILB is to alert Lutherans to Indian needs, to evoke allocation of funds and to arrange careful distribution of funds. She is employed by Metro-lina Native American Association as a Manpower Develop-

er. She is the daughter of Mrs. Lilly Bullard and the late Mr. Shelton Bullard. She attended Prospect High School and Campbell University. She and her family worship at Good Shepherd Lutheran Church where she is a member of the Church Council.

She has just returned from Tempe, Arizona where she attended the Annual Conference of the NILB.

From left to right, Vicki Oxendine, first runner-up; Gloria Sampson, Miss Sweetheart; Gail McNeill, third runner-up; not present for picture is Kathy Peagler.

The Pembroke Senior High School Future Homemakers of America celebrated National F.H.A. Week with a week of fun filled activities. The dance was held on Feb. 13, 1982; at this time our 1982 F.H.A. Sweetheart was crowned. Gloria Sampson, daughter of Mr. & Mrs. Sim Sampson is our new sweetheart. Congratulations from the club to Gloria, Vicki Oxendine first runner-up, daughter of Mr. & Mrs. Brantley Oxendine, Kathy Peagler second runner-up, daughter of Ms. Lorraine Peagler, and Gail McNeill, third runner-up, daughter of Mr. and Mrs. Bland McNeill. All the girls hail from the twelfth grade and the school is proud of each.

Miss Sweetheart of PSHS



NEW HOME. 3 months old. 3 bedrooms with bath and a half. With patio, on 1/2 acre of land. Total electric. \$28,500. Priced to sell.

Beautiful building lot in Pine Lake Park. Priced at \$4,500.

Red Springs, Eleven (11) acres downtown Red Springs. Two miles East of Red Springs, 25 1/2 acres. Very good investment property. Hoke County. On 211, Large building lots.

Lumberton: A large corner lot in West Lumberton. One half acre near Bethel Hill Church.

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Home Ph. 738-2094

Dr. Harold Herring, Director
Fairmont Optometric Clinic
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