

EXTENSION SCENE

North Carolina

AGRICULTURAL EXTENSION SERVICE



JOHN G. RICHARDSON
Robeson County Extension Chairman

In addition to the regular agricultural, 4-H, community and rural development, and home economics programs of the Robeson County Extension Service, we have a few special programs that we seldom publicize; yet, these programs have significant impact upon special clientele groups.

One of those special programs is the family education program that is staffed by two paraprofessionals who receive all of their funding from federal sources through the A & T State University Agricultural Extension Program. The two paraprofessional aides who are currently employed in the family education program are Lucy Huggins and

Metrial Floyd. These two individuals work on apart time basis helping limited resource families improve their standard of living.

Recently, A & T State University published a booklet entitled *Retrospect Eighty One* which contained a feature article on Lucy Huggins. The article salutes Lucy in addition to giving a more complete explanation of some of the results of the family education program. I am pleased to share this article in its entirety.

Lucy James Huggins, family education aide for the Robeson County Agricultural Extension Office, likes helping people. That's obvious in her smile, a smile that brightens

when she's with one of her 48 families.

And Lucy's smile is especially bright when she talks about the success of her families, such as the elderly couple from one of the rural communities in the county.

This particular couple had been doing their grocery shopping all their lives at a local crossroads store because they didn't have an automobile or any way to go elsewhere. And they were spending \$70 to \$75 a week on food.

When Lucy learned this, she knew the couple could save money by going to a food chain store in town and doing comparison shopping. So Lucy put them in her car and

took them there.

The woman, who can't read well, had been paying \$7 for a pint of Clorox in the rural store she normally shopped in. She showed her how she could buy a gallon of Clorox for \$1.13 in the chain store, and helped her make similar comparisons on items. By the time they were through with their shopping, the couple had purchased their normal week's supplies for only \$49!

"They were so amazed they could not believe," Lucy remembers with a smile. "They were like kids when they got into the car to go home."

Now the couple goes to town every week for their shopping because Lucy arranged free transportation for them via the Robeson County Church and Community Center bus. And not only has Lucy helped save this couple a lot of money, she has also introduced them to a new source of companionship; often the woman will ride the bus for companionship. Lucy notes.

Helping families make better use of their resources is a big part of Lucy's job as a family education aide. That's because all of Lucy's families are limited-resource families—their biggest problem is "not enough money to go around," she says.

Further, about 85 percent are unemployed and have an average education level of 8th grade. Most of the families are Lumbee Indians, but seven families are black and two are white.

Lucy tries to provide her families with information that will help them improve their living conditions, help them find employment, help them better cope with their difficult circumstances.

She stresses energy conservation, comparative food shopping, gardening, money management, clothing care, and listening. She directs them to agencies that may be able to help them, such as the county departments of Health, Social Services, and Human Resource Development. Often she finds that the Lumbee Regional

Development Association can help them. And she encourages them to join Extension programs.

Lucy tries to visit with each of her families about once a month, at least. Since most of the families are in rural northern Robeson County, that means she has to drive about 175 to 200 miles a week. (Only two of the families are in Lumberton where the Extension office is).

"But Lucy doesn't mind that at all. 'I love working with people, to help them help themselves to do better, to make life a little more comfortable,'" she says softly, and with understanding.

She understands what it means to be poor and a minority because she is a Lumbee Indian too.

"We were poor folks," says the dark-eyed, smiling daughter of a sharecropper, as she remembers her own past. "We had nothing but a lot of love. That's why it's easy to relate. When you've come through something, you know what it's like."

NEWS ITEMS FROM AROUND PEMBROKE

by Mrs. Beah Hardin

Mrs. Bernard "Lillie Mae" Lowry recently returned home from Stuttgart, Germany where she spent two weeks visiting in the home of her son and his family, Captain and Mrs. Bernard F. Lowry Jr. Mrs. Lowry along with her hostess, visited many places of interest in Frankfurt, Germany and also spent a week end in Paris, France and visited the famous Louvre Museum. They saw some of the most outstanding works of art, such as the Winged Victory the Venus of Milo, and of course the beautiful Mona Lisa. Upon leaving the Louvre, she reported, we went on to Montmartre District where we had the opportunity to see the beautiful and unusual Sacred Heart Church and the Eiffel Tower. They also visited the world famous Painter's Square of Paris. They also spent some time viewing Place de La Concorde, the Champs Elyses, Arc de triumph and the Notre Dame Cathedral. They then went on to Versailles which has been the residence of three Kings of France, Louis XIV—the Sun King who created the Chateau; Louis XV—the well-beloved and Louis XVI—with Marie Antoinette, lived here during the first days of the French Revolution in 1789. President Reagan visited here the past summer. Mrs. Lowry reports she had a wonderful winter vacation.

Dinner guests Monday in the home of Mrs. Dainty Jones and family of Wellon Street included a brother of Mrs. Jones, Mr. and Mrs. Ellis Jones of the Fairmont community and Joe Otten. Mr. and Mrs. Bernard Lowry had as their guests over the Christmas holidays, Mr. and Mrs. James Strickland and children, Christene and Lee Ann of Charlotte and Mrs. William B. Lowry and children Joel and Kara Elizabeth.

Mr. and Mrs. Luther Dial of Lumberton were visited Sunday afternoon by a cousin of Mrs. Dial, Mrs. Dainty Jones, Miss Rosa Locklear and Joe Otten.

