



THE WOMAN'S PAGE



Miss Margaret Lambeth Winner Of This Week's Basket Of Groceries

Miss Margaret Lambeth of 1001 Third street is the lucky winner of this week's Basket of Groceries. She will receive same from the Carolina Times office on Monday morning.

- SUNDAY Breakfast**
Grapefruit, scrambled eggs, griddle cakes, maple syrup, coffee, butter.
- Dinner**
Roast duck with stuffing, buttered string beans, new potatoes, cold slaw, cranberry sauce, rolls, butter, iced tea, iced cream, cookies.
- Supper**
Mixed green salad, cold sliced veal, whole wheat bread, butter, iced tea.
- MONDAY Breakfast**
Strawberries, cream, ready to eat cereal, soft boiled eggs, toast, muffs, butter.
- Luncheon**
Cream of pea soup, lettuce sandwiches, crackers, coffee, cake, but-

- ter, iced tea.
- Dinner**
Swiss steak, gravy, creamed potato cakes, English peas, pineapple salad, hot corn meal muffins, butter, iced tea, strawberry short cake.
- Tuesday**
Grapefruit juice, ready to eat cereal, waffles, syrup, butter, coffee, milk.
- Luncheon**
Cold sliced tongue, watercress salad, potato chips, iced tea.
- Dinner**
Baked fish, potato salad, sliced tomatoes, cottage cheese, hot rolls, butter, chocolate pudding with whipped cream cookies.
- WEDNESDAY Breakfast**
Orange juice, ready to eat cereal, poached eggs on milk toast, butter, coffee, milk.
- Luncheon**
Sandwiches (tomato, lettuce, bacon), iced tea.
- Dinner**

BEAUTY AND ROMANCE
by Marie Downing
DIRECTOR, LARIEUSE BEAUTY FOUNDATION

The Larieuse Beauty Foundation was established by the Godfrey Manufacturing Company to study methods of preserving woman's natural beauty, and to make the results of this research available to the public.

DAILY DOZEN FOR SUMMER APPEARANCE

White shoes, white dresses and bright summer colors are in the fashion spectrum now. Not even the northernmost residents of our country are still confined to the somber hues of winter. In Dixie, of course, the frills of summer have brightened the scene for several weeks.

How about you? Have you brightened up yourself? Have you given yourself your spring house-cleaning? There is probably no time more than in summer when a person can be at her best—or at her worst. And the nice thing about it is the difference is up to our selves to determine.

SIMPLE ROUTINE

A simple routine is the answer to most of our grooming problems, as has been pointed out repeatedly in this column. Habit governs so many of our actions. Why then not make our grooming routine a part of our daily habits. Let me suggest a "daily dozen" for the benefit of your appearance and your comfort during the summer months.

1. Rise after eight hours sleep.
2. Cooling bath, tub or shower.
3. Brisk rub with coarse towel.
4. Sprinkling of dusting powder.
5. Brisk work-out for the hair and an off-the-face hair-dress.
6. Include your usual powder base.
7. Pat cold cream, or eye cream, around your eyes to prevent "summer-wrinkles."
8. Apply cosmetics, to your usual taste—but you'll find it preferable to use less cosmetics in summer than in winter.
9. Dress in bright, light, comfortable clothing. Suspend, if you have them, your ready for the morning!
10. Lunch time! Remove all make-up and start over again. Cold cream your face. A dash of cold water. Then cosmetics and you're set for the afternoon.
11. Home again. Get comfortable whatever you do. Then, before going out for the evening, by all means, another cooling shower or tub. Take fifteen minutes for relaxation. Just loaf.
12. A change of clothing and out into the evening air. Try to locate a breeze and stay in it.

NO EXCUSES, NOW

I will admit that it is a chore to do anything consistently in the summer. We are prone to sit and let the world go by. I've been guilty of that myself. But the above is a simple routine that should be a help to you in keeping both comfortable and at top in appearance. Inconvenience or summer laziness is no excuse for careless appearance, and there is no other ally.

