

Women's Page



MRS. PRINCE B. OLIVER, JR.

Miss Gloria Ann Roberts and Dr. Prince Oliver Repeat Wedding Vows Sunday, March 4th

Miss Gloria Ann Roberts and Dr. Prince B. Oliver, Jr. of Daytona Beach, Fla., were married Sunday, March 4, at 5:00 p.m. at the home of the bride. The Rev. Dr. J. Neal Hughley officiated. Mr. and Mrs. Thurman O. Bridges of 3002 Bryant St. are the mother and stepfather of the bride. The bridegroom is the son of Mr. and Mrs. Prince B. Oliver of Daytona Beach, Florida.

Given in marriage by her stepfather, the bride wore a gown of chiffon and satin. Her illusion veil was attached to a lace cap embroidered with pearls and crystals, and she carried California daisies. Matron of honor was Mrs. Daria Roberts Peace, sister of the bride. Best man was Dr. John L. Hamilton of Pensacola, Fla.

A reception followed the ceremony. The bride attended City University in New York. Her husband graduated from Bethune-Cookman College and Meharry Medical College. His fraternity was Alpha Phi Alpha. He is head of the anesthesia department at Good Samaritan Hospital in Mt. Vernon, Ill., where the couple will live.

Mariam Thorpe Completes NLS School Studies

Miss Miriam Yvonne Thorpe, daughter of Mrs. Evelyn M. Thorpe of 412 Pekoe Street has completed her studies at the National Legal Secretarial School, Hagerstown, Maryland. On March 3, Miss Thorpe received her diploma in the Court and Conference Reporting Course. Further studies were also pursued and completed in the secretarial sciences as well as training in the terminology of the legal profession and such basic legal courses as legal research, legal secretarial practice, legal dictation and transcription, legal typing and business law. Graduates of the School are prepared to work as secretaries to attorneys, law firms, government legal departments, both State and Federal and in the legal departments of industry. Miss Thorpe graduated from Hillside High School in 1967 and received her B.A. degree in Business Education from Shaw University in 1971.

Special honors achieved by Miss Thorpe in addition to graduating Magna Cum Laude were services as President of Alpha Kappa Alpha Sorority, Inc. held recently at the Downtowner Motel, downtown Durham. Left to right, seated: Sorors Dorothy Washington, Grammateus; Velda Fluellen, Anti-Basileus; Beatrice Burnett, Founder; Adele Butts, Basileus; Latelle Vaughan, Founders' Day Chairman; Grace Massey, Parliamentarian; Jocelyn Stevens, Undergraduate Advisor; Florice Holmes, Elizabeth

Miss Thorpe currently has the distinction of being the only black in the area of Stenotyping or Court Reporting who has completed professional training in the area.



MISS THORPE



FOUNDERS' DAY OBSERVANCE of Alpha Zeta Omega Chapter of Alpha Kappa Alpha Sorority, Inc. held recently at the Downtowner Motel, downtown Durham. Left to right, seated: Sorors Dorothy Washington, Grammateus; Velda Fluellen, Anti-Basileus; Beatrice Burnett, Founder; Adele Butts, Basileus; Latelle Vaughan, Founders' Day Chairman; Grace Massey, Parliamentarian; Jocelyn Stevens, Undergraduate Advisor; Florice Holmes, Elizabeth

Young, Second row, standing: Sorors Clarice Wilkinson; Lucia Taylor; Felice Holmes; Sadie Washington; Bernardine Bailey; Lavinia Parker; Lucile Hancock; Roberta Jackson; Kathrine Thomas; Evelyn Kennedy; Beatrice Cherry; Edna Lambeth. Third row: Sorors Willa Lewis; Ferné Dixon; Julia Fairley; Lilla Ellison; Vivian Crump; Helen Edwards; Marei Faulk; Norma Royal, Ivy Leaf Reporter; Minnie Lucas.

PREGNANCY PLANNING AND HEALTH

by Mrs. Gloria Riggsbee

Dear Mrs. Riggsbee:

I am trying to become pregnant and I haven't been able to find many books that discuss the most "fertile" time of the month. I read one book that stated that 2 days prior to your midcycle plus the mid-cycle day should be the right time. BUT it counts Day 1 as the first day after the menstrual flow (Days 9, 10, and 11 after menstruation). Then I read another book which says the most fertile days are Days 11 through 14. This method, however, lists Day 1 as the first day of the menstrual flow. You can see that if I compare these two methods they don't match up. (I use Day 1 as the first day of the menstrual flow, then according to the first method my fertile period is from Day 14 to Day 16. According to No. 2, it is Day 9 through Day 11. What do you suggest?

