Skirts, 'Tennis Look' Big with School Girls

RALEIGH -- Back to fashions are taking on a traditional flavor in shape, color and pattern.

For little girls, skirts are back, with pleats taking a front row. A-line skirts wil' also predominate, says Harriet Tutterow, extension clothing specialist, North Carolina State University.

Plaids, checks and tweeds are sure to please the moppet set. Pants. a sure favorite, come equipped with cuffed full legs and high, cinched waistbands.

All sorts of tops are on the scene to go with the skirts and pants.

"Jackets are either short or tight-fitting at the waist," says Miss Tutterow. "Shirts of all kinds go under jackets, vests and sweaters. Sweaters take on a heavy look with cables and fisherman knits heading the list."

The tennis look is also rampant. Sweater sets are returning to the

children's wardrobes, just as they are for grown-ups.

Jumpers, dresses and shirtwaist dresses are all new on the fashion front. The girl of today can have her choice of types of Medical Examiner.

Coats and jackets join other wardrobe items in fitting close to the body. Waistlines receive renewed interest.

"All these garments come in easy-to-carefor fabrics," Miss observes. Tutterow "Polyesters, acrylics, cottons or blends of these fibers make a quick swish through the washer on a permanent press or knit cycle. Machine drying is an easy task,"

Read the permanent care labels before and after buying to be sure the garments will retain their "just new" appearance.

Colors being featured this fall include rust, ruby, navy, plum, brown and forest green as well as the traditional red and hlue.

20 Persons May Die This Winter Of Carbon Monoxide Poisoning

Anywhere from 15 to 20 persons will die of accidental carbon monoxide polsoning this winter as a result of defective automobile exhaust systems, according to Dr. Page Hudson, the state's Chief

With the advent of the Medical Examiner System in North Carolina, cases of a accidental carbon monoxide poisoning from idling parked automobiles commenced to surface, Hudson pointed out. He noted that medical examiners across the state have investigated from 15 to 20 such deaths each year since 1968. He warned that the hazard increases in the winter. Hudson offered three

proposals for reducing in the winter. Hudson offered three proposals for reducing the death toll from accidental carbon monoxide poisoning-make people aware

of the seriousness of the problem improve maintenance of automobiles, with emphasis on the exhaust system, and establish a more effective automobile inspection system.

"There are too many people who are not aware of the danger of carbon monoxide exhaust fumes-especially while sitting in a parked automobile with the motor running," Hudson said. "It never occurs to them that a gas external to the pasenger compartment can enter through the tiniest openings. Some believe, with fatal results, that keeping a window or door partly open provides ample fresh air."

Hudson said examinations of exhaust systems in parked automobiles in which people have died turned up such defects as broken tailpipes, holes in mufflers, tailpipes too short to extend from beneath the fender and various defects caused by collisions.

"Blow-by", a condition that occurs when gases escape from the engine around defective piston rings and enter the crankcase, has also been cited as a dangerous hazard. These gases get into the passenger compartment of automobiles thought to be in good repair.

"Carbon monoxide poisoning seldom occurs (although it can) while an automobile is in motion. If the vehicle is parked while the motor is running, however, carbon monoxide fumes can gain entrance more readily and can kill in as short a time as 15 minutes when there is no ventilation," Hudson said.

Carbon monoxide is a light gas produced by the incomplete combustion of carbon containing fuel. According to Dr. Arthur McBay, toxicologist for the Chief Medical Examiner's Office, hemoglobin, that part of the blood that carries oxygen to the body's tissues has a 200 to 300 times greater affinity for carbon monoxide than oxygen.

"Man lives on air," McBay said, "which is 20 percent oxygen. When oxygen levels in

the air get below 10 percent a person has trouble maintaining consciousness because the brain is deprived of oxygen. A person with severe heart or lung disease will succomb with lower levels of saturation of his blood by carbon monoxide than will a healthy person. McBay said that rapid physical activity at the time of exposure enhances absorption of carbon monoxide.

Hudson said a person sitting in a parked automobile with the heater or air conditioner running can lose his life before he knows what is happening. "A small hole in the exhaust system is enough to allow invisible, odorless, tasteless carbon monoxide fumes into the passenger compartment. Worst of all, there are no warning signs," he concluded.