The writer, Marie Downing, a member said that "Everybody talks about the weather, but nobody seems to do anything about it." As a result, we all have to face the same conditions. You are no worse off than other women, but you will be the envy of them if you meet summer conditions more intelligently than they. I hope you find my suggestions helpful.

Here's to an air-conditioned summer.

FREE! Each Week A Basket Of

GROCERIES

This paper is offering to the woman or girl planning the best menu for each day in the week, a basket of groceries, which will be bought from the advertisers of this page. There will be a bottle of Dusham Dairy Milk and a bottle of Royal Crown Cola, given along with the groceries, which will prove a treat to the winner.

Rules for this contest are as follows:

1. Any woman or girl over 16 years of age is eligible, other than the members of the families of the staff of the CAROLINA TIMES.
2. All entries must be in by Wednesday, June 16, 1937.
3. Neatness counts as well as the planning of the meals.
4. Only write on one side of the paper. Use as many separate sheets as may be needed.
5. Send entries to Editor of Woman's Page, Carolina Times 117 Peachtree Street.

The best planned menu selected will be announced in next week's issue of this paper, at which time the winners name will be announced. The winner will be asked to call at the Carolina Times office for her basket of groceries.

SOCIAL NOTES

Miss Alma Fitzgerald spent the week-end visiting in Charlotte and High Point.

Mrs. Drelton Albright and Mrs. Pauline Fuller have returned from Philadelphia where they attended the Schools & Manufacturers Exhibit for beauty shop proprietors.

Dr. G. W. Caldwell, accompanied by his daughter, Mrs. Spencer, and little Jean Williams of Elizabeth City, resided with Mr. and Mrs. Arthur Chavis while in the city last week.

Miss Maytor Justice of Gallo, Ohio, is the guest of Mr. and Mrs. Don Justice of West street.

Mr. and Mrs. Will Edwards stopped over in the city recently with Mr. and Mrs. Walter Edwards, and accompanied them to Richmond Sunday to attend the funeral of their sister, Mrs. Geneva White, formerly of Durham, but who for some time resided in Richmond, Va.

Mr. and Mrs. Frank C. Lee announce the marriage of their daughter

Emmo Elizabeth

to

Dr. Robert P. Randolph, Jr. on Saturday, the twenty-ninth of May, nineteen hundred and thirty-seven

Durham, North Carolina.

Ed. Smith, a student of A & T College, is in the city visiting friends. Welcome to our city Ed.

Miss Minnie Moore has returned to the city after completing her course at Hampton Institute.

Miss Lois Shaw is back home after a successful year at West Virginia State.

Miss Octavia E. Griffin and Irma E. Whitaker of High Point were visitors in the city Wednesday. They motored here with T. N. Byrd, business man of that city.

J. C. Scarborough, Sr., prominent undertaker and business man of this city has returned to the city after going to answer the urgent call to the bed side of his mother who was fatally burned in a fire which destroyed her home.

L. A. Townsend who has been seriously ill at Lincoln hospital is reported as being improved.

Mrs. Trumila Smith has been very ill at her home, 614 Price street. She is much better at this writing.

Mrs. Inez Buttler of Greenville was the week end guest of Miss Katherine Walker, 509 Dunbar street. While here Miss Buttler attended the commencement exercises of North Carolina College where she was awarded a B. S. degree.

Mrs. Taylor, mother of Dean J. T. Taylor is visiting her son at 2106 Fayetteville street.

Wilburn K. Knight, employe of the North Carolina Mutual Life Insurance Company of Wilson was in the city Tuesday.

Y. M. C. A. TO SPONSOR PROGRAM

The Y. M. C. A. of this city will sponsor a special program on Sunday at 4 P. M. in Scarborough Assembly Hall on Pettigrew St. This program will be given for men and boys. Paul L. Peterson, director of Boys Activities for the white Y. M. C. A. will be the guest speaker.

