

**Practical Gifts That Can Be Shared . . .**

**With The Family Are Most Popular Today**

Gifts for Mother's Day, birthdays or anniversary are a bit different this year, not only because there are new gift ideas to choose from, but because the big gift for that special day is likely to be less sentimental than in the past. It's one that is not only practical but that can be shared with the family.

Whether the homemaker is active at home or away on a job or extracurricular events, small appliances that save her time and energy are high on the list.

New automatic slow cookers are an example. They are perfect for the homemaker who wants to start a full meal in the morning before she goes to work, PTA meeting, hospital volunteering or whatever and not worry about it until she's ready to serve it at night.

One of the slow cookers, Pot O' Plenty by Regal is fashioned from Lexan® resin, the unbreakable lightweight material that is heat resistant, marvellously easy to clean and to maintain. The calibrated heat control lets you determine the heat you want — set it on low numbers and you can simmer all day; set midway and you can stew; set it on high and you can sizzle (in the French fry basket).

With the Pot O' Plenty, the wonderful flavor of old-fashioned cooking permeates the kitchen. And with this type of cooking, cheaper meat cuts can be used — a prime consideration these inflationary



A herbibou d electric Pot O' Plenty by Regal is an ideal gift which can be shared with the whole family. Its housing is fashioned of sturdy, easy to clean Lexan® material and brings the flavor of "old-fashioned" cooking into the kitchen.

days. You can make a big pot of soup, a family-sized boiled dinner, or hot punch for the crowd. It comes in attractive colors such as parsley, hot pepper or sun gold. A kitchen tested gourmet cookbook is included. In your search for an ap-

**WET, WARM**

The early spring brought "interesting" weather to North Carolina. It was both wetter and warmer than usual. Some areas of the state received over 16 inches of rainfall, well above normal. Frequency of the rains, even in areas that received much less total rainfall, was unusual. Rain fell at some weather stations more than 20 of the 31 days. Temperatures were above normal and the warmest in about 35 years.

side seams open.

Try on the pants, right side out, and pin side-seams to fit, as you would fit a skirt. Mark with chalk on wrong side along pins; turn right sides together, pin, and stitch along chalk markings.

**BIG PICKLE**

Mrs. Opal Callihan, Tabor City, Rt. 2, was in a big pickle last year. She couldn't find enough watermelons to meet the demand for her watermelon rind pickles.

Mrs. Callihan has been selling her home conserved products at the Senc-Crafts store, Lake Waccamaw for six years, explains Mrs. Yvonne Ray, home economics extension agent, Columbus County.

In addition to canning and freezing the family's food supply, the homemaker likes to put aside jars of relishes, preserves, pickles and spiced grapes as gifts for friends and family. "This year," the homemaker told the agent, "I'm not going to run short of watermelons. I'm going to plant my own supply."

**Divide Backyard Areas—Multiply Use**



**BEAUTIFUL AND DURABLE**—Diagonal 1x4 redwood boards in picture-frame panels make for an interesting, functional barrier between patio and service areas. Sturdy Construction Common, knot grade redwood was used by the fence designer, a landscape architect, for its beauty and durability.

Redwood garden grade fences expand backyard horizons. Careful division of backyard areas with redwood fences actually multiplies the area's usefulness. This redwood "new math" separates gardens into use areas—play yard, entertaining patio, and service area for example. Thoughtful planning can also provide hidden terraces, conversation niches and private sunning spots.

The selection of proper materials for fence construction is as important as the location and design of those structures. The Garden Grades of redwood — Construction Heart, Construction Common, and Merchantable — are ideal for fences because they are beautiful, durable and economical. Redwood garden grades contain knots and sometimes sapwood (the creamy-white streaks that

Garden projects, like garden flowers, must be planned well ahead of time. Redwood, America's "fastest growing conifer and also one of our most natural garden materials, is in heavy demand as more and more Americans discover the joys of outdoor living. Planning and ordering your materials as far in advance as possible will assure that they are on hand when you need them.

An entirely new 12-page booklet, "Redwood Fences," and a set of fence construction plans, may be obtained by sending 25¢ for handling to "Fences," California Redwood Association, 617 Montgomery Street, San Francisco, California 94111.

**Distaff Deeds**

**Importance of Fabric, Clothing Labels Cited**

By JANICE CHRISTENSEN

It's important for homemakers to understand labels before they buy fabrics or ready-made clothing.

With the increasing number of synthetic fibers on the market and the different types of fabric texturing and finishes, it is impossible to judge performance and care of the fabric without the knowledge supplied by the label, emphasizes Mrs. Joyce Hildreth, home economics extension agent, Rockingham County.

