FALL VEGETABLES ARE NEEDED FOR COMPLETE VICTORY GARDEN

A war-time Victory Garden is only half complete when it contains only Spring-planted vegetables, says H. R. Niswonger, extension horticulturist of N. C. State College. Fall vegetables are just as important, if not more so, he declared.

"Now is the time to begin preparing the soil for the Fall garden," said Mr. Niswonger. "Broadcast a liberal application of well rotted stable manure of poultry manure. Ten pounds of stable manure or three to five pounds of poultry manure is equal in value to about one pound of a 5-7-5 grade of commercial fertilizer, or from one to two pounds of a 4-8-4 or 3-8-6 mixture. If manure is not available brdadcast one poud of either of the three aforementioned grades of commercial fertilizer per 50 square feet of garden area."

The horticulturist also recommends strongly that the Fall garden space be plowed or spaded thoroughl, and worked until the soil is in a pulverized condition as deep as it was plowed or spaded.

Some suggested vegetable crops for the Fall garden, and the best time to plant them, as as follows Beets for roots and greens, plant about Aug 1 in the Pieldmont and mountains, and about Aug 20 in Eastern Carolina; carrots, July 20 to Aug. 1 in the Piedmont and mountains, and Aug. 1 to 15 in the eastern section; mustard or tendergreen, plant in September and October over the entire State.

Leaf lettuce, plant in August in the mountains and east, and in September in the Piedmont; kale, September and October over the entire State; snap beans plant only in the east and Piedmont about Aug. 1; Winter Spinach, plant from August to November in Eastern Carolina, and ffrom August through September in the Piedmont and mountains; radishes, August and September in the eastern Piedmont and August in the mountains; onion sets, plant in October in the east and Piedmont for ahrvesting green onions in the Spring of 1943; collards, set out plants over the entire State in September.

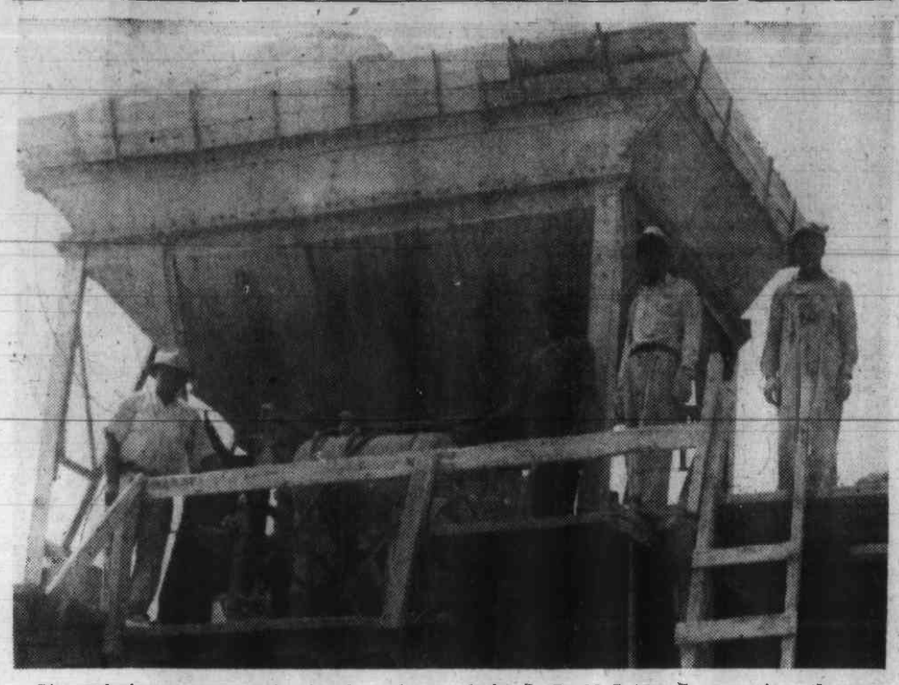
Niswonger listed the following amounts of seed needed to plant 100 feet of row: Beets, one-half ounce; carrots, one ounce; mustard or tendergreen, one ounce; leaf lettuce, one half kale, one half ounce snap beans, one pint; Winter spinach, one ounce; radishes, one ounce; and onion sets, one quarter.

The time required for maturity of the various Fall vegetabes is: Beets, 60 to 75 days; carrots, 70 to 80 days; mustard and tendergreen, 30 to 40 days; kale, 55 to 75 days; snap beans, 45 to 75 days; Winter spinach 40 to 50 days; leaf lettuce 50 to 60 days; onion sets, six to seven months; and collards, 70 to 90 days from the time the plants are set in the field.

"The seed from which the collard plants will grow may be planted this month in hills 15 inches apart, five to six seeds to the hill, or the seed may be sown thinkly in the row," the extension specialist advised. Thin the collard plants when they are large enough to use for greens, an leave single plants 15 inches apart in the row."

Best results with carrots are obtained in a fertile, sandy loan type of soil. Radish seed may be sown with the carrots. Placing the seeds between strips of damp cloth for a short time before planting will hasten germination. Mr. Niswonger recommends that that the crust of soil over the seed be kept broken up with a rake. "Both carrots and beets need plenty of moisture," he stated.

