

## Personally Yours

Answers questions about Junior Miss etiquette, grooming and interests.

**Q. Why can't I save money? I get an allowance and make money babysitting, but I can't seem to bank towards the day when I'll go to college.**

A. First, find out what's biting into your dollar. For one month, write down all your expenses in a small notebook. Don't forget lipsticks, pizzas, and other little extras. After your diary of dollars is complete, start a monthly or weekly budget. First, itemize your total income. Then list your expenses, either fixed or flexible. Fixed expenses are necessities like school lunches. Flexible expenses, like movies and sodas, are the things that you have to cut down to save money. Set a limit on these luxuries, and you'll soon be totting a bundle to the bank!

**Q. My mother says that I can start wearing make-up on two conditions! Not too heavy and I have to wash every bit off at night. Can you give me some tips on removing make-up?**

A. Go to the head of the beauty class! At the end of the day remove your make-up with cleansing cream and Kleenex tissues. Wipe away extra traces of cream with tissues soaked in skin freshener. Then work up a rich lather of soap and water. Using a circular motion, rub the suds into your skin. Begin



at the collarbone and work your way up to your forehead. Take extra care on your chin and nose where pores produce more oil. Rinse several times with warm water, then splash with cool. Blot skin dry with a towel. Rubbing can stretch the skin. Another good washing when you get up in the morning, and you'll be set to powder your nose again.

**Q. Mom wants me to help give a birthday party for my 10-year-old brother. Handling all those little kids is bad enough without worrying about cleaning up afterwards. How can I make the job easier for myself?**

A. Paper throw-aways make a perfect party for the kids. Cut animal shapes in bright colors out of Marvalon adhesive covering, and paste them down onto the table as placemats. Similar shapes stuck on the wall become the party decorations. Marvalon can be easily removed afterwards, without hurting walls or furniture. Use Kleenex dinner napkins that match the placemats, and serve food on paper cups and plates. Keep a roll of Kleenex paper towels handy to wipe up spills quickly. Children enjoy plain food, so keep the menu simple. Try to corral kids in one area, preferably outdoors, to cut down on space that has to be cleaned up afterwards.

## N. Y. Education Board Names Non-Bias Officer

NEW YORK—The Board of Education has appointed a specialist to administer its program of non-discrimination by contractors doing business with the City school system.

Richard H. Smith, contract compliance officer for the City Housing Authority, will take over the organization of a Contract Compliance Office for the City schools, effective March 15. His salary will be \$20,000 a year.

Back in 1966 the Board of Education initiated a strengthened program of non-discrimination by contractors to insure employment opportunities for more Negroes and Puerto Ricans in various trades and other occupations represented by the private contractors who do business with the Board of Education. The Board's initial efforts resulted in Executive Order No. 71 Mayor by Lindsay to assure non-discrimination in all City contracts.

Smith, who is 35, lives with his wife at 990 Anderson Avenue, the Bronx. He has been the Housing Authority's contract compliance officer since December, 1963, charged with developing and administering an equal employment opportunity program through an affirmative continuing enforcement of contract provisions calling for non-discriminatory policies and practices in employment by contractors. He had previously served as Senior Inter-group Relations Officer on problems involving racial and intergroup relations.

Previously, Smith had experience since 1955 in various positions in private industry involving housing and tenant relocation. He served in the U. S. Army from 1956 to 1958.

A graduate of Ithaca HS in 1951, Smith studied at Cornell University, Howard University, New York University and the New School for Social Research. He holds the B. S. Degree in Industrial and Labor Relations from NYU.

### Meets Kosygin

MOSCOW — Polish Foreign Minister Stefan Jedy-chowski Thursday met Premier Alexei Kosygin at the Kremlin, Tass reported. It was his first official visit to Moscow in his new post.

### Working Mothers May Deduct Portion of Child Cost

Greensboro, N. C.—Working mothers may take a tax deduction for a portion of the expense of caring for their children, J. E. Wall, District Director of Internal Revenue for North Carolina, said today.

Child care costs may qualify for a deduction if they permit the taxpayer to be gainfully employed or to actively seek gainful employment. Children under thirteen years of age are covered by this provision as well as someone who is physically or mentally incapable of caring for himself regardless of age.

Fathers are also eligible to deduct child care costs, Wall said, if they are widowed, divorced, or legally separated. The deduction may also be taken by a man whose wife is incapacitated or institutionalized.