Also, if I want a check-up, would you suggest that I see a gynecologist or that my husband and I visit a general M.D.? Mrs. M.B.A. Dear Mrs. A.:

I think I can clear up some of your problems. Most women are not regular, as you know, and that means, of course, that you probably don't ovulate at exactly the same time each month. You need to keep a record for a few months of exactly when your menstrual period starts. Count Day 1 as the first day of your menstrual period. For example, say that one month your period began on Day 28; the next month it began on Day 30 and then the next month on Day 31. Ovulation usually takes place about 14 days prior to the beginning of a menstrual period, which means that in the month described above, you probably released an egg (ovulated) on Day 14 through Day 17. So, you should consider

Day 14 through Day 17 of your cycle as your most fertile time. Of course, days just before and just after this could be fertile too, since the man's sperm can live two days inside the woman's body waiting for an egg, and the woman's egg itself lives one full day. This means that if you have sexual intercourse one day and then ovulate anytime in the next two days you would probably become pregnant; or, that if you ovulate one day and then have sexual intercourse the next day, you would probably become pregnant.

You ask about seeing a doctor. Unless you and your husband have been trying to have a baby for at least a full year, doctors will not consider that an infertility problem may exist. If you have been trying to become pregnant for a full year, then I suggest you go to a gynecologist and explain your situation to him. Your husband should go to a urologist for a sperm count. Of course, every woman should have a yearly check-up by either a gynecologist or a general practitioner for a pelvic examination and Pap smear.

Dear Mrs. Riggsbee: I am pregnant and would like

to seek professional help concerning giving my baby up for adoption. Please send me a brochure so that I can get in touch with the right people in my area.

I read your column in my newspaper and truly thank God for it. Until I saw your column in the newspaper I had no idea how to solve my problem. G.A.

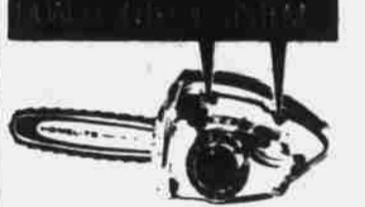
Dear G.A.: I am sending you a booklet from the Children's Home Society of North Carolina which discusses their services for counseling people with problem pregnancies and lists the offices in North Carolina where their social workers can be contacted. These professionals are particularly helpful and will talk to you about your problem either in their office or at your home. They will not make any decision for you, but can help you sort out your feelings and think realistically about the decisions you are making in relation to your own situation. Let me know if I can be of further help to you.

Address letters and requests for a free booklet on birth control to: Mrs. Gloria Riggsbee, 214 W. Cameron Avenue, Chapel Hill, N.C. 27514.

The U. S. Bureau of Labor Statistics estimates state police enrollments will rise rapidly in the 1970s, with 2,900 new officers being recruited each year.

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Durham Social Notes OF Of Interest

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VISITS FAMILY

Frank Rogers, a Marine who is stationed in California is home visiting his mother, Mrs. Buela R. Whitaker, his sisters and brother.

HOME FROM NAVY

Donna Lawson who is in the Navy spent the week-end with his father, F. S. Lawson and his sisters Misses Martha and Le Wanda Lawson.

WITH SYMPATHY

Heartfelt and sincere sympathy to the late Mrs. Mearl P. Harris family, Mrs. Pandonia Parker; Mr. and Mrs. David Parker; Mr. and Mrs. Larry Turrentine and family. The Lord is my shepherd I shall not want. Psalm 23.

ON SPRING BREAK

Miss Terry Carnegay who is attending Kirtland College is home on Spring Break with her father, John Carnegay on Kent Street.

CONGRATULATIONS, JOHN

Congratulations to John Lucas of the Maryland basketball team and his fellow teammates (friends). We are proud of you. Keep up the good works. Wish you much success in the future.

NEW JERSEY VISITOR

Mrs. Hattie Wilkinson of Newark, N. J. is spending the week here visiting her mother, sisters, daughter and son-in-law, Mr. and Mrs. Bernard Austin of the Paula Apartments.

