

Delta President Represents U.S. On African Tour

WASHINGTON, D.C.—Mrs. Frankie Freeman, national president of Delta Sigma Theta Sorority, is spending the next six weeks in seven African countries meeting with government and private officials in the housing industry to discuss their housing needs and programs.

Mrs. Freeman also is one of the two official representatives of Aid for International Development (AID) of the State Department at the United National Housing Conference in Togo for West African Countries.

She will return to the United States in time to share her observations before the national convention of Delta Sigma Theta in Houston, August 8-13.

For 20 years Mrs. Freeman served as attorney for the St. Louis, Missouri Housing Authority. She presently is a member of the U.S. Civil Rights Commission.

Mrs. Freeman said, prior to her departure for Africa, "I will be discussing with African officials how people, and women in particular, are involved in the process of meeting housing needs in their respective countries."

Housing, Mrs. Freeman added, is one of the major program interest of Delta Sigma Theta. She pointed out that the Houston Alumnae Chapter has bought land and broken ground for a housing development to provide homeownership for low-income families. Recently, the Detroit Alumnae chapter co-sponsored with the Michigan Civil Rights Commission a housing seminar which was addressed by Mrs. Freeman.

According to Mrs. Lynnette Taylor, Executive Director of Delta Sigma Theta, a national



DOING THEIR THING RIGHT—This picture represents three generations of AME Zion workers. Members of the Cherub Choir, Institutional AME Zion Church, Yonkers, N. Y., are shown with their grandmother, Mrs. Rina B. Crutchfield, formerly of Pinehurst, and the Rev. H. S. Roan, pastor. The five children raised \$3,206.50 for the refurbishing of the church, under the supervision of Mrs. Crutchfield, shown second from left. They bought new seat cushions at a cost of \$2,134.00 and paid an old bill on the furnace, long past due, in the sum of \$600. Mrs. Crutchfield had an outstanding record as a church worker, long before leaving her pa-

tive state, (N.C.). She was a leader in the central North Carolina Conference and represented it many times at the General Conference. She was a prominent figure in Spaulding Chapel AME Zion Church, Pinehurst, where she was president of the Woman's Home and Foreign Missionary Society for 20 years. She was in charge of adult education and was a Sunday School teacher for many years. She is a member of the Yonkers School system and a graduate of Fayetteville State University. She is a leader of Class No. 10, secretary of one of stewardess board and general chairman claims secretary at Institutional Church.

public service sorority now in its 58th year, a record attendance of 2,000 Deltas are expected to attend the organization's 31st national convention.

Representing 405 chapters in 43 states, the Deltas will spend most of their convention time focusing on national priorities, especially as they relate to Black Americans.

"A major item on our convention agenda," Mrs. Taylor said, "is taking a look at our local and national programs to see the extent to which we are keeping our commitments to the community. Our convention theme is 'Promises To Keep.'"

Census Bureau Will Conduct Monthly Employment Survey

The Bureau of the Census will conduct a survey of employment and unemployment in this area during the week of July 19, Joseph R. Norwood, Director of the Bureau's regional office in Charlotte announced today.

This survey is conducted monthly by the Bureau for the U. S. Department of Labor in a scientifically designed sample of households throughout the entire United States. The employment and unemployment statistics which are based on the results of this survey are used to provide a continuing

measure of the economic health of the Nation.

For example, in May the survey indicated that there were 84.1 million men and women in the civilian labor force; 6.2 percent were out of work as compared with 6.1 percent of the 83.8 million persons in the April labor force. The figures are adjusted for seasonal changes.

Facts supplied by individuals participating in the survey are kept strictly confidential by law, and the results are used only to compile statistical totals.



LIBERIAN AMBASSADOR S. Edward Peal held a special briefing for Mrs. Frankie Freeman, president of Delta Sigma Theta, just prior to her departure on a 6-weeks tour of Africa. Mrs. Freeman, who was a member of the U.S. Civil Rights Commission, is inspecting housing advancements and problems in seven African countries.

PREGNANCY PLANNING AND HEALTH

by Mrs. Gloria Riggsbee

Dear Gloria:
I am 54 years old. My periods stopped in November, 1969, for 13 months until December, 1970, when I had another completely normal period. I went to our family surgeon for a physical examination and a pap smear. He told me everything was OK and he could not find any abnormality. He said he felt like I just had another ovulation left in my body and that this was it.

Six months have passed and I have had no more periods. Do you think I still could become pregnant? I certainly would not want it to happen at my age, for the risk would be too great. When I asked the doctor, he just laughed and said he could not guarantee that I would not get pregnant. Would appreciate an answer, for some of my friends have similar problems.

Mrs. F.

Dear Mrs. F.:
As your doctor has told you, no one can guarantee that you won't get pregnant. Ordinarily, doctors advise women to continue to use birth control for at least one year or as much as two years after their last period (even if that

last period was very short and lasted only a day or two). In your case, since you did have a normal period after a 13 month absence of menstruation, you probably should figure on using a reliable method of birth control for another 12 months. If nothing else happens, this will mean you will have gone a full 18 months without a period and you should be safe after that time. As I am sure you know, it is very important that you continue to see your doctor for a physical examination and a pap smear at least once a year even after you have gone through your change of life (menopause) ***

A Note To Readers: This column is now running in quite a few different areas and it is becoming increasingly difficult for me to list the times and locations for family planning clinics in each separate area. If you would like to know where you may obtain family planning services in your particular town or county, please let me know and I will send you this information. Write to: Mrs. Gloria Riggsbee, 214 Cameron Ave., Chapel Hill, N. C. 27514.

