The Durham and Raleigh Call For Action offices ex-perienced a successful "Ask the Expert Lawyer Day" ast month with 168 calls. The attorneys manning the telephones in Durham were from private law firms and members of Durham Young Lawyers Association. There were three staff attorneys from the North Central Legal Assistance Program. Of the six attorneys, three were women.

The majority of persons seeking legal information were worren between the ages 20-38 years. All income brackets were represented, but most of the callers were from the middle income bracket. Most of them had never paid for legal services, however. The categories of information needed by the callers were business/finance, consumer, family law (including divorce, child custody and support), probating wills, real estate, government benefits, unemployment compensations and criminal law.

This year's effort was determined to have yielded the best results realized in Durham. Eighty-one persons were able to talk with the lawyers and the telephone company clocked 612 calls that were unable to reach the busy lines, 264 persons called after lines had closed at 7 p.m.

In evaluating the project, the attorneys said the service was a worthwhile one for the Durham community. They believed that most of the callers were in need of legal advice, but many did not know where to get legal assistance. Since the lawyers were representing the North Carolina Bar, they were unable to give their names or their firms, but were able to give the callers the Lawyer Referral Service or Legal Aid, Small Claims Court or the Attorney General's office.

The Durham Call For Action Offices wishes to thank publicly the president of the Durham Young Lawyers Association and the director of the North Central Legal Assistance Program for obtaining the lawyers to man the phones.

The Call For Action Volunteers who assisted were Mrs. Sarah H. Jones, Mrs. Virgie J. Davis, Mrs. Frances Schooler, Mrs. Catherine Stanback and Linwood Blount.

Call For Action is planning another National Project, "Ask the Tax Expert," at some later date.

Our phones are open daily, Monday through Friday, from 11 a.m. to 1 p.m. If you have problems, call 688-9306.

Bridge Winners

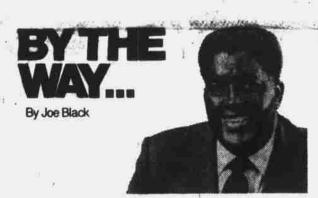
College View Duplicate Bridge Club winners for December 4:

First place-Wiley Hammonds and Greenville Harris; second place-Doug Kemnitz and Hedy Echard; third place-Virgie Davis and Ruth Betts; fourth place-Harlan and Helen Burgess.

BIBLE WAY NEWS

On Sunday, December 14 the Bible Way Family will have their regular Missionary Service at 7:30 p.m. Mrs. Sarah Williams and the Missionary Department will be in charge.

Bible Teachings are Tuesdays at 7:30 p.m. Noon Day Prayer is Wednesday-Friday Tarry Service is Tuesdays at 7:30 p.m. Bishop John Russell Jr. is pastor of Bible Way.



I think there is a song with lyrics that tell us that "no man is an island, no man stands alone." That can be a parable for some of the famous Black culture landmarks that are located throughout this nation. My comments will be about a specific historical monument —the Black college or university.

Way back in 1865 when a college education was hard to come by for ex-slaves, the churches recognized the need for learning readin', 'riting, and ciphering, and with the help of The Freedmen's Bureau, they founded Howard University, Fisk University, Atlanta University, Tougaloo College, St. Augustine's College, and Morgan State to name a few institutions of higher learning. Cheyney opened its doors in 1839, and Lincoln University in Pennsylvania was educating in 1854.

There's no denying that when Black folks needed them, the Black colleges welcomed them with open arms and gave us many of our great doctors, lawyers, educators, and scientists. But as the saying goes...how soon we forget. Today many of these colleges need the support of those Black Americans who loudly boast that "I'm Black, and I'm Proud." As the dinosaur of yesteryear, many of our Black institutions of higher learning are facing extinction. How can that be when Black Americans earn more than \$70 billion annually? The answer is quite simple - we are too busy doing our own thing. Young Blacks have accepted the fallacious belief that you can't learn anything at a Black college, while the middle and upper income class Black families choose to adopt the attitude of "I got mine, shame on them if they don't have their's."

It is now time to prove that Black is beautiful. Each graduate from a Black college or university should mail at least five dollars (\$5.00) to their alma mater each year. You know, the school you save may be your own.



Bits 'N Pieces

however, would not pre-

vent parents or civil rights

organizations from filing

suits. Nor would it bar

judges from requiring bus-

ing when school systems

are found to be illegally

NASA's

Ohio

Research Center

segregated.

Cleveland,

high-strength

tial use in development of

chemical storage system.

....

In West Palm Beach,

Fla., Solomon Barnes,

who had been dismissed as

principal of MacArthur

High School, was sentenc-

ed to five years in prison

for his role in the so-called

plumbing case in which he

was accused of trying to

degree grand theft.

NEW YORK, N.Y. -International The TelephWne and Telegraph Corporation (ITT) has presented \$15,000 to the National Urban League to cover the expense of a slide presentation ITT is sponsoring for the NUL's Seniors in Community Service Program. Producing the program is Peter Levery who has made several outstanding slide and multi-media presentations for ITT around the world.