HIGH USE

About 27 percent of all the energy used in the United States is used to maintain our homes in a comfortable condition -warming in winter and cooling in summer, providing lighting, hot water and cooking.

Sat., Nov. 10, 1973

Price Stability

In the midst of the curn flation that is raising has with the average family's budget, it is encouraging that one industry devoted to serving a segment of the physi-cally handicapped, has waged a successful fight in holding

a successful fight in holding the price line.

This is the hearing aid in-dustry. David Smith, director of marketing for Chicago-based Beltone Electronics Corporation, world leader in hearing aids and electronic hearing test instruments, points out that price increases within that industry have een extremely modest. Citing figures furnished by

the hearing aid industry and by the U.S. Department of Labor, Smith said that be-1955 and 1970, the cost of properly fitted hearing aids rose only 23 percent while the costs of most other health care services sky-rock-

For example, daily hospital costs jumped 246 percent, physicians fees were up 86 percent, dental costs increased 64 percent and the cost of eyeglasses rose 47 percent. Nec-essities outside the health care field also increased more substantially than within the MORGAN

THE CAROLINA TIMES-79

(Continued from Page 3A.) the Buildogs' 24-3 victory over North Carolina Central. The 6, 175-pound freshman cornerback from Lancaster, S. C., also had seven tackles in the game from his defensive econdary position.

Other players receiving votes as defensive player of the week were Harry Carson of South Carolina State, Eugene Simms of Morgan State, Carl Hairston of Maryland-Eastern Shore, Odell Jones and Kenneth Wright of Delaware State, Ronald McNeill of North Carolina Central and Maurice Pressley of Howard University.

hearing aid industry. These include food, which rose 35 percent, and rent, which was up 31 percent during the 15

Smith also pointed out that even the 23 percent increase in the retail price of hearing nids does not tell the entire story The improvements the industry brought to its products during the 15 years means the hearing aid custo-mer today probably is receiving more help per each dollar spent, than he was receiving

FASHION POINTS

by Sally Green

How To Take Cover In Style

Since fashion signaled the end of the plain raincoat with the exciting all weather variety, designers have been showering us with the best of their better ideas. Dash, versatility and styling as changeable as the weather abound. This Fall's collections are no exception. The best are fashioned so beautifully only your manufacturer knows for sure that indeed these new wondercoats do shed moisture like water off a duck's back. No doubt about it. All wardrobes should include the all weather coat. They're the contemporary way to cover up in any climate, anywhere. Here's a brief forecast for what's in store for Fall-

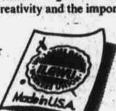
Think Big Fashion's new darling throws yards and yards of coat to the wind and looks divine.

All Ways capes, intriguing trench models, playful ponchos, sophisticated Just the ticket En route? full - length Nothing weathers packing like dressy designs, the all weather coat. Most are

All Weather/ How will you look lovely? Let us count the ways. Jaunty classic bals, and

Without question the concept of coats adaptable to any weather symbolizes American common sense and resourcefulness at its best. It's hardly surprising that so many all weather coats carry the symbol that likewise represents strong American values-the familiar union label. It identifies a garment that stands for skilled workmanship, design creativity and the import-

ance of American jobs. For more fashion points on how to map out a great wardrobe, write for your free booklet, "See America in Style -A Guide to Travel Fashion," MS6, ILGWU Union Label Department, 22 West 38 St., New York, N.Y. 10018.



ROSALIE





SCOTT ASSISTANT

from CARNATION FOOD SERVICE CENTER

Apricot Snack Cake is a marvelous treat. Serve it anytime you get a bit hungry. It's tender and light because the batter is blended with evaporated milk. Apricot bits are strewn throughout the spicy cake for added flavor. Top it with Cream Cheese Icing. It's



APRICOT SNACK CAKE (Makes 12 x 71/2 x 2-inch cake)

% cup finely chopped dried apricots 1/2. cup softened butter

11/2 cups sugar 2 eggs

1/2 teaspoon cinnamon teespoon nutmeg teaspoon alispice teaspoon ground cloves tablespoon vinegar 3/3 cup undiluted Carnation 11/2 cups sifted flour teaspoon baking soda **Evaporated Milk**

