PERIODICALS

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Stacy Locklear Jr. Promoted to Major

Captain Stacy Locklear Jr. was promoted to the rank of major on 27 October 2000 in the Singlevich Conference Room at the Air Force Technical Applications Center (AFTAC), Patrick AFB FL. In attendance were his wife, Missy Locklear; daughters Kayla and Kyra Locklear; parents, Mr. Stacy Locklear Sr. and Mrs. Betty Locklear; sister, Nan Locklear and numerous friends and coworkers. Major Locklear is currently serving as the Chief, Plans and Programs for the Materials-Tachnalam. Discrete of AFTAC where primary mission is muchan. Technology Directorate of AFTAC whose primary mission is nuclear treaty monitoring. Major Locklear graduated from West Robeson Senior High School in 1985, Pembroke State University in 1989, and Wright State University in 1994 with an M.S. degree in Chemistry. Major Locklear has served in the Air Force for 11 years and will be transitioning in January for an assignment to the Pentagon, Washington D.C.

Around Ol Robeson



Pembroke Veteran's Day Parade honors memory of Ardell Jacobs

PEMBROKE-The Pembroke Veteran's Day Parade was held again on November 11 to honor the veterans. This year it was held in honor of the late Ardell Jacobs, a veteran's veteran. He died on Sept. 4 after a long bout with cancer. He was 64 years old.

Jacobs was a member of Pembroke's historic VFW Post 2843. Thousands turned out to honor Jacobs and all the veterans who gave so much that the beacon of hope might continue to burn brightly in Pembroke and throughout the world. He would have been proud of the large turnout at the event he cared so much about.

NCAE District 10 meeting held

On Wednesday, November 8, the Retired Education of NCAE District 10 met at Pine Crest Country Club. Hosted by the Robeson by the Robeson County unit, headed by President Maxine Amos, the meeting was conducted by District President Romas Hales of Cumberland County. Guest Speaker was Dwight Story, State President of the NCAE Retired organization

District 10 officers for next year were selected and will take office in April of 2001. The officers-elect are Glenn Hicks, President; Lee Helen Thompson, Vice President; Essie Jones, Secretary, and Helen Farrior Treasurer. Ms. Farrior was also elected yesterday to the Cumberland County School Board.

A quartet of retired educators and some of their friends provided outstanding entertainment. Retired teachers Harry Oxendine, Bundy Locklear and Henry Teets were joined by Pembroke businessman Jerry Cummings, and Judge Gary

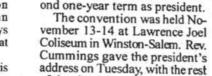
members attend these events as possible.

organizational meeting.

Locklear, who also provide to be something of a humorist. Retired principal Mary Alice Teets accom-panied the singers on the piano. The group sang three gospel songs before lunch and several goldie oldies after, including, "Side By Side" and "Oh,

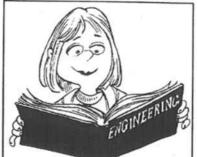
Each of the three units in District 10 honored an outstanding member noted for their contributions to the organization and/or to children. Esline Evans of Bladen County was chosen for her 19 years of service as Treasurer of that county's retired organization. For his service in numerous capacities District President Romas Hales was the choice of Cumberland County. Robeson County members honored Ann Fairley for the many hours and days of tutoring she gave to students at R.B. Dean School.

The gratitude of the assembly is owed Shirley Stockton, Katrina Locklear and Ann Fairley who organized and carried out the luncheon.



An Engineering Pembroke Chamber stays ture For Girls busy during November

(NAPS)-Girls and minorities



STEPS is the nation's tirst coordinated and integrated approach to attracting girls and minorities into careers in manufacturing and technology. The tuition-free, summer residential program targets girls in a twotiered approach, first as they enter the 7th grade, and then in the 10th and 11th grade. The concept of the program is to reach girls early enough to influence their choices of math, science and technical courses in middle and high school and prepare them to succeed in college level engineering programs.

director and general manager, explained, "SME-EF is taking STEPS to the K-12 audience and offering them an opportunity to learn the basics of manufacturing and technology in hopes of capturing and directing them to a career

For further information on STEPS, contact Lynn Borg, Development Specialist-Youth Programs-Society of Manufacturing Engineers Education Foundation at (313) 271-1500, ext. 1713.