At the program commemorating the birthday of the late Rep. Adam Clayton Powell, Jr., a fact was brought out on one of his accomplishments that many had long forgotten. In 1930, while assistant pastor at Abyssinian Bap-Church, Powell organized a demonstration which was instrumental in persuading the officials of Harlem Hospital to integrate their medical nursing staffs. and Speakers at the Memorial Service included Adam Clayton Powell III, Borough Manhattan president Andrew Stein, Rev. Wyatt Tee Walker, Councilman Fred Samuel and Rev. Calvin O. Butts, now executive minister of Abyssinian.

Rep. James M. Collins (R-Tex), who proposed the ban on Justice Department busing suits, admits that "what Congress passed will not stop busing. But at least this will take the government out of the business of bringing suits to force busing." The anmeasure,

Hazel Plummer Bowling Scores

The Hazel B. Plummer Bowling League scores for December 8: Ladles high game: 216-Erma Reid, 209-Dee Plummer, 181-Ann

Ladies high series: 555-Erma Reid, 518-Dee Plummer, 507-Ann 504-Flo Roberson, Gwen

Men's high game: 241-James Harrington, 213-Cliff Parker. Men's high series: 580-James Harrington, 565-Doss Massenburg

Others: 6-7 Split-T-Bird Roberson, 519-Charles Parker, 190, 516-Howard Fitts, 518-Roz Reed, 192, 532-Jimmy Harrington, 509-Granville Harris, 202-Barbara

WALKING

Many physical health experts are now recommending walking as an exercise and a help in losing

A brisk, non-strolling walk for 45 minutes three to four times a week is necessary, say NCSU agricultural extension

sepcialists. Before starting your brisk walking program, check with your physican. After the doctor's okay, start slowly. If you become dizzy or short of breath or have chest pains, stop immediately.

Exercise will reduce fatty deposits in the blood and decrease the risk of blood clots. It's also a good way to unwind and relax, say the specialists.

Sign Pact

(Continued From Page 1) notch higher." Clement added that SBA "is proud to include A&P as another source of competitive markets disadvantaged firms."

At the signing ceremony, Gerald L. Good, A&P's senior vice president for marketing and planning, said, "This joint program allows us to increase our activities with disadvantaged firms and our efforts to aid in developing viable businesses. Other A&P represenpresent were: William H. Watson, vice president for affirmative action, and Thomas Brady, national purchasing department.

Powerful anti-itch drug you can buy

Stop itching fast of external vaginal, rectal, and other skin conditions. Doctors find even severe itching can be treated with a special drug. You can now get this anti-itch drug ingredient with no prescription in BiCOZENE®. Use only as directed. The medically proven creme for BHOWEND

Extension Notes

Escaping Heat Goes Right Out Window

By JULIE BENDER N. C. State University

Half the heat that escapes your home goes right out the

In a joint governmentuniversity-industry effort, For that reason, many new Lewis energy-saving products have in been introduced to correct the has situation, say specialists with awarded a \$150,980 grant the North Carolina Agriculto Atlanta University. The tural Extension Service.

Lockheed-George Co. is One of the newer ones is giving industry support. called a Window Quilt and is Under the year-long pro- made of an aluminized sheet ject, AU will conduct sandwiched between layers of research in processible fiberfill and fabric. Its manfiberous ufacturers say it will insulate polymers, a low cost four times better than a silicon for possible use in single-pane window.

solar cells and complex A pull cord raises or lowers iron molecules for poten- the shade in channels

> The Rev. Robert Ross Johnson, pastor of the St. Albans Congregational Church in Queens will be honored at a Testimonial Luncheon on his 35 years of ordination, on Saturday, December 13 at noon at the Marina del Rey in the Bronx.

use \$9,000 in Dade Coun-Jamaica's new Prime ty school money to buy Minister Edward Seaga luxury plumbing fixtures got a cold reception from for the vacation home of U.S. officials when he said former Dade School his country is counting on the production and export ailing economy.

attached to the window frame.

The Window Quilt costs about \$3 a square foot.



REV. CALDWELL

MINI-BLINDS

Mini-blinds, a miniaturized version of venetian blinds are being found in more and more homes each year.

The market is expected to grow at least 20 percent in each of the next ten years. Though only 3 percent of

homes now have mini-blinds. 30 percent of homeowners surveyed by a furnishings interested in getting them.

largest standard brand of cigar in the world inch long Partagas Visible Immensas made at the Partagas factory in Havanna, Cuba.

INSTALLATION SERVICES OF REV. CALDWELL

AT ST. JOHN Installation Services for Rev. John L. Caldwell as pastor of St. John Baptist Church, 917 Onslow St., Sunday, December 14 at 3 p.m. Dr. Grady D. Davis, pastor, Union Baptist Church, will speak. Music will be furnished by the St. John Male Chorus and the Union

Rev. Caldwell is former pastor of New St. James Baptist Church, Timberlake, and associate minister, Union Baptist Church.

He is married to Mrs. Irene Caldwell and they are the parents of three daughters, Sonja, Sylvai and Lara.

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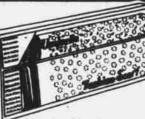
Tumbler Packs

3 PKGS. *2



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Tissues

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Ballerina Lamp

15

21" tall lamp with doll base,

molded soft-glo shade.

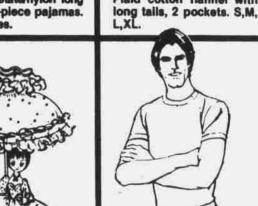
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