



TRUTH VISIONS

by ABBE WALLACE

AW—My husband is a good man but needs to go to a doctor and every time I suggest it he does not have the money. Tell me what to do?
Ans: Your husband don't have the money to throw away—but surely he could arrange to receive the medical attention for his health. Make him realize that it would be cheaper in the long run for him to see a doctor. He shouldn't neglect himself.

VH—Do you think I am doing the right thing in telling myself I care for this man and taking up all of my time with him?
Ans: There is no reason why you shouldn't associate with him, however you should not devote all your time to him. It is quite true that he is agreeable and pleasant but he is just not the man that will become your future mate.

JH—Does this mean I am so very fond of love me or am I acting silly? Everyone knows I love him and will he visit me or is he just like all other men I know, a cheat and a falsehood?
Ans: Of course not—give the boy a chance to reach an honest opinion. He was truthful when he said he did not know if he loved you or not. Continue your association and be sure that your conduct is above reproach. He is

searching for the perfect girl.

HLP—Will you tell me if I am going to take the trip? Could I get a private answer from you?
Ans: You will make the trip as originally planned and the result will be very satisfactory. If you desire a private reply, send a quarter for my new Astrology Reading—along with full name, correct address, and birthdate and you will receive my free opinion on three questions.

MP—I enjoy reading your column. Will my husband change and will I have success in the future?
Ans: Unless something unforeseen happens to give your husband a drastic shock, he will never mend his ways. It is awfully easy for a man to fall into a "rut", but it is mighty hard to climb out. The solution depends mostly on your powers of persuasion.

SVD—Tell me whether or not my grandson is really dumb and will not learn anything in school? His mother is very worried.
Ans: No...your grandson is not dumb. He could learn his school work easily if someone would coach him at home at and try to make his school work interesting. As long as he considers his training as a job he

won't like it. Prepare him for a trade of some kind.

CW—Which of the two businesses would be better to start and would either prove successful?
Ans: Both propositions are good ones—although I am afraid your financial condition would only permit you to enter but one field. Study the propositions over thoroughly before going into them so that you can make it pay from the start.

BMS—The man that I am so much in love with does he care anything for me?
Ans: At this particular time he believes himself to be in love with another woman. He will enter your life again, but only for a short time I think for he realizes that he does not love you but likes your friendship.

NOTE—Your question will be answered FREE in this column ONLY when a clipping of this column is enclosed with YOUR QUESTION, YOUR FULL NAME, BIRTHDATE and CORRECT ADDRESS. For PRIVATE REPLY send twenty-five cents and a self-addressed, stamped envelope for my NEW ASTROLOGY READING and receive by mail my FREE ADVICE on THREE QUESTIONS. Send all letters to Abbe Wallace, care of THE CAROLINA TIMES, P. O. Box 89 Durham, North Carolina.

DURHAM COUNTY ADMINISTRATORS NOTICE
Having qualified as administrator of the estate of Mrs. Mary Smith, Deceased late of Durham County, North Carolina, this is to notify all persons having claims against the said deceased to exhibit them to the undersigned at 614 Fayetteville Street, Durham, N. C., on or before the 10th day of April, 1938, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment.
This 10th day of April, 1937
E. D. GREEN, Administrator of the Estate of Mary Smith, Deceased.

ROLAND HAYES TO SAIL FOR PARIS ON APRIL 28
NEW YORK (C)—Richard Copley, 118 W. 57th st., manager of Roland Hayes, announce the singer will sail for Paris aboard SS. Normandia on April 28.

Sight-Saving Hints To Race Women In The Near-Sighted And To The Far Sighted

Prepared by the National Society for the Prevention of Blindness

The normal eye without any muscular effort gets a good picture on the retina from a distance of from several feet up to twenty feet or more. For close work, like reading, the normal eye reshapes the front of the crystalline lens just a little, making it bulge forward and the outside muscles of the eye draw the eyeballs in a little toward the nose. Both eyes in this position see the same picture at the same time.

The far-sighted eye has to use the inside muscles to reshape the lens a varying amount over for distant vision but, for near vision, a strong pull, a real tug of war, by the inside muscles is required to bulge the lens forward enough to give a sharp picture on the retina.

The near-sighted eye, no matter what muscle exertion is made cannot see accurately at a distance without glass lenses. At close range the near-sighted eye can, by flattening the front of the lens modify the picture on each retina but, if the near-sightedness is great, the outside eyeball muscles pull the eyes very greatly toward the nose and hold them there to secure evenness of such pictures as may be obtained in each retina.

These points guide us in thinking through helpful hygienic measures to save the vision in such eyes.

