

Fifth Annual Institute For Advanced Research

Applications are now being accepted for the fifth annual Archives Institute for Advanced Researchers scheduled for May 14-18.

"The Use of Records" is the theme for the week-long institute. Sessions will be held in the Archives and History/State Library Building in Raleigh.

The Institute will consist of lectures, workshops and projects involving the use of the records in the state archives and the land grant office of the Secretary of State.

Sessions will be devoted to methodology, cartographic records, land records, marriage records, tax records, census records and court records. In addition a session will be devoted to "personal actions" such as naturalization, divorce, name change and private petitions in state and county records.

Staff for the institute will include members of the professional staff of Archives and History, a division of the Department of Cultural Resources. Some sessions will be conducted by specialists who are not connected with the Archives.

Time will be available each day for individual research as well as for workshop periods. Certificates will be awarded to participants at the Friday luncheon, which will conclude the week's activities.

Institute admission is open to the general public but previous experience in the use of archival resource materials is essential, according to Dr. Thornton Mitchell, state archivist. "The previous institutes have been extremely well received," Dr. Mitchell said, "with participants from all over the United States."

Further information and application forms are available from: Archives Institute for Advanced Researchers, Archives and Records Section, 109 E. Jones St., Raleigh, 27611.



PARENTS DAY VISITORS WELCOMED— Left to right: Mrs. Queenie Harris, grandmother, Mrs. Pearl Frizzell, mother, and Miss Sheila Frizzell, daughter and student at Saint Augustine's College from Greenville, North Carolina. Sheila's parents and grandmother were among the visitors for the Parents' Day observance April 1. Dr. Wiley M. Davis, vice president for administration welcomes the guests.

Central Carolina Bank Holds Shareholders Meeting

The Central Carolina Bank held its annual shareholders meeting at 2 p.m. today at their headquarters in Durham. CCB Chairman George Watts Hill presided over the meeting.

CCB Executive Vice-president Edward W. Back, Jr. discussed the bank's 1978 earnings. Earnings before securities transactions were \$5,057,877 for the year, compared to \$3,992,621 in 1977, a 26.68%

increase. Net income was \$4,818,549 in 1978, an increase of 20.5% over the 1977 figure of \$3,998,682. The earnings expressed on a per share basis were \$4.87 per share after securities transactions,

both of which were compared to \$3.85 for 1977. Cash dividends paid in 1978 increased by 31.2% for \$1.22 per share compared to \$0.93 per share over the previous year. Back said "CCB earned 1.14% on average 1978 assets after accounting for securities losses, and the bank's ratio of earnings to average assets has exceeded the goal of 1% for seven of the last eight years."

Back also reported that CCB's assets on December 31, 1978 reached a record \$460,082,211, up 10.1% over year end 1977. Deposits also set a new record for year end figures, reaching \$397,916,066. Back attributed the banks performance to excellent growth and economic activity in CCB's service area, as well as strong internal cost control.

CCB President William L. Burns, Jr. discussed the bank's offer to acquire the United Citizens Bank of Winston Salem, North Carolina, for \$6,220,000. Burns said that the offer was a cash offer which would not dilute CCB's earnings or the value of CCB stock. The offer represents a payment of \$20 per share of United Citizens Bank stock.

JOHN ROSS-DUGGAN, QUADRAPLEGIC MEDICAL STUDENT RETURNS TO DUKE UNIVERSITY TO GET DEGREE

BY PARKER HERRING

Medical student John Ross-Duggan had everything going for him. Bright, handsome, from an affluent family, he was a third year medical student at Duke University and had planned to become an orthopedic surgeon.

He was an avid tennis player. He was national champion in the hobbie-cat 16' sailing class. He was looking forward to competing in the world sailing championship in Mexico in September 1978.

The native Californian surfed, skied and played on the Duke volleyball team. He stayed in shape and could bench press 250 pounds.

He also liked fine cars that traveled fast.

On a warm summer night in June, 1978 after completing the national board examinations, Ross-Duggan and a woman friend were driving to Chapel Hill. His new car hit a bridge abutment on Cole Mill Road near the intersection of Interstate 85.

The car was cut in half, the back half spinning off into oncoming traffic. The front part remained tucked under the bridge.

A Duke surgeon, on his way to Duke Hospital, stopped at the scene of the accident to render assistance. Ross-Duggan appeared dead, his head pinned under the jagged roof of the car.

