

# OCCO-NEE-CHEE

## Self-Rising Flour

Takes the Guess out of Baking and Saves you Money

### CAVALCADE OF AMERICA

#### First Lady of the South



By Dr. Frank Monaghan  
Historical Consultant for  
Cavalcade of America

HOW many Americans know about the Berry School and its magnificent achievements in bringing new life and new hope to the people of the South? It now has more than a thousand students and its waiting list is larger than that of any other American school; it has a campus of twenty-five thousand acres, larger than that of any other school in the world. Located at Mount Berry, Georgia, the Berry School stands as a monument to vision, courage and faith—the vision, courage and faith of one woman, Martha Berry, "First Lady of the South".

Martha Berry, daughter of the post-war South, was deeply moved by the tragedy of southern youth sinking into the abyssal depths of ignorance and brutality for lack of the chance to learn; to these youths she dedicated her entire fortune, and thirty-eight years of her life—giving to the children of the South a chance, in order to give them back to America strong of heart, of mind, of soul.

Against almost insurmountable odds—despair, heartache, mockery—Miss Berry struggled unceasingly. Her school has burned to the ground, has been threatened with extinction by the forward march of a railroad which threatened to de-

stroy her school for its right of way; bankruptcy has more than once seemed imminent, but through all this she has carried on, never faltering in her determination that the youth of her beloved Southland shall have its chance.

Paying students to Berry School have been consistently refused admission. Even though the need for this source of revenue be great, Martha Berry has feared that her school might some day be closed to those for whom it was conceived in other than those who are willing to pay for their education by their own physical labors on the grounds of the school, be admitted.

### Household Hint

When cooking anything that has a strong odor, put a small pan of vinegar on the stove and there will be no scent of cooking in the air.

### Household Hint

If your gas bill is overlarge it may be that you use your large stove burner often when a smaller one would do the work as well.

QUESTION:—Can I use peanut meal in the laying mash for my hens?

ANSWER:—Yes. Recent research by the North Carolina Experiment Station shows that high grade peanut meal may be used in replacing 50 percent of the expensive animal protein concentrates now in general use in laying mash. Roy S. Dearstyne, head poultryman at State College,

replaced from 62 to 94 percent of the animal proteins with peanut meal in two series of experiments where he used the North Carolina laying mash as recommended by the poultry department. There was no reduction in eggs production, in the hatchability of the eggs nor in the livability of the chicks so hatched.

QUESTION:—I plan to set out a small home orchard. Will you please give suggested varieties of fruits and how to set the trees?

ANSWER:—Conditions vary with the different sections of the State and rather than give a general recommendation, it will be better to write to M. E. Gardner, head of the department of Horticulture, State College, Raleigh, and get his suggestions for trees or varieties adapted to any section. Prof. Gardner will be glad to give your question prompt attention.

QUESTION:—I recently visited a neighbor who grew hybrid corn this season and got a few ears of his corn. Is this seed suitable to plant next spring?

ANSWER:—Absolutely not. Such seed will likely produce almost anything but will certainly not produce corn as you saw it this year. Nor will the acre yield

be as good. It is better to get hybrid seed from a breeder but few hybrids have as yet been found adapted to this State. So far, the named varieties have given better acre yields. The North Carolina Experiment Station is at work on this problem, however, and hybrids are being developed which show considerable promise.

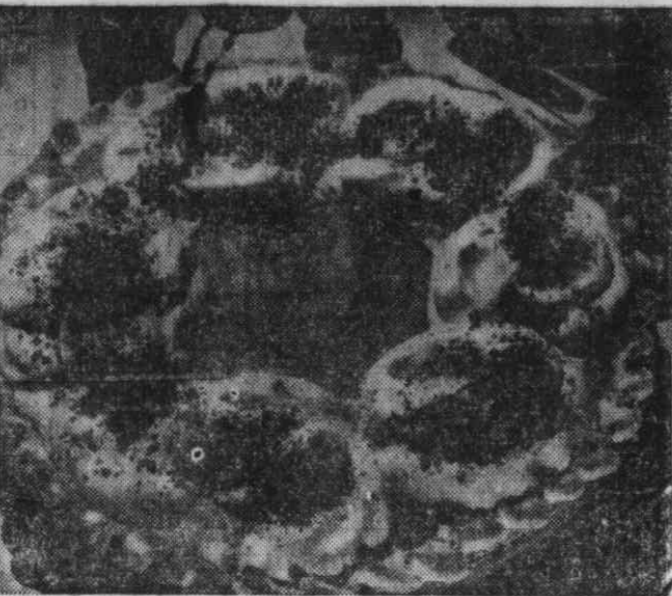
THE GOVERNMENT may be "too much with us," and it can bore the people to distraction. Government, government, government!

