

Arnold Richardson [left], a Hallwa-Saponi Indian from Hollister, N.C., was guest speaker at the Monday, Nov. 29th LRDA staff meeting. He was accompanied by Steve Blake, a Chippewa Indian who works with Richardson at Robeson Technical College.

Richardson and Blake are artists and participants in the Visiting Arts Program which is sponsored by the N.C. State Arts Council and the Department of Cultural Resources. **Richardson** specializes in sculpture, each of his works depicting some type of Indian legend. North Carolina is the only state to have a program gram where the artists lit- tity." erally "visits" an area and is [Garry Barton Photo]



DELUXE PINEAPPLE-RUM SAUCE

You'll want to make more than one batch of this mellow-tasting sauce for the holidays. Amber colored and thick with juicy nuggets of pineapple, the rum taste is subtle

Drizzle a little over ice cream, or cake... or gift wrap a jar for a friend!

free to come out to schools. clubs, organizations, etc. to conduct one-day workshops in their particular field. There are musicians, artists, actors, writers, poets ... practically Arts Program.

Richardson and Blake have studio set up at Mobile Trailer M-1 on the Robeson Technical College campus. You can contact them by calling Robeson Tech and asking for them by name. Both are traditionalists who are interested in regaining lost Native American Culture. As Blake put it: "If we lose

like the Visiting Artists Pro- our culture, we lose our iden-

LRDA'S CFNP PROJECT INITIATE FUND RAISING DRIVE

With an eye toward eventually expanding the Pembroke Food Co-op located come up with a novel approach. Any participant of LRDA's two food co-ops (the other is located in Lumberton) who shops at Food Town Food Store (in Lumberton or Red Springs) can assist CFNP in their fund-raising endeavors. All you need do is sign the

Food Town and bring it by

LEDA BOARD PROTESTS

ADULT VIDEO GAME At their monthly meet ng, the Lumbee Reg Development Association, Inc. Board of Directors adopted a resolution of protest of the manufacture of a new adult video game. The video game, "Custer's Revenge," depicts the raping of an Indian woman by a caucasian man. "Custer's Revenge" is manufactured by American Multiple Industries of Northridge, California and is distributed by Mahoney Wasserman and Associates of New York.

American Indians view this exploitation of American Indian women as a blatant and disgraceful attack on the dignity and integrity of Native Americans and a demeaning portrayal of American Indian women by the promotion and modeling of violence and defamation of Indian women by rewarding such action. The following is a resolution adopted by the Board of forwarded to the above industries and distributors. LRDA

also encourages local distributors of video games to avoid procurement of "Custer's Revenge" for distribution in North Carolina.

"WHEREAS, American any type artist imaginable-- Multiple Industries of Cal-available through the Visiting ifornia has manufactured a video game entitled "Custer's Revenge"; and,

"WHEREAS, said video game is blatantly racist and vilely sexist with objective of said game being sexual assault committed upon the body of a tied and bound nude American Indian woman by an Army trooper; and

can Multiple Industries, through its president, Stuart Kesten, has announced plans to flood the Christmas sales market with home cassette units of "Custer's Revenge," marketing under brand name

of Mystique Retailing; and "WHEREAS, Lumbee Re-

gional Development Associ-ation, Inc., an Indian agency at Revels Motel Complex, serving 40,000 Lumbee Indi-LRDA's Community Food and ans in Eastern North Caro-Nutrition Project (CFNP) has lina, deplores the rank racist, sexist and sadistic expression depicted in said product; and "WHEREAS, Lumbee Re-

gional Development Association, Inc., further strenuously objects to manufacture and marketing of "Custer's Revenge" which symbolizes depraved exploitations of back of your cash receipt from American Indian womanhood

specifically, and debased vio-

STILL ACCEPTING LOW INCOME ENE ASSISTANCE

APPLICATIONS According to Bobbie Ox-adine, Director of LRDA's Low Income Ehergy Assistance Program, applications are still being accepted from low income families needing help paying their heating bill this winter. Applications for the one-time nayment which will be received in February, 1983, will be accepted until December 10, 1982. The amount of the one-time payment will be contingent upon such factors as the size of the family, heating cost for the month of October, type fuel used, etc.

For more information call 521-9703 and ask for any member of the Low Income Energy Assistance Program staff.

CLASSES IN ADULT BASIC EDUCATION AVAILABLE FREE OF CHARGE

LRDA offers classes eve-Directors which has been ry Tuesday and Thursday night, from 7-10 p.m., in Adult Basic Education. The classes are offered through the auspices of LRDA's Lumbee Adult Education Project, and are open to anyone 16 years and older who wishes to further his education.

Curriculum consists of reading, writing and math. The instructor also will work with you if you wish to obtain your GED (General Equivalency Diploma), the equivalent of a high school diploma. Services are free of charge and transportation is available upon request.

Classes are held at three LRDA-sponsored developmental learning centers lo-"WHEREAS, said Ameri- cated at: Smyrna Baptist Church in Lumberton, Evans Crossing Fire Dept. in Maxton and the Rex-Rennert Day Care/Community Building in Shannon.

