

MRS. HOLEMAN

Writers

Forum

The 1972 Christmas holiday celebrations reached a new high. In the past years, folk highlighted their festive occasions with much food and drink: however, this year, the emphasis seemingly was pivoted toward the spectacular: elaborate outlays of table decorations, colorful backgrounds and professional services.

The Thrifty Savings Club of Durham chose the Red and gold Banquet Room of the Downtowner Motel as a setting for this holiday season's celebration. And to complement the lovely setting for the '72 dinner party, the ladies made the scene wearing gorgeous fur trimmed coats over rainbow colors of shimmering, lacy, fur trimmed jewel studded, beribboned dinner gowns. Low cut gowns revealed slender necks decorated with sparkling necklaces or velvet, jewel-studded neck bands. Footwear ran the gamut of the color spectrum including snowly whites, silver and gold with glittering buttons 'n bow buckles.

Mmes. Mildred Gattis, Lucill Bass, Aldens Mebane, Annie Alston, Millie Williams, Mattie Rouse, Queenie Cooper.

The radiantly beautiful Mrs. Jeanie Lucas was guest speaker The charming lady projected her glowing personality and a splendid, colorful practical Christmas message into the hearts of everyone in a matter of minutes.

Mrs. Elizabeth Jones, Toastmistress, aside from extending holiday greetings and best wishes to members and guests, brightest hopes. kept the party from lagging

with delightful repartee. Other ladies adding to the success of this convivial affair were: Chaplain, Mrs. Marie Harris, Mrs. Luna Holeman and Mrs. Elizabeth Edwards.

OFFICERS: President, Mrs. Beatrice Holeman; Vice president, Mrs. Elnora Ransom: Treasurer, Mrs. Annie M. Gilmore who serves as Mrs. Santa Claus at the annual Christmas Party. Santa's helpers for revealing Secret Pals were Mmes. Jesse McIntyre, Stattle Russ, Irene Hall.

Mrs. Beatrice Holeman who is a charter member of the Thrifty Savings Club has served the club for 2 years as president. Mrs. Holeman is a member of the Union Baptist Church a member of the Dorcas Class and works with the Willing Worker Missionary Circle. MEMBERS: Mesdames An-

nie Alston, Lucille Bass, Pau-

line Boxley, Dalsy Cain, Carolyn Cates, Rosetta Cobb. Queenie Cooper, Reather Core, Elizabeth Edwards, Lucille Flowers, Mozell Flintall, Mildred Krismas Belles (Ushers) were Gattis, Annie Gilmore, Irene Tomorrow, he would attend on harm se see that the guests. Hall Bertha diam's, Marie Hars Tomorrow, he would attend were kept happy and gay: ris, Pauline Hart, Beatrice Holeman, Luna Holeman, Ophelia Jenks, Margaret Johnson, Alice Jones, Elizabeth Jones, Mattie Jones, Virgie Mangum, Jessie McIntyre, Aldena Mebane, Jessie Pratt, Elnora Ransom, Genevieve Rogers, Sattle Russ, Christine Sales, Earline Thompson, Sadie Thompson, Mray Van Hook, Millie Williams and

Temple Young. Officers and members of T. S. Club wishes you and your a very Happy New Year which will bring fulfillment of your

Dear Consumer

A Consumer's **Reading List**

By Virginia Knauer Special Assistant to the President and Director

White House Office of Consumer Affairs

Books on consumer affairs cover just about every phase of day-to-day life-from food, drugs and cosmetics to cars, fraud and funerals. Some of these books are for easy reading; others are for study and reference.

Though by no means complete, here is a list of several recent books on consumer topics. While you and I might not agree with everything in them, they all contain interesting material. Chances are that most of them are in your local library.

Consumer Beware! Your Food and What's Done to It by Beatrice Hunter-A report on the food industry.

Consumer Education Bib-liography by Office of Consumer Affairs--If this book is not in your local library, it is available for \$1 from Superintendent of Documents, Government Printing Office, Washington, D.C. 20402. Don't let the word "education" in the title scare you. This book lists over 2000 publications on consumer subjects, including such books as Ruth Mulvey Harmer's The High Cost of Dying, Ralph Nader's What To Do With Your Bad Car and Sidney Margolius' The Responsible

Consumer Housing by Pauline G. Garrett-Written to help the consumer avoid mistakes in selection, financing, furnishing and landscap-

of Food Additives by Ruth Winter—Reference book in dictionary form listing both harmful and desirable ingredients in packaged foods.

