

A PENNY SAVED IS A PENNY EARNED

... AND YOU'LL FIND THOSE SAVINGS REALLY ADD UP WHEN YOU SHOP AT **The Carolina Times ADVERTISERS**

SPECTACLES: A Closer Look



by Ada M. Fisher

The Equal Rights Amendment Must Pass

Right now the state of North Carolina is being bombarded by celebrities on both sides of the issue of Equal Rights for Women. The opponents feel ERA will destroy the family, mean the abandonment of children to child care facilities; force women to pay alimony, etc., etc., etc. The proponents argue convincingly that in all states where the ERA has been approved, none of these things have become realities. The amendment states simply that "Equality shall not be abridged on account of sex." How this is interpreted depends on your side of the issue; however, I'd like to tell you why I support the Equal Rights Amendment.

In our family, there are four males and two females all of whom have managed to be successful in their own right. As for me, I can say that I was an am continually discriminated against because of sex and color. In the next generation of Fishers, the women outnumber the men and I'd like to insure that they have every opportunity to be whatever they'd like as long as its not a crook, a pimp, a prostitute, a pusher, or an addict. Without ERA, my nieces will always be discriminated against.

There is a myth running rampant that black women have always had it one up on black men. It sounds good to uneducated ears and it feeds upon our deprived egos; but the statistical reality doesn't bear this out. Though one may find more black women in the low paying professions such as teaching, nursing, clerical work, and domestic labor; black men dominate the upper echelon medicine, law, dentistry (where we have been allowed in). How many women are in the top ranks of corporations, sell us life insurance, are represented in the labor unions or trade unions? This category is where the money is and where the women aren't, especially the black women. Do you want to talk about pay? Well, dear hearts, for equal work, statistics how white men outdrawing black men by approximately fifty per cent. Black men may equal or make slightly more than white women doing the same job; however, black women will make less than all three doing the same job.

The issue which bothers me most is a moral one—sexual politics. Women are sexually harrassed and abused because of their sex with no legal recourse or assistance. Some have made it to the top upright using their heads; others have made it horizontally on their backs. Somehow we need to remove sexual bargaining from the work arena. As a Family Physician, I have a good mix of male and female patients. I enjoy serving both equally. For years women have gone to male obstetricians and gynecologists for all sorts of female problems. Now some feel the profession should have more women. I agree; but what we really need is more competent, compassionate people to do the job—their sex should not matter.

What of divorce, alimony, child support, etc.? Well, personally, I've never felt that mothers should automatically have custody in case of divorce or separation. The parent who is better able to care for the child(ren) should have custody. Too often children are used to squeeze men for all they're worth. Alimony is an issue of little relevance to me, for I can always work and provide for my own well being. Maybe women should pay alimony; but few will be required to do so as long as inequalities in pay remain. Alimony is a way of not letting go and keeping the payor in bondage. Interestingly enough, though we talk of losing alimony with ERA, less than per cent of those who have been awarded it have been able to collect. Child support is not an issue, it is a parental responsibility and should be an unarguable issue. Children didn't ask to come here and male or female involved in relationships producing children should be obligated to contribute to their child's care.

And what of the war issue with concerns of women being drafted?! First let's admit that war is hell and try too stay out of them. Next, look at who get killed— young men, especially young black men who make up 25-40% of combat troops though we represent less than 20% of the population. If we must have a war and our country must be defended, then women should be willing to serve. To see my sons die is to value their lives little if women aren't required to aid in our protection. I personally wouldn't want my son to get killed any more than I would wish the death of a daughter; to give my son the total burden of defending our country is unfair to him and an insane idea. It should be of interest to all of us that the most recently successful (if war can have a success) participants in the Vietnamese and the Israeli have all had the assistance of women. Don't sell short the military value of women.

Where then will the family be? No one knows, but even without ERA's passage, the family is radically changing. The economy, not ERA, necessitates the change. Women must work to help their families survive. If we work, child support systems are essential. More sharing of household responsibilities by males is important if our homes are to run efficiently. Children, spouses, parents, and everyone must be liberated if the family is to survive.

As black people—who have for so long been we should never contribute to that in another whether because of religion, color, ethnic origins, or sex. I am not amused by women in high positions who say they have not been sexually discriminated against. They serve as our "toms" and perpetuate the myth of equality or opportunity. The Equal Rights Amendment should be liberating to men and women. It will give legal muscle to help them get to the top without sexual harassment. But as Maric Thomas states, mainly it should free you to be you and me to be me.

