

# Dr. M. L. King To Pen Column For Syndicate

NEW YORK—Dr. Martin Luther King, Jr., winner of the Nobel Prize for Peace and the outstanding leader in the quest for equality of Negro Americans, will write a weekly column syndicated by the Associated Negro Press International and beginning August 15.

Titled "My Dream," Rev. King's column will highlight a package to be offered to the world press, carrying the work of two other eminent Negro writers, poet Langston Hughes and baseball great Jackie Robinson. It will also contain "One World," a column from the United Nations on UN and world events by Sherwood Ross, veteran reporter and news director for the National Urban League.

According to Alfred Duckett, director of ANP, (Sheraton Atlantic Hotel, New York, N. Y.) "We have a powerhouse of literary talent. Our writers are all outspoken, no-holds-barred columnists. The subject matter will range widely over mankind's quest for equality and opportunity both in America and abroad. We feel privileged to offer it."

Dr. King, who heads the Southern Christian Leadership Conference, will not confine himself solely to the racial issue confronting Negro citizens and the general public. Says Duckett, "He will deal with the need for creative non-violence around the globe, for a spiritual renaissance, for peace and for freedom from totalitarianism in all its forms and dignity in Bogalusa and Harlem."

## CONSTRUCTION OF A&T WOMEN'S DORM BEGINS

GREENSBORO — Construction was begun last week at A. and T. College on a new \$600,000 dormitory for female students.

The L-shaped structure, the first of a proposed two-dormitory complex, will accommodate 200 students. The second building, proposes to follow the same format and contain about the same space, will complete the enclosure for a courtyard.

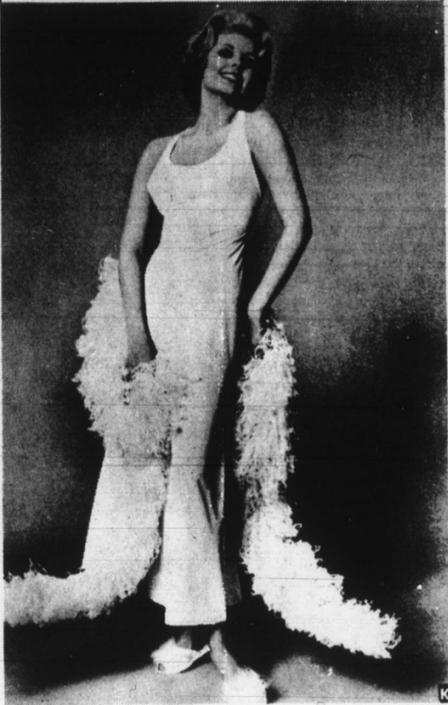
The building will occupy the site at the Dudley Street entrance to the campus on property purchased a year ago from the Greensboro Redevelopment Commission.

Biberstein, Bowles, Meacham and Reed, an architectural firm of Charlotte, designed the building and the C. J. Kern Contractor, Inc., of Greensboro has the construction contract.

College officials said the new facility will be ready for occupancy at the beginning of the fall semester in 1966.

Besides an even 100 rooms for the girls, the building will also contain reception rooms, suites for dormitory counselors and other facilities normally a part of modern dormitories for girls.

## The Harlow Look for Lounging



The Harlow look, that seductive look of the Thirties, is blossoming into clinging gowns for bedtime wear, racy, updated culottes and the sleek and dramatic slips the blonde movie queen made famous. For she has made a tremendous impact on 1965 fashion. The Platinum Blonde loved white and it is this dazzling no-color that Formfit/Rogers has used for a whole series of nostalgic interpretations of the Harlow look. White gown (above) is pure 1935 inspiration, 1965 in cut. This bedtime bombshell is nylon tunic cut with halter top. Inside secret of the bodice: it's lined with stretch fabric for caressing fit.

## 45 ALABAMA COUNTIES ARE NOT SHARING IN FED. FOOD PROGRAM

MONTGOMERY, Ala. (SRS)—The forty-two counties in Alabama which are poorest and which have the largest percentage of Negroes do not participate in the federal food distribution program. Under this program, food is distributed to families in participating areas who qualify by being poor.

Only 25 out of 67 counties in Alabama do participate in this program and another two counties participate in the Federal Food Stamp program.

