

CLEAR VIEW



Safe summer driving calls for a clear view of what's up ahead. A shining clear windshield is as important for good driving as air in the tires.

After you polish the windshield give some thought to another summer driving problem — the glare that bounces into your eyes from the front of your car or off the highway stretching out for miles ahead.

The special filter built into the lenses of Cool-Ray Polaroid Sunglasses screens out that reflected glare which so often blinds you momentarily — and dangerously.

The Polaroid polarizing lenses not only cut out as much as 98% of veiling reflected glare light and allow only useful light to reach your eyes, but Cool-Ray Polaroid Sunglasses also filter out 96% of ultraviolet light. That is the element in sunlight which, though invisible, sunburns your skin and can literally sunburn your eyes too.

Also day-long exposure to bright sunlight without adequate sunglasses protection can seriously deplete the supply of visual purple in your eyes. That is the strange substance within the eye that sharpens night vision.

So you can start driving home at night with nearly half your visual acuity gone and be completely unaware that you aren't seeing clearly in the dark. The right sunglasses are truly important to your summer safety.

One extra word about driving safely — never, never wear sunglasses while on the road at night. However, putting on sunshades just before you go into a brightly lit restaurant can help you keep your dark adaptation when you come out into the night again. Just remember to take the sunglasses off and keep a clear view all the way home.

"ROUX" A MUST FOR SHRIMP CREOLE



Is there a one-and-only way to make Shrimp Creole? Even in Louisiana where the dish originated and is often called "Shrimp Stew", cooks may skip or switch ingredients as it suits them. And not everyone insists on shrimp yanked right out of the water. Canned shrimp behave and taste just fine.

But there is general agreement that authentic Shrimp Creole starts with a roux — that blend of flour and shortening cooked with varying intensity as a prelude to so many sauces and gravies of French lineage. For ruddy Shrimp Creole it is cooked to a rich, golden brown.

SHRIMP CREOLE

- 2 cans (4 1/2 ounces each) shrimp
- 1/3 cup each cooking oil and flour
- 1 cup chopped onion
- 1 cup sliced celery
- 1 medium green pepper, seeded, diced
- 1/4 cup minced fresh parsley
- 4 garlic cloves, sliced
- 1 can (8 ounces) tomato sauce
- 1 bay leaf
- 1/2 teaspoon thyme
- 1/4 teaspoon each salt and cayenne pepper
- 1 lemon slice

Drain shrimp, reserving the liquid. To the liquid add water to make 1 cup. In a skillet or heavy pan heat oil and stir in flour. Cook roux over high heat until golden brown, stirring constantly. Add vegetables; cook and stir 2 minutes. Stir in the liquid-water mixture and tomato sauce. Blend well; add dry seasonings and lemon. Turn heat low; cover pan closely. Simmer 20 minutes, stirring occasionally. Add shrimp and heat. Serve on fluffy rice. Makes 4 servings.

Air Commuters and Air Taxis

Service To The People

Americans think big, so it's only natural that the phrase "air transportation" usually brings to mind the image of a giant jet airliner. The big jets are certainly important but there are many towns and cities around the country that enjoy the convenience and benefits of air transportation through smaller airplanes flown by companies known as commuter air carriers and air taxi charter operators.

"The heartland of America is served by commuter air carriers and air taxi charter operators," according to Edward W. Stimpson, president of the General Aviation Manufacturers Association. "They link many small communities with each other and with metropolitan centers. Every year they help thousands of airline passengers make connections at major air terminals. They carry tons of cargo and mail, and play an increasingly important role in our air transportation system."

Commuter air carriers operate scheduled services for passengers and cargo. Air taxi charter operators, as their name implies, operate on call to meet their customers' air transportation needs. More than 1,500 of both types of carriers are registered with the Civil Aeronautics Board (CAB).

Last year 183 commuter air carriers served 372 points. They carried more than 4.1 million passengers, 38.4 million pounds of cargo and 69.4 million pounds of mail on more than 807,000 flights. They flew 740 general aviation aircraft, including single-



General aviation aircraft of commuter air carriers and air taxi charter operators play a vital role in the nation's air transportation system carrying passengers, cargo and mail.

and multi-engine piston planes, turbine-powered aircraft and helicopters.

What has brought about the growth of air commuter and air taxi operations?

"Demand and service," answers Mr. Stimpson. "These operators have recognized the need for air service to smaller communities, particularly where CAB-certificated airlines cannot operate economically."

As a typical example, Mr. Stimpson cites Air East of Johnstown, Pa., which flies seven commuter runs daily between Johnstown and Pittsburgh, allowing passengers to connect with flights at Greater Pittsburgh Airport. An airline, which turned the service over to Air East through a contractual arrangement, previously had maintained only two flights daily. With increased service

Garden Time

Peonies Need Rich Soil to Grow Well

By M. E. GARDNER
N. C. State University

The peony is one of the most popular and, some think, most beautiful perennial plants. I saw some beauties in Ashe County in early June. There are two types: herbaceous and tree. Since the herbaceous is the most commonly grown, we will confine our suggestions to this type. Another reason for discussing the peony at this time is because we have been told by friends that "my peonies are not doing too well."

Perhaps we should point out in the beginning that peonies are vigorous growing, leafy plants that require a good deal of room for proper growth. For this reason, they are not well adapted to a mixed border where the low growing bedding plants are commonly used.

