



Mrs. Ora Hammonds (left) and Mrs. Mattie Lane Chavis.

### Double Birthday Celebration

Mrs. Ora Hammonds of the Saddletree Community celebrated her 89th birthday, February 15th at the Jaycee Building at Saddletree. Mrs. Hammonds is the wife of the late James Lattie Hammonds and the daughter of the late Rev. and Mrs. Huey Smith. She is one of the oldest members of Bethel Hill Church and the mother of eleven children, four deceased. Her surviving children are Mrs. Archie Bell of Shannon, Mrs. Moses Chavis of Lumberton, Mrs. Elsie Hammonds of Tampa, Fla., Mrs. Eretta Scoggie of Chicago, Ill., Mr. James T. Hammonds of Maryland, Mr. Earl Hammonds of Norfolk, Va., Mr. Erylton Hammonds of Rex. Mrs. Hammonds raised two of her grandchildren, Mrs. Barbara Bonds of Tampa, Fla. and Mr. Terry McNeill of Pembroke.

Mrs. Hammonds has lived to see five generations. She has 52 grandchildren and 87 great grandchildren, and 6 great-great-grandchildren. Her surviving sisters are Mrs.

Maggie Lowery of Fayetteville, Mrs. Cassie Chavis of Pembroke, Mrs. Lillie Hammonds of Lumberton, Mrs. Martha Chavis of Pembroke, Mrs. Ethel Jacobs of St. Pauls; and surviving brother is Zeck Smith of St. Pauls. Also celebrating her birthday was Mrs. Hammond's daughter, Mrs. Moses Chavis of Lumberton. She has seven children. They are Mrs. Virginia L. Simpson of Summerfield, Mrs. Linda Lois Brayboy of Belgium, Mrs. Barbara Mendozo of California, Mrs. Rita Scott of Lumberton, Mr. Abner, Jr. of Alabama, Mr. Ronnie L. Chavis of Lumberton, Mr. Michael Chavis of Bossier City, La.

Mrs. Hammond and Mrs. Chavis' birthday cake was trimmed with white on pink. Mrs. Hammond's son, James T. Hammonds gave the thanks. Songs were sung by all.

We wish Mrs. Hammonds and Mrs. Chavis many more birthdays. Submitted by Mrs. Moses Chavis of Lumberton



New ONE TOUCH Word Processing user La Vita Garris of Philadelphia Community College delights in demonstrating her keyboard skills to Kathy Trout, a Systems Support Analyst with M/A-COM Alanthus.

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### Dental Health Stressed at Southside/Ashpole



In observance of dental health month Dr. Angela Chavis Mickey, a local dentist, visited the fourth grade classes at Southside/Ashpole. Dr. Mickey stressed the importance of proper cleaning and flossing of the teeth. The proper techniques of brushing and flossing were demon-

strated using models. A booklet telling what plaque is and the harm plaque can cause was left by Dr. Mickey for follow-up activities in the classrooms.

The boys and girls were very enticed by Dr. Mickey's visit.

### LaVita Owl Feather Demonstrates skills...

PHILADELPHIA, PA.--LaVita Owl Feather, spiritual woman, of North Carolina Tuscarora Indians, demonstrates her keyboard skills on the new "One Touch" word process to Kathy Trout, Systems Support Analyst with M/A-COM Alanthus.

Photograph shown above was featured on the cover of "Update," a customer/service newsletter, of the M/A-COM Alanthus Data, Inc., which is sent to customers across the U.S. and Venezuela. This company is one of the nation's leading distributors of business computers, data communications products and software.

LaVita Owl Feather, known throughout northern Canada and east-coast United States for her work as an Intertribal Medicine Woman, recently

conducted workshops and lectures with internationally known Rolling Thunder, during his fall tour of October, 1983.

Owl Feather stated, "It was indeed a great honor to have been invited by Rolling Thunder on this tour; not only with the many workshops and talks but knowledge I received from him to help me with my work. Afterall, we are all students of life."