Injuries sustained in the accident left him with all but a few of the muscles in his arms and shoulders paralyzed. The woman who was with him in the accident escaped with less severe injuries.

"I remember waking up on the third or fourth day after the accident and looking up at the ceiling," Ross-Duggan said. "I heard the humming of the respirators and people walking around and thought to myself, 'The hell with this. I'm going to

go back to sleep. This is a really bad dream."

When he woke again later he was still in the same place—the neurologic intensive care unit at Duke Medical Center. His neck was immobilized by a halo, a steel ring brace around his head held in place by steel screws secured in his skull.

"I remember wondering what my arm was doing because the halo kept me from looking down," Ross-Duggan said. "I was so weak I couldn't even scratch my nose. I had to ask the nurse to do it for me."

He stayed on the unit for 10 days. "I was still in the NICU when I first realized I couldn't move. I think it was about seven to 10 days after the accident happened," he said. "There was severe pain. The halo device constricted my breathing because it was bound to my chest. Everything is fuzzy now."

He later was transferred to the Durham Rehabilitation Unit where he stayed from late July until December. Last January he returned to the medical center to complete the clinical rotations required to get his medical degree.

"The nursing, physical and occupational therapy staffs gave me excellent care," Ross-Duggan said. "They've all got to be saints. You have no conception of how frustrating it is to work with someone in my position. Full rehabilitation is achieved usually in patients that are tremendously motivated and only after working hard for about 12 months."

Ross-Duggan said he set a goal for himself to rehabilitate in six months and managed to work up to his potential in about five and a half.

"By far the therapy and the dedication to rehabilitate represent the hardest work I've ever had to do," he said. "A major part of my motiva-

tion to rehabilitate was to return to medical school and continue my career."

His first clinical rotation after the accident was in outpatient psychiatry. Since then he has done clinical rotations in neuroradiology, neurosurgery and neurology.

"None of the patients I've come into contact with have even hinted that they are uncomfortable because I was in a wheelchair," he said. "They look right past the wheelchair and accept my help and counsel."

Ross-Duggan said a lot of things have to come together for a spinal cord injury patient to be rehabilitated to fullest potential.

"You have to have a lot of support from your family and friends," he said. "And having faith helps. I became a Christian on the NSU (neurosurgical unit). It helps to have a future, a goal to strive for. That goal for me was coming back to finish medical school."

He is able to write more clearly than before with the aid of a splint that fits over his wrist and hand.

He drives his own van specially equipped with hand controls and a motorized wheelchair lift.

An apartment on Duke's west campus was adapted for his use. The bath and kitchen were remodeled to accommodate wheelchair passage, the light switches and thermostat were lowered, and a special number-coded lock was installed on the front door. An electric bed allows him to sit up so he can get out of bed into a wheelchair unassisted.

"With the scant muscles I have left I can completely dress myself, blow dry my hair and catherize myself," he said. "I'm now rehabilitated to the point that I can support my own body weight to get through an eight to 10 hour day in a wheelchair."

He has learned how to resume one of his favorite sports, weight lifting. He can now curl about 70 pounds.

Dr. Frank Clippinger, director of the rehabilitation unit, was one of several Duke doctors who worked with Ross-Duggan after the incident.

"Experience will help him develop even more," Clippinger said. "Time and mileage are going to continue to make him better."

He said the outlook for spinal cord injury patients has improved in recent years.

"Twenty-five years ago a person who broke his neck could expect to live about three or four years," he said. "And a paraplegic could expect to live for eight to 10 years. Now longevity is about normal for both."

Clippinger said Duke's rehabilitation program pushes for early progress and also stresses a positive attitude for patients.

"We don't like to give patients a lot of time to lay there and get depressed," he said.

Ironically, the woman who was in the accident with Ross-Duggan was already interested in developing adaptive devices for paralyzed patients. A biomedical engineer, she hopes to get a medical degree so she can actively participate in rehabilitative care.

"The field of rehabilitative medicine is in dire need of motivated individuals who also have an interest in doing research," Ross-Duggan said. "Every year 10,000 people in this country become paralyzed. The nation is slowly adapting to the need of the handicapped, but is far from accepting it."

Ross-Duggan plans to train in rehabilitative medicine and hopes to eventually run his own unit and carry out research to repair spinal cord injuries.