Black people do have a stake in the Equal Rights Amendment and I for one unequivocally support it. Don't just think about yourself, think about your daughter's future. Maybe if it's passed, women and men might learn to work together. Who knows, black Americans might then get attention refocused on our oppression and lack of human rights. It will not come before we're all legally dealt with as equals. Let us free black women and others of our sex to be the best that they can without limitations on their opportunities. If women want to dig ditches, fight fires, deliver babies, be housewives and mothers, be whatever they fancy, it's our life and we should be allowed to do or pursue those things which will make us happy.

Baked Beans were mentioned for the first time in Mrs. S. M. Child's "The Frugal Housewife" in 1829.

Felicia Brunson Wins Honey Doll Contest

Little Miss Felicia Brunson was the winner of this year's Honey Doll Contest on February 24, sponsored by the Alpha Theta Chapter of Eta Phi Beta Sorority, Inc., at Shepard Junior High School.

Second runner-up was Celena Ward; double third place went to Sheryl Brown and Tenita Philyaw; fourth to Deitre Graham; fifth to Ilyasah Rosemond and sixth to Tiwanda Mayhue.

Receipts from this second annual Honey Doll Pageant are earmarked for scholarships, both local and national, and to give aid to retarded children, both locally and nationally.

Mrs. Ruth Thomas serves as chairman of the Pageant Committee. Other members of the committee were: Mesdames Betty S. Hilliard, Virginia D. Rogers, Clara Jones, Lois Thorpe, Evelyn Yancey, Louise Allen, Ann Wicker and Betty Smith.

Mrs. Betty S. Hilliard is Basileus of Alpha Theta Chapter which is in the mid-eastern region of the Eta Phi Beta Sorority. Mrs. Ethel S. Bounsell of Durham is Mid-Eastern Regional Director for chapters in the states of North and South Carolina, West Virginia, Tennessee, and Kentucky.



CHARM CLINIC — The Durham Alumnae Chapter of Delta Sigma Theta Sorority, Inc., sponsored a charm clinic for their contestants in the 1979 Jabberwock, Saturday, March 3 at NCCU. Shown here are the contestants being taught how to properly manicure their nails by Ms. Nina Williams from Dudley's Beauty Shop in Durham (bottom). The person receiving the manicure is Miss Rhonda Jackson, a contestant who is a student at Chapel Hill Senior High School. Seated at the table, and shown (top) in a demonstration of how to apply make-up by Miss Nellie Winston, is Miss Phyllis Throckmorton (above) a contestant from Hillside High School. Miss Winston is also from Dudley's. (Photos by Kelvin A. Bell)



THOSE FEET NEED CARE

BY MICHELLE CRAIG
When was the last time you really looked at your feet?

Did you ever feel that your feet had a mind of their own?

Well, they do. Feet often show the first signs of general body disorders — diabetes, ulcers, sickle cell disease, arthritis, kidney disorders. One may not be aware of any of these disorders, but one's feet would.

Because the human foot is an extremely complex part of the body, the need for specialized treatment evolved naturally. Today's podiatrist is, as a result, in great demand, and will continue to be, as more people become aware of the intimate relationship between foot health and total health.

Doctors of Podiatric Medicine are specialists in the care of feet. They are licensed in every state to treat the foot medically and surgically. The skills of the podiatrist are in increasing demand because foot disorders are among the most widespread and neglected health problems affecting people of this country. It is estimated that for each person suffering disability due to foot problems, there are at least thirty others with some form of foot trouble. There are approximately 28 million visits made to podiatrist annually.

Although the number of podiatry graduates has doubled since 1966, substantial numbers of new students will be needed to meet the increased demands for foot care.

Today, there is one medical doctor for every 670 persons in the country, one dentist for every 2,000, but only one podiatrist for every 23,000 Americans. The shortage of qualified health manpower is a concern facing the entire country; however, it is a crisis seriously affecting minority and rural communities. This is very apparent in North Carolina where the state's ratio of practitioner to population has been well below the national average in almost every health specialty.

Although minorities comprise approximately 24 per cent of the state's population, they represent only

three per cent of the state's physicians, four per cent of the dentists, one per cent of the optometrists, three per cent of the pharmacists and one per cent of the veterinarians. There are no minority podiatrists in the state.

