B-THE CAROLINA TIMES Sat., March 10, 1973

"I Didn't Expect Them to Do This Well" Comments Mother of 7

JACKSON, Miss-Mrs. Inez-Owens has been a mother for 23 years which is the age of her oldest son. For eight of those twenty-three, she has been mother and father to her seven children. She is a widow who "wanted them (her children) to go to school."

"Once Jodie went, it just became a tradition." Mrs. Owens recalls with pride. Jodie, the oldest son, is now a graduate student at Jackson State College.

The tradition to which she refers to is the three that have followed Jodie and arc now undergraduates at Jackson State: Bobby (a senior), Dianna (a senior), and Jasmin Rene (a freshman).

Equally proud of the tradition are the children who readly admit that it has been their mother's sacrifice that has made it all possible.

So when Dianna ended the Fall Quarter with a grade point average somewhat different from that of her sister and brothers' she naturally drew some attention.

Dianna, it turns out, earned a 3.47 GPA out of a possible 4.00 which placed her on the Dean's List and ranks her an honor student.

Perhaps the fact that Jodie, Bobby and sister Jasmin each achieved idential 4.00 GPA had something to do with the added attention she received. While attaining excellence at Jackson State, the Owens live on a small farm in Terry, where there used to be cotton fields but is now mostlly a farm for a few head of livestock.

Mrs. Owens admits that like any mother she expected her children to do well, "but I didn't expect them to do quite this well," she beams. Generation gap? "No," says Mrs. Owens who attributes much of the success with her children to the fact that she has never allowed them to be separated.

"I've never separated any of them in the eight years, since husband's death) and I've never spent a night away from them except for medical reasons.

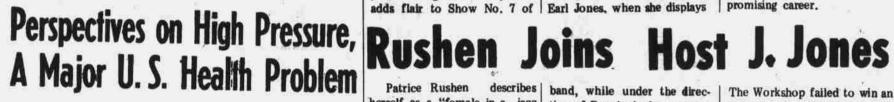
"At home, I try to make it as pleasant as possible, and encourage them to get an education," she continues.

Prior to her husband's death, Mrs. Owens was a housewife. Since then, she drove a school bus for three years before going to work in a textile mill where she is now employed.



PATRICE RUSHEN, an 18year-old organist and painist variety show starring James adds flair to Show No. 7 of Earl Jones, when she displays

a jazz styling in an original piece that gives insight into a promising career.



received one of the Outstand-

ing Instrumentalist Awards. As

a result, she and the Workshop

were featured on a television

special on Channel 28 called

The Workshop also entered

the Orange Coast Festival where

Patrice received the Most Out-

standing Soloist Award. Miss

Rushen eventually formed the

"Close Enough For Jazz."

HOUSTON, Texas - Six groups of inhabitants of the Solomon Islands in the South to man. Pacific have been found to be "completely free" of the kind of coronary vascular disease and hypertension seen in American society, Lot Page, M.D., Professor of Medicine, Tufts University School ger added. of Medicine, said here.

A rise in blood pressure with age, however, has been observed among those groups of islanders who have become somewhat acculturated -"Westernized," Dr. Page said. No rise in blood pressure has been detected

herself as a "female in a jazz search will provide extrapoidiom." At 18, she makes her lations that may be applied first nationa l television debut as a jazz pianist on "BLACK

Much more research is OMNIBUS", a weekly variety needed both to understand show starring James Earl Jones. the mechanisms producing Miss Rushen's music is vihypertension and to attempt brant and alive and contains a to reduce the incidence of message that speaks to the high blood pressure, Dr. Barsoul of her audience. "If you can play and you don't com-High blood pressure treated

municate with somebody out with modern drugs can be there listening to you," she successfully lowered and says, "then you're not doing strokes and heart attacks prevented, Morton H. Maxthe whole job because music is well, M.D., Clinical Professor for everybody." of Medicine, University of

Patrice wants to write music California, Los Angeles, said. for motion pictures, television However, of an estimated and plays and is fast on the 23,000,000 people in the Unitway to achieveing these goals. ed States with high blood She began her musical caree r pressure, at least 50 per cent in high school when she joined don't know they have it, and the Locke High Jazz Lab of the 50 per cent who know Band (since then changed to it, 50 per cent aren't being the Incentive Workshop Jazz treated, Dr. Maxwell said. Band), and in her senior year Of the 25 per cent treated, became "sort" of the jazz only about 12 to 15 per cent are being adequately treated. pianist for the school. The

FASHION PONTS

The New Sportswear

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a little inspiration. Here's some ... they'll all be the right

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Keep changing

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day's dresses are

loose-legged swingers? Prob-

ably that they look great. So

do the new rich girl jeans.

Post-graduate pedal pushers

If you think you're inspired

now, wait until you see what's

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sportswear departments. You

wouldn't have thought you

could wear so many looks so

well. As much as sportswear

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looks for 73...some will be just right for you.