Call 521-9703 for more information.

DICKEN'S CHRISTMAS CAROL TO BE PRESENTED

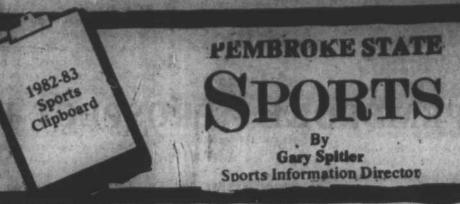
Students of LRDA's Lumbee River Native American Center for the Arts will be presenting Dicken's Christmas Carol, December 16, 1982, in the spacious and beautiful Performing Arts Center on the PSU campus. There will be two performances that day; one at 10 a.m. and the other at 8 p.m.

Also, according to Janie Maynor Locklear, Director of LRDA's Center for the Arts,

there will be a Parent Meeting

7 p.m.

See you there!



Wrestlers with good records include 150-pounder Alan Davis is 10-0, Heavyweight Derek Edmonds is 9-3, 126-pounder Pat Johnson is 10-2, 158-pounder Scott Shelton is 10-4, and 126-pounder DamonTobin is 7-3.

The grapplers will wrestler at home on Monday night at 7 p.m. against Hiram College of Ohio. Come out to Jones P.E. Center and see PSU wrestling on Monday. There is no admission charge.

JOIN THE BRAVES CLUB NOW DEADLINE NEARS The athletic booster club at PSU, the Braves Club, now

has 136 members on the rolls and in order to reap all the benefits, you should join now. Membership tees are \$20 for a booster; \$35 for an

individual, \$50 for a family, and \$100 for a business. Call 521-3522 for more details. HOMECOMING

PLAN NOW TO ATTEND Homecoming 1983 will be celebrated at PSU on Feb. 3; 1983 as basketball games, Hall of Fame Inductions and alumni banquet and much more highlight the celebration.

Plan now to attend all the events on Saturday, Feb. 12. 'Homecoming 1983."

SCHEDULE WINDING DOWN: CHRISTMAS IS ON

The fall semester at PSU is about to end and with it comes an end to the 1982 half of the sports year. Only 13 sports events remain at PSU before the Christmas holidays.

The remainder of the PSU sports schedule before Christmas is (Home games in caps)





ALL HOSTS PRAY

MARION (7 p.m.): 4-

cis Marion and

WOMENS BASKETBALL

HOSTS GARDNER WEBB (6

p.m.); WRESTLING HOSTS HIRAM at 7 p.m.; Men's Basketball at Fayetteville State, Women's Basketball at

Pfeiffer; 7 .- Wrestling at

Elon; 8--WOMENS BASKET

BALL HOSTS HIGH POINT (7

p.m.); and 11- Wrestling at

WOMENS BASKETBALL

HOSTS ELON (7 .p.m.) and

Men's Basketball at Camp-

Plan now to attend. There is

no admission charge to any of

YOU AND YOURS

Office and Braves Club Office

at PSU would like to wish you

and your family the happiest

holiday season this season.

May best wishes alike follow

you into the new year, 1983.

The final PSU Sports Clip-

board for 1982 will be next

week Dec. 9.

these women's home games. M. SEASONS GREETINGS TO

The Sports Information

Appalachian Quad,

bell.

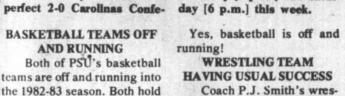
ing at Livin al and Men's Banks

The acre was originally the area a yoke of oxen could plow in a day.

In one year, hens in America lay enough eggs to en-circle the globe 100 times.



PSU's Barbara Green has led rence start. They play at home Thursday [7 p.m.] and Satur-THE WAY



teams are off and running into the 1982-83 season. Both hold winning records with the tling team has continued the women 2-1 on the year and fine athletic tradition PSU has come to know in the wrestling ranks.

the men posting a 4-1 slate through their first five games. Four players are averaging in double figures in Shella Stephens (14 ppg), Barbara Green (14 ppg), Donna Moody, (11.7 ppg) and Dee Major (10

ppg). The Lady Braves are

scoring an average of 65

points per game and allowing

61. The next game for the

women's cage team will be

tonight (Thursday) at 7 p.m.

when they host Francis Mari-

on. They also play at home on

Saturday night at 6 p.m.

first five games. Leading on

the boards is also Emanuel

the PSU Lady Braves to a

DELUXE PINEAPPLE-RUM SAUCE 2 tablespoons butter 1/2 cup packed light brown sugar Dash ground cinnamon 1 can (8-1/4 oz.) Dole Crushed Pineapple in Syrup 1 tablespoon lemon juice 3 tablespoons dark rum

Heat butter and brown sugar together in 9-inch skillet until sugar is melted and lightly carmelized. Remove from heat. Stir in cinnamon, undrained pineapple, lemon juice and 2 tablespoons rum. Heat to simmering. Cook, stirring fre-quently, until slightly thickened, 5 to 10 minutes. Add remaining tablespoon rum and simmer a minute longer. Serve warm or cold. Makes about 1-1/4 cups sauce.

allowed to bring by two cash receipts, so you can bring a friend or neighbor with you to shop at Food Town. If you do 7 and 8, 1982. Remember. use two cash receipts for neighbor with you! Then just sign your receipt and bring it

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Upstairs over Progressive Saving & Loan LTD.

will give LRDA's Food Co-ops 5% of the total money spent by Food Co-op participants at their store from December 6, each participant is allowed to either of the three days (Dec. 6, 7 & 8). So bring a friend or

by either of the two food

co-ops. You will be helping

the food co-ops help you.