ALBRIGHT NEWS

Rev. J. H. Pepper, pastor of St. Paul Baptist church is celebrating his first anniversary beginning Monday, June 14th.

Miss Vera Hilliard has returned to her home in Nashville.

The Sunset Tennis Court will be open to the public on June 14th.

Woman's World

STRAWBERRY TIME

Now is the time when the strawberry shows its alluring red on practically all fruit stands. And no matter what the price that tantalizing strawberry desire is always with us.

It wouldn't be a bad idea to get a box of these berries every now and then and prepare them so a whole family will appreciate their wholesome goodness.

STRAWBERRY JUMBLE: One quart strawberries, one and one third cups sugar, one fourth cup water, one cup flour, one teaspoon baking powder, few grains salt, two tablespoons shortening, one third cup milk.

Wash, hull strawberries; halve them. Put into bread-based saucepan, add one cup of sugar and the water. Bring to boiling point. Mix flour and remaining one third cup sugar, baking powder and salt. Cut in shortening with knives or rub in with fingers. Add milk.

Stir until blended. Drop rounded teaspoonfuls on strawberry mixture. Cover tightly; cook slowly twenty minutes without removing cover. Serve at once.

STRAWBERRY CHARLOTTE: One quart strawberries, one cup sugar, one envelope gelatin, one pint whipped cream.

Press the washed berries thru a coarse sieve. Add sugar and let stand for an hour. Heat one cup of the juice thru mudd and add it to the gelatin, which has been softened in a little cold water. Stir until gelatin is dissolved. Mix with the rest of the berries and chill thoroughly. Before mixture congeals, fold in the whipped cream. Replace in refrigerator for at least two hours. Serve with lady fingers.

POACHED STRAWBERRIES: With Cream Cheese: One pint strawberries, one fourth cup sugar, one fourth cup water, two

tablespoons lemon juice, one package cream cheese.

Wash, remove stems and any bruised spots from the berries. Make a thin sirup by cooking the sugar, water and lemon juice together for five minutes. Drop the berries into the sirup and simmer gently until they are soft but still retain their plumpness. Do not let them boil at any time. Chill. For serving, place cubes of cream cheese in the bottoms of the shallow glasses and pour the poached strawberries over the cheese.

STRAWBERRY-PLUFF: One and one half cups strawberries, one cup powdered sugar, one cup heavy cream, one egg white, beaten stiff, one cup marshmallow shreds, one fourth cup macaroon crumbs.

Crush, hull and wash berries lightly with the sugar. Keep in warm place half an hour to melt, then chill. Whip heavy cream and fold stiff egg white into it. Then add marshmallow shreds and

Continued on page eight

Special ONLY

HALF SOLES

SEWED ON WHILE YOU WAIT

37c

PAIR ATTACHED

SHOE REPAIR DEPARTMENT

Belk-Leggett

218 Main St.

Ask Your Grocer For

D-I-X-I-E

Guaranteed Goodness

Bread And Rolls

You Can Taste The Difference

Roast beef, spinach, mashed potatoes, gravy, corn meal muffins, banana pie.

THURSDAY Breakfast
Prunes, bacon, eggs, cinnamon rolls, butter, coffee, milk.

Lunch
Sliced boiled ham, deviled eggs, rye bread, butter, iced tea.

Dinner
Scalloped oysters, peas, French fried potatoes, buttered beets, lettuce with Russian dressing, pineapple upside down cake with sauce.

FRIDAY

Apple sauce, fried eggs, cinnamon toast, milk, coffee, butter.

Luncheon
Meat loaf, peanut butter and jelly sandwiches, potato curls, iced tea.

Dinner
Baked ham, string beans, potatoes, squash, corn bread, iced tea, corn pudding.

SATURDAY Breakfast
Prunes, ready to eat cereal, egg omelet, toast, butter, coffee, milk.