General Motors Gives \$75,000 To United Negro College Fund

NEW YORK, N. Y. — General Motors Corporation has donated \$75,000 to the 1971 campaign of the United Negro College Fund, a 25% increase over last year, it was announced today.

Vernon E. Jordan, Jr., executive director of the UNCF, expressed the Fund's gratitude for the gift which, Mr. Jordan says, brings GM's contributions over the years to the UNCF, to \$1,200,000.

"We are tremendously inspired by this support from one of the greatest corporations in the world," Mr. Jordan said.

Richard C. Gerstenberg, vice chairman of GM and vice chairman of the UNCF's National Corporations Committee, said his company feels its contributions to the UNCF are "more of an investment than contributions, because we have seen the dividend it pays."

Mr. Gerstenberg said the continued existence of the predominantly black schools is "vital."

Ely R. Callaway, Jr., president of Burlington Industries, Inc., heads the UNCF National Corporations Committee.

Cyrus R. Vance, 1971 general campaign chairman, reports that the campaign is more than a half-million dol-

lars ahead of last year's pace. So far, the UNCF has raised \$1,883,535 toward its 10,000,000 goal.

"All of us in the drive are encouraged by this fast start and highly optimistic that the \$10,000,000 goal will be reached," Mr. Vance said.

Mr. Jordan expressed gratitude also for a \$75,000 contribution from the Esso Education Foundation, previously announced by the Foundation.

The Esso gift represents \$25,000 donated toward the UNCF's general drive and \$50,000 to the new Division of Institutional Services within the UNCF.

Eximbank Bill OK'd

WASHINGTON — The House voted Thursday to expand export credit financing by the Export-Import Bank but blocked a move designed to liberalize East-West trade.

The bill, passed by voice vote after sharp debate, would expand the Eximbank's lending authority, primarily by removing its transactions from the government's unified federal budget.

The major fight came as the House, by a vote of 207 to 153, retained the current ban on Eximbank financing of exports to Communist bloc countries supplying materials or aid to North Vietnam.

HIGHEST LIONS HONOR TO BOB HOPE



Comedian Bob Hope accepts the 1971 Lions International Humanitarian Award from Dr. Robert D. McCullough of Tulsa, Oklahoma, President of the world's largest humanitarian service organization.

The award was given to Hope for his continuous efforts and work in behalf of sight conservation and eye research, one of the major concerns of Lions Clubs throughout the world.

The presentation was made this past weekend in Washington, D.C., because film commitments will prevent Hope from attending the Lions world convention in Las Vegas this June.



TIPS ON CAR CARE

Don't Let Your Car Lose Its Cool

Here are a few tips that could save your car — and you — from spending a hot summer afternoon steaming by the roadside.

Give your car's cooling system a simple inspection. Start with your radiator, engine block and heater hoses. Check these for cracks, a sure sign that hose failure is not far off. Another test for hoses is squeezing them. If the hose remains collapsed after you squeeze it down, instead of springing back, it probably needs replacing.

If you find one hose that needs replacing, it is wise to replace all your car's cooling hoses. All too often a motorist replaces a bad hose only to find, much to his chagrin, that 20 miles down the "pike" his trip is terminated in a cloud of smoke.

One of the most common causes of overheating, according to B.F. Goodrich car care specialists, is a stuck heat-control valve in the heat riser located on the lower right side of your car's manifold. When working properly, this little gadget warms up and then opens. When corrosion or engine deposits build up on the heat-con-

trol valve, they can cause it to stick closed, leading to engine overheating. Spraying the heat riser with a solvent/lubricant that can be purchased at most automotive stores will cure the problem and prevent its recurrence.

The belts that drive your car's fan, alternator or generator, and air conditioner should also be inspected for wear, damage and tightness. A screeching noise from under the hood as you start or accelerate your car is a sure sign that a belt is loose or worn. If tightening a belt doesn't cure its screeching problem, the belt should be replaced.

If your car checks out in all these tests and still seems to run excessively hot, it should be taken to your local car care center where an expert can check the condition of its water pump and thermostat.



If you're going to college to be a leader, why not take the leadership course?

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Normal, Ala. 35762

LTC Charles D. Randall
Alcorn A&M College
Lorman, Miss. 39096

LTC Samuel Washington, Jr.
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Tallahassee, Fla. 32307

LTC Leo M. Roberts
Jackson State College
Jackson, Miss. 39217

Major Ulrich McGrady
North Carolina A&T State University
Greensboro, N.C. 27405

LTC Willie L. Johnson
South Carolina State College
Orangeburg, S.C. 29115

LTC Arthur H. Seabrook
Tuskegee Institute
Tuskegee, Ala. 36088

Interviewers who will visit households in this area include; Mrs. Ann W. Gary U. S. Census Representative 1201 N. Gregson Street, Durham, N. C. 27701.

ASHEBORO — Lew Heilbroner, former manager of stations WJQS, Jackson, Miss. and WRDW Radio in Augusta, Ga., has been named sales manager of the new station WZOO in Asheboro, according to Don Smith, general manager of the station. Heilbroner is a native of Tarboro.

