



# THE WOMAN'S PAGE

SEASONS and SHOPPING



## ALGONQUIN TENNIS CLUB SURGES AHEAD

Outstanding among Durham's progressive institutions is the beautifully appointed Algonquin Tennis Club House. The building, which is now the center of the city's social activities, is the direct result of a dream of a group of young professional and business men and women who were determined to see their dreams come true.

Seventeen years ago, a group of young tennis enthusiasts decided to organize a club which would stimulate in the game. For twelve years the interest of the club was kept alive in the fall and winter months by regular meetings which were held at the homes of the various members. It was in these meetings that the need of a center in the community that would house the social activities was discussed.

Five years ago a building was purchased and the responsibility of operating the club house was undertaken. Three and a half years of experience proved that the facilities were inadequate to take care of the actual recreational needs of the group. With the earnestness of the early Spartans, the members of the club began to work on the program which accounts for the many improvements made during the past year.

The building now boasts of a pool room, ball room, kitchen, two bedrooms which accommodate four persons, a bath, and a club room for the exclusive use of its members. These facilities are serving a larger number of members and they furnish opportunity for a more diversified program.

Club activities during the year 1938-39 included a spring dance, a fall reception, a Christmas dance, a bridge tournament, a Christmas party for Junior and seniors and their escorts, a Junior tournament, and a Junior party in connection with the tournament in June. Other meetings held during the year in addition to those already mentioned number 175. These were divided into meetings, dances, card parties and dinners. It is estimated that the club served 5,469 people during the year which closed on January 31st, 1939.

1010 used the courts; 6738 attended other meetings, dances, card parties, and receptions; 225 made use of the pool room during the three months it was in operation and 21 different persons used the bedrooms. In previous years and adding to this number, approximately 44,669 persons have been served by the club. This is indeed a commendable record.

One of the outstanding features of the club's program is the development of the Junior

recreational and healthful activities. The Junior Activities Committee is responsible for the very excellent training of the Juniors not only in the game of tennis but in instructing them along the lines of fair play, and in efficiency. The records they have made in previous tournaments are indeed worthy of note. Last year, Weldon Collins, one of the Junior players, was winner of the National Boys' event at Lincoln.

The last meeting of the Club was one of a business nature. With 60 members present, officers were elected and five members of the Board of Management were elected. A vote of commendation was also given Mrs. Addie Torrence, the housekeeper of the Club, for the way she has responded to the many responsibilities that were inevitable for the success of the various affairs.

The Algonquin Tennis Club is truly the beacon light of this community. Its precepts, its standards, and the service it has rendered can scarcely be surpassed. It is the pride of the club, for there we hear song and laughter, we contribute and we are benefitted by our contributions. We find happiness and true enduring expression of the ideal man and woman.

Officers and members of the Board of Management of the Algonquin Tennis Club are as follows:

- President, W. D. Hill
- Vice-president, J. I. Taylor
- Treasurer, Mrs. N. J. Cox
- Sec. Secretary, J. H. Wheeler
- Cor. Secretary, Miss J. Fitzgerald
- Miss W. J. Kennedy
- Doctor J. M. Hubbard
- Doctor J. A. Smith
- Mrs. Grace Massey
- R. C. Foreman
- E. B. Merrick
- Mrs. Martha Donnell
- G. W. Cox
- Mrs. E. A. J. Whitted

### SURPRISE PARTY GIVEN MRS. CARRIE MACK

Mrs. Carrie Mack was entertained at a surprise birthday at her home on the Old Hillsboro Road Saturday night, 25, 1939. The party was given by her children. Refreshments were served which consisted of sandwiches, cake, cookies, pies, wine and spice tea. Mrs. Mack received many useful gifts.

### LADIES AUXILIARY OF DURHAM USHER'S UNION TO MEET

The Lady Department of the Durham Usher's Union will meet

## WILLISTON HOMEMAKERS PROGRAM A POTENT FACTOR IN CORRELATING THE HOME AND THE SCHOOL



WILMINGTON, March 4.—Pictured above are shots from the events sponsored by the Home Economics department of Williston. The eight shots tell in pictures the close association this department has with the home.