Cosmetics: Trick or Treat? by Toni Stabile—Report on untested and noten-

Eater's Digest: the Con sumer's Factbook on Food Additives by Michael Jacobson—A reference book that explains food ingredients. Great American Auto

Repair Robbery by Donald A. Randall and Arthur S. Glickman-Presents some advice on how to avoid dissatisfaction with auto repair shops.
Guide to Federal Con-

sumer Services by Office of Consumer Affairs—This ref-erence book, which can be ordered for \$1 from Superin-tendent of Documents, lists the consumer services available from the Federal Gov-

How To Get the Most for Your Food Deliar by Elinor Bruce—Lists savings infor-mation for the family food

shopper. How To Pay Less for Max Life Insurance by Max Fogiel — Discusses alterna-tives available in low cost in-

Legal Protection for the

Consumer by Paul Crown—
Where and how to get legal
help as a consumer.

The Money Tree by Catherine Crook de Camp—Describes how to keep books and
records, how to budget, how

THE TIME OF SEASON FOR CHANGING CALENDARS

calendars are changed. Old ones are taken down and new ones are put up. It is during this season that we do most of our anticipation about what the new calendar is, to bring. Some of us take the time to look at the old calendars there are those of us who mumble the standard words of superficial thanks to our maker. And there are those of us who curse the things that passed us by in the span of the old calendar.

What calendars are boils

down to pictures of time. Pictures that we can use to wrap up little pockets of our lives, For too many of us life is a serles of little blocks with numbers in them, a stack of pages. We

number means a change of pace, a change of conditions, a change f situation. We think that a new calendar opens the door to new room, another road. Thus in our minds we paint a new picture, not of what is, but what we wish. The only problem is that we have done this over and over again, every time the numbers run out, we drag out the same old unfulfilled

repeating them. Unfortunately for us there are those people who use calendars to keep track of what they have done and how they can forces that use calendars four yet to do in the thinking of our

dressing for the obsequy. After

doing all be could to prolong

the time, he was fully dressed

before ten o'clock. Now he

was pacing the floor when

Gladys and the children left for

church. He had remained

watching his family take off

without him. His heart was

dreams as if there is magic in



From Black

By JOHN HUDGINS

times as large as the ones we use. It becomes clear after time that calendars should be used to implement stages of action and not for the creation of dreams, illusions, plans, resolutions. When a calendar is changed one should be ready to begin doing a definite thing continue doing such. We have that will yield a definite result to begin realizing that there are in a given time. This we have

community. We have yet to build ideas around problems of action in terms of results and not numbered blocks.

This begins to seem contra-dictory but only if we fall to see the logic of not being time locked. Certainly we cannot kenore time nor can we afford to fall to keep track of it. What we must understand thoroughly is that change comes through

action not just in time. We cannot overlook the fact that no change in time has taken place in time without definitive action by people who used time and in more than a romantic

So change the calendar, but understand that is all you are doing. A piece of paper is being replaced with another piece of paper. Paper has its significance only in the minds of those who use it. If we can think no further than the limits of the paper then our thinking is controlled by those who control the use of the paper. We have no control over time, it comes and it goes often before we understand that it has come and gone. Time is innocent it Was here when we came and it will be here when we depart this life. If conditions are to change, if oppression is to stop, if exploitation is to cease, if Black people are to be free, then time will tell because it must. But what time tells will be a tragedy written by others because Black people refused to stop dreaming and do, because Black people refused to stop changing calendars and start changing conditions. The calendar, a picture painted, time, a story told, liberation, a thing

to be done.

the mental tight rope he had been walking and sat slumped in his chair, deprived of all hope of reconciliation with his proud, stubborn spouse.

Gladys was worth fighting for, but he had grown weary of combatting an immovable wall. The moment had come for him. to say, "to hell with every-thing." His wife walked past his chair and he wanted to snatch her into his arms and plead with her not to throw him to the wolves, but, upon second thought, he decided against being melodramatic. He had sown seeds of discord to the winds, now he must reap the whiriwinds. The going away, leaving his family behind. wouldn't be easy - down right hard, Chad thought as he began preparing for bed and the sleepless night he would encounter.