Lunch
Salmon salad, crackers, sliced tomatoes, bread, butter, iced tea.

Supper
Fried chicken, gravy, rice, peas, cucumber salad, strawberry jam, hot biscuits, butter, ambrosia, cup cakes, lemonade.

MARYLAND COURT GETS

TEACHERS' SALARY CASE

Continued from page five

as teacher and \$1475 in acting as principal, while he has been paid only \$612 a year.

Because of the importance of the issues in the case, Judge Charles Woodward has requested Chief Judge Hammond Urner and Judge Arthur Willard to hear the case along with him.

Attorneys for Mr. Gibbs are Charles H. Houston and Thurgood Marshall of New York; Leon A. Ransom and Edward P. Lovett of Washington, D. C., and W. A. C. Hughes, Jr., legal counsel for the Baltimore branch of the N. A. A. C. P.

THE TYPE OF GIRL MEN PREFER

Continued from page five

position, and the ability to meet people will always be preferred by men. Her looks won't matter. She can be the most beautiful woman in the world or she can be as ugly as home-made soap.

So cheer up girls. If you happen to be one of those who are not endowed with beautiful hair, eyes, nose and mouth, etc. don't give up the ship.

Just go back and check the qualities I have already mentioned, and if you don't have them in your store house see that you start "storing" right away.

SUGAR

10 POUND BAG 50c

100-POUND BAG \$5.00

LIBBYS HOSTESS PEACHES Large Can **17c**

SCOTT TISSUE, 2 rolls 15c

Cheese, 1lb. 19c

SUPER SUDS, package 10c

OCTAGON SOAP, 2 small bars 5c

RED SOUR PITTED CHERRIES, No. 2 can 15c

VAN CAMP'S TOMATO COCKTAIL, 3 cans 25c

MAYFIELD CORN, No. 2 can 10c

PINEAPPLE, Crushed, No. 2 can 17c

PROGRESSIVE SALAD DRESSING

1-2 pint Jar 10c Pint Jar 17c Quart Jar 29c

DROMEDARY GRAPEFRUIT, No. 2 Can 10c

DROMEDARY GRAPEFRUIT JUICE, 3 No. 2 Cans 25c

GENEVA FANCY GARDEN PEAS, No. 2 Can 17c

PHILLIP'S PORK AND BEANS, 11 oz. Can, 6 for 25c

LIPTON'S TEA, 1-4 lb. Can 25c

(Ice Tea Glass Free with Each 1-4 Pound)

FIG BARS, 3 pounds 25c

SHORTENING, pound 12 1-2c

M. B. C. RITZ, package 23c

RINSO, 3 packages 25c

Fruits & Vegetables

Miss. Tomatoes, 3lb. **25c**

NO. 1 WHITE POTATOES, 10 lbs. 19c

BANANAS, 4 pounds 18c

LEMONS, large size, doz. 29c

ORANGES, large size, doz. 37c

FRESH PINEAPPLES, each 12 1-2c

PENDER
Quality Food Stores

JUNE ECONOMY EVENT!

ARMOUR'S STAR (EXCEPT TONGUE)

Spreads 3 Cans 25c

Armours Star POTTED MEAT 3 cans 10c

Armours Star VIENNA Sausage 3 cans 25c

Colonial Brand Pure Concord

Grape Juice Pint Bottle **17c**

Strongheart Brand

Dog Food 1-Lb. Can **5c**

Blue Ribbon

Malt Syrup 3-Lb. Can **69c**

Weston's Fresh

Crackerettes Package **10c**

Plain or Self Rising

Pender's Flour 12-Lb. Bag **57c**

South Manor Golden Bantam or

White Corn 2 cans **25c**

Octagon

Toilet Soap 4 cakes **17c**

Fine Mackerel

Fillet 5-Lb. Kit **95c**

The Goodness is Locked In

Snowdrift 6-Lb. Pak. **\$1.12**