

700 People are Imprisoned in Jackson State Fair Grounds



VISITS ALMA MATER—Capt. Frank E. Blasingame of the U. S. Air Force, a 1960 graduate of A. and T. College, and Mrs. Blasingame, made a visit to A. and T. College recently. The Captain was on his way to a new assignment at Goose Bay, Labrador. Mrs. Blasingame is the former Miss Rosemary Barker of Dayton, Ohio.

N. C. HEART AGENCY GIVES TIP ON RIGHT WAY TO LIVE IT UP

CHAPEL HILL—Live it up the wrong way, and your heart may not be able to live it down, says Dr. Daniel T. Young, UNC heart specialist and president of the North Carolina Heart Association. Middle-aged Timothy Tarheel has two weeks with pay coming to him and he has big plans to live it up. Cram a year's play into a fortnight, before settling back into the old leather-upholstered rut. You know the type: he's going to get his money's worth—on the tennis courts, skin-diving, mountain climbing—even if it kills him. Vacations are for fun and games, the N. C. Heart Association agrees, but reckless driving, can have tragic consequences. A few simple summer safety precautions can give middle-aged Timothy his money's worth of enjoyment with a bonus—better health. Rule Number One: You are not as young as when you were

setting track or swimming records in varsity competition. (All right, you didn't set any records, but you gave them a good run for their money.) And if you're not in condition, you have even a bigger handicap.

No one suggests that you're ready for the rocking-chair routine. Physical activity is good for you—in gradually increasing doses. If you use your activity, you will have a pre-vacation weekends for warm good head start. And you will find that each day's round of activity gives you an extra reserve for a longer next session. This brings us to . . . Rule Number Two: Know when you've had enough—and quit. "Just one more" set of singles or race to the float can push you to the edge of collapse, especially if one of your youngsters is setting the pace. On a very hot day, with high humidity, there is danger of heat exhaustion or heat stroke, even for young athletes who overexert. Rule Number Three: Overeating adds to the heart's work. Overeating followed by exertion is asking for trouble. Rule Number Four: If you have or suspect you have any degree of cardiovascular disability, see your doctor before you go on vacation. He will set limits and prescribe medication where indicated.

--Aid

Continued from page 3—B cutive level in business and industry. "In view of this," he said, "it is of paramount importance that every effort be made to enhance the education and training Negro youth are receiving in order that they may insure their own futures by helping to meet the growing needs of the business and financial world." To accomplish the objectives of the Institute, the six-week schedule has been divided into two basic parts. The first will deal with an examination of the key concepts of newly developed techniques in the fields of corporation finance, accounting, business statistics, and applied economics. Following this, the program will be devoted to applying these ideas and knowledge to the design of business studies curricula. In addition, a series of lectures will be given in the behavioral sciences and management. The emphasis of these will be two-fold. First, concentration will be on the applications of the behavioral sciences to management and industrial processes, and second, attention will be given to the implications that the civil rights movement has for business enterprise.

JACKSON—Over 200 people were arrested here last week. There're approximately 700 persons locked up within the confines of the Jackson State Fair Grounds. They are being housed in a large wooden building where Jackson usually holds its annual fairs. The bail is in the amount of \$50,000 but most people plan to stay in jail rather than bring that much money into the state of Mississippi. The MFDP office has requested money for food and housing for people coming in from other states with the intention of keeping the protests in full swing. They also need money for the people when they decide to leave jail.

Today's demonstrators were led by John Lewis, Chairman of the Student Nonviolent Coordinating Committee and Charles Evers, District Director for the National Association for the Advancement of Colored People. They were both arrested in today's demonstration.

Lewis arrived in Jackson last night after he received word of the 472 people being arrested and charged with 'demonstrating without a permit' and for those who went limp the charge

was 'resisting arrest'. The demonstrators are protesting the convening of the special session of the Legislature which began June 14th. They are making known their objections to the fact that the State Legislators like the five Congressmen, were not elected by all the people and, therefore, cannot legally represent them. At a mass meeting held at the Morning Star Church in Jackson, Lewis stated "The Movement in Mississippi is a movement not of the leaders, but of the people. There will be no peace in Jackson and in Washington until the black people of Mississippi can have a voice in determining their economic and political destinies."

It was from this church earlier in the day that the second wave of demonstrators marched to the Mississippi state capitol.

After having received many reports of police brutality when the first 472 people were arrested, Lewis forwarded a telegram to 19 Congressmen and Senators stating, "Yesterday, June 14 in Jackson, Mississippi, 472 members and supporters of the Mississippi Freedom Democratic

Births

The following births were reported to the Durham County Health Department during the week of June 14 through 19, 1965:

Arnold and Rosa Smalls, boy; Charles and Carolyn Young, boy; Harrison and Louise McClain, girl; Orandee and Aida

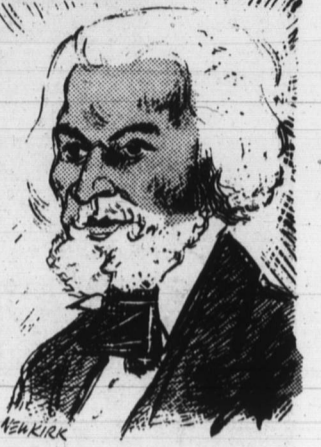
Party, attempting to peacefully protest convening of undemocratically elected State Legislature, were arrested, and taken to the Jackson State Fair grounds. There men and children were made to run the gauntlet. They were beaten by City policemen and State Highway Patrolmen with badge numbers covered with tape. At least 5 were hospitalized as a result of police brutality. Request your express indignation at this violation of Constitutional Rights and urge action be taken to prevent recurrence."