It was foolish for him to wish that Effic's funeral was over - down right childish to blame a corpse for his misdeeds - the dog house situation he was in. Effie had contributed largely to his downfall, but, in the name of sanity, he couldn't put the blame on Effie. He was basically, a bad egg - a born loser. This was the whole truth about him.

his last respects to the woman

Love Me, Love My Wife

By GEORGE B. RUSS

heavy with the weight of selftimately, he would go away. Shake the dust of this hardluck town off his shoes. Hayes-What to do with himself for town was a jinxtown for him. the next several hours irked him The clock on his worktable. more than being left behind by his wife and children. Too, noisily ticked away the seconds minutes and hours. All the there was the business of rewhile Chad twisted and turned moving his luggage. After much his body until he was weak brain-storming and soul searchand sore. Long before daylight ing, he decided to call a cab and he left his couch of torcher and to the Armory where Effie's began packing a hugh suitcase. funeral service was to be held. By all means, he was giving up The sun was bright, but the the ghost of a chance of holdtemperature was down to 18 ing his marriage together; he degrees and Chad nearly fell was moving out. If this was over his feet getting back into what Gladys wanted, he was go the house where it was warm ing to do for her what the De-vil had never done. The hour Until recent years, he had doted on the fact that cold of Effie's funeral was set at 20 weather was his favorite. He clock, nevertheless, he began

was reluctant to leave it. In a matter of minutes, he qas paying the driver and blind-ly stumbling out into the be-low freezing weather. And to quiet until the car sped off down the street. Then he left add salt to the wounds of his shattered courage, the doors of the building were locked. He

was still shivering from frost

bite when the cab arrived.

Home had never been sweeter

than at this moment and he

nearly burst into tears and might have done so if the attendant hadn't called from the doorway of one of the cafes across the street, "Come over hae outah th' cold."

Chad nearly ran into a moving automobile, in his haste to get out of the frigid weather. The cafe was smoky with burning bacon grease but the room was warm as toast, therefore, Chad forgot to resent having the smell of grease in his garments. He ordered a breakfast of grits, eggs and sansage and a pot of steaming coffee.

Floyd, the attendant, was a sort of laughing boy. He joked about everything and laughed at his own jokes. Chad followed him inside the Armory building with mixed emotions: 'he wasn't sure that he didn't perfer the skull cracking coldness to Floyd's lousy lokes, "I've been everywhere 'n I seed some of everything but I ain't never-seed ah-Armory turned into a funeral chapel." He said as they were walking down the wide aisle toward the stage where a pulpit draped in black had been erected, with artificall potted palms bordering the length of the stage. Sudden, Chad was seized by terrifying funk. He had no wish to attend Effie's

Continued -

DAILY LIVING

End Self-Conscious Due to Baldness or Gray Hair

By WILLIAM THORPE



During the years of my practical studies and dealing with servicing the outer portion of the human head and face, the three major things that concerns me mostly are baldness, gray hairs, and the art of heir coloring.

You probably would be surprised to know the number of people that sak me regularly, what causes baldness, gray hair, and what can be done about it. Most of them seem to be worried and fast self-conscious about their appearance of those conditions.

My answer most of the time is: Reinx and stoy worrying, and face the facts concerning them, because modern science has developed a solution for all those conditions, whether it's premature, or results due to ill health or old age.

We can see some of the healthest people bald-headed, or gray haired compared to folks with a full head of hair without gray. In fact, by being hald or gray, doesn't have any effect on our physical health. It just only affects people men-

A majority of men that are hald wears a hat most of the time to keep from being selfconscious while out in public. Also by doing this, it makes them look younger.

Since wigs are the go now and very popular, women do not complain much lately about hair-loss or graving. Some have different colors and styles to help keep them attractive and emotionally balanced corresming their bair.

A message to the men would be more appropriate at this time, because males might not be as familiar with things of this sort personally, such as weather hair process; or having their colored.

Raidness very seldom is a sigh of poor health. In some cases it is hereditary, male patent, or can also be caused by certain medicines, illness with high fever, and among women who are faced with the problem more than ever before

The only cases during my practices in this field in which hair has retained growth from baldness are; nerve spots, or people who have suffered from a certain type of high fever in the past, due to a disease

My advice to all men are to stop spending a lot of unnecessary money on different mediestions people claim can grow hair on a slick head. If you are hald and your hair roots are dead, you can forget about regrowing new hair, and it wouldn't be a good idea to try some specialist to transplant hair from some other part of your body to your head.

Therefore, the two solutions to baldness and gray hairs are: first, to make up in your mind whether you want to live and adjust yourself to them and remain that way the rest of your life, and say to yourself: "This is the way my creator intended me to ba; and I'm not going to worry about it anymore, and as long as it doesn't have an effect on my health I'm

Second: To do something about it as soon as possible by consulting a professional barber or hair specialist and let him help you. By taking this step you can have a full head of hair (toupee) and your natural color of your hair back.