"None of the patients I've worked with have asked me to explain my handicap," he said. "But I'm not afraid to talk about it. I prefer to think of it as an inconvenience."

"He who is in a hurry misses his opportunities." Albanian Proverb



CHILDREN WINNERS



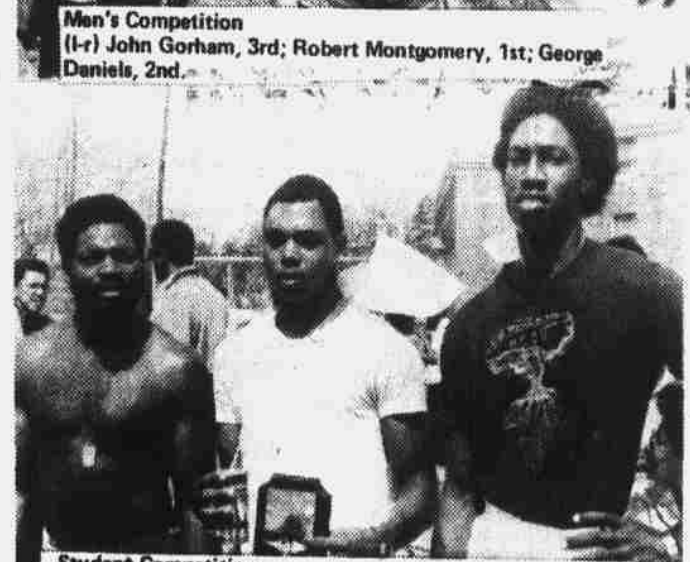
Women's Competition
(l-r) Regina Flowers, 2nd; Joyce Ellis, 1st; Minnie Forts, 3rd.



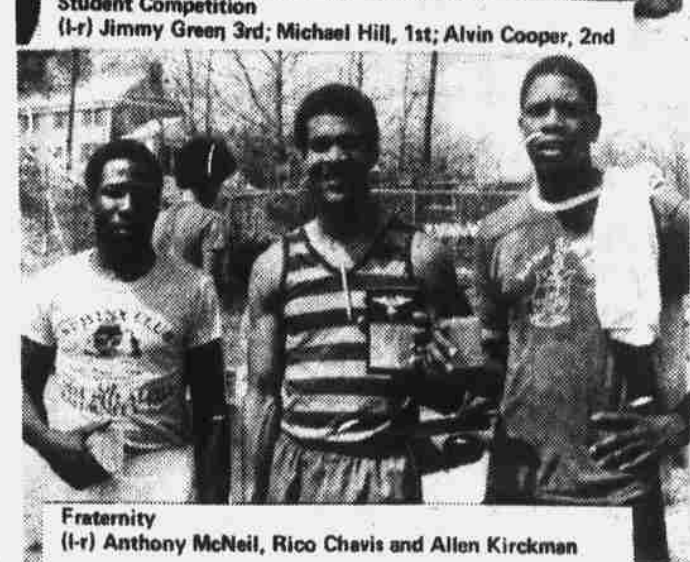
Athletic
(l-r) Lee Little, Sam Battle, Anthony Griffin



Men's Competition
(l-r) John Gorham, 3rd; Robert Montgomery, 1st; George Daniels, 2nd.



Student Competition
(l-r) Jimmy Green 3rd; Michael Hill, 1st; Alvin Cooper, 2nd



Fraternity
(l-r) Anthony McNeil, Rico Chavis and Allen Kirkman

THE SICKLE CELL BENEFIT JOG-A-THON held Saturday, March 31 at O'Kelly Field on the campus of North Carolina Central University raised \$1,000. It was sponsored by the residents of Annie Day Shepard Dormitory and coordinated by Mrs. Mildred Trent and Ms. Loretta McNeal. Photos by William Covington

Markham Down

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CAROLINA FRIENDS SCHOOL
Ages 3-19

Is now accepting application at all levels for the 1979-80 school year. CFS provides a skill-based program for students of any race, color and national or ethnic origin. Limited Tuition assistance is available. For further information, please call 383-6602 or 929-1800 between 9 a.m. and 3 p.m. weekdays.

Announcement

The Yahama Social Club Disco Party

Has Been Changed From Sunday, April 15th

To
FRIDAY, APRIL 13th
at
MR. D's LOUNGE

All Tickets Will Be Honored