A major reason for the poor health status of U.S. minorities is their underrepresentation in all of the medical and allied health professions.

The number of minority health professionals in all fields must be dramatically increased if all North Carolinians, especially minorities and disadvantaged, are to receive adequate health care.

Here in Durham, there is one man trying to increase this number. James Williamson, of Raleigh, is presently doing his clerkship with Dr. John Iredale, on Broad Street. He is currently completing his last year at Pennsylvania College of Podiatric Medicine and plans to return to Durham to start his practice. Williamson believes that "it's not just the fact that blacks aren't interested, most blacks don't know enough about the field of Podiatry and what they can do in this field."

Williamson is not alone in his effort to increase the number of trained profes-

sionals. The North Carolina Health Manpower Development program (NCHMDP) was organized in 1971 as an association of educational and community service institutions and funded by the National Urban Coalition's Health Manpower Development Corporation.

In 1974, NCHMDP be-

came an interinstitutional program of the University of North Carolina system, operating under the protection of the Division of Health Affairs, University of North Carolina at Chapel Hill. "There is a tremendous need for people to be made aware of the extreme shortage of podiatrists, especially minority podiatrists," says Dr. Lavonia Allison, Director of NCHMDP.

Less than 300 podiatrists are from minority groups. Podiatry needs more qualified practitioners from all ethnic groups, especially now when the demand for podiatric care is outstripping the profession's ability to supply it.

Kindergarten-1st Grade Registration Set

Registration for kindergarten and first grade in the Durham County Schools will be held daily, March 5-9, from 8:30 a.m. to 3:30 p.m. Parents should register eligible children at the school their children will be attending next year.

Children who'll be

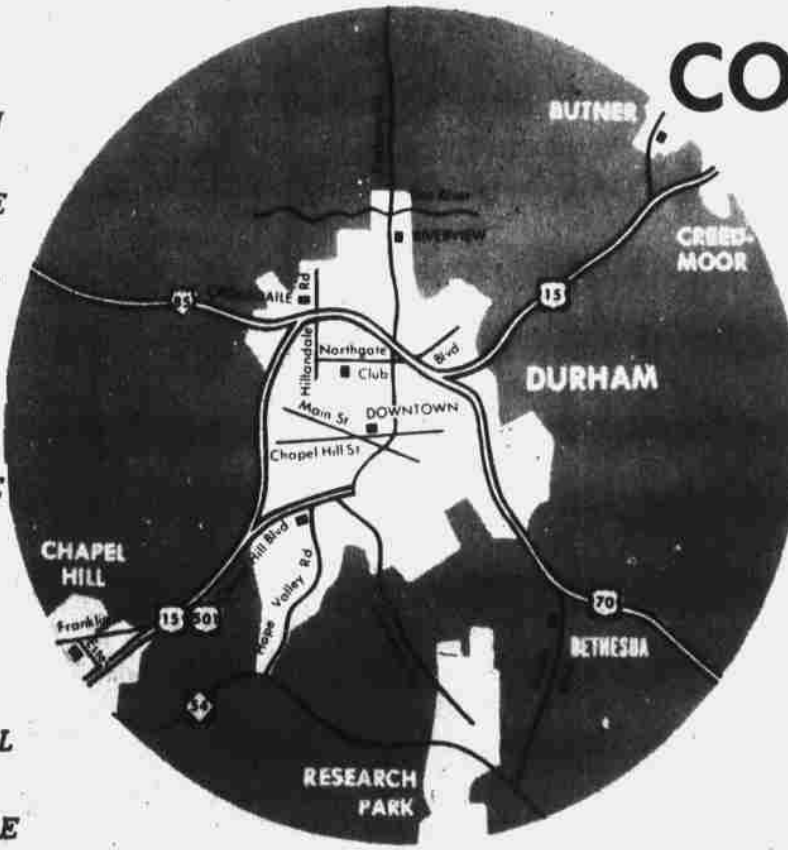
eligible for kindergarten and who live in the Holt, Hillandale, and Moore districts should register at the Lakeview Kindergarten Center. Future kindergarteners who live in the Little River and Mangum districts should register at Mangum.



DR. JOHN IREDALE WITH JAMES WILLIAMSON

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