Owl Feather has been invited to take part in a week long conference and workshop titled "Leaders of the First Nations," held at the University of Sudbury, Ontario, Canada, February 15, 1984.

LaVita Owl Feather Garris is a member of Drowning Creek Reservation and currently on staff at Community College of Philadelphia.

### Jim Thorpe Invitational

UNIVERSITY PARK, Pa.--Penn State's Nittany Lion track will be the site for the Jim Thorpe Invitational Track and Field Championships for native American athletes May 2. The featured event in the meet will be the National Indian 10-kilometer championship.

Indian athletes from Canada, New York, Arizona, New Mexico and South Dakota are expected to participate, according to Margot LeBrasseur, spokesman for the Penn State American Indian Program.

This is the third year Penn State has sponsored a sports development program for Indians. According to LeBrasseur, a five-kilometer community run is being planned in conjunction with the 10K championship as part of a "weekend of Indian running."

Carl Thorpe, son of the famed Olympic and professional athlete who competed collegiately at Carlisle College in Carlisle, Pa. in the early 1900s, will attend the meet. The championship will be held three days prior to the late Jim Thorpe's birthday, May 28, and a week before the United States Postal Service issues an Olympic commemorative stamp of Thorpe.



The first American coin bearing the portrait of a living President was the 1926 half dollar. It bore the heads of Presidents George Washington and Calvin Coolidge.



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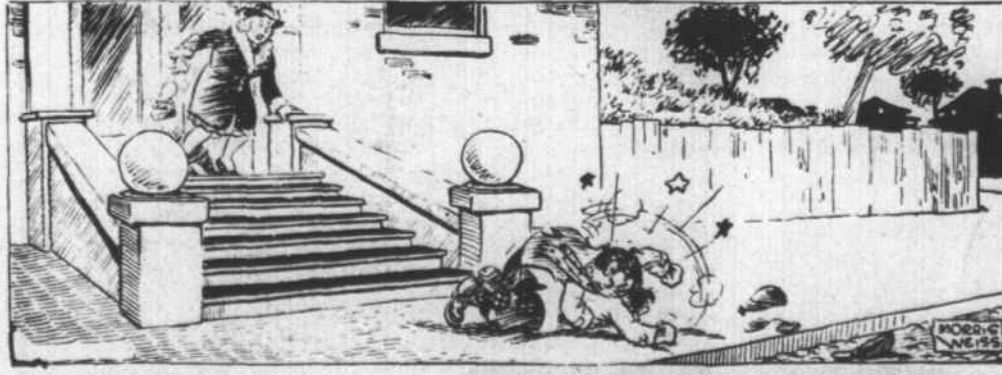
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ACROSS  
1. Thick slice  
6. Dress  
9. Own  
10. Culture medium  
11. Scene of confusion  
12. French artist  
14. Sin  
15. Mendicant  
16. Instructs  
19. Toward  
20. Muddles  
21. Deadly pale  
23. Most unctuous  
25. Musical instrument  
27. Reveries  
30. Close to  
31. Finery  
32. Shoulder wraps  
35. A wit  
36. French city  
37. A U.S. President  
39. Congulate  
40. Persian fairy  
41. Fowl  
42. Industrious insects

DOWN  
1. Participated  
2. Canadian peninsula  
3. Hall!  
4. Chief deity (Baby!)

5. Sports  
6. Eager  
7. Sounded, as a bell  
8. Respite  
11. Greek letter  
13. City on Hudson River  
15. In addition  
17. Ornamental clasp  
18. Norse goddess of death  
21. On the ocean  
22. Resolute  
24. Unit of work  
25. Book clasp  
26. Affix  
28. Florida city (poss.)  
29. Droops  
31. Pauses  
33. Voided escautcheon  
34. King of beats  
37. Wallaba  
38. Lair

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