One often misunderstood statement found on labels is "exclusive of ornamentation," the agent adds. This means that no care instructions are given for garment trims, such as lace, buttons or braid.

Through a special lesson on "Understanding Clothing Hangtags," county homemakers have learned to become better shoppers, Mrs. Hildreth verified.

And each homemaker knows its up to her to take the time to read labels and to learn what the different terms mean, the agent noted.

**MAKING PANTS** Making pants for yourself or some other family member? Here's a hint from Mrs. Martha B. Adams, home economics extension agent,

**WAFR-FM**  
**90.3**  
**Durham's**  
**BLACK**  
**Radio**

**We Still Need to Stay In Touch with Nature**

By M. E. Gardner  
N. C. State University

This is the day of the environmentalist. Some of us, many years ago, tried to point out the pitfalls, but we only had a wee small voice. It appears that we drag along in apathy until our problems become so acute that they are difficult and, sometimes, impossible to solve. It is unfortunate that many of our present day environmentalists live in air conditioned cars and houses and are not attuned to the real problems facing us.

Keeping in touch with nature is increasingly needful. Ancient scourages of the human race have disappeared but new ones are appearing, not the least of which is the separation of man from the unending beauties of nature. In the past one

hundred years, man has made greater material progress than in all of his existence. In doing so, he has replaced the fragrance of forests and fields with the smell of internal combustion engines and the reek of factories — and the end is not in sight. He has overrun the wilderness, polluted once sparkling streams of clear water and hemmed himself in with canyons of buildings. He has swamped his senses with impressions utterly foreign to the natural way of life.

Our nature study parks and national forests provide restful spots where man has not intruded with modern ways. Some are a part of the original face of this country, giving us some appreciation of primeval forces.

We are now faced with the problem of providing

open spaces and recreational needs of people who live in crowded cities and towns. People who fled from cluttered city streets to the suburbs 25 years ago are now

facing other people's windows and once again are searching for open spaces.

It seems to be the tendency of our machine civilization to wipe out every trace of what was once primitive wilderness. The preservation of natural lands is essential if we are to understand the natural laws which govern soil conservation, plants and animals, and their interrelationships.

State and national parks and forests give us an opportunity to renew our touch with the land, to draw strength from it and to ponder the mysteries and wonders of nature. There is serenity to be found and a place where we can walk and think alone; where every sight, every scent, every sound has meaning and makes us increasingly conscious of something we are about to lose unless we plan better.

**MORE TURKEYS**

North Carolina turkey production continues to climb. There were over 12 million birds raised on Tar Heel farms last year, up 18 percent over the previous year. Total production last year amounted to 197.4 million pounds live-weight, up 11 percent

**New "Matchless" Gas Lighter**

**Boon To Camper Cooks**



No more messy matches. No more "pops" from propane gas stoves or mobile home and trailer ranges.

A new trigger-operated "Spark Gun", now on retail shelves for under \$5, uses piezoelectricity to light propane gas or alcohol burners safely with a squeeze of a trigger. It has no flints or batteries, so operating life is practically unlimited. It keeps hands away from the flame, so it's far safer than matches.

The Spark Gun uses a tiny crystal to create an electrical charge when you pull the trigger. Result: a sharp electrical spark jumps from the business end and up jumps the flame. Lights any flammable gas or alcohol instantly.

The lighter has an 8-inch tube on a pistol-grip handle. This leaves the user's hand well away from the flame; also reaches hard-to-reach pilot lights in ovens and water-heaters, so it's handy around the house.

On sale at camping-supply, discount and department stores. A product of Veratron Piezoelectric Division, Bedford, Ohio.

over 1971. Gross income from turkeys was estimated at \$44.2 million, up 9 percent. Price received by producers averaged 22.4 cents per pound, compared to 22.8 cents the year before.



**Twist-together furniture is boon to homemakers! No tools. No glue.**



Now even the unhandy can put together beautiful furniture—in just minutes, without tools or glue, without painting or sanding, for far less than the cost of comparable case goods.

The answer is a simple new system of pre-finished shelves and spindles. You merely twist them together to form end tables, coffee tables, book-

cases, entertainment centers, even room dividers.

In addition to beauty and ease of assembly, these units are unusually flexible. You can add to them, rearrange them, take them with you when you move without fear of "fit." Stability's assured by an exclusive "Ring-Lock" type of construction.

Finished in warm walnut and deep dark oak, styling is compatible with a wide variety of furnishings. The beauty will last, too, for the wood grain finish is a vinyl laminate, highly resistant to most household spills.

Available across the country, the new system is a product of Kirsch Company. For more information, write for a free full-color folder packed with ideas: Kirsch Co., Sturgis, Mich. 49091.

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