Wall said the child care deduction is limited to what is actually spent and may not exceed \$600 if there is just one dependent. Up to \$900 may be deducted if two or more dependents are involved. Requirements which must be met to claim this deduction are:

1. Married women must file a joint return with their husbands and reduce the deduction by the amount that their combined adjusted gross income exceeds \$6,000. (This rule does not apply, however, if the husband is incapable of self-support due to mental or physical cause.)
2. Deductions are not allowed for the care of anyone whom the taxpayer is not entitled to claim as a dependent.
3. If the person receiving the payments performs other duties, only the part paid for the child care may be deducted.

Publication 503, "Child Care and Disabled Dependent Care," which furnishes more detailed information on this subject may be obtained by dropping a post card to the District Director, Internal Revenue Service, 320 S. Ashe St., Greensboro, N. C. 27401.

## cooking hints

By Mary Blake CARNATION HOME SERVICE DIRECTOR

Treat your children to Chocolate Orange Drops in their lunch box. The rich, flavorful cookies stay moist and delicious. Evaporated milk keeps the frosting creamy and smooth. The recipe makes enough for the whole family so enjoy Chocolate Orange Drops soon.



### CHOCOLATE ORANGE DROPS

(Makes about 6 dozen 2-inch cookies)

- |                                  |   |
|----------------------------------|---|
| 1 cup shortening                 | 1 cup undiluted Carnation Evaporated Milk             |
| 2 cups firmly packed brown sugar | 4 squares (1 ounce each) melted unsweetened chocolate |
| 2 eggs                           | 2 teaspoons vanilla                                   |
| 2 1/2 cups sifted flour          | 4 teaspoons grated orange rind                        |
| 1/4 teaspoon salt                |   |
| 1 teaspoon soda                  |   |

Blend shortening, brown sugar and eggs together in large mixer bowl. Beat until fluffy. Sift flour, salt and soda together. Add dry ingredients alternately with Carnation Evaporated Milk to shortening mixture. Stir in melted chocolate, vanilla and orange rind until blended. Drop by teaspoonfuls on buttered cookie sheet 2 inches apart. Bake in moderate oven (350° F.) 12-15 minutes. Cool on wire racks. Frost with Orange Frosting.

**ORANGE FROSTING:** Combine 3 cups sifted confectioners' sugar, 3 tablespoons soft butter, 1/4 cup undiluted Carnation Evaporated Milk, 1/2 teaspoon orange or vanilla extract and a few drops orange food coloring in small mixer bowl. Blend until smooth. Frost cookies.



**A DEAF MUTE** who won a full-time job with the Woolco Department Store in Pleasantville, N. J. because he was an excellent worker is congratulated for the inspiration his success gives to other handicapped people. He is Kenneth Clendinen (left) with George A. Morgan, general manager of the store.

There's a buyer looking for just what you have to sell. Tell him about it today with a Want Ad. Dial

### Tar Heels Killed

WASHINGTON — The Defense Department said Monday four North Carolinians have been killed in action in Vietnam and another is missing in battle. The missing soldier was identified as Army Pvt. James L. White of Fayetteville. Killed were Sgt. Julia A. Sutton, Fayetteville; Pfc. Clarence Robinson Jr., Charlotte; Lance Cpl. Fred L. Roach Jr., Concord; and Pfc. Odell Dickens, Whitakers.

### BEHIND YOUR HEALTH

H. E. Kingman, Jr., D.V.M.

The first successful transplantation of human bone marrow performed recently may hold the key to life for countless victims of a whole group of diseases, including leukemia, called myeloproliferative disorders.

The diseases are characterized by an overwhelming number of white blood cells produced by the bone marrow. Extraction of the diseased marrow and replacement with that of a healthy donor can restore the proper balance of blood elements.

