

DAILY LIVING

THE ECONOMIC ASPECT CONCERNING MARRIAGE



William Thomas

By WILLIAM THOMAS

My column this week is impersonally based and carries no reflection on the economic aspect concerning marriage, which has been requested by many of my good readers. It should be completely read and analyzed to get the real understanding of my ideas about the subject.

The economic aspect of marriage causes its share of trouble. The idea that the husband receives sexual satisfaction in exchange for his financial support means that he earns the money and turns some or all of it over to his wife to spend. In other words, this may not be altogether a partnership, where the earning and spending are discussed and planned by both partners. This is, instead, an arrangement to keep the wife in a state of being eternally dependent on her husband. As long as the wife is in a position of dependency, communication will be impeded. Therefore, where communication is poor, misunderstandings develop, morale deteriorates, and companionship on anything like an equal basis will be difficult.

As long as the husband tries to maintain himself in a dominant role and his wife in a position of economic and psychological dependency, he probably will resent her becoming employed, or possessing an independent source of income. He most likely will resent her becoming employed, or possessing an independent source of income. He may say that he objects to this because it reflects on his ability to support his family.

This may be a factor, but his real concern is probably related to the fact that when his wife is a wage earner, she is less dependent on him. There is, of course, the real danger that the wife's employment will lead to competition between her and her husband, either for the control of the family or competition for status outside the home.

Another complication introduced by the economic factor is that the wife frequently resents the freedom which her husband's job affords him. Actually, the freedom may be more fancied than real in that his responsibilities may tie him down as effectively as she is tied to her household tasks. Yet, because he does not have the

same kind of responsibilities and frustrations that she has, she sees his job as the essence of freedom itself, and resents the fate which made her a woman confined to the home instead of a man free to enjoy himself all day at work. The converse to this is the tendency of some husbands to be little or ignore the importance of their wives' contributions to the security and comfort of the home. Sometimes this is an attempt to enlarge on the importance of their roles at work.

Many men genuinely enjoy their work, with the result that it absorbs much of their attention and energy, even when they must often decide whether to continue working on a professional problem at home, or whether they should devote this time to their families. As I see it, regardless of how they decide this issue, there is likely to be some jealousy on the part of their wives, who sense that they have a rival for their husband's affections. This probably can almost cause a wife to have the feeling at times to say: "I wish that my husband would fall in love with another woman, because I think I could handle that kind of competition more easily than his infatuation with his job."

Now, some women may use sex as a weapon by which they extort favors, punish or humiliate their husbands. This is a perversion of the love relationship in that something which must be shared is withheld. Such behavior implies erroneously that sexual satisfaction is more important to men than it is to women and that women can do without, but men cannot.

Probably all normal and happy marriages are somewhat affected by the foregoing factors. But, the more mature we are, the more able we are to resist these factors, should they become real threats to marital happiness and provoke misunderstanding. The better we can communicate with our partners in marriage, the more we will

FROM BLACK

By John Hudgins

Sis. JOSEPHINE TURNER and Bro. BEN RUFFIN need your help on this coming Tuesday, October 9. This is the day that you will have an opportunity to help them through the primary so that they can run in the November general election. Two brief reminders:

1. They definitely need your vote in the primary election. Of course it is true that the November election is the main one. On the other hand without your vote on this Tuesday there may not be a November for them. So please tell your buddies it is important.

be able to understand them and ourselves.

To the end, and my final opinion, it takes love; and love is something which grows and develops slowly, also something that must be learned. It is required in living together and developing an appreciation and a respect for each other as persons. The love which has firm basis on mutual understanding has a much better chance to withstand the distorting and warping forces of modern life.

II. Bro. Ruffin and Sis. Turner are not running against each other. This simply means that you can vote for both of them. It further means that the overall effort is to get both of them elected after we get them through the primary. Again spread the word, VOTE FOR BOTH OF THEM. We have a strange habit of assuming that when we see two Black people in a race, that they are running against each other. The fact is they are running together and against the six or more "other" folks in the race.

We all know that for our vote to be most effective we should carefully consider how many people we vote for. If you vote for the two above yours will be the only vote they get. If you vote for some of the other people in the race, not only do they get your vote, but also some votes from the "other" side of town where our Brothers and Sisters will get no votes. Take a long story short, why don't you just VOTE BLACK.

As an after thought let me just add a few words in my usual tradition. Voting will by no means solve all of our problems, but a significant number of Black faces on the city council can make a difference. With that difference and a committed Black community some things have got to shape up. We have always advocated any means necessary. Voting is a means. It is not our salvation but it is a useful tool for making some of the changes that need be made if Black people are to get the true beauty of life in this world, and indeed in Durham.

The only reason I have not said anything about Rev. Lynch and Bro. Ralph Hunt, is the simple reason that they are not running in the primary. They will automatically go to the November general election. And that's the way it is.

It's National Macaroni Week



"One Pot" pasta recipes are geared to the schedule of today's busy homemaker. Simple-to-make, great-to-eat and nutritious describe a fish stew from the National Macaroni Institute. Elbow macaroni, frozen fish fillets and a variety of vegetables cooked in one pot make up this hearty dish—just right for luncheon and dinner menus.

Elbow macaroni, spaghetti and egg noodles are good for you. They supply protein in addition to the B vitamins—niacin, thiamine and riboflavin. When eating pasta, we get iron...energy from the carbohydrate content. Easily digested pasta is a low fat, low sodium food.

ONE POT MACARONI FISH STEW

(Makes 4 to 6 servings)

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|--|--|
| 1 cup thinly sliced celery | 1 small clove garlic, crushed |
| 1/3 cup thinly sliced onion | 1 can (16 ounces) cut green beans, undrained |
| 1/4 cup butter or margarine | 1 can (16 ounces) sliced carrots, undrained |
| 1 package (1 pound) frozen haddock or sole fillets, partially thawed, cut in cubes | 2 cups uncooked elbow macaroni (8 ounces) |
| 2 teaspoons salt | 2 cups milk |
| 1 bay leaf | |

Cook celery and onion in butter until crisp-tender. Add fish, salt, bay leaf and garlic. Drain bean and carrot liquids; add enough water to vegetable liquid to measure 1 1/2 quarts. Stir into fish mixture. Simmer 15 minutes; bring to boil. Gradually add uncooked macaroni. Boil 10 minutes, stirring occasionally, or until macaroni is tender. Add drained vegetables and milk; heat to serving temperature. Serve immediately.

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