Use of the far-sighted eye for distant vision, that is, beyond 2 feet, is not apt to do any harm. Prolonged use of the far-sighted eye for close vision is very apt to set up symptoms of eye strain sooner or later and, oftentimes, with disastrous results; many forms of headache, nervousness, digestive disturbances, and what not. It is almost as fatiguing for a far-sighted eye to hold for long intervals of time the muscle pull required to bulge the lens forward as it is for a boy to hold his arm in a horizontal position for any length of time. Periods

of eye rest must alternate with periods of muscle pull, otherwise, the danger symptoms, if we must live indoors and if we must begin close use of the eyes in very early-child life, then we must either be prepared to ask Nature to reshape the eye early enough to do close work, or we must be prepared to adopt for the purpose the glass lenses that may fit the eye to the evidence of civilization around us, viz: houses narrow streets, windows, printed books, needle and threads, etc.

Remember that the far-sighted eye usually becomes less fatigued by kindergarten age and early school life and often stretching becomes a near-sighted eye, it will be well to avoid prolonged use of the eyes for close work until early childhood and early school life have been safely passed. It is imperative also that on the slightest evidence of eye strain or of stretching of the eyeball to discontinue close work and to relieve the manifest strain by the use of properly fitted glass lenses. The near-sighted person should neither use his eyes to long period of time for distant vision, nor should he be allowed to use his eyes for close vision for any considerable period of time, without rest. Eye strain symptoms are not so frequent in the near-sighted child, but the likelihood of permanent eye injury is very much greater because of overstretching in the length of the eyeball. It is sometimes advisable that glasses be used for distant vision by the near-sighted, while for close work, if properly planned with intervals of rest, no glasses at all need be worn. If, however, the near-sightedness is of high degree, it sometimes becomes necessary to have two pairs of glasses, one for reading, the other for distant use.

With the near-sighted, the precaution should be given during the period of life when greatest stretching of the eye is apt to take place, that is, between the early years of school life and the end of school life. If this period is survived safely, dangers of stretching are not so great later. The risks from too great use

of either the far-sighted or the near-sighted eye are: that, from the muscular exertion for sharpening the focus in the far-sighted high tension is stimulated and glaucoma is more likely to occur in adult life; while in the near-sighted the dangers from muscular exertion are hemorrhages into the inner coats of the eyeball, or detachment of the retina; either conditions fraught with grave results to vision.

The near-sighted, as well as the far-sighted, for close vision need adequate light, adequate light not only on the work or on the thing to which the vision is directed, but light admitted from directions that will do the greatest good and give the greatest eye ease. The equivalent of ten foot-candles of light or more, admitted preferably from above or over the shoulder, and admitted in a way that will permit of glare, adds to the eye ease, minimizes eye strain and lessens the danger of harming vision.

The naked filament of an electric bulb in full view of the handi-capped eye as wicker an effect on the human as has the red blanket flashed by the matador in front of the bull: each in effect is annoyingly irritating. Every one should avoid having the light strike directly in the eye. For places of work, study or recreation, even in such games as playing cards, great advantage accrues from a proper seating placement in relation to the thing to be viewed and proper lighting of the thing looked at.

NATION'S RED CAPS TO HOLD BIG CONVENTION IN CHICAGO

CHICAGO, April 28.—(ANP)—With the membership already approaching the 1,000 mark in the metropolitan cities of the country, officers and members of the Brotherhood of Railroad Depot, Bus Terminal, Airport and Dock Redcaps, Attendants and Porters, from their headquarters here, are making plans for the Brotherhood's second annual convention May 17-19, to be held in Chicago.

Race Women In Sit-Down Strikes

NEW YORK, April 22.—(CN) Negro workers were in the forefront of sit-down strikes in several states this week.

In Cairo, Ill., a group of relief clients staged a sit-down in the Alexander County Emergency Relief offices, protesting failure of the city to pay flood laborers who were forcibly recruited to work on the levee several months ago when flood waters threatened inundate the city. They also demanded relief grants of \$3 a week and payment for rent, clothing and medical aid.

After occupying the offices for a day, the workers were evicted by a force of 150 white deputies, armed with guns and clubs. Five of the leaders of the delegation were arrested as they marched out of the relief headquarters.

In Columbus, O., clubs, riot guns and gas were used in what the Columbus Citizen characterized as "an orgy of sordid brutality" against a group of relief demonstrators, most of them colored, who had staged a peaceful 9-day sit down in the offices of Governor Martin L. Davey to protest against the Governor's decision to stop relief payments.

Among the Brotherhood's representatives who are arranging details of the May meeting are Eugene Frazier, vice president, Cleveland, Ohio Union Station Local; J. J. Whitney, of the Cincinnati Union Station Local and Willard Saxby Townsend, Chicago, executive secretary of the Brotherhood.

