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The watercolor painting of the old train station of Pembroke is displayed by artist Sandra Stratil, art teacher at Pembroke State University who painted it. The painting, bought by the Pembroke Chamber of Commerce, is to be raffled off in the "Save The Train Station" campaign by the Chamber. One of her students, Bruce Barton, is President of the Chamber... as well as editor of the Carolina Indian Voice. [Bill Hunt photo]

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The Town of Pembroke's old train station as it is today. An effort, spearheaded by the Pembroke Chamber of Commerce, is underway to save the train station and restore it to its once stately glory. [Bill Hunt Photo]

Sandra Stratil's Watercolor of Railroad Station to help In Efforts to Save It

by Gene Warren
PEMBROKE--When Mrs. Sandra Stratil, part-time art instructor at Pembroke State University, decided to do a watercolor painting of the Town of Pembroke's old train station three years ago, she had no idea it would be a centerpiece in the "Save The Train Station" effort.

Mrs. Stratil picked out the train station as a subject because "I liked it--it epitomized an older time," she said.

She made several trips to the train station to "sketch it" and also took photographs to work from.

Bruce Barton, president of the Pembroke Chamber of Commerce, heard about the water color, as a student in Mrs. Stratil's art history and appreciation class.

"Mr. Barton told me the Chamber of Commerce would like to buy it," said Mrs. Stratil. She usually charges \$150 for a painting like that, but said she charged the Chamber of Commerce only \$100 and made the other \$50 a donation "toward saving the old building."

She said it might be a good idea to reproduce copies of the painting and sell them that way instead of raffling off the painting as the Chamber has suggested.

"I enjoy drawing old buildings, and I've felt very good about this one," Mrs. Stratil said. "The building has deteriorated a lot since I did my watercolor of it. There was a fire in it, and now the doors and windows are boarded up."

Mrs. Stratil specializes in watercolors, and her work has been on display at the Robeson County Library, Fayetteville and Whiteville plus other cities through the Watercolor Society of North Carolina. She also had work displayed in Kentucky and Ohio when she lived there.

Mrs. Stratil was hired part-time at PSU in the fall of '83 to teach English and art. She is the wife of Dr. Michael Stratil, assistant professor of psychology at PSU.

Mrs. Stratil previously taught part-time at Robeson Technical College, at Franklin High School in Franklin, O., and at Simon Kenton High School in Independence, Ky.

She is a native of Falmouth, Ky. She earned her bachelor's and Master's degrees at Morehead State University in Morehead, Ky. The Stratils are parents of a five-year-old son, Kevin.

Incidentally, one of her students in Art History this semester is Bruce Barton, editor of the Carolina Indian Voice and the person who suggested the Chamber buy the watercolor for the "Save The Train Station" campaign.

[Editor's note: Details on the raffle of the original watercolor of the Pembroke Train Station will be announced in next week's issue of the Carolina Indian Voice.]

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50th Wedding Anniversary Noted



Mr. and Mrs. Louie Locklear of Route 1, Pembroke, celebrated their 50th wedding anniversary Sunday, October 28, 1984. The couple was married October 28, 1934 and were blessed with four children: Mrs. Macie Woodell, Mr. Melvin Locklear of Pembroke, Mrs. Rosalyn Sampson of

Rowland and Mr. Craig Allen Locklear of Santa Fe, New Mexico.

The children hosted a reception at the Mt. Airy Jaycee Building. Guests were welcomed by Mrs. Barbara Oxendine. Approximately 200 relatives and friends attended the reception.

COACH'S CORNER

ATHLETIC INJURIES

A well equipped training room is a must if proper care is to be given to all students injured in sports. And it should be open at all times when games are being played. Standard procedures of first aid and treatment should be under the care of professionals if possible. If not, students can be trained to tape, to run the physical therapy treatments which usually consist of heat, massage and exercises. The whirlpool water should be 110 degrees. The treatment should last for approximately twenty minutes. This is called hydrotherapy or treatment with water. Usually the heat lamp treatment called electro-

therapy is for twenty minutes. Care should not allow the athlete to get burned. Ice should be applied to sprains as first aid to prevent swelling. Ice machines or a refrigerator are necessary not only for maintaining cold packs but to have cold water available on the field for drinking purposes. Sore muscles, bruises, torn ligaments, athletes foot infection require daily treatment. The locker room should be mopped daily to prevent the spreading of athletes foot. It can be treated by dissolving aspirin in a teaspoon of water and rubbing it between the toes. Prevention care is of utmost importance.

F. C. Johnson

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