

Soviet Asks For Right To Leave

MOSCOW — An eminent Russian physicist, Andrei D. Sakharov, has proposed that the Soviet Union grant all citizens the right to leave the country.

He said such a right is "an essential condition for spiritual freedom for everyone."

Sakharov, developer of the Soviet hydrogen bomb and a champion of human rights, proposed the free emigration policy in an open letter to the Supreme Soviet.

He recommended that the legislative body revoke the current law that permits persons fleeing the country to be tried for high treason. The scientist also asked for a general amnesty for persons detained in labor camps or mental hospitals because they had tried to leave the Soviet Union.

First Request

A copy of Sakharov's appeal, dated Sept. 20, was made available to some Western correspondents Sunday. It is believed to be the first time that an officially respected member of the Soviet intelligentsia has called for a complete overhaul of the Kremlin's emigration policy.

"The trials of recent months," the letter said, "have again reminded us of the tragic conflicts arising in connection with the difficulties experienced by citizens who want to settle in another country and of the legal, social, psychological and political aspects of this problem."

Sakharov said many Soviet citizens who have tried to leave, "for personal, national



EXAMINING MAPS OF SCHOOL DISTRICTS RECEIVING FEDERAL AID—These members of the Educational Leadership and Human Relations Center, Department of Education at Saint Augustine's College are examining a map of the school districts which have received federal aid. Left: Pointing out the various areas, is Dr. William A. Gaines, director of the program. Seated: Mrs. Susie W. Hunter, secretary; Mrs. Constance Rowland education consultant; and Raymond L. Gilmore, administrative assistant. Standing: Dr. Frank Toliver, Miss Joan Thompson and Dr. Lee W. Grier, education consultants.

or other reasons, have for years received unfounded refusals which turned the lives of many into an interminable torment of waiting.

The physicist, in an obvious reference to attempted airliner hijackings by Soviet Jews, declared that many Soviet citizens, "having lost hope of satisfying their aspirations (to emigrate) within the framework of the law, decided to break the law in one way or another."

Virginia Educators Told To Utilize More Blacks

RICHMOND, Va. — The Virginia Education Association (VEA) has been told by its parent group — the National Education Association — that it should take a stronger stand on school desegregation and use more blacks in its organization.

In a still-confidential report from NEA specialists, the VEA was told it should get to work defending educators who lose their jobs because of school desegregation.

The NEA recommended also that minority group members should be recruited when vacancies occur on the VEA professional staff.

The report, made by the NEA since the 1967 merger of the black Virginia Teachers Association and the all-white VEA, may bring some heated debate at the VEA convention later this month in Richmond.

The debate on the report could also affect another item on the convention agenda: Unification with the NEA. In the past many VEA members have been against being forced to join the national body if the joint local teacher groups affiliated with VEA.

The NEA report laments the fact that the merger of the two teacher organizations apparently failed to include any "built-in" protections minority group members have had in other Southern states, although that is perhaps because Virginia's merger came before the others.

But the NEA specialists added about the report: "The purpose of it is not to find the villains or lay blame or urge punishment. What is missing from the merger agreement must be provided through the years by acts of good faith by leaders of the merged organization."

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Garden Time

Planning, Maintenance Landscape Beauty Keys

By M. E. GARDNER
N. C. State University

No matter how well a home garden or public landscape development is planned and planted, it must be remembered that a regular maintenance program must be carried out to insure the beauty and utility of the planted areas over the years. So many homeowners let their enthusiasm get the best of them and over-plant, thus complicating maintenance problems.

Maintenance problems contribute to the rapid decline of many well designed areas. One of the major concerns involves the lack of trained personnel to do quality maintenance work. Professional maintenance companies are becoming more available, but only the affluent homeowners want, or feel, they can afford this service. However, much of the commercial lawn and garden upkeep is handled in this manner. The homeowner is faced with employing expensive, untrained labor or doing the maintenance work himself.

With modern machinery, it is a fairly simple matter to keep lawns in a pre-

sentable shape. However, adequate pruning, spraying, fertilizing and other garden chores, requiring scientific or artistic talents, are the areas that are suffering.

A good planting design can be ruined in a few years with the "crew cut" or "bowling ball" type of pruning. Every shrub, no matter what its natural form, begins to look like everything else. Many plantings around the base of buildings are strangled with weeds and grasses when an adequate edging with a mulch or proper use of a weed killer would solve most of the problems.

Scattered plantings and edging plants along walks and drives contribute to more hours of labor spent on maintaining the garden. The time to consider maintenance is in the planning stage. Many problems associated with landscape maintenance can be avoided. Less grass, use of ground covers, leaving wooded areas natural, planting dwarf and low-growing shrubs, using flowering trees and shrubs for color, eliminating clipped hedges and enclosing with fences and walls are some points to consider in reducing maintenance costs.

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cooking hints
BY Mary Blake CARNATION HOME SERVICE DIRECTOR
ROSALIE SCOTT, STAFF ASSISTANT

Canned sweet potatoes make quick Sweet Potato Treats. Seasoned with grated orange rind, allspice, and cinnamon, this Autumn vegetable is rich and creamy the velvety evaporated milk way. Just mix, bake and serve.



- SWEET POTATO TREATS**
(Makes 6 servings)
- 3 1/2-4 cups (2 lb. 8-oz. can) drained sweet potatoes
 - 1/2 cup undiluted Carnation Evaporated Milk
 - 1/4 cup soft butter
 - 1 slightly beaten egg
 - 1 teaspoon salt
 - 1/2 teaspoon allspice
 - 1/4 teaspoon cinnamon
 - 1 tablespoon grated orange rind
 - 8 marshmallows

Mash sweet potatoes. Combine sweet potatoes, evaporated milk, butter, egg, salt, allspice and cinnamon. Beat until creamy. Stir in orange rind. Mix well. Spoon potato mixture into buttered shallow 1-quart casserole or measure 1/4 cup servings of potato mixture and place on buttered cookie sheet. Place marshmallows on top; press in lightly. Bake in moderate oven (350°F.) 30 minutes or until marshmallows are golden brown.