1/4 teaspoon salt Cook dried apricots according to package directions; drain thoroughly. Cream butter, sugar and eggs together until light and fluffy. Sift flour, soda, salt, cinnamon, nutmeg, allspice and ground cloves together. Slowly stir vinegar into evaporated milk. Alternately add dry ingredients and evaporated milk to butter mixture; beat well after each addition. Add cooked apricots; beat 1 minute on medium speed. Pour into buttered 12 x 7½ x 2-inch baking dish. Bake in slow oven (325°F.) 45 to 50 minutes or until toothpick inserted in center comes out clean. Cool thoroughly. Frost with Cream Cheese Icing.

CREAM CHEESE ICING: Combine 3 ounces softened cream cheese and 2 tablespoons softened butter; beat until smooth, Add 2 cups sifted confectioners' sugar, 1/2 teaspoon vanilla and 1 tablespoon undiluted Carnation Evaporated Milk, Beat until smooth and creamy.

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IMPORTANT FOR YOU

RAINCHECK: If an advertised special is ever sold out ask

GUARANTEE: ASP offers on unc

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DALLA BONELESS ROUND

"SUPER-RIGHT" QUALITY HEAVY CORN-FED BEEF Swiss Steaks

Boneless Chip Steaks

Fig. \$1.09

1-Lb. 29c 1-Lb. 28c

1-Lb. 29c

10-0x. 75c

59c

390

LB.

BONELESS

TOP

ROUND

Sirloin Tip Steak

Sliced Smoked Beef

Pork Sandwiches

Hormel Weiners

Stokely Golden Corn

Stokely Cut Green Beans

Stokley Cream Style Corn 1 Lb. Can 29¢

FROZEN FOODS VALUES

A&P Frozen Potatoes

A&P Brand Chopped Broccoli 18:01 29c

Baby Green Limas 1000. 290 245. 71c

Fruit Cake

Stokely Tomato Sauce

Stokely Shellie Beans

COOKING

FRENCH FRIED

REGULAR OR

CRINKLE CUT

A&P Chopped Spinach

A&P Asparagus Spears

Bordens Elsie Twin Pops

Marble Pound Cake

Pineapple Topped Buns

Plain Vienna Bread

French or Twin Rolls

Donuls 3 ... \$1.00 Lemon Pies ...

SUPER RIGHT" QUALITY HEAVY CORN-FED

10HELES \$158 Sirloin Tip Roast \$189 Split Round Roast \$178

\$189 Shank Meat

Freezer Queen: SHEET JAMES 3 12: 89 Pure Pork Sausage: 894

RICH IN VITAMIN C - JUICY Florida Oranges

Grapefruit D' Anjou Pears Fresh Broccoti - 396

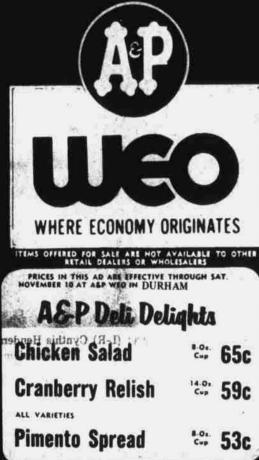
29c **Apples** 58c **Potatoes** 39c Avocados

A & P Random Weight Lb. \$1.29 Mild Cheese Jane Parker Fresh Crisp Potato Chips Ground Black Pepper SAYE ON ASP BABY OIL-16-02. BOY. 69: OR 14-0: 59c ONE-A-DAY BRAND Multiple Vitamins # \$1.85 # \$2.68 A&P Adult Aspirin Eight O'Clock Coffee

Cap'n John's Frozen Shrimp Cocktail 13 4-Oz. \$1.29 A & P Sweetened or Unsweetened 46-Oz. 42¢ Grapefruit Juice A & P Brand 1-Oz. Pkg. 29¢ Saltine Crackers 4 Roll Pkg. A & P Bathroom Single |Pty Our Own Tea Bags Bokar 1-15 \$1.07 Red Circle 1-15 \$1.03 8-0'Clock Instant Coffee 10-0: \$1.39

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