None of the 25 counties in which Negroes are 35 percent or more of the population participate in either federal program. But 27 of 42 counties in which Negroes are less than 35 percent of the population do participate.

Only one county out of 18 in which median annual family income is less than \$2,500 participate in either federal program. This county has a population which is 22.3 percent Negro. The 17 counties which do not participate have populations which are at least 30 percent Negro.

However, 26 out of 49 counties with a median family income greater than \$2,500 participate in the food distribution or Food Stamp programs.

The percentage of counties who distribute surplus food or Food Stamps declines as the percentage of Negro population increases.

Eight out of nine counties, 88.8 percent, in which Negro

population is less than ten percent participate. Thirteen out of 17 counties, or 76.5 percent, in which Negro population is 10.1 to 20.0 percent participate. Three out of eight counties, or 37.5 percent, in which Negro population is 20.1 to 30.0 percent participate. Three out of 12 counties, or 25 percent, in which Negro population is 30.1 to 40.0 percent participate. None out of 21 counties in which Negro population is greater than 40 percent participate.

The food distribution program was set up by Congress after World War II and was expanded in the 1960s. Food is to be distributed according to a Department of Agriculture publication, to "members of a household or family whose income and resources are not sufficient to buy enough food."

### Food SECRETS

By BETSY PALMER  
Panelist on "I've Got A Secret"  
Monday Nights, CBS-TV

My secret this week: The barbecue season is my favorite time of year. Why? — the rest of the family does the cooking and the mess is outside, not in my kitchen! Sometimes "we" cook everything outside, but other times I make a casserole and a gelatin salad in the afternoon and we eat it outside — easy for the family, too. Here are some of my favorite barbecue recipes:

**KEBABS.** Place 1 pound beef cubes in shallow pan; top with 1 cup prepared garlic salad dressing. (Or use lamb cubes and prepared Parmesan salad dressing.) Marinate in refrigerator at least 6 hours or overnight. Arrange on skewers with green pepper slices, tomato wedges, and onion halves. Broil 3 inches from heat, turning frequently and basting with marinade — takes about 20 minutes. Makes about 4 kebabs.

**BARBECUED BEANS AND FRANKS.** In a 1½-quart casserole, combine 1 can (1 lb. 12 oz.) baked pea beans; ½ cup barbecue sauce with hickory smoke flavor; 4 strips bacon, cooked and crumbled; and 4 frankfurters, cut in slices. Bake at 400° for 30 minutes, or until bubbly. Makes 4 or 5 servings.

**WHAMBURGERS.** Stir 2 tablespoons all-purpose barbecue sauce and ¼ teaspoon salt into 1½ pounds ground beef. Shape into patties. Broil on one side; turn. Spoon additional barbecue sauce over patties and broil until browned. Makes 6 servings.

**FRUIT FLAVORED GELATIN** makes a refreshing salad. In a vegetable salad, try using a teaspoon or two of dry French salad dressing mix for flavor. Worcestershire, Tabasco, or soy sauce also help to accent vegetable and meat flavors. A tablespoon or two of vinegar and a dash of salt are important, too. A creamy soufflé salad is excellent for meat and vegetable combinations. When making gelatin reduce cold water to ½ cup. Add 2 tablespoons vinegar, ¼ cup mayonnaise, a dash of pepper, and a tablespoon of grated onion. Chill until very thick; then whip before folding in 2 cups meat and vegetables.

## Women's Health

By ELIZABETH STEWART  
Women's Medical News Service  
COSMETICS CAN CAUSE SKIN TROUBLE

NEW YORK, N. Y. — If the tender skin of your eyelid or upper neck becomes irritated suddenly, the culprit may be a cosmetic, and not necessarily one applied directly to the affected area. Two New York dermatologists warned recently that nail polish, hair coloring, eye shadow—any of the numerous powders and paints designed to bedazzle the beholder—can be the cause of skin allergies, irritation, and damage to hair and nails. They recommend that women have themselves patch tested by a physician to ferret out the cause of the irritation, and then switch to another beauty brand.