It's so easy to get this particular job done, and start enjoying your new youth look which can do away with your self-consciousness if you are in that stage.

Finally, don't try the do-it vourself method, because it requires a skilled person in this particular field to give you a satisfactory job. Lastly, to caution you; hair coloring is dangerous and should be mixed "poison," it can get in your eyes, and opening in the skin, or you could be alergic to some types of coloring, which also requires a skin test. For more information on this subject write to: Your Mind columnist

436 E. Pettigrew St. Durham.

WHAT'S HAPPENING TO OUR YOUTH?

wash the break in respectable conduct that sometimes chanactorizes youth by shifting the blame onto parents. Yet a search for courses must point as well in this direction. It really is not enough to deplore the use of drugs and the proliferation of saxual promiscuity among young people. We must consider the social and spiritual vacuum that may have contributed to their fall.

So this is a major causethe failure and neglect of adults to get behind what is sometimes obnoxious behavior and communicate the love of Christ in a personal and warm

A second factor may be hypocrisy. Young people have a special aversion to this. "Show me!" is the legitimate call of many teens. Perhaps what they are demanding, in more Biblical terms is: "Where is the Lord God of Elijah?" The outpourings of the Holy Spirit must not been seen in historical perspective alone. They must be part of the ongoing experience of the church. To tell of revivals gone by is meaningful, but to share in revival is life-changing.

We do well to be "event conscious" in dealing with young people. They must see and feel for themselves not the acts of God in history but

1.37 Million Gain

TOKYO — Japan ended
1972 with an estimated 1.57 millien more people than the 105
million it started the year with,
the Health and Welfare Ministry said. It reported more than
3 million births and said the
country may be on the verge of
a beby becom.

to buy stock, etc. The 1973 Buying Guide Insue of Consumer Reports by Consumers Union—Rat-ings for more than 2000 on Consumer Union's inde-pendent tests as well as ad-vice on household moving, auto insurance and small claims courts.

Who Put the Con in Con-

numer? by David Sanford-Accounts of consumer fraud.

SCOUT CORNER



behavior may in fact be a

camouflaged cry for help. Et-

fective youth leaders have

learned to interpret such be-

the acts of God today. God growth and enlargement, both has acted! His Spirit has been numerically and spiritually.

evidenced! It is not a matter of claim alone it is experience. Something glorious has hap-pened. Nothing trushes aside hypocrisy like demonstration. Wise parents are ever on the guard to maintain consistency in their own behavior.

While no one is perfect, and teens don't expect that, many teens cannot hundle the gaps between what is veclared and what is performed. Parents must be what they say they are. The church must be what It says it is Adults must be long on should that short on insensitive criticism. THE CHALLENGE Never have wer freed such

an opportunity to speak forth the gospet. Young people are coming alive, demonstrating in a variety of ways their dissatisfaction with the secularized and demoralized society they are asked to live in. In this context of searching and yearning, the field is pro-pared for the said of God's fiord. Youth today long for reality. They crave a meaning-ful experience of divine love and grace. The church must come alive and mest the chai-

First, a churer must consider its priorities. A successful ministry to youth blue not come about accidentally. It is the product of careful plan-ning, the outgrowth of marifice, and the result of intercessory prayer. A wise church will not consider the cost too great to have a dynamic appeal to the spiritual needs of its youth. Generally speaking has with a heart for youth will be blessed with

sider its program. A quick

meeting, irregularly scheduled and carelessly planned, is not adequate to meet the needs of youth. We must see to it that a well-balanced group of activities is available. Young people need fellowship; they need recreation; they need instruction; they need worship. Such balance calls for dedicated leadership that will work and pray with purpose. Recently churches have re-

Third, a church must con-

Second, a church must consider its attitude. Censorship is necessary; discipline is a ported a spiritual awakening must; high standards are esamong their youth, Lingering sential; but a church must in prayer, claiming the pronever communicate a negative mise of the Holy Spirit, and attitude that repulses its youth. True, youthful inconsensing new dimensions in the Christian life are evidences sistencies and immaturity of this spirit of revival. When may trigger strong feelings of churches pray, plan, and prodisapproval, and properly so, vide, young people will rebut this must not lead to an spond with sincerity. attitude of intolerance or disgust. What we sometimes treat as obnoxious and inexcusable

What potential! Enthusiasm, intelligence, talent, and a full life ahead - these are the ingredients of that complex commodity called "youth". It stands waiting to be entrusted with a worthy cause to be alive in Christ!