The Chicago Local, headed by B. L. Hosie, president will be host to the convention. Committee members are seeking to make the Red Caps meeting a notable one, with a large representation of delegates present from the Locals throughout the country. The convention will seek solution of the problems confronting Red Caps, such as working conditions, hours of service, etc., and a nationwide drive will be started to increase the membership of the Brotherhood, by establishing active Locals in the terminals of unorganized cities. In addition to the business sessions, sight-seeing trips and several social events are being planned for entertainment of visiting delegates.

and set up military soup kitchens for the unemployed. Mrs. Johnnie Williams, of Cleveland, and several white members of the group, were arrested.

In a North Side Negro church, the evicted representatives of the unemployed exhibited bruises and lacerations and a determination to stand by their demands for decent treatment. A Negro leader of the Workers' Alliance, speaking for a group, declared that the delegation will continue its activities before the Ohio Legislature to obtain adequate food, clothing and shelter for the 350,000 Negro and white persons on the State's relief rolls.

Negro and white workers of Williamsburg, New York City, this week protested brutal police attack on three Negro women. Alberta Shell, one of the three victims, was held on charges of "assault and battery" after police attacked a relief demonstration. Lena Nicholas and Blanche Pincus, two laundry strikers, had to have medical treatment for lacerations after police attacked a picket line at the Bristol Laundry, 83 Christopher Street, Williamsburg. Police refused to call an ambulance for the two girls.

A picket line was set up at the local relief offices to protest the arrest of Miss Shell.

GAVAGAN AND WHITE ON SPEAKING TOUR

NEW YORK, April 23.—A speaking tour to include a dozen large cities will be started soon by Congressman Joseph A. Gavan, sponsor of the anti-lynching bill which passed the House Apr. 15, and Walter White, secretary of the NAACP.

The tour will be for the purpose of arousing additional sentiment and prompt action on the part of the people to secure passage of the Wagner-Vah Nuya bill in the Senate. The complete itinerary has not been worked out as yet, but cities almost certain to be included are New York, Cleveland, Chicago, Pittsburgh, Louisville and Richmond. Mr. Gavan volunteered to make the tour as soon as his bill was safely through the House.

KICKING THE SONGS AROUND

by HUBERT CARTER

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Outlook Justifies State Participation In New York Fair

Whelan Voices Opinion in Inviting Governor and People to the 1939 Exposition

NEW YORK, (Special).—In a letter of invitation to the governors of 47 states, Grover Whelan, President of the New York World's Fair 1939 Corporation, points out that the commercial consequences of the international exposition under construction in New York City are so great and important that they alone would justify the active participation of every state in the nation.

"Fifty million persons from every walk in life, from every state in the United States, from every country in the world, are expected to attend the Fair," writes Mr. Whelan. "The great American market with its tremendous consumer purchasing power will be represented by these visitors. They will comprise a true cross-section of America."

The World's Fair, according to Mr. Whelan, will be a magnificent spectacle, entertaining and instructive. It will attempt to answer the questions: "What kind of a world are we building? What kind of a world can we build?" With collateral improvements, it will represent a total investment of more than \$100,000,000 by the Fair Corporation and the governmental, industrial and other participants. The Fair site park is a tract of 1216 1/2 acres, almost at the geographical and population center of New York City.

Construction of buildings and roads, grading, dredging, planting and landscaping are already under way, based upon a schedule which calls for completion of all construction operations before January 1, 1939, to allow four months for final decorations and installation of exhibits preparatory to the opening of the Fair on April 30.

The opening date commemorates the inauguration, on April 30, 1789, of George Washington as the first President of the United States.

In the governmental area, and near an imposing federal hall to be erected by the United States Government, the Fair will provide a "Hall of States" in which the significant contributions of each state in laying the foundations for the better World of Tomorrow can be proudly displayed, says Mr. Whelan.

His letter supplements an invitation to participate in the Fair extended to the governors on November 30 by Governor Herbert H. Lehman of the host state of New York. Governor Lehman pointed out that the State of New York has already appropriated, to date, \$3,180,000 for commencement of construction of boulevards, service roads, bridges, and certain other basic improvements the State will make of the exposition site or its approaches. The New York legislature, further, during 1936 passed in act creating the New York World's Fair Commission of 19 members and providing funds in aid of this body's preparation of plans for a state building and exhibit and for active state participation in the Fair.

Her Seal Shall Be Legion

1939

Everyman's Fair, Says Whelan

NEW YORK, (Special).—Grover Whelan, President of the Fair Corporation, announces that official support and foreign participation in the New York World's Fair of 1939 are reaching new "highs", and that there is an already obvious opportunity for every state to display advantageously its accomplishments and future possibilities and to join in making it one hundred percent "Everyman's Fair."

Anti-Lynch Bill Hits Snag

WASHINGTON.—The Gavan anti-lynching bill, which passed the House last week, may be buried in the Senate Judiciary Committee, it was reported Tue.