Washington- A national clearinghouse for information on missing adults will be established under legislation that was signed into law on

The measure authorizes the attorney general to make grants of up to \$1 million for each of the next four years to public agencies and nonprofit private organizations that help

find missing adults.

Senator John Edwards sponsored the Senate version of the bill. Representative Sue Myrick of Charlotte introduced the legislation in the

The measure was named for Kristen Modafferi, a North Carolina State University student who was last seen during the summer of 1997 in San Francisco just three weeks after her 18th birthday.

The Charlotte woman's disappearance of young adults are reported to authorities without generating headlines. In Mecklenburg County, for example, the sheriff's office last year received reports of 132 missing persons from 18 through 21 years old.

We want to make sure that if a child disappears that a family has a place to go and knows where to go to

get assistance in locating them. What happens often times is that there is no condition between law enforcement agencies," Senator Edwards said. Secondly, we want parents of children who have gone away to college - my child just went away to college - to know and feel secure that if something does happen to their child there is something in place to help

Senator Edwards credited Kristen's parents, who pressed for enactment of a law to help other families. "I also am grateful to Rep-resentative Myrick for her tireless efforts toward ensuring that Kristen's Act becomes law," Senator Edwards said "Our legislatures will help public agencies and nonprofit organizations provide desperately needed assistance to law enforcement and families in locating involuntarily missing adults.

"Kristen's Act will not only provide some comfort to the millions of parents who send their children to college every year and worry about their safety, but it will help ensure that when an adult of any age is missing due to foul play a national effort will be mobilized to help," the senator concluded.

Stacy Locklear Jr. Mike Cummings elected as president of N.C. **Baptists** again

WINSTON-SALEM-Rev. Mike Cummings, the popular Director of Missions of the Burnt Swamp

Baptist Association in Pembroke, has been chosen as president of the Baptist State Convention of North Carolina. He ran unopposed for a second term. Cummings counts himself a conservative, and this will be his sec-

address on Tuesday, with the rest of the day taken up with major business issues and votes.

have a better chance at becoming tomorrow's engineers thanks to (STEPS) Science Technology & Engineering Preview Summer camp for girls, a program funded by the Society of Manufacturing Engineers Education Foundation



Nancy Berg, SME executive in manufacturing engineering."

Youth Baseball Association Fall **League Tournament Winners**



The major league Indians were the winners of the Lumberton Youth Baseball Association (LYBA) 2000 Fall League Tournament. The tournament was held from October 16th to 25th, 2000 at the Bill Sapp Park. Shown in the photo, front row, left to right, Sean Shores, Jamie Bell, Ryan Allen, Jordan Hunt, Austin Galloway, Ryan Tyson, second row, left to right Lee Leggett, Phillip Jackson, Scott Thompson, Ryan Hunt, Zachary Pittman, back row, left to right, Coach Craig Hunt, Coach Frank Jackson and Coach Mitchell Pittman.

Jamie Bell is the son of Greg and Bonita Bell of Lumberton and grandson of Buddy and Sarah

Bell of Pembroke.

Diabetes... a lifelong battle Thirty five year-old Molly wakes mon forms, however such things as croise and medication. New medica-

up every morning to begin her daily routine. She washes her face, dresses for work, makes her breakfast and prepares her kids for school.

Then she begins another routine. She checks her blood sugar, evaluates the results and injects herself with the proper amount of insulin. Molly repeats this many times throughout the day to make sure her

blood sugar stays at healthy levels. Like nearly 16 million other Americans, Molly is a diabetic. A study recently released by the Centers for Disease Control and Prevention revealed that diabetes now affects more than just senior citizens. Since 1990 the rate of diagnosed cases rose 40 percent among 40-49 year-olds and 70 percent among 30-39 year olds.

Diabetes, the seventh leading cause of death in the United States, is a disease caused by a lack of insulin. Insulin is the hormone secreted by the pancreas that stores fats, synthesizes proteins and converts glucose into energy. Without the right amount of insulin, the body cannot process glucose and the blood becomes clogged with the excess. Type 1 and Type 2 diabetes are the most compregnancy, drugs, malnutrition and surgery can trigger other types of diabetes

A number of factors have been associated with the onset of diabetes including heredity, obesity, certain viruses, prior history of gestational diabetes, race, ethnicity and lack of exercise.

Molly has control of her disease because she was diagnosed in its carliest stages and has learned to work disease management techniques into her lifestyle.