J. P. McGuire Construction Company An Exponent Of True Democracy



Pictured above are several colored employees of the J. P. McGuire Construction Company operating the concrete mixer of the firm located on the yard of the local office. These men are valuable in the operation of a construction company and must know their jobs. One of the men Nehenmiah Walston, has been with the McGuire family for more than 21 years.

NEGROES HOLD IMPORTANT JOBS IN LOCAL BUILDING FIRM IN DURHAM

One of the largest employers of Negro labor in Durham is the J. P. McGuire Construction Co., with offices located on Trinity Ave. The name of the firm is the same as that of its head and and owner, and is one, that signifies general constructors and builders.

Persons not acquainted with the building and construction profession have no idea of the large amount of equipment and manpower that it is necessary to maintain in order to be prepared at all times to tackle large, small and difficult construction jobs. A visitor to the headquarters of the J. P. McGuire Construction Company will find it a beehive of busy workers from the office to the smallest machine on the yard and with every member of the firm an expert in his line.

Outstanding among the colored employees of the company is Nehemiah Walston who has been in the service of the family of builders for 21 years. Mr. Walston operates and repairs any machine in the organization and that is saying a great deal when one considers the large number and the intracacy of machines necessary in a construction company the size of the J. P. McGuire organization. Walston spoke very highly of his boss and was plentious in his praise of the manner in which he treats his colored employees.

There are two other colored employees, Ernest Hyman and Johnson Milligan in the organization that are also considered important men. Hyman has been with the McGuire family for 16 years. His job consists of operating the concrete mixer on the yard while Milligan operates both the crane and mixer.

In addition to these three most important colored employees of the firm there are many others, who while not quite as valuable, play their part in making up the organization. The number, of course varies from time to time with the amount of construction work going on

People who worry about air raids might take time out to be careful when driving automobiles.

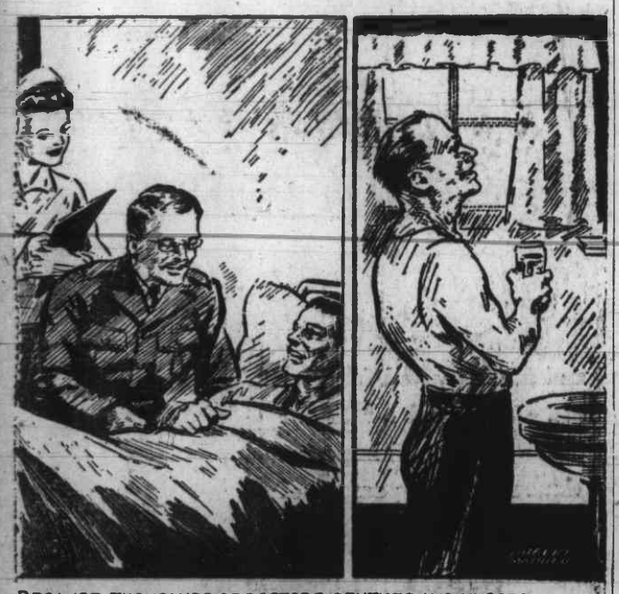
Parents who misunderstand their children usually have children who understand their parents.

OUR DEMOCRACY — by Mat

AN OUNCE OF PREVENTION.

"THE HEALTH OF THE PEOPLE IS REALLY THE FOUNDATION UPON WHICH ALL THEIR HAPPINESS AND ALL THEIR POWERS AS A STATE DEPEND."

— BENJAMIN DISRAELI.



BECAUSE THOUSANDS OF DOCTORS, DENTISTS AND NURSES ARE ANSWERING THE CALL OF OUR ARMED FORCES, KEEPING HEALTHY BECOMES THE PERSONAL DUTY AND RESPONSIBILITY OF EVERY AMERICAN... STUDIES BY LIFE INSURANCE EXPERTS, VITALLY INTERESTED IN PUBLIC HEALTH, SHOW THAT WE AS A NATION HAVE CONSISTENTLY IMPROVED OUR HEALTH....

NOW WE MUST NOT ONLY MAINTAIN THIS NATIONAL VIGOR BUT INCREASE IT — FOR

KEEPING FIT IS HALF THE FIGHT.

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Public Health Nurse

Miss Mary L. Mills, Negro Public Health Nurse - Midwife who is a graduate of the Lincoln Hospital School of Nursing, Durham, holding a certificate in Public Health Nursing from the Medical College of Virginia Nursing School, Richmond, Va, and certificate in Midwifery from the Lobenstine School of Midwifery under the direction of Maternity Center Association, New York N. Y and at present a member of the Northampton County Health Department Staff, Jackson, N. C is expected to arrive in Roxboro, on July 23 to assume her duties with the Person Unit of the tri-county health department. The district is made up of Orange, Person-Chatham counties.