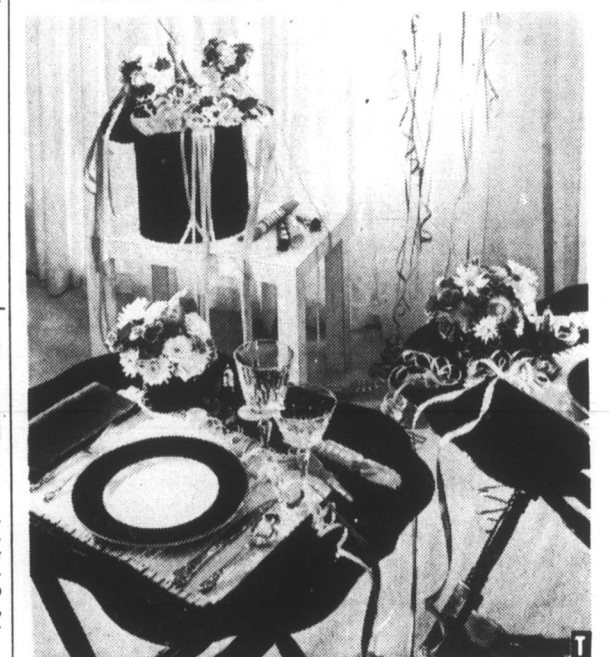
The laboratory mouse provided the first clues for matching transplanted marrow from donor to host. The same rejection problems encountered in other transplants apply to bone marrow grafts. Dr. Robert A. Good, head of the University of Minnesota transplant team, observed that it does take time to return the knowledge that animal experiments provide to the clinic.

Work with mice showed how to type tissue in somewhat the same way blood is typed. But learning the major tissue matching system was a much more difficult task and even now is not complete.

Investigation on the disorders themselves in the past has been hampered because naturally occurring myeloproliferative diseases in animal subjects are rare. On exposure to radiation, however, miniature swine, rats and dogs develop various types of abnormalities of the bone marrow.

The use of these animal models under carefully controlled experimental conditions gives researchers hope that many new concepts will be uncovered to fill the gaps in present knowledge.

## "MARDI GRAS FOR EVERYONE"



Many people think that those last golden moments of social conviviality and celebration before Lent starts belong to the New Orleans Mardi Gras. Yet millions of people in South America, the Caribbean and Europe have their own celebrations which precede this period of sober self denial.

No matter where you live, why not have a Mardi Gras celebration of your very own? It's a sparkling party idea and one which will lift everyone's spirits in the middle of this grey and bleak February.

Traditionally, Mardi Gras begins two weeks before Ash Wednesday—this year it falls on February 18th—but the real festivities run from the 14th through midnight on the 17th. This gives hostesses any number of dates around which to plan a new and exciting party.

Color and music are the watchwords. Masks, confetti and ticker tape can outlive even the gayest of New Year's Eves. Balloons and flowers are

the hallmarks of one of the brightest times of the year.

February is the month which offers the first bright spring blossoms, so the experienced party giver will visit her local FTD florist to work out the motif for her party. There is something about the lilt of the daffodil, jonquil, hyacinth and crocus with their true clear colors that can set the tone for a center piece. Regal tulips in all their long stemmed glory are magnificent in simple containers.

With the help of your Florists' Transworld Delivery designer, match the colors of balloons, flowers tablecloths and napkins plus colored tapes and other party favors. A little preplanning before the party date will make all of these details fall into line with a minimum of trouble.

Mardi Gras time can be celebrated by everyone, everywhere. And you'll find yourself the unique hostess who thought of a novel party idea to spark those February doldrums.

# Johnson's

## Forrester

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## Mideast Sees New Fighting

Israeli and Arab forces exchanged shots across Syrian and Suez Canal truce lines Thursday in what Jerusalem military sources described as a "reactivation" of two turbulent areas of the Middle East.

The Jerusalem sources said an Israeli army patrol shot and killed two "infiltrators" on the Syrian cease-fire line inside the southern Golan Heights area. Minutes later, according to the Israeli account, Jordanian artillery and mortar fire thundered into the area. Israeli sources said the covering fire permitted other "infiltrators" to escape.

An Israeli communique on the Suez Canal outbreak said one Israeli soldier was slightly wounded in two exchanges of gunfire across the waterway in the Port Tewfik area.

The Israelis said Egyptian forces shot first in the canal incidents. There have been almost 40 shooting incidents along the Suez Canal so far this month.

### Leader Mourned

The ruptures of the cease-fire were at least partially overshadowed by the outpouring of grief in Jerusalem over the death of Israeli Premier Levi Eshkol. His body lay in state outside the Israeli Parliament.

The 73-year-old Eshkol died of a heart attack Wednesday and will be buried Friday at Mount Herzl in the ancient Judean Hills.