In the past, diabetes was seen as a debilitating disease that would consume a person's life. People felt that constant insulin shots and diabetic complications such as amputations were inevitable and unavoidable parts of the disease.

Thanks to research and modern medicine that's not true anyone.

Diabetes doesn't have to control your life. It can be monitored and controlled easily and without interfering with your life. It can be monitored and controlled easily and without interfering with your normal life. Getting control of diabetes requires a combination of proper supervision, controlled diet and extions of proper supervision, controlled diet and exercise and medication. New medications are emerging each day to make insulin injections easier and more convenient for patients to

More than 2,000 people are diagnosed with diabetes every day and, like Molly, they will be living with this disease for decades to come. We need you help to stop this number from growing.

The problem with diabetes is that person can have no symptoms and still be sick. Almost one-third of all cases in the United States are undiagnosed. Molly never felt any diabetic symptoms and would have never known she had the disease until her doctor discovered it during a routine physical two years ago. If you experience symptoms such as constant thirst, hunger, unexplained weight loss and numbness in your hands or feet or think you may be at risk for developing diabetes, please see your doctor for testing. Early detection can prevent future complications such as heart disease, strokes, blindness,

kidney failure and amputations. For more information or to get tested for diabetes, please call your doctor or local health department.

Peggy Locklear named Chief of Pembroke Rescue Squad At a recent meeting of the Pem-broke Rescue Squad, Peggy Locklear

PEMBROKE- November will be a busy month for the Pembroke Area

Don Gersh, PACC president, said he hopes to see as many of the Chamber

The first ceremony will be held at "A Sister's Corner" on Thursday, Nov.

16 at 10 a.m. The shop is owned by Cavelen Locklear and Shelby Blanchard,

and is located at the corner of Union Chapel and Cornith Street. "A Sister's Corner" is a florist and sells gifts, balloons, fragrances, self-inking stamps, and offers Notary Public service. It will also sell live Christmas trees. "Cyna's Diamonds & Jewelers" will hold its ribbon cutting Saturday,

Nov. 18 at 1 p.m. Owners are Cynthia and Tim Locklear. "Cyna's" provides an array of quality jewelry, watches, and repair services. Co-located is "Cyna's Coffee Shop" which is open at 6 a.m. Monday thru Saturday. Fresh

Scotland Memorial Family Practice Center is hosting its open house and ribbon cutting on Tuesday, Nov.28 at their beautiful facility on Jones Street. The open house is from 4:30 to 6 p.m., with ribbon cutting ceremony at 5 p.m. Scotland Memorial Family Practice Center is sending a separate

Mark your calendars for these special events, plus the General Meeting

bagel and a variety of pastries plus gourmet coffee is available.

mailing (invitation and information) to each Chamber member

on Thursday, November 16 at noon at Sheff's.

Chamber of Commerce with three ribbon cutting ceremonies and a regular

was elected as chief. Peggy, an Emergency Medical Defilbrillation Technician, lives at 1269 Henry Berry Road in Pembroke, with her granddaughter Ana Vazquez. Peggy has three children, Donnie, Brian And Karey Hunt. She is also the proud grandmother of seven grandchildren. She graduated from Fairgrove in 1965 and after retiring from L.O.F. of Laurinburg in 1997, she returned to school and obtained her nursing assistance II diploma. Peggy said ,she will draw on the talents, learning experience and her expertise of emergency care to lead the Pembroke Rescue Squad.

she has been involved in mission work and currently serves as a conassociation in the (Mission friends) donations

program. She is mission minded and has a goal of instituting mission friends in all churches of the Burnt Swamp To her family, she wears many

hats: homemaker, cook, teacher, church planner, missionary, babysitter, and nurse. Among her hobbies are church, visiting the sick, and rest homes, missions trips, and assisting the elderly. A good Saturday night for Peggy is to run calls with her best friend and sister Nancy Jacobs, who is also a member of Pembroke Rescue. In her new role as chief Peggy states "I can't run Pembroke Rescue Squad by myself, I need the support of all the members of the squad as well as the support of the community. We Peggy is a life long member of need new equipment and it takes a lot Bear Swamp Baptist Church, where of money to operate because we are an non profit organization. Therefore, I am asking the churches to support the sultant to the Burnt Swamp Baptist Rescue Squad by sending in those