### ORAL CONTRACEPTIVE MAKES HAPPIER FAMILIES

CAMPTON, Ky.—One of the most potent weapons in the war on poverty is the oral contraceptive pill. This is the view of Dr. Paul F. Maddox of Campton, Kentucky, who for three and a half years has been conducting a birth-control clinic in one of the most poverty-stricken sections of Appalachia. His patients, mostly white farm women, keep coming back for "the pill," with the result that the birth rate in the county has dropped a whopping 21.5 percent since 1962. The mothers, says the doctor, "feel more hopeful now that they don't fear pregnancy; they feel they can do a better job of raising the children they already have."

The remarkable thing about this "preemie" is that she had also received a blood transfusion before birth, when she was a 32-1-2 week-old fetus inside her mother's uterus.

This infant is among the very few human beings ever treated in utero, an astonishing medical feat first accomplished in 1963 by the New Zealand physician, Dr. A. W. Liley. This breakthrough has already saved more than 100 babies.

### TOOTH NEGLECT IS HEALTH PROBLEM

WASHINGTON, D. C. — Almost 20 percent of all Americans between the ages of 18 and 79 have no permanent teeth, according to the Department of Health, Education and Welfare. And almost 10 percent have natural teeth in one jaw only!

## ELKS DEPT. OF EDUCATION TO HONOR 2 GRADS

MEMPHIS, Tenn.—George W. Lee, the Grand Commissioner of Education, said that one of the features of the Department's 40th Anniversary celebration will be the awarding of plaques to Dr. Leroy Weekes and Norman Carey Amaker, graduates on Elks scholarships many years ago. "I feel," he stated, "that Philadelphia, the birthplace of our democracy should give us the proper setting for parading two of our graduates who have become first-rate examples of the American business and professional career.

History, changing from day to day, is being made so swiftly



BOOKS, BOOKS AND MORE BOOKS—Shown above is Mrs. Ray N. Moore at the John Avery Boy's Club last Friday as she gave a lecture on the library and books. Mrs. Moore is a librarian at the Stanford L. Warren Public Library. The lecture was another in a series of clinics and lectures sponsored by the physical department of the Boy's Club. Some 75 boys attended the lecture with David Parker and Ben Ruffin serving as co-chairmen for the event.

## MRS. OLIVIA W. COLE TO DELIVER ADDRESS AT WHITE ROCK CHURCH

Mrs. Olivia W. Cole, Assistant Director, Advertising and Public Relations, North Carolina Mutual Life Insurance Company will deliver the main address at White Rock Baptist Church, Sunday, August 1, 1965 at 11 a. m.

The service will be held in observance of the C. C. Spaulding Scholarship Day which the church has sponsored each year since Mr. Spaulding's death in

1952. He was a staunch member of White Rock.

Mrs. Cole, a native Virginian has been a resident of Durham for nearly 25 years. She is a member of White Rock Baptist Church and of its Board of Christian Education. She was graduated from North Carolina College where she was the first president of Alpha Kappa Mu Honor Society. She is a charter member of Zeta Court, Daughter of Isis. Mrs. Cole served as president of the Durham Alumni chapter of Delta Sigma Theta Sorority, and past chairman of its state Jobs Opportunities Project for the State of North Carolina. She is a member of the Executive Board, Durham Continue on Page 2B

today that its stirring drama dims the whole story of the past, makes us almost forget great days and great men of our own American story. So, it is our plan in the Grand Lodge, convening in Philadelphia, Aug. 14, 1965, to remember these two heroes of the present American scene who are products of our Scholarship Program.

## WHEELS-WITHIN-WHEELS

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The secret's in the wheel—both for that decorative touch of the rural life, and for the most effective way to handle another of these miscellaneous outdoor painting jobs.

Years of exposure have roughened and weathered her gatepost wagon wheel, so this young suburban housewife tackles the problem with a long-fiber paint roller of Dynel modacrylic. Long-fiber roller covers, in contrast to short-fiber rollers commonly used for interior painting, are perfect for surfaces—of masonry or brick. The long fibers hold a lot of paint and put it out there where it belongs.

Her savvy marks her a wheeler-dealer in paint rollers, since she rolls the paint onto the old wheel with a minimum of time and elbow grease. Long fibers reach into and cover all cracks and breaks in the uneven surface. Long fiber rollers are also ideal for picket fence, chain-link fence, or anywhere porous, uneven, roughened surfaces confront the painter.

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