In other developments, a bomb exploded in an Israeli bank in the town of Nabulus along the occupied west bank of the Jordan River Wednesday night, Israeli authorities said.

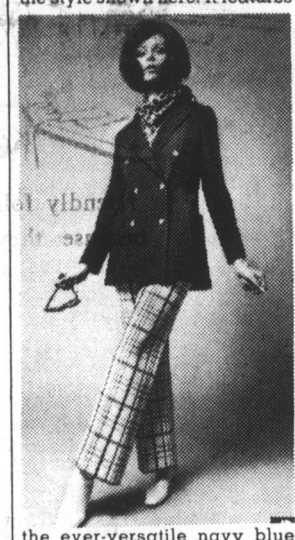
There were no casualties and only slight damage in the blast at Nabulus, a key west bank town and the scene of repeated anti-Israeli incidents since the war in June, 1967.

Elsewhere, Israeli officials said four abductors shot and killed a 45-year-old refugee camp headman in Israeli-occupied Gaza.

## inside Fashion

BY BOBBI

Remember the days when your handbag absolutely had to match your shoes, and a skirt and sweater set dyed to match was the last word? Well, fashion has come a long way since then. Now what goes in clothes is separates that go together without looking contrived. This really is a lot more fun since it leaves everything to a girl's imagination—and isn't that what fashion is all about anyway? A great way to start becoming a "mix master" yourself is with a pantsuit like the style shown here. It features



the ever-versatile navy blue blazer over plaid pants that boldly blaze red, white and blue. Elaine Brandt of Giori selected a COIN bonded fabric of wool gabardine to keep her design looking smart, wearing after wearing. This permanent joining of two fabrics reinforces the outer fabric in terms of both durability and shape-retention. Even dry cleaners give COIN bonded fabrics the nod. They've found, like the women who wear them, that these fabrics never pucker or pull apart—not even after repeated cleanings and pressings.

Your professional beautician knows the answer...

## Can your hair be damaged from brushing, alone?

All hair becomes damaged from exposure to sun and natural elements. Certain greasy compounds and many chemicals, improperly used, also take their toll...not to mention simple attempts at beautifying the hair with any brush not made of natural bristles. The results are brittleness, breakage, dry and dull looking hair.

Your professional beautician knows how artificial bristles actually brush away a great deal of the "lubricants" of the hair that give it body, lustre and protection. And trained beauticians claim that nothing beats Clairol® condition® Beauty Pack Treatment for overcoming brittleness, dryness and breakage...leaving hair lively and easy to manage. condition® is an easy-to-work-with creme which can even be applied during a chemical straightening retouch to prevent drying of hair that has been previously relaxed. condition® is the ultimate in repairing deep-down damage. And, when time is a factor for their customers, hairdressers turn to new Clairol® Hair Dew®—the lotion conditioner that penetrates so fast many think of it as an instant conditioner. When applied regularly by your beautician, Clairol Hair Dew adds body, softens and gives a glowing new look to your hair that many friends will notice and admire.

Damage can come from using brushes with artificial bristles. But damage to every woman's hair comes from so many other causes that all human hair (including wigs) needs to be revitalized periodically. Visit your professional beautician and ask this expert to check the condition of your hair.

Only your professional beautician knows the answer for sure.

## TITLE TOPICS

**AFTER 17 YEARS, A CHICAGO MAN RETURNED FROM THE DEAD AND TRIED TO RECLAIM HIS HOME FROM THE FAMILY THAT PURCHASED IT IN A COURT-ORDERED SALE. THE MAN PREVIOUSLY HAD BEEN DECLARED LEGALLY DEAD BY THE COURTS. FORTUNATELY, THE FAMILY'S REAL ESTATE INVESTMENT WAS PROTECTED BY OWNERS' TITLE INSURANCE.**

**HOW MUCH CAN YOU AFFORD TO PAY FOR YOUR HOME... 2 1/2 TIMES YOUR INCOME OR MORE? THE ANSWER DEPENDS ON HOW LARGE A DOWN PAYMENT YOU CAN MAKE—AND HOW MUCH MONEY YOU NEED FOR OTHER PURPOSES. FIGURE THE DOWN PAYMENT AND SUBTRACT AMOUNTS FOR MONTHLY EXPENSES AND SAVINGS. YOU'LL ARRIVE AT A FAIRLY CLOSE ESTIMATE.**

**YOU SHOULD BE A WELL-INFORMED PURCHASER TO GET THE MOST FOR YOUR MONEY WHEN YOU BUY A HOME. FOR A FREE BOOKLET ON THE SUBJECT, WRITE AMERICAN LAND TITLE ASSOCIATION, 1725 EYE ST., N.W., WASHINGTON, D.C. 20006.**

**ROMANIA COUNTRY OF CONTRASTS**

ROMANIA, A LATIN COUNTRY IN SOUTHEAST EUROPE, WHICH HAS GREATLY EXPANDED ITS TOURIST FACILITIES, COMBINES MEDIEVAL VILLAGES WITH ULTRA-MODERN CITIES, NATURAL BEAUTY WITH RICH CULTURAL HERITAGE.

1. BRASOV, HISTORIC TOWN IN TRANSYLVANIA, CONTAINS BRAN CASTLE BUILT IN 1377. THE CUSTOMS AND TRADITIONS OF MANY NATIVE VILLAGES HAVE SCARCELY CHANGED SINCE FEUDAL TIMES.
2. BUCHAREST, "CITY OF GARDENS" AND COUNTRY'S CAPITOL, IS NOTED FOR MIXTURE OF HISTORIC AND MODERN ARCHITECTURE. ROMANIAN ATHENIUM, CITY'S CULTURAL CENTER, HOUSES NATIONAL SYMPHONY ORCHESTRA NAMED FOR COMPOSER GEORGE ENESCU.
3. WORLD-FAMOUS FRESCOES PAINTED ON EXTERIORS OF MOLDAVIAN MONASTERIES IN 15th AND 16th CENTURIES HAVE PRESERVED ORIGINAL COLORS AND ARE CONSIDERED ART MASTERPIECES BY EXPERTS.
4. MAMAIA, PLUSH RESORT ON BLACK SEA, OFFERS MANY MODERN HOTELS AND GAMBLING CASINO. CALLED ROMANIA'S "RIVIERA," ITS WIDE, SANDY BEACH AND CALM WATERS MAKE IT IDEAL FOR VACATIONERS.
5. POIANA BRASOV, 3000 FEET HIGH IN CARPATHIAN MOUNTAINS IS LEADING WINTER SPORTS CENTER AND HAS FAMOUS HEALTH SPA. ONE OF MORE THAN 100 IN THE COUNTRY WHICH DRAW PATIENTS FROM ALL PARTS OF THE WORLD.
6. DANUBE DELTA IS FAMOUS FOR WILD LIFE PRESERVES, FISH RESERVOIRS, BIRD SANCTUARIES AND VARIETY OF FOLIAGE. A MECCA FOR HUNTERS AND FISHERMEN, DELTA ATTRACTS SPORTSMEN AND NATURE LOVERS... FOR MORE INFORMATION ON TRAVEL IN THE COUNTRY OF CONTRASTS WRITE THE ROMANIAN NATIONAL TOURIST OFFICE, 300 FIFTH AVENUE, NEW YORK CITY.

## BRIGHT IDEAS

By Elizabeth Mehan, Sylvania Lighting and Design Coordinator

**The Eye Of The Beholder**

Consider the eye as a living camera that transforms light energy into sight. During your waking hours, more than 75 percent of all your sensory perceptions come through the eyes.

The four factors that determine visibility are size (the bigger the object, the easier to see) contrast (light against dark) time (it takes time to see clearly; for this reason, rapidly moving blades of an electric fan blur because there's no time to differentiate individual blades) and brightness (the amount of light the eye actually sees).

Of these four factors, brightness is the one over which you have most control—because while you cannot change the size of an object, you can add more and better light to make seeing easier.

Prolonged visual work in too little light can cause eyestrain and nervous fatigue—so the right wattage for each job is crucially important. For example: desk work should never be attempted with less than a 40-watt bulb. Close sewing or detail activities should best be accomplished under bright lighting, and oddly enough separate tasks require different illumination. Dark fabrics with fine detail need a two hundred-watt light while medium to light clothes need only half that amount. For television watching, a muted background or indirect lighting is ideal, so you might try placing a continuous single row of four-foot 40-watt Sylvania tubes behind the television set.

Because good lighting is so essential, it's a smart idea to take a top-to-bottom house check of all your lighting fixtures. It's the best way to make sure that the eye of the beholder is able to have a clear eyed view of everything that's going on.

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