A recent front-page story in one of our suburban newspapers reported the death of a child asphixiated in a car. She and her sister, who survived, were left in a parking lot by their aunt who had gone shopping. The woman had kept the engine running because she was afraid

she would be unable to get it started if she shut it off. It had become hard to start lately and, like

so many of us, she had put off having it fixed. Noxious fumes entered the car from a badly rotted out tail pipe. There had been

no evidence of Jody Carr the noise that usually signals a hole in the exhaust system. Her car's exhaust had been silenced by the muffler before it reached the faulty tail pipe. The colorless, odorless carbon monoxide silently crept into the closed car and into her

nieces' lungs. Several lessons can be learned from this tragedy. The most obvious: don't sit in a parked car with the engine running and, certainly, don't leave children in a parked car.

Most of us are fully aware of this danger. Yet, carbon monoxide poisoning in cars is not uncommon. Possibly the woman's car had become a stubborn starter because it needed a tune-up, which would have increased the harmful ef-fects of its exhaust.

of its exhaust.

Probably she had never had the exhaust system checked for rusted-out parts. Accord-ing to the newspaper account, which featured a three-column photograph of the guilty tail-pipe, road sait might have ac-celerated the deterioration.

This brings us to lesson number two: the effects of car neglect can compound them-selves. Had this woman taken care of either of her car's de-ficiencies, there probably would have been no story to

The third lesson: periodic inspection and maintenance are vitally important. They might have corrected the starting trouble and disclosed the holes in a seemingly OK exhaust system.

Finally: automobile owner-ship is a heavy responsibility that goes beyond monthly payments, insurance and careful driving. It includes maintenance, for a mechanically neglected car can become lethal. Too bad we so often grow

COMING IN HOME DECOR: THE STONE AGE!



Stoneware is an ancient idea whose time has come-

For centuries we've been blessed with changes in ceramic products-from fragile sunbaked pottery to high-fired quality procelain and stoneware-that illustrate man's continuous shift in mores and

High-fired porcelain and stoneware emerged in China about 250 A.D. Marco Polo brought samples of stoneware to Europe. Europeans devel- temporary that cup to a 14 oped the concept of dinnerware as we know it today. Soon the field branched utility plates and cups for everyday; fine china for special occasions.

In America today, people are increasingly beginning to serve both ends by one means: stoneware. With its handcraft design quality stoneware as made by America's only maker of porcellaneous stoneware— Iron Mountain Stoneware—is a gracious asset to any table.

Traditional formal dinnerware is becoming increasingly rare. In place of it, we have informal breakfasts, lunches and dinners. And natural, durable stoneware harmonizes

with today's life style. Special glazes and hightemperature firing combine to produce nonabsorbent, hard, dense dinnerware with variegated colors that will not stain or fade-colors that cannot be marred by liquid, acid, detergents, or dishwashers, This means stoneware is especially durable and well suited to outdoor patio and family den entertaining. For some time, stoneware

plates, platters, pitchers, bowls, ashtrays, and cups have been crafted. Recently, the world's first high-styled ceramic drinkware—seven stoneware "glasses" ranging from a conounce water goblet was introduced by Iron Mountain Stoneware, Laurel Bloomery,

"This new drinkware makes the hostess happy because it helps create the colorful mood so popular in this informal era of creative entertaining and living," says Nancy Patterson (above), Iron Mountain president and chief

designer. The new drinkware insulates contents. Hot drinks stay hot, and cold drinks cold, longer than in glasses or ordinary ceramic utensils.

And one of the nicest things about buying and using stoneware: it's comparable in beauty to fine china and is a gracious asset to any table. Esthetics and durable function. That's the new stone age.

Nutrition Information Changes **Eating Habits**

JANICE CHRISTENSEN

Allowing a family to receive food stamps does not mean family members will always be well fed. There needs to be some meal planning know-how, too.

When Mrs. Nannie Romes, a program aide with the Durham County Expanded Nutrition Education Program, first visited a family, she found the refrigerator filled with large bottles of soft drinks in lieu of food. Even the baby was given soft drinks in his bottle.

After working with the family for a while, Mrs. Romes feels that the mother now realizes the importance of feeding her children nutritious foods.

In fact, on her last visit, the aide found the baby's bottle filled with milk instead of a soft drink.

"Mothers are usually more cautious in feeding their children once they find out why nutritious foods are important to their health and well being," Mrs. Romes told Mary J. Whitmore, associate home economics extension agent.

SECURE FEELING Having insurance before you need it is better than having a security blanket, says Mrs. C.M. Haithcock, Macon, Rt. 1.

After she attended an Extension Homemakers meeting on "Insurance for the Home," Mrs. Haithcock decided to take out a homeowners policy. Less than a year later, a furnace malfunctioned causing smoke damage to the entire house.

The insurance policy paid for having the house cleaned and repainted, says Emily Ballinger, home economics extension agent. - "The knowledge that

had this insurance if I ever needed it was important too," Mrs. Haithcock added.

EATING HABITS Good eating habits are an investment in good health and happiness for

all ages. Most eating habits are established during the growing up years, notes Dorothy Mobley, associate home economics extension agent, Rich-

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Dealers Smile With Mary Smile



Mary Smile telephones home improvement and construction dealers at their homes to demonstrate Air Master Division's concern for their complete satisfaction with quality and delivery.

PHILADELPHIA, PA. - Home improvement dealers and construction contractors from Boston, Mass. to Norfolk, Va. have talked to Mary Smile of Howmet's Air Master Division here. Mary Smile telephones Air Master dealers and contractors at their homes. She listens to any

delivery or quality problems they might be experiencing. Then she routes these comments directly to the individual at division headquarters who can take prompt remedial action.

Mary Smile is the name of several Air Master telephone specialists. This manufacturer of aluminum building products began a telephone contact campaign to swiftly and efficiently communicate with cus-tomers whose normal sales visit is on a three-week cycle. The primary purpose of Mary's call is to demonstrate to every customer her concern that they e n j o y complete satisfaction with Air Master quality and delivery. Many of Mary's conversations focused attention on problems that could be and were solved much more rapidly than in the normal course

of events following a salesman's visit.

The Mary Smile campaign was especially effective in reactivating former Howmet dealers. She briefly described the latest Air Master new products and requested per-mission to schedule a sales presentation. Each call sheet was relayed to the salesman in the area for immediate

Mary Smile will tell Air Master customers of new products as they are introduced in the future. Her primary function will still be that of a good listener. Operating on Wide Area Telephone lines at the rate of 15 completed calls per evening, she will inform, coax and console Howmet dealers until they smile at the voice of Mary Smile.

mond; County.

Children tend to build their eating habits like their parents, she adds. They like the foods their parents like and reject the foods their parents don't like.

Next time you hear your child say "I don't like that," ask yourself -did he learn that dislike from me.

CLEAN FLOWERS Dried flowers last forever, but become

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dusty in time. Wash them by dunking in a solution of one-fourth cup liquid detergent in two quarts tepid water. Follow immediately with a dunking in clear tepid water, and dry on paper towels. Some flowers may close up when wet, but will

reopen as they dry.

FOOD BUDGET All money spent by family members for food should be planned for in the food budget. This includes school lunches, the office cafeteria or commercial restaurants, snacks at recreation sites and similar expenses, says Mrs. Marjorie Donnelly, extension food specialist, North Carolina State University.

Sat., May 19, 1973 . THE CAROLINA TIMES ..

Dry Week Allows Some Gardeners to Catch Up

By M. E. Gardner N. C. State University

Palm Sunday and Monday

They pluck their palm branches and hail Him as

Early on Sunday; They spread out their garments; hosannas they

Early on Sunday.

But where is the noise of their hurrying feet, The crown they would offer, the sceptre, the seat?

Their King wanders hungry, forgot in the street,

Early on Monday.

Easter will have passed when you read this but it has deep meaning for every day in the year. It was written by my long time pastor and friend, Edwin McNeill Poteat -the most brilliant and versatile man I have ever known.

Hooray! no rain has fallen in our neighborhood for six days. The soil is workable and everyone is busy as beavers trying to catch up on jobs that should have been accomplished in March and early April.

In the vegetable garden. the cool season crops should be growing in the lower Piedmont and eastern Carolina, if you were lucky enough to plant them between the frequent rains. Give attention to succession plantings of such crops

trellises in the ga He says that one of the most popular support for such crops as bea and cucumbers is a you sapling that you can o in the woods.



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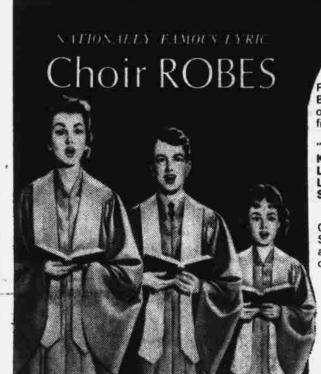
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You and your pet BY TED KAVANAUGH, DIRECTOR,

Training Your Dog: Part Two

A dog is a member of the family. And, like children, a dog needs training in manners and behavior. Not only is he a more enjoyable companion by not jumping on people and furniture but he's safer not chasing cars or dashing into street traffic.

ALPO PET NEWS BUREAU

The five basic commands every housedog should know and obey are heel, sit, down, stay,

My previous column dealt with the "heel" and "sit" commands. Now, here are training tips for the other three. For complete lessons, there are obedience training classes available and, for home training, excellent books by experts on the subject.

DOWN. Start with the dog short leashed, sitting attentively. Grip the leash close to his collar and give short tugs downward saying "DOWN, DOWN, DOWN" in a com-manding voice. The first few times, you may have to use your other hand to pull his forefeet out from under him for the desired lying down position. Repeat the perform-

ance again and again. Another way is to give the "Down" command and firmly push his shoulders down while wobbling him off balance. Either way, praise him frequent-

STAY. When this command is given while the dog is standing, sitting, or lying down, he should remain so un-til your release signal. It isn't difficult once the "sit" and 'down' commands are learned. Command the dog to go "DOWN" then tell him to "STAY" that way while you walk around him, over him, and away from him. Each time he starts to get up, say "NO, STAY," and be sure he

returns to the "down" position each time



can get into trouble.

sons without the leash, working up to obedience when far Throughout the training,

Practice the lessons daily until he "stays" correctly on both the short and long leash. Throughout these lessons, vary the locations indoors and out, to keep the dog's interest

Purebred Dalmation



COME. This is the most important lesson. A dog untrained to "come" when called is beyond your control and

Start with the dog in the "Down, Stay" position on his long leash. Toss the free end of the leash away, walk over to the end, pick it up and face your dog. Call his name with the command "COME." Don't coax him. If he doesn't come, reel him in hand over hand. Upon reaching you, pet the dog and make him "sit."
Repeat this lesson daily.

Keep varying the conditions, near and far, even hiding out of sight, until he always obeys to "COME" and "SIT." Then continue "Come" les-

lots of praise and occasional pocket tidbits like Liv-a-Snaps

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