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by Sally Green

band, while under the direc-The Workshop failed to win an tion of Reggie Andrews, enteraward but Patrice's combo won and was invited back to play ed various contests throughout the state such as, the Battle for the main festival in Septemof the Bands Contest at Hollyber. At the end of the perforwood Bowl in March of 1972, mance, the combo received a where the Workshop took standing ovation. Sweepstakes and Miss Rushen

Miss Rushen works very hard at perfecting her music. Although she started out playing classic al music and likes rock, her first love is jazz because it allows her to create and improvise with more freedom and spontaneity. She says her father is also a "jazz buff." Both Patrice's mother and father have encouraged her

at USC's Preparatory Music Department. There she learned the "difference between running notes, sleeping notes, jumping notes, and stuff like that." At six, Miss Rushen was put in a music class, still at USC, and after about a month, she was singled out for private lessons and has been taking them ever since. She now attends USC as a Music Education major.

GRANT FUNDS 5 DAY INSTITUTE

DURHAM -- A \$2,000 grant from the General Mills Foundation to North Carolina Central University will support a planned five-day institute for paraprofessional library employees, to train them for service to young children.

The Institute will be conducted by the Early Childhood Library Specialist Program of North Carolina Central's School of Library Science. The program trains Early Childhoold Library Specialists, provides a model center for early learning practices, and includes a parent/child demonstration, project.

The institute for paraprofessionals is intended to meet the needs of many library employees who are not trained as professional librarians, but who work with young children in the course of their duties. The \$2,000 grant will provide stipends for 20 participants all in-service employees, and will pay consultants and provide materials, supplies, and expenses of evaluations and a



Good Morning!

Why breakfast? Well, why not? After all, morning is usually the time when a person has been without food for the longest span of a twenty-four hour period. Studies have shown that when one goes without food for a prolonged period, the body may show the strain - fatigue, spread assures quick energy to

slower reaction or irritability. Whether it's pizza, pancakes or crisp ready-to-eat cereals for a breakfast matters little as long as the complete meal provides adequate protein, vi-tamins, minerals and energy for the individual's morning needs. However, many prefer a simple bowl of ready-to-eat cereal with milk as the main dish, not only because of its ease of preparation and economy but also for the bonus of nutrients it supplies A light yet substantial break-

to a Better Day. Kay Kellogg. Department M, Kellogg Company, Battle Creek, Michigan fast of fruit or juice, ready-to-49016 eat cereal, milk, bread and a final report.

nesday by James M. Olson of A check for \$2,000 was pre- | Raleigh, manager of personnel sented to Chancellor Albert N. services of Good Mark, Inc., Whiting at N.C. Central Wed- a division of General Mills.

start the day and lasting energy to carry out morning ac-tivities. Just setting the alarm

clock a few minutes earlier leaves plenty of time for this

convenient, good-tasting nutri-

tious wake-up meal. "Break-

fast Your Way to a Better

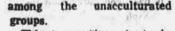
Day" is the title of a folder

that contains lots of important

information about "breaking

the fast." For a copy, just write to: Breakfast Your Way





This is an "important observation," indicating "what we've regarded as a normal part of aging is possibly a disease process, leading to essential hypertension (high blood pressure) in millions of people in the United States." he said .

Dr. Page was among the participants in a workshop on hypertension for physicians sponsored by the Medical School and Division of Continuing Education of the University of Texas Health Science Center at Houston. It was co-sponsored by CIBA Pharmaceutical Company, as part of its Medical Horizons Postgraduate Education Series. Sessions were held at the Hyatt Regency Hotel.

Environmental stress was linked to the development of high blood pressure by A. Clifford Barger, M.D., Professor of Physiology, Harvard Medical School.

"A multiplicity of factors affect people in different ways," Dr. Barger said. "Some people develop ulcers, some, coronary artery disease, and some, high blood pressure."

The Specialized Center of Research in Hypertension, operated by Massachusetts General Hospital and the Harvard Medical School, is "one of the few centers" studying the production of high blood pressure in monkeys by behavioral control, he pointed out. It is hoped that the re-

Limited

The only things that are getting longer about women's clothing are the shoulder straps.

-Tribune, Chicago

LONG FLIERS

Scientists have found that boll weevils can be long distance fliers. The destructive cotton insect will fly at least as far as 25 miles in search of food or a mate. To find this out, the scientists marked some 300,000 weevils and released They were them. captured -- some of em -- in traps from 2 to 25 miles away from the release site. The one found 25 miles away covered the distance in Patrice Rushen Trio while at Lock, and it accompanied the

CIS.

sery school teacher discovered



different. They stripes and dots. As long as you keep the reflect all the colors in the family, the pargames people ticulars can run wild! play. Some have swim suit tops. Fashion anyone? others the tennis look, even You're healthy and gorgeous the shirtwaist is making conin tennis-inspired separates temporary news in sensuous for city streets. Meanwhile knit fabrics and prints. back on the courts, rally with Shall we pants? shocking pink or chrome yel-What would Fred Astaire low. It's a whole new game. have to say about the new

> Make a big splash You're contemporary and mysterious. Over your barely-there bikini. an equally beguiling caftan-y sandsweeper. Which is the real you?-

both! Lay on the lengths

ing.

Take it

from the top

Easy, inexpen-

sive look for a

multitude of

is a sign of the times how-If you showed a leg yesterday ever, one little sign doesn't you'll look ever so more inchange. That familiar union teresting in that ankle length label found in so many great skirt today. Keep them guess-American-made sportswear designs. It gives you the ex-

tra satisfaction of having bought a garment that stands for skilled workmanship. design creativity and the importance of American jobs.

7.8 images. Just switch your top from halter to mohair sweater to tiny tummy-baring midriff and back to the classic shirt. Ah. mystique.

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