Dinner guests Monday in the home of Mrs. Henry F. Smith and children of Fourth Street were an aunt and uncle of Mrs. Smith, the Rev. and Mrs. C.C. Allen Sr. of Lumberton. Mrs. Viola Brewington was admitted in the Southeastern General Hospital Tuesday night and was put in the Intensive Care Unit.

The Rev. Jack Hunt and Mrs. Hunt of the Lumberton area were guests Wednesday evening in the home of Mr. and Mrs. Bazie Hardin and son, Bazie Jr. Rev. Hunt suffered a stroke some four months ago and spent eleven weeks recuperating in the Cape Fear Valley Hospital of Fayetteville. He remains under the care of his doctor and is convalescing at his home. Rev. Hunt can walk some with the aid of help. He is reported to be improving some but has a long way to go before he is completely well. Both he and his wife, Mrs. Grace Hunt, still need your prayers, support and love offerings.

Mr. and Mrs. Murphy

Strickland of Lumberton visited with Mrs. Strickland's mother, Mrs. Dainty Jones Saturday.

A family dinner was held Saturday, Christmas Day, in the home of Mr. and Mrs. Bazie Hardin and son Bazie Jr. with all of the children and their families present: Dr. and Mrs. Ben Hardin of Lumberton; Mr. and Mrs. Elwood Hardin and daughter Cherisse of Chapel Hill and two other granddaughters, Miss Alicia J. Hardin, a freshman at the University of North Carolina; Chapel Hill, and Christie J. Hardin of Fayetteville. They are the daughters of Mrs. Key Gutierrez of Fayetteville and Benford Hardin, M.D. of Lumberton. Also attending the dinner was a brother of Mr. Hardin, Dan Hardin. Among other guests who called in the afternoon to wish the Hardins a Merry Christmas were Mrs. Virginia Green of the Ever Green area, Mr. and Mrs. Anker Bell of Chapel Hill, Mrs. Lena J. Dial, Mrs. Essie D. Locklear, and Miss Robin Locklear.

ON Sunday a fish fry with all the trimmings was held in the Hardin home with all members of the family in attendance.

Mrs. Calton Oxendine Sr. and family were visited during the Christmas holidays by a son of Mrs. Oxendine, Mr. & Mrs. Alton Oxendine and family of Norfolk, Virginia and two grandchildren, Miss Tabatha Oxendine and her brother, Calton Oxendine III, children of Mr. and Mrs. Calton Oxendine of Charlotte, also two other granddaughters of Mrs. Oxendine, Miss Myra Locklear and her sister, Miss Sandra Locklear of Concord, daughters of Mrs. Joyce Locklear.

Mr. and Mrs. Elwood Hardin of Chapel Hill celebrated their 14th wedding anniversary December 22. Mr. Hardin's parents, Mr. and Mrs. Bazie Hardin observed their 52nd wedding anniversary December 29th and Mr. Bazie Hardin's sister and her husband, the Rev. and Mrs. C.C. Allen Sr. celebrated their 52nd wedding anniversary December 31. Mr. and Mrs. Bazie Hardin have three children and one granddaughter born in the month of December.

Mr. and Mrs. Nehemiah Rogers and daughters, Miss Marian Rogers and Ms. Frances Locklear of the Lumberton area and Mr. and Mrs. Wylis Rogers and family of the Mount Airy community visited in the home of Mrs. Dainty Jones during the holidays.

BIBLE THOUGHT

1 Timothy 6:6-8 "But godliness with contentment is great gain. For we brought nothing into the world and it is certain we can carry nothing out and having food and raiment let us be there with content."

CENTRAL TRUTH
Christ should be honored as king of our lives. He deserves our devotion and dedicated service. He is not only our saviour. He is our Lord.

BIRTHDAY PROVERBS FOR THURSDAY, DECEMBER 30
Psalms 119:105

Thy word is a lamp unto my feet and a light unto my path.

Readying Your Home For the HOLIDAYS

While the fast approaching holidays usher in a time for happy reunions, they also involve extra work in getting households in shape.

To help you minimize the workload in preparing the "holiday home" and maximize results in your schedule, here are some tips from 3M house cleaning experts:

- Don't do everything at once. Stagger chores to keep from overtaxing yourself. Drapes, one day, woodwork the next, silver polishing the next, and so on.
- Prepare special dishes and desserts beforehand, then freeze them.
- Select table linens for the feast. Then spray them with Scotchgard Fabric Protector to help prevent stains from spilled food or drink.
- Save yourself last-minute rushing around by preparing dried flowers, holly or pine decorations early.



- Be prepared for tracked-in mud or snow and the inevitable spilled drinks—and canapes that land upside-down on the floor. Now is the time to protect your rugs and carpets from soil and stains by shampooing them with Scotchgard Carpet Cleaner + Protector, with a special patented protector ingredient that helps them stay clean longer.

- Once all your preparations are done, you can look ahead with pleasure to the holidays. You've earned the right to relax and enjoy the festivities. Cheers!

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BONELESS CHUCK ROAST LB. 1.58	PIGGLY WIGGLY HAMBURGER PATTIES 3 LB. PKG. 5.08
BONE IN Shoulder Roast LB. 1.78	BONELESS STEW BEEF LB. 1.98
BONELESS Shoulder Roast LB. 1.98	PIGGLY WIGGLY SLICED TURKEY, CHICKEN, OR CORNED BEEF 2 1/2 OZ. PKGS. 39¢ EA.
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