CFNP's office at Revels Motel lence against women general-Complex in Pembroke. Each ly; Food Co-op participant is "THEREFORE, BE IT RE-SOLVED that Lumbee Regional Development Associ-ation, Inc. denounces production, distribution and

this, Food Town Food Stores marketing of "Custer's Revenge" and calls upon Stuart Kesten, President, American Multiple Industries, to recall said product forthwith.

"ADOPTED this 29th day of November, 1982."

The resolution is signed by Adolph L. Dial, Chairman, LRDA Board of Directors, and Mary L. Locklear, Secretary.

ADULT EDUCATION STUDENTS TOUR

OLD MAIN The Lumbee Indian Adult to emoll in the Tribe will win at Eduction Project (LIAEP), a free one-year subscription to > component of Lumbee Regi- the Carolina Indian Voice onal Development Association weekly newspaper. The lucky (LRDA), hosted a tour for the Lumbee will also receive Adult Education students on county-wide media coverage.

The last count 1 received,

Adult Eucation classes are neighborhood of 9,800 Lumheld at night so the tour was bee Indians enrolled. So, you conducted at night. Linda need to call 521-5602 today. Oxendine, Curator for the Ask for anyone in the Lumbee museum, welcomed the stu- Enrollment Project. They will dents and showed them two assist you in the simple films on Lumbee history dev- enrollment process. If need eloped by Indian Education, be, someone can come out to Title IV Part A. Ms. Oxendine your home.

entertained questions after films and then allowed the So call today! You could be students to browse freely in the lucky winner! the museum



Oct. 21 of Old Main located on the campus of PSU. there were somewhere in the

against Gardner-Webb. at the Center for the Arts The Braves, not playing at building (the old Annex home until Jan. 10, were led building) Monday, Dec. 6, at by Mike Emanuel (20 ppg), Darryl Martin (19.2 ppg), Ricky Melvin (13.3 ppg), Gray Davis (12 ppg) through the

ENROLL IN THE LUMBEE TRIBE TODAY!

averaging eight per game. Don't forget: LRDA's Lumbee Enrollment Project is nearing the 10,000 mark in their Lumbee Indian enrollment drive. If you haven't enrolled yet, it would behoove PAY you to do so today because you could very well be a lucky

winner. According to Ed Chavis, Director of LRDA's Lu nbee Enrollment Project, the 0,000th Lumbee Indiani

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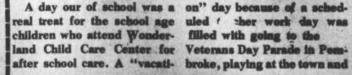
WALLPAPER -

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church parks, and spending the afternoon roller skatin Skate World. The school children are already looking. forward to another teacher work day!

Shoulder And Arm Pain

Another painful shoulder and arm condition is the scalenus anticus syndrome which is neuritis associated with a spasm of the scalenus muscle. This is caused by a mechanical displacement of a neck vertebrae of the first or second rib. With vertebrae of the first or second rib. With this condition the patient may have many symptoms. Among these may be pain in the shoulder, pain in the chest and arm pit on the affected side and pain in the neck and upper back region. The arm and shoulder gives the feeling of being very heavy and feels as if it will drop off. In some cases there is little or no pain with just numbress as the chief complaint.

The cause of the greatest percentage of arm and shoulder conditions will be spinal misplacement that is pressing upon nerves. These nerves lead into the shoulder and arm. Dr. Raff adjusts the spinal misplacements thereby relieving the nerve pressure. When this pressure relieved pain subsides.

Many times our business office can simplify your insurance paper work which will allow us to treat your condition at little or no cost to you.

Dr. Roger R. Roff

There are various types of shoulder and

Bursitis is an inflammation of one of the

arm conditions but usually all have the

socs that are found between joints -shoulder, elbow, knee, etc. - for lubrica-tion purposes. When inflammed, there is pain in the joint with some lass of movement of the joint.

The provement of the joint. Frozen shoulder is a common painful affliction which is worse more often at night. Motion of the arm and shoulder becomes progressively more limited and there is difficulty in combing the hair, getting the arm in the overcoat, reaching up for anything. This disease is associated with muscle and nerve inflammation.

same cause.

Dr. Roff accepts:

Major Medical Programs workers compensation (hurt on the job), insurance programs, Blue Shield and personal injury protection (injuries stemming from car accidents).



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