"NIGHT IN WHITE" GIVEN AT HUNTER'S CHAPEL

The Missionary Society of White Cross and Hunter's Chapel AME Church of Effland, N.C. presented a "Night In White" on March 4, at 5 p.m. at the Hunter's Chapel Church. Speaker for the occasion was the Rev. John Davis of First Baptist Church, Mebane. His text was "A Friend at Midnight" which was very spiritual and enjoyed by all. As the choir sweetly furnished music. The

visiting ministers Revs. A. L. White and R. Turner gave some encouraging remarks. The finance committee called for gift giving. Remarks by the pastor, Rev. Clyde Long and presidents of each Society.

Then time arrived for the candlelight ceremony, which was arranged by Mrs. Clyde Long, as the ladies in white lit their candles, the organist sweetly played "Let the Lower Lights be Burning." Then the ladies marched singing, "This Little Light of Mine." The march was very spiritual and touching. Then we all repeated the Missionary Benediction.

MILL GROVE COMMUNITY COUNCIL HOLDS MEET

The Mill Grove Community Betterment League Council met Monday night, March 5, at Mt. Level Baptist Church at 8:00 p.m. The meeting opened with a song led by Duke Lipscomb, "Pass Me Not O Gentle Savior." Prayer, by H. Dunningan. The yearly treasurer's report was given by Robert Hall. He also gave a report on Revenue Sharing. The members had as their guest speaker, Mrs. Mildred Page who is on the staff of Lincoln Community Health Center and she is the Director of Health Education of L. C. H. C. Mrs. Page made a wonderful speech. She said we offer what we call family health care and that Bragtown Satellite Clinic is sort of a wing from L.C.H.C. and her pleas to the group is to try to reach people and get them to support the Satellite Clinic. Asked everyone to encourage others to use the clinic and to give your criticism to the Clinic. It was very interesting and the Council shall look for Mrs. Page to return very soon and show films. Miss Josephine Washington challenged Mrs. Page to encourage the community health workers to talk to community people and explain to them the purpose of the clinic and asked them to

come to the clinic.

Duke Lipscomb gave a report on the land at Old Mill Grove site that is being used for recreation.

Members present were Roumania Lipscomb, Ruth Satterwhite, Symina Daye, Duke Lipscomb, Orange Lipscomb, Robert Hall, Josephine Hayes and Mrs. Mildred Page, guest speaker.

SICK AND SHUT-INS

Mesdames Annie (Dep) Mack, Lona Parker, Mollie R. Mason, Lola Bullock, Virginia Bridges, Miss Wilhemina Crossett, Mesdames Lucinda Jones, Sandra Mebane, Elena Jones, Ida Allen, Nellie Bailey and Victoria Joyner; Mr. and Mrs. F. Warren, Mr. and Mrs. Claiborne Tapp, Messrs. William (Bill) Carlington, Charlie Atkins, Sr., Joseph Wade, Ellis D. Jones, Sr., Johnnie Tilley, Jake Pointer, William Thompson, Sr., Sammie Parker.

Call unto me and I will answer thee and shew thee great and mighty things which thou knowest not. —Jeremiah 33-3.

WHO KNOWS?

1. When was the first message sent by telephone?
2. When was the first transatlantic radio broadcast?
3. Who was the author of "Paradise Lost"?
4. What is the nickname for Rhode Island?
5. When was the U.S. Navy created?
6. Which was the first state to join the Union?
7. What is a brogue?
8. What is the motto of Alabama?
9. What is another name for mononucleosis?
10. Define "Requiescat in pace."

Answers to Who Knows

1. March 10, 1876.
2. March 14, 1925.
3. John Milton.
4. Little Rhody.
5. March 27, 1794.
6. Delaware.
7. A coursey made heavy shoe commonly called a brogan.
8. We Dare Defend Our Rights.
9. Glandular Fever.
10. Latin meaning "rest in peace."



JABBERWOCK ACTIVITIES UNDERWAY — Activities to honor the contestants in Delta Sigma Theta's Jabberwock '73 have begun. Above, the contestants and their escorts are pictured enjoying an

afternoon of ice-skating and fellowship.

Other events planned for them include: a chaperone clinic, several informal meetings, and several rehearsal meet-

ings. These activities will culminate on March 30, at 7:30 P.M. at the Hillside High School Auditorium when the contestants will be presented during Jabberwock '73.

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