June 4, Miss Mills was one of the three speakers appearing on a Public Health Symposium directed by Dr. Milton J. Rosneau, Director of The School of Public Health and Miss Ruth W. Hay Professor of Public Health Nursing University of North Carolina, Chapel Hill, which was a part of the program under the auspices of the Old North State Medical, Dental, Pharmaceutical Society, Inc. held at the North Carolina College for Negroes, Durham. Miss Mills discussed the Negro Public Health Nurse in North Carolna before and after 1935.

TEXT FOR TODAY

"And it came to pass that night, that the Angel of the Lord went out, and smote in the camp of the Assyrians an hundred four score and five thousand: and when they arose early in the morning, behold, were all dead corpses." — II. Kings, xix., 35.

Good Advice: Pay your debts; then you will be better prepared for the future, whatever it presents.

Railroad Greatly Aided Our War In Transportation

Class I railroads put 48,769 new frieght cars in service in the first six months of 1942, the Association of American Railroads announced recently.

Of the total number installed in the first six months this year, there were 31,887 box, 14,498 coal, 1370 flat, 265 refrigerator, and 829 miscellaenous fright cars.

New frieght cars on order on July 1, 1942, totaled ;9,530 compared with 92,966 on the same day last year. Class I railroads had on order on July 1 this year, 16,023 box, 18,388 coal, 2,426 flat 1,639 refrigerators, 280 stock, and 774 miscellaneous freight cars.

Railroads in the first six months of 1942 installed 365 locomotives of which 148 were steam and 217 were electric and Diesel. In the same period last year they put 261 new locomotives in service of which 62 were steam and 199 were electric and Diesel.

New locomotives on order on July 1, 1942, totaled 917 which included 350 steam and 567 electric and Diesel. On July 1, last year, they had 559 new locomotives on order including 265 steam and 294 new elertric and Diesel.

Are you entitled to wear a "target" lapel button? You are if you are investing at least ten percent of your income in War Bonds every pay day. It's your badge of patriotism.

REPORT OF CONDITION of

MECHANICS & FARMERS BANK

of Durham & Raleigh At The Close of Business on June 30, 1942.

ASSETS

Loans and Discounts		491,404.40
United States Government Obligations, Direct and Guaranteed		578,911.95
Obligations of States and Political Subdivisions		49,527.06
Other Bonds, Notes, and Debentures		27,559.37
Corporate Stocks		18,182.18
Cash, Balances with other Banks, Including Reserve Balances and Cash items in Process of Collection		423,650.71
Bank Premises Owned	$20,960.00	
Furniture and Fixtures	6,865.50	
		27,825.50
Real Estate Owned Other Than Bank Premises		3,745.96
Other Assets		2,295.90
TOTAL ASSETS		$1,623,103.03

LIABILITIES

Demand Deposits of Individuals, Partnerships, and Corporations		461,065.69
Time Deposits of Individuals, Partnerships, and Corporations		586,806.35
Deposits of United States Government (including postal savings)		54,420.21
Deposits of States and Political Subdivisions		226,555.41
Deposits of Banks		2,059.37
Other Deposits (certified and officers' checks, etc.)		14,912.32
TOTAL DEPOSITS	$1,345,819.35	
Other Liabilities		6,195.37
TOTAL LIABILITIES (not including subordinated obligations shown below)		$1,352,014.72

CAPITAL ACCOUNTS

Capital	206,000.00
Surplus	42,037.50
Undivided Profits	1,452.81
Reserves (and retirement account for preferred capital)	21,598.00
TOTAL CAPITAL ACCOUNTS	271,088.31
TOTAL LIABILITIES AND CAPITAL ACCOUNTS	$1,623,103.03

This Bank's Capital Consists of; First Preferred Stock With Total Par Value of $92,000.—, Total Retirable Value $92,000.—; and Common Stock With Par Value of $114,000.00

MEMORANDA

Pledged Assets (and securities loaned) (book value):	
(a) U. S. Government obligations, direct and guaranteed, pledged to secure deposits and other liabilities	266,146.01
(b) Other assests pledged to secure deposits and other liabilities (including notes and bills rediscounted and securities sold under repurchase agreement)	18,068.19
(c) TOTAL	$284,214.20
Secured and Preferred Liabilities:	
(a) Deposits Secured By Pledged Assets Pursuant to Requirements of Law	280,975.62
TOTAL	$ 280,975.62
(a) On Date of Report the Required Legal Reserve Against Deposits of this bank was	135,476.65
(b) Assets reported above which were eligible as legal reserve amounted to	423,650.71

I, J. H. Wheeler, Cashier, of the above-named bank, do solemnly swear that the above statement is true, and that it fully and correctly represents the true state of the several matters herein contained and set forth, to the best of my knowledge and belief.

DIRECTORS
R. L. McDougald
Clyde Donnell
C. C. Spaulding

State of North Carolina, County of Durham, ss

Sworn to and subscribed before me this 11th day of July 1942, and I hereby certify that I am not an officer or director of this bank.

ELNA B. PEMBERTON, Notary Public

My commission expires July 10, 1943.

BUY WAR BONDS AND STAMPS