

FIRST CALVARY BAPTIST CHURCH SENIOR CHOIR HAS CHRISTMAS PARTY - December 30 at 8 p.m. the members of the First Calvary Baptist Church Senior Choir along with friends held the annual Christmas Party in the church fellowship hall. Presentations of loyalty and appreciation were presented to the president, Wallace Hinton and the organist Miss Mary Louise Stephens.

Visiting friends included: Mesdames Mary McIver, Ruby Crisp, Elnora Fikes, Celestine Cunningham, Rebecca Haskins, Angela Fikes, Mrs. Edgar Daye, Miss Ruth Stephens, Willie Hogan, Richard Waller, Roosevelt Nathan and Nathaniel Haskins, choir members: Mrs. Anna Hogan, Mrs. Martha Lyde, Mrs. Rosa Johnson, Mrs. Mary Carter, Mrs. Catherine Foster, Mrs. Hattie Crews, Mrs. Lena Edwards, Mrs. Catherine Thompson, Mr. and Mrs. Bennie Joyner, Mrs. Sumega Solomon, Misses Bettie Thompson and Alene Mebane, Elijah Langley, Thad Hogan, Edgar Daye, and Wallace Hinton.

Christmas gifts revealing Secret Pals with Mrs. Sumega Solomon acting as Santa Claus were exchanged by the members and friends at the close of the happy occasion. Rev. A. L. Thompson is minister of the church.

THE ADULT EDUCATION CLUB - Mrs. Pearl Gibson president, donated twenty-three bags of fruits and other items to some sick and shut in citizens of the Durham community. Members include Mrs. C. R. Brown, Mrs. Victor Cain, Mrs. Mary Dove, Ms. Ruth Ford, Ms. Agnes Hinton, Ms. Hastie Price, Ms. Lillian

clubs and such . .

Richardson and Mrs. Mary Weatherspoon.

THE FRIENDLY LADIES MEET - The Friendly Ladies Club met at the home of Mrs. Lucille Satterfield on Sunday, January 2 at 3 p.m.

Devotion was led by Mrs. Viola Thompson. The president, Mrs. Hastie Price called for the minutes of the last meeting which were read and adopted. Chairman for the sick, program and social committees were elected. Names for Secret Pals were chosen by each present member.

The hostess served refreshments to the following: Mary Hayes, Susie Dilihunt, Ella Crawford, Lina Sanders, Hastie Price, Viola Thompson, Linnie Rose, Agnes Hinton, Eva Lyons, Lonise Smith, Annie Crews, Evangeline Page, Mattie Tillman, Mrytle Taylor, Earline Fikes, Lucille Satterfield, Minnie Petty, Oleta McIntosh. The next meeting will be held at the home of Ms. Lonise Smith, 1617 Fayetteville Street.

WEST DURHAM BLOSSOM GARDEN CLUB HOLDS CHRISTMAS BREAKFAST - Tuesday morning, Decem-

ber 28 at 9:30 a.m. the West Durham Blossom Club held its annual Christmas breakfast at the home of Misses Ruth and Mary Louise Stephens, 402 Powe St. Games and conversation were enjoyed by the guests and members at they enjoyed the buffet styled breakfast.

Mrs. Georgia S. Hunter demonstrated her skill in ceramics and was successful in adding members to her class.

At the close of the occasion, Mrs. Mary McClary acting as Santa Claus, distributed gifts revealing Secret Pals. Visitors present included: Mrs. Hamlet P. Miller, Mrs. Gwendolyn Bynum of Weldon, Mrs. Josie Powell, Mrs. Mattie Canty, Mrs. Mary Harris, Mrs. O. S. McIntosh and Misses Hattie White and Barbara Langley and William Fuller, Ben McClary, Thad Hogan, Burch Coley, Milton Love, Henry Gunn, Jr. and John Plummer, Sr. Members present were Mrs. Mary Allison, Mrs. Margaret Allen, Mrs. Alease Bynum, Mrs. Anna Duke, Mrs. Beulah Coley Edwards, Mrs. Margaret Fuller, Mrs. Georgia Taylor, Mrs. Gertrude Gibson, Mrs. Daisy Gunn, Mrs. Mary Love, Mrs. Gertrude McBroom, Mrs. Mary McClary and Mrs. Naomi Parker. Mrs. Gibson thanked the hostesses for an enjoyable morning.