As a result of the beatings at the hands of the police, three demonstrators were treated for head lacerations at the Jackson University Medical Center earlier today and two more were hospitalized after incident at the fairgrounds.

Lawson, girl; Charles and Mary Shirley Umstead, girl; Nathan Monzell and Mildred Jorss, McCullers, girl; Charles and Dora Toler, girl; Columbia and Helen Pressley, boy; Lola Walker, boy; Norman and

Things You Should Know

Frederick DOUGLASS...



BORN IN SLAVERY IN FEB., 1817, IN TALBOT COUNTY, EASTERN SHORE, MARYLAND. IN AN EARLY ATTEMPT TO ESCAPE, IN 1836, HE WAS BETRAYED BY FELLOW SLAVES, — ON SEPT. 3, 1838, AT AGE 21, HE ESCAPED TO N. Y. DISGUISED AS A SAILOR, & SETTLED IN NEW BEDFORD. HE BECAME THE FOREMOST NEGRO ABOLITIONIST, HISTORIAN & JOURNALIST. HE LATER SERVED AS THE U. S. MARSHAL OF WASHINGTON, D. C. /

CONTINENTAL FEATURES—40

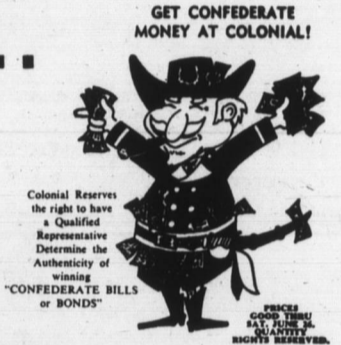


MORE WINNERS EVERYDAY... IN COLONIAL'S CONFEDERATE MONEY GAME!



\$120100 WINNER W. A. Watkins Raleigh, N. C.

- \$307.00 WINNER GEORGE CARTER—Greenville, N. C. \$36.00 WINNER HOWARD HARRIS—Wilmington, N. C. \$12.00 WINNERS BETTY McDONALD—Greensboro, N. C. MARTHA CATES—Winston-Salem, N. C. MRS. RICHARD TREXLER—Greensboro, N. C.



FRESH, LEAN GROUND BEEF lb. 39c

NATUR-TENDER CHUCK ROASTS lb. 39c

NATUR-TENDER CHUCK STEAKS lb. 53c CURTIS BLUE RIBBON PORK SAUSAGE . . . lb. 49c OSCAR MAYER ALL MEAT FRANKS lb. 59c

FRESH FROZEN FRYER PIECES DRUM STICKS lb. 49c THIGHS lb. 49c GIZZARDS lb. 29c

COMPLETE SATISFACTION ON ALL COLONIAL MEAT PURCHASES OR DOUBLE YOUR MONEY BACK. "Fresh-Made" CS SALADS POTATO SALAD 39c CHICKEN SALAD 49c HAM SALAD 49c SEAFOODS SALMON STEAK COCKTAIL 3 for \$1.00 WHITING 1 lb. 15c FLOUNDER 57c

IMPORTED RARE SCOTCH



\$425 4 1/2 qt



SAVE 18c AT COLONIAL ON... KRAFT OIL QUART BOTTLE 39c

SAVE 6c ON NEW C.S. OUR PRIDE SANDWICH... BREAD LARGE 24-OZ. LOAF 19c

SAVE 5c on CS OUR PRIDE RYE BREAD 16-OZ. LOAF 18c

JUNE IS DAIRY MONTH EGGS DOZ. 33c SHERBERT PLASTIC QUART 39c AMERICAN CHEESE 12-OZ. PKG. 49c BISCUITS . . 4 4-OZ. CANS 25c

SAVE 20c ON INSTANT COFFEE CS BRAND CHASE & SANBORN 6-OZ. JAR 69c 7-OZ. JAR 79c REDGATE—SAVE 11c PEARS 3 No. 2 1/2 CANS 89c C.S. FROZEN—SAVE 16c ORANGE JUICE . . . 6 6-OZ. CANS 89c SUPER TWIN-PAK POTATO CHIPS . . . 10-OZ. PKG. 39c

FREE! 16-OZ. DANISH MODERN ICED TEA GLASS WITH YOUR PURCHASE OF 4-OZ. PKG. CS TEA 48-CNT. CS TEA BAGS 100-CNT. CS TEA BAGS "happiness is NEW! COFFEE" in an easy-open zip-strip can or new Pliofilm-lined bag" SOLD EXCLUSIVELY AT COLONIAL STORES

TISSUE WALDORF WHITE OR ASSORTED COLORS 4 ROLL PAK 29c

LARGE, SWEET, CALIFORNIA RED PLUMS lb. 25c N. C. GROWN—FRESH, CRISP, FIRM GREEN PEPPERS or CUCUMBERS EACH 5c FIRM FRESH, CRISP, CALIFORNIA, ICEBERG

LETTUCE LARGE HEAD 15c



Cor. University Dr. & C. Hill Rd. 908 East Main Street

Wellons Village Shopping Center

Northgate Shopping Center 426 West Main Street, 5 Points