ONLY SUBURBAN dwellers are aware how much 60 feet of lawn between them and their neighbors improve their sociability.



Try a light suds rinse following the usual washing, if your clothes do not seem as white as you think they should. Then rinse the clothes in at least two clear waters, and they will reward your trouble with their whiteness.

What's New in Cooking  
Gertrude Dent



### To Make Them Thankful!

FOR ANY other dinner of the year, strange foods, fancy foods, and foods that are different may intrigue us—but on Thanksgiving Day most folks demand the good old menu that's traditional in their family. They want turkey, and the sweet potatoes, and cranberry sauce, and pumpkin pie! To be sure, they welcome the little changes here and there that prevent monotony—and they're really enthusiastic about the things that are different enough to provide a pleasant surprise.

This Pumpkin Chiffon Pie will satisfy the most tradition-minded family, yet there's enough in it that's new to make it a surprise almost to a meal.

**PUMPKIN CHIFFON PIE**  
(Makes 2 pies)

3 tablespoons gelatin  
1/2 cup cold water  
6 eggs (separated)  
2 cups sugar  
2 1/2 cups strained pumpkin pulp  
1 cup milk  
1 teaspoon salt  
1 teaspoon ginger  
1 teaspoon cinnamon

1/2 teaspoon nutmeg  
1/2 teaspoon cloves  
1 cup whipping cream

Soak gelatin in cold water for 3 minutes. Separate the eggs and beat yolks until very light. Combine with 1 cup of the sugar, the strained pumpkin, milk, salt and spices. Cook slowly, stirring constantly, on the surface unit of electric range, with switch turned to third position. Five controlled cooking speeds on the surface units of the new electric ranges, eliminate the need for using a double boiler when you're cooking mixtures of this kind. Turn the switch to the position specified for just the right amount of heat for every cooking operation. When the pumpkin mixture thickens, remove from heat, add softened gelatin, and stir until dissolved. Cool. Beat egg whites until stiff, and gradually beat in the remaining sugar. Fold into cooled pumpkin mixture. Pour filling into baked pie shell and chill in electric refrigerator until set. Before serving arrange a border of whipped cream around the edge of the pie and sprinkle the cream generously with gingersnap crumbs.

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## Labor Standards Act Facts About Fair

In order to acquaint the general public employers and workers with the purposes and provisions of the Fair Labor Standard Act, the Alamance County News and Burlington Journal is presenting a series of short articles in cooperation with the Wage and Hour Division, U. S. Department of Labor. These timely items will appear weekly.

**NUMBER 3, RECORDS**  
Employers covered by any provisions of the Act must keep records for each employee, except those exempt from both the wage and hour provisions, giving the following information:

- 1 Name in full, home address, and date of birth if under 19.
  - 2 Hours worked each day and each workweek.
  - 3 Total wages paid each work week and date of payment.
- When the employee works more than 40 hours per week the records must set forth:
- a) Regular hourly rate of pay and the basis upon which the wages are paid, i. e., piecework, hourly, weekly, etc.
  - b) Earnings at regular hourly rate for each workweek.
  - c) Extra earnings for overtime.

Where any employee is exempt from the Hour provisions of the Act, it is not necessary to keep a record of items b and c.

Records must be kept for at least four years and be open for inspection and transcription by representatives of the Wage and Hour Division.

Persons seeking further information may obtain it by writing to A. L. Fletcher, Regional Director,

Wage and Hour Division, Raleigh, North Carolina. Literature will be furnished upon request.

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P. S.—  
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