ATTORNEY H. H. HOLLOWAY

SPEAKER SCHEDULED FOR FOUNDER'S DAY - Attorney H. H. Holloway of Philadelphia's Federal Reserve Bank will speak Sunday, January 9 at a Founder's Day Program commemorating



J. J. HENDERSON

the Sixty-Sixth Anniversary of the founding of Kappa Alpha Psi Fraternity and the 55th anniversary of the founding of the Durham Alumni Chapter of Kappa Alpha Psi Fraternity. Kappa Alpha Psi Fraternity is a national fraternity dedicated to achievement.

This program will be held at 4 p.m. at the St. Joseph's A. M. E. Church at 2521 Fayetteville Street, Durham, C. E. Boulware, Durham City Councilman and retired NCCU Professor, will be awarded the first non-Kappa award presented by the Durham Alumni Chapter of Kappa Alpha Psi Fraternity for broad and comprehensive achievements in community service.

J. J. Henderson retired North Carolina Mutual Insurance Executive, will be re-



DR. C. E. BOULWARE

cognized for having been awarded the Laurel Wreath, the highest award presented by Kappa Alpha Psi Fraternity in acknowledgement of its members' achievements in the advancement of society, professionalism and service to the Fraternity. Awards will also be given to C. O. Pearson, Durham Alumni Founder, and Carter C. Smith, for fifty years of service to the fraternity. In addition John L. Stewart will be recognized for achievements in journalism.

Holloway is the Vice President and General Counsel of Philadelphia's Federal Reserve Bank and his headquarters is in Philadelphia. He is also national Polemarch (President) of Kappa Alpha Psi Fraternity.

Holloway is a Durham native and is the son of the late Mr. and Mrs. J. Sim Holloway. He is married to the former Miss Beatrice Gwendolyn Larkin. He attended Durham public schools, North Carolina Central University, and received both the Master's in Business Administration and J. D. degrees from Temple University.

THE LOVELY LADIES PINOCHE CLUB culminated the year on December 27, with its gala Christmas party hosted by Lady Patricia V. Hill. Lady Hill had beautifully decorated her home with reminders of the holiday season for the Lovely Ladies and their guests.

Following a delicious repast, each Lovely Lady revealed her Secret Pal for the year and presented her with Christmas gifts. Names of Secret Pals for 1977 were drawn.

The Lovely Ladies meet monthly and have a charitable project during the year.

Enjoying the festivities of the evening were Ladies Annette Fairley, Barbara Fairley, Patricia V. Hill, Sue J. Jarmon, Mary Martin, Constance S. Walker, and Warnella J. Wiley. Unable to attend were Ladies Sylvia Cannon and Bettye S. Kelly.

N. C. GARDEN CLUB MEETS - The club met on December 20 at the home of Mrs. Hattie Johnson. Mrs. Nettie Easterling president, presided over the meeting. Song scripture and prayer were led by Mrs. Johnson and Mrs. Saphine Chavis respectively.



INFOGRAMS

By Mary J. Whitmore,
Home Economist

CASSEROLE COSTS

Many people believe that you save money when you serve a casserole instead of meat. Sometimes this is true, sometimes not. If you add up the cost of making some casseroles you may find they are more expensive than a cut of meat. Take for example the casseroles that include condensed soups, sour cream or exotic ingredients, such as water chestnuts, mushrooms, nuts, mandarin oranges or special cheeses. All these good things help make a casserole taste better, but they also take it out of the low-price category.

How can you tell whether or not the casserole you plan to make is really an economy? To make cost comparisons, add up the cost of every one of the ingredients. Then divide your total by the number of servings you get from the dish. Anything under twenty cents a serving, you may find some meats would cost you less, without the extra ingredients and the extra work that goes into making an exotic casserole. On the other hand, you can really save on food costs when you expand protein foods, such as meat, poultry and fish - with lower-cost noodles, spaghetti, rice or beans.

The Basic Four Casserole is one such dish. From the bread and cereal group, you start with two thirds cup of enriched rice, cooked in two cups of water; from the fruit and vegetable group, three cups of grated carrots; and two thirds from the milk group - a cup and a half of milk and two cups of grated sharp process or Swiss process cheese. Finally, from the meat group, you use a meat substitute - two beaten eggs.

Then there are some additional seasonings - two tablespoons chopped onion, a teaspoon of salt, a dash of pepper and a sprinkling of dill seed. Keep back a half cup of that cheese but mix everything else together and pour it into a buttered baking dish. Then sprinkle the half cup of cheese on top. Bake at 325 degrees for about 45 minutes.

And there it is, all Four Food Groups in one delicious dish. Add some relishes for crispness, a drink and perhaps a simple dessert and you can sit down to a super meal. There is no concern about having something from each of the Four Food Groups. They are all right there in one low cost dish.



MISS BRYANT BRIDE OF MR. SHANKLIN

Miss Mona Maree Bryant, carried a bouquet of yellow pom-poms and peach and yellow ribbons.

Miss Cynthia Peterson of Buffalo, New York was maid of honor and Mrs. Charlene Powell Lipscomb of Durham served as matron of honor. Kenneth T. Chavious was best man, and Thomas B. Shanklin brother of the groom served as usher. Little Miss Daphne Michelle Rogers, cousin of the bride, was flower-girl.

The bride wore a gown of quiana and alencon lace. The bodice, fashioned with a high neckline and a V yoke of esprit lace, was re-embroidered with seed pearls. Alencon lace was applied on the bodice and enhanced with pearls. The skirt was designed in a circular flare, extending into a chapel length train. The two tier mantilla was bordered with matching lace detailed with pearls. The bride

carried a bouquet of yellow pom-poms and peach and yellow ribbons. Miss Cynthia Peterson of Buffalo, New York was maid of honor and Mrs. Charlene Powell Lipscomb of Durham served as matron of honor. Kenneth T. Chavious was best man, and Thomas B. Shanklin brother of the groom served as usher. Little Miss Daphne Michelle Rogers, cousin of the bride, was flower-girl. The bride is a graduate of Brooks Fashion College, Long Beach, California, and of North Carolina Central University and presently is pursuing the graduate degree at Iowa State University at Ames, Iowa. The bridegroom is a graduate of North Carolina Central University and is pursuing the graduate degree at Kansas State University at Manhattan where the couple will make their home.

Each member who had a birthday from October through December was recognized. Mrs. Johnson served delightful refreshments as gifts were wrapped to be taken to the Noel Rest Home. All the patients enjoyed a merry Christmas, as Mrs. Nettie Easterling, Mrs. Otelia Becton, Mrs. Luvel Markham served as reindeer.

BETTER HOMES AND GARDEN CLUB MEET - The Better Homes and Garden Club celebrated its Christmas party in December at the home of Mrs. Ella Floyd of 2316 Fayetteville St. The devotions were led by vice president, Gardener Mildred Smith. Prayer was led by Gardener Magnolia Eings. Gifts were exchanged.

Gardener Ella Floyd, assisted by her daughters, Sandra and Bernella served a lovely Christmas repast which was enjoyed by all. Those present were Gardeners Magnolia Eings, Louise Jenkins, Mildred Smith, Catherine Page, Thomesina Shaw, Mary Taylor, Carrie Vereen, and Frances Watson.

STORE HOURS
MON. - THURS. 8:30 - 12:00
FRIDAY: 8:30 - 10:00 P. M.
SAT: NEW YEAR'S DAY
9:00 A. M. - 7:00 P. M.
SUN.:
9:00 A. M. - 9:00 P. M.

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