(1) A group of the many participants who took part in the Fashion Show sponsored by the Home Economics department recently. (2) Adult participants in the Fashion Show recently staged by this department graced the rostrum that

night in smart evening attire as well as the latest coiffures. (3) Scene in the cooking laboratory of the high school where the delicious banquet food was prepared by the girls of this department under the supervision of their respective instructors. (4) A scene of a recent event sponsored as a bazaar under the H. E. department supervision. Many beautiful pieces of handwork from the community were on display. (5) The guest table at the Mother-Daughter Banquet showing Mrs. Lucy

Fuller James (4th from right), the department's work for the year, (8) A student at work on a home project while his under H. E. department. The scene is a flower corner for the home. Mrs. Brenda Yancey Jervay who heads the department of Home Economics at Williston is a graduate of Hamton Institute and Columbia graduate of Hampton Institute and Columbia University receiving a master's degree at the latter institution.

## Modernette Club Meets

The Modernette Club entertained at a large "Kids Ball" the following invitation was sent out by the Modernette Club last week.

Feeling blue, don't feel that way. Let the Modernettes teach you to be gay. Come join them in their frolic and fun. Think of the prize to be won. Come dressed as kids especially with Mrs. Ollie Simms, 1213 Daykins Street Monday evening March 6 at 8 P. M. All lady members are urged to be present.

the girls. So get out your ribbon for your curls. In the Biltmore Lobby the party will be.

Come and all types of kids you'll see. We're sure by then you'll have had plenty of fun.

The Modernettes were delighted at such a large response from the invitations, "Kids" of all descriptions were present. Everyone was taken back to their childhood days and joined in kid's games prompted by the club members. Dancing was enjoyed by all. The following girls were chosen by the Modernettes as the best dressed kids, Misses Louise Nicholas, Ella Britton, Dora Haskins, "Sunny" Bishop, Mesdames Elizabeth McDougald and Burnette Howard. From this group, Misses Sunny Bishop and Dora Haskins tied for the prize bottle of Evening in Paris perfume. A duplicate prize was given. The two charming young ladies represented the old fashioned and the modern kid. Miss Haskin made an attractive picture of the old fashioned kid her costume consisted of a knee length print dress, long pants,

the Social Coherence Club members entertained with its anniversary dance Tuesday evening, February 21 at the Algonquin Clubhouse. It was one of the gayest dances of the season. The members were wearing their club flower, while dancing under red, white and blue lights. After intermission refreshments were passed. Everyone attending highly enjoyed the affair.

### VON-DORA CLUB

The Von-Dora Club gave its annual mid winter dance Friday, February 24, at the Algonquin Club House. A large number of members and guests were present to enjoy a pleasant evening.

## SOCIAL COHERENCE CLUB FIRST ANNIVERSARY DANCE A GALA AFFAIR

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## Notes From DURHAM'S BLUE BOOK

BY MORINE DIXON

### MISS MARIE LANN IN RECITAL

The Senior Choir of the White-Rock Baptist Church presented Miss Marie Lann in a vocal recital on Sunday evening, February 26.

The program opened by introductory remarks by Mrs. S. V. Norfleet, directress of the Choir, after which the Choir rendered the first musical number, "O Praise the Lord."

Miss Lann's program divided into three groups, three numbers in each group. The first group consisted of: "O, Divine Redeemer," "The Blind Ploughman" and "Will O' the Wisp." Attractively gowned in a formal dress of fuchsia velvet, Miss Lann appeared in that composed and stately manner which so describes her personality and sang with the skill that could compare favorably with many artists.

Miss Virginia McDougald assisted Miss Lann in her program with the rendition of a piano solo, "At the Dawn of Day" by Coleridge Taylor. Miss McDougald wore a street dress of black crepe.

Miss Lann's second group included the well known spirituals "Go Down, Moses," "Sinner, Please don't Let this Harvest Pass" and "Were You There."

Following this group came a reading by Miss Morine Dixon in which she dramatized James Weldon Johnson's "The Judgment Day" in the rhythmic chant of the old-time Negro preacher. Miss Dixon also wore black.

A group of lighter songs was next offered by Miss Lann. They were "Oh, Promise Me," "I Love Life" and "A Spirit Flower." The program closed with an anthem by the Choir, "Lift Up Your Heads O, Ye Gates" with Miss Lann in the obligato.

Mrs. Otelia Spaulding Stewart very efficiently presided at the piano as accompanist to Miss Lann. Mrs. Stewart was charmingly attired in black crepe with white figured neck line and was quite able to give the service executed.

Rev. Miles Mark Fisher, pastor, and W. J. Kennedy, business manager of the church offered congratulations to the participants and sponsors of the program. In commenting Mr. Kennedy stated that the recital by Miss Lann compared favorably and in a great many instances surpassed programs heard on the stage and radio and said the choir and all those taking part in the recital should be commended for such an excellent program.

## Doings of the 'Y'

The Girl Reserves are still stressing personality, through various lines of its Code. The life of Robert Louis Stevenson was taken for the last meeting. The discussion was centered around his life on the Samoan Island, with the natives who built a road as a tribute to him for his loyalty and service to them.

The Pollyanna Club discuss current events at every meeting just before the program.

The Industrial Girls Club closed its series of discussions House hold Employment and opened a series on Marriage and Family Relationships. This first (PLEASE TURN TO PAGE 8)

... Marie Downing BEAUTY AND ROMANCE ... SPONSORED BY LARIEUSE BEAUTY FOUNDATION

With the worst part of the winter behind us, we are all thinking about spring clothes. But before we get around to the actual purchase of our spring wardrobe, it is well to take a good long look at ourselves in the mirror.

The chances are that during the winter we have let up on our regular exercise. The weather was not conducive to outdoor activity and most of us, I am afraid, have failed to keep up our daily dozen indoors. Then, too, we seem to have bigger appetites in winter, due to the cold weather, and we eat an abundance of heavy foods. Many of us added a good five pounds during the holidays from the rich holiday fare and have neglected to do anything about it. And now is the time that we must pay for our laziness and neglect if we hope to wear our spring clothes with an air.

**Improve Your Posture**  
The feminine figure shows the first signs of neglect in one (or all) of three places: the hips, the abdomen and the waist. The day of the wasp-like waist is gone, but a slim, trim midriff is still in demand if you want to wear your clothes to advantage. And, of course, nothing detracts more from the line of a dress or suit than a bulging tummy. And this common feminine failing is more the result of poor posture and weak stomach muscles than of surplus poundage. Slumping actually adds several inches to the waist, hips and abdomen. Try holding yourself erect and notice the difference. Holding your stomach in strengthens the stomach muscles and, if you keep it up long enough, you will be rid of at least that particular defect.

**Exercise Must Be Done Regularly**  
The hips, however, are the biggest problem. Nothing will trim them down but regular exercise and diet. I suggest diet only if you are all-around overweight and then it must be accompanied by exercise. But many of us have unnecessarily well-padded hips without being generally heavy. This condition is brought about by a lazy life and is remedied only by a well-established routine of exercise. I am going to give you a couple of simple exercises to reduce the hips and, fortunately, these same exercises, if done regularly, will slim your waist too.

(1) Lie on back and roll hips from side to side, keeping the shoulders flat on the floor. Start with ten rolls a day and work gradually up to fifty.

(2) Standing erect, bend forward, trying to touch the toes. Then bend backward, then from side to side.

I have selected these two exercises because they are simple and do the same work as the more complicated, and oftentimes confusing, ones. Nor will they leave you so worn out that you will neglect the proper care of your hair, your skin and your general good grooming. Remember that a few days, or even a few weeks of exercise is not enough. You must keep it up regularly over a period of time if you hope to slip into spring with a slim silhouette.

What are your beauty problems? Write Marie Downing, Larieuse Beauty Foundation, Room 521 - 319 North Fourth St., St. Louis, Mo., and she will be glad to answer them. Be sure to enclose a self-addressed stamped envelope.

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