The soil should be rich and deep, the heavier types being best adapted for vigorous growth and production of large flowers. If you have a very sandy soil, you might try mixing in clay and well decomposed compost. A liberal quantity of either dehydrated sheep or cow manure is desirable to be mixed with the soil at planting time, regardless of your soil type.

Peonies will tolerate some light shade but do not thrive in deep shade because they cannot compete for light, moisture and nutrients so necessary for maximum performance. I saw some plants last week

with too much competition from shade trees. They were doing the best they could under prevailing conditions but were spindly, with weak stems and small flowers.

The better time to plant the roots is about the first of September in the mountains and from the middle of September to the latter part of October in the lower Piedmont and Coastal Plain. Dig a hole more than adequate to accommodate the root clumps. Carefully plant the clumps, working soil between the lateral roots with your fingers. Be sure that the buds, or "eyes," are placed no deeper than two inches below the soil level. Planting the roots too deep is a common cause of failure.

The most common method of propagation is by root division. Any piece of root with a bud attached will produce a new plant.

If you want large flowers, remove the side (lateral) buds when they appear. This procedure will give more strength to the terminal bud.

There are many beautiful varieties of herbaceous peonies — white, pink, red, yellow and in-between colors. Consult your hardy perennial catalogs. If you are envious of your neighbor's "beautiful varieties," make a point to drop by when she is dividing her plants. She may be able to spare a few root sections to get you started.

Distaff Deeds

Evicts Dog, Makes Rug, Cleans Brass

By JANICE R. CHRISTENSEN
(News items this week from Carteret, Alamance and Warren counties.)

Getting a Carteret County family to move their dogs from the house to the yard was an important accomplishment for Ann Marie Taylor, a program aide with the Expanded Nutrition Education Program.

The dogs lived more or less like the rest of the family, the aide says. But, they would get on the table when they wanted something to eat. And the smaller dog, which wasn't housebroken, was always making a mess.

"I talked to the family about this problem each time I visited them," the aide added, "but I pro-

HANDMADE RUG

ceeded slowly so I wouldn't offend them."

Gradually they began to understand the unsanitary conditions the dogs were causing, especially during meal preparation.

"During my next two visits," she said, "the family kept the dogs chained in the living room. The following week when I arrived, I found they had built a pen and moved the dogs outdoors."

They all said that now they could see how much cleaner the house stayed with the dogs out-of-doors, the aide concluded.

If you want a washable rug for the children's play area, make it yourself from fabric scraps, Mrs. Jane Worrell, an Alamance County homemaker, suggests.

To keep peace in the family, the homemaker made half the quilt from fabrics her daughter had collected; the other half from fabric collected by her son.

She also put the girl's initial in one corner; the boy's initial in another, Amelia Watts, home economics extension agent, relates.

Members of Extension Homemakers Club are planning to teach rug-making skills to residents of a low-rent project, the agent adds.

CLEAN BRASS BEDS

"How do you clean brass?" is a question Emily Ballinger, home economics extension agent, Warren County, answers often.

Usually the person has a few small items to clean. But when Mrs. Martin Hayes asked the question she was planning to clean two brass beds that had been stored in an outbuilding on the farm for about 40 years.

Two Are Killed Near Whitakers

WHITAKERS — Two Whitakers residents were killed Saturday in an automobile wreck on a rural road about three miles from here. They were identified as Eugene Conyers, 30, the driver of the car, and his wife, Annie Sharp Conyers, 29.

Right Care Cuts Need For Ironing

RALEIGH -- Although this is the period of easy care for clothing, you can't toss your iron out.

Some garments still need pressing or touch up pressing.

If you want to avoid as much ironing as possible, Harriet Tutterow, extension clothing specialist, North Carolina State University, suggests making sure the garments you buy are labeled "permanent press." Things labeled "wash and wear" or "little or no ironing" will probably need pressing.

The success of permanent press really lies in the care you give the garment when you launder it, Miss Tutterow adds.

Wash in warm water in a washer that is only moderately full. Cool rinse is best. Tumble dry the clothes at a moderate heat setting and remove them from the dryer immediately and hang up. If you leave clothes in the dryer, wrinkles will set.

Remember, too, that after many washings, the permanent press finish will start to wear off and the garment will wrinkle easier.

Wrinkles do not show as much in printed fabrics as they do in solid colors, the specialist adds.

Missing Airplane Is Sought

HENDERSONVILLE — The search for a private plane missing with six members of a Fort Myers, Fla., family aboard intensified Sunday in four states.

Eight ground parties began interviewing residents along the path the plane is believed to have followed in Eastern North Carolina. The ground parties were asking residents of the mountainous North Carolina area if they saw or heard the plane.



CELEBRATES 80TH BIRTHDAY—Mrs. Missouri Morrison of 1208 Hazel Street celebrated her 80th birthday on Sunday, June 27 with a Family Dinner at the home of Mr. and Mrs. Lonnie Upchurch. Pictured above are first row, left to right: Bernard Morrison, grandson; Miss Helen Morrison; Mrs. Magerea Glenn, daughters; Mrs. Morrison, honoree; Eileen Varner, granddaughter; Mrs. Julia M. Varner, daughter; William and Andrew B. Glenn, grandsons. Second row: Cecelia Glenn, granddaugh-

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