

Pinehurst Surgical Clinic Announces the Addition of Three New Physicians



John R. Moore, IV, M.D. will be joining the Orthopaedic and Joint Replacement Center of the Pinehurst Surgical Clinic practice of John N. Ellis, M.D., Mark E. Brenner, M.D., David P. Fedder, M.D., Ward S. Oakley, Jr., M.D. and Neil A. Conti, M.D. in August of 2001.

Dr. Moore grew up in Memphis, Tennessee. He has a distinguish academic career. He attended the University of Mississippi and graduated with honors with a Bachelor of Arts in Physics. He received his medical degree from the University of Mississippi where he also distinguished himself. He completed a year of surgery training at the Mayo Clinic in Rochester, Minnesota, and then completed Orthopaedic Residency at the University of Oklahoma at Oklahoma City, Oklahoma. Following his Orthopaedic Residency, he took an additional year of fellowship in adult hip and knee reconstruction at the joint Replacement Center in Albuquerque, New Mexico.

Although Dr. Moore will perform general orthopaedics, his primary focus of sub specialization will be hip and knee replacements and reconstructive surgery of the hip and knee.

To schedule an appointment with Dr. Moore, please call the Orthopaedic and Joint Replacement Center at the Pinehurst Surgical Clinic at (910) 295-0295.

Raymond G. Washington, M.D. will be joining the general surgery practice of Drs. Eric Larsen, Michael Rowland, Richard Dales and Kenneth Mitchell in August 2001.

Dr. Washington has displayed outstanding leadership abilities in general surgery. He completed his undergraduate studies at St. Joseph's University where he was selected as male athlete of the year. He then went on to receive his medical degree from the Medical College of Virginia. He completed his general surgery training at Christiana Care Health Systems in Wilmington, Delaware, where he also served as administrative chief resident.

During his residency, Dr. Washington was named Trauma Resident of the Year. He also has valuable experience in advanced laparoscopy and breast surgery. Dr. Washington is in the certification process of the American Board of Surgery.

Dr. Washington will have office hours at the Pinehurst Surgical Clinic on Tuesday afternoon and all day on Thursdays. To schedule an appointment with Dr. Washington, please call the Department of General Surgery at (910)295-0882 between the hours of 9:00 a.m. and 5:00 p.m.

Henry Moyle, MD Ph.D. has joined the Pinehurst Surgical Clinic Neurosurgery practice of Malcolm Shupeck, MD effective July 16, 2001.

Dr. Moyle completed his undergraduate studies at the University of Toronto, Toronto, Canada graduating with honors. He received his medical degree from the University of California, Los Angeles School of Medicine.

Dr. Moyle has just completed his chief residency at the UCLA Medical Center in Los Angeles. In addition to training at one of the nations finest Neurosurgical programs, Dr. Moyle also has a Ph.D. in Molecular Biology.

He will provide expertise in many facets of spinal and cranial Neurosurgery. Dr. Moyle is in the certification process of the American Board of Neurological Surgery.

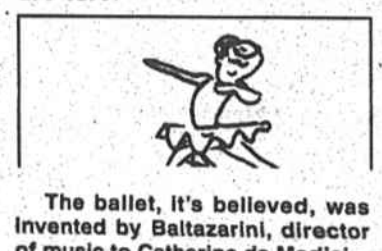
To schedule an appointment, please call the Pinehurst Surgical Clinic Neurological Surgery Department at 295-0237 between the hours of 9:00 a.m. and 5:00 p.m.

Check Out These Web Sites:

- KOA Kampgrounds at www.koa.com.
- DETROL® at www.OveractiveBladder.com.
- Menopause remedies a www.SusanLoveMD.com, www.womenswellnessmatters.com and www.power-surge.com.
- Compaq Computer Corporation at www.compaq.com.
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The ballet, it's believed, was invented by Baltazarini, director of music to Catherine de Medici.

Collector's Corner

Oh, Those Beautiful Dolls

(NAPS)—Doll collecting, the second largest hobby in the United States, can be child's play if you know how.

To help, the makers of the world famous Barbie doll have come up with a few simple tips to get you started:

- Become knowledgeable about your hobby. Start reading books and magazines about doll collecting. Visit Web sites, such as www.barbiecollectibles.com, to learn more about dolls you'd like to include in your collection, how to care for them, collector's terminology and edition classifications. Answers to some of the most frequently asked doll collecting questions also can be found on various collecting Web sites. About.com (www.collectdolls.about.com) is another great place to begin your search for additional doll collecting information.

- Trust your own judgment. Collect dolls and themes that appeal to you. Deciding which dolls to collect is very personal. Some collectors gravitate towards dolls that remind them of their childhood, others choose dolls that remind them of their favorite literary characters.

- Join a collector's club. Collec-



Created specifically for new collectors, Grand Entrance Barbie comes packaged with a guide to collecting.

tor's clubs present the world of doll collecting on a grander scale. Doll shows and conventions are additional fun and exciting venues at which you can learn more about collecting. Clubs, shows and conventions are also great ways to meet new friends who share in your interest.

- View your collection as an investment. Dolls, like other investments, have the ability to

appreciate in value over time. What begins as a hobby may actually turn into an investment. When purchasing a doll, think about the doll's uniqueness, quality and workmanship. The best sources for doll valuation information are collector books and magazines. Internet auction sites such as eBay (www.ebay.com) also can provide you with valuable secondary market pricing information.

Jill Nordquist, senior product manager at Mattel, advises, "Collecting is as much about acquiring dolls as it is collecting memories. That's why Mattel has created the Grand Entrance Barbie doll that can empower and educate the most novice enthusiast on how to collect and care for dolls—no matter what age. Made for the first-time collector, this doll comes with an escort—a special educational guide to collecting. New and seasoned collectors are sure to appreciate the guide's tips on how to begin—or care for—a collection."

From the very beginning, your new-found hobby can be fun and rewarding. With collecting, you're not just collecting dolls, but beautiful new memories and, perhaps, long-lasting friendships.

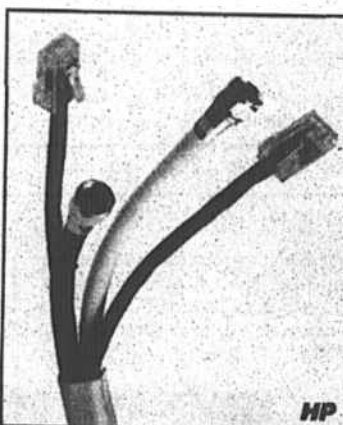
Speaking of Home Technology

If you're looking for faster Internet access, better phone service or improved home-entertainment options, you've probably come across some technical terms that you don't understand. Before you make your choices, it helps to know these terms, provided by the Copper Development Association.

Bandwidth The amount of data that can be transmitted in a fixed amount of time. For digital devices, bandwidth is usually expressed in bits per second (bps) or bytes per second (Bps); for analog devices, bandwidth is expressed in hertz (Hz), a unit of frequency equal to 1 cycle per second. Bandwidth sometimes refers to the amount of information, especially dissimilar types of information, which a system can handle.

Bit Short for binary digit, the smallest unit of information that can be processed or transmitted electronically. A single bit has one of two values: 0 or 1. Complex information is formed and transmitted by combining series of bits into larger units. Commonly used with the prefixes kilo (1,000), mega (1 million) and giga (1 billion) to express the speed of data transmission.

Byte Usually equal to 8 bits, or equivalent to one typed character on a page. Large



Category 5 cable Along with Category 5e (enhanced), the most widely used type of telephone cable engineered to carry voice and data at higher speed with minimal interference and degradation. Category 5 cable consists of four twisted pairs of copper wire.

DSL Abbreviation for digital subscriber line, a service based on technology that allows a single telephone line consisting of a pair of copper wires to receive and send different types of data transmissions simultaneously at high speed. With a DSL modem and service provider, users can download data from the Internet at speeds up to 8 Mbps.

Network A group of two or more computer systems linked together for data sharing. There are many types of networks, including local-area networks (LANs), which link computers in close proximity to one another; and wide-area networks, which link computers that are far apart via telephone lines or radio waves.

Structured wiring An advanced telecommunications wiring system that includes high-capacity voice, data, audio and video wiring, installed in a "star" or "home-run" configuration with each outlet linked directly to a central hub. **HP**

Structured wiring may be "bundled" for installation. This cable bundle contains two coaxial and two Category-wiring runs.

amounts of memory or storage are expressed in terms of kilobytes (nominally, 1,000 bytes), megabytes (nominally, 1 million bytes), and gigabytes (nominally, 1 billion bytes).

Coaxial cable A type of cable that consists of a center wire (solid copper is the best) surrounded by insulation and a grounded shield of foil, braided wire or both. The shield minimizes electrical and radio frequency interference.



When an examination revealed Adolph Blue had five blocked arteries to his heart, surgery wasn't an option. It was a necessity.

"They were all ready for me at another hospital," he says. "But after I looked at FirstHealth, I just couldn't justify going anywhere else."

And if you need heart surgery, chances are you won't be able to justify going anywhere else, either.

Consider this: Our surgeons, trained at some of the most prestigious institutions in the nation, have performed over 3,000 open-heart surgeries.

use your head, you won't else work on your heart.



And this: In the most recent rankings, we were named one of the 100 Top Hospitals in America for heart care. The main criteria for achieving this distinguished designation: Positive outcomes.

And this: HealthGrades, an independent organization that rates the performance of medical facilities across the nation, recently awarded our coronary bypass surgery services five stars, their highest ranking.

You see, the facts are, our physicians are second to none. Our technology is second to none. And our level of care and our facilities are second to none.

Plus, when your heart surgery is over, we're still here for you for follow-up care. And to supervise your cardiac rehab program at a FirstHealth Family Care Center near you.

So if you've been told you need heart surgery, we invite you to compare. Look at what we offer. Look at what other places offer. Because when you do that, we're confident you'll do the same thing Adolph Blue did:

Make FirstHealth your first choice for heart surgery.

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www.firsthealth.org

