

Gamble Is First Black Recipient of Humanitarian Award

Recent media research shows that the death rate of blacks from causes due to cancer is higher than that of whites, and investigations are underway to learn more about this discovery in laboratories across the country.

The fight to eliminate cancer through research is a battle that requires enormous sums of money that are generally not easily found. That's why more than thirteen years ago, concerned individuals in the music industry came together to lend their financial support to this vital effort. For the last thirteen years the music industry has sponsored an annual Humanitarian Award Dinner to highlight the urgent need for support of medical research. The proceeds from the affair are donated to the AMC Cancer Research Center and Hospital in Lakewood, Colorado.

This year, the 1980 Humanitarian Award will be presented to Kenneth Gamble, who is the first black recipient to receive this honor. Gamble is co-founder and Chairman of the Board of Philadelphia International Records, the second largest black-owned recording company in the na-

tion, and is the co-founder of the Black Music Association. As a songwriter and producer, he has received more than 150 gold and platinum records for hits with artists such as Teddy Pendergrass, Lou Rawls, the O'Jays and Billy Paul.

"Cancer is a disease that affects all people," said Gamble, "and it will take the efforts of all of us to bring an end to this killer. Those of us in the music industry, and all of us who enjoy music, have seen cancer claim the lives of artists like Nat "King" Cole, Minnie Riperton, and others. We in the music industry have pledged to do all that we can to help in the research that will lead to a cure. We hope that everyone who has ever received joy from music will join us by supporting the research that will give the joy of life."

The 1980 AMC Humanitarian Award Dinner will be held on Saturday December 13, at the New York Hilton. For information on how you can participate in this annual effort call (202) 757-6460. Tax deductible contributions can be sent to AMC Cancer Research Center and Hospital, 24 West 57th Street, Suite 603, New York, N.Y. 10019.

May Be Due Poor Turnips To Low Boron

A deficiency of boron in garden soil could be the cause of a poor quality turnip crop, according to North Carolina State University agricultural extension horticulturists.

Some of the symptoms of this problem are turnip roots with dark, pithy centers.

Turnips, like all plants of the cabbage family, require more boron than other types of crops. To prevent a deficiency, apply two tablespoons of borax, solubor, borateen or similar material per 100 feet of row.

The borax containing material may be mixed with the fertilizer or with sand to help get even distribution.

Caution: don't use a higher rate of boron than suggested.

Songs And Stories Of American Experience Come To The Center

Broadway's Tony Award-winning Linda Hopkins gets the audience worked up to wild applause with her unique version of "John Henry," a number usually performed by male singers. She also pours heart and soul into a chilling version of "Trouble."

Tennessee Ernie gets in a medley of some of his favorite work songs and stories — "Nine Pound Hammer," "Born to Lose," "Who's Gonna Shoe (Your Pretty Little Feet)?" and "Working Song" — before introducing his special guest star Merle Haggard. Haggard, who is described as having a country style "half-way between Austin and Nashville," leads his audience through a working man's day by telling of migrant workers' toil in "Tulare Dust" and then dreaming of better times in "Colorado" and "Rainbow Stew."

Also included in the program is a series of duets between Ernie Ford and his guests, with numbers such as "Daddy Frank," "Cool Water," "Crawdaddy Song," "I Love" and "I'll Never Be Free" leading up to a stirring solo on "Sixteen Tons."

From the opening strains of "This Land is Your Land" to the rousing finale of "This Little Light of Mine" "Songs Of A Lusty Land" conveys a uniquely American spirit.

The mythology and truths of America have always been perpetuated in its music. The work, love, hurt and humor that went into the making of this land are embodied in it. "Songs Of A Lusty Land" salutes this country's varied musical heritage in a two-hour celebration on December 27 at 8 p.m. on Center Channel 4.

Starring Tennessee Ernie Ford, this special features some of the most gifted talents to rise from America's heartland. As the only group still specializing in distinctly western (as opposed to country) music, The Sons of the Pioneers have kept the cowboy spirit alive. These five talented voices transport the audience to wide open spaces with their renditions of "When Payday Rolls Around," "Ghost Riders in the Sky" and "Tumbling Tumbleweed."

Kay Starr brings to life the blues-torch-country-ballad style best characterized as "saloon singing" with her brassy, gutsy performance. She makes her audience alternately introspective and amused with "Wheel of Fortune," "The Hungry Years" and "Frankie and Johnny."

Tom T. Hall, a man often called the poet laureate of the working class, contributes his alternately bitter, funny and philosophical thoughts in "Rolling Mills of Middletown," "The Ballad of Forty Dollars" and "Old Dogs, Children and Watermelon Wine."

Help Child Develop Good Eating Habits

Learning to enjoy a wide variety of nutritious foods is basic for developing good life-time food habits.

Many parents assume that children are getting the proper amounts of all nutrients by allowing each child to eat whatever he or she likes and giving him a dietary supplement, such as a vitamin tablet, observes Sarah Hinton, extension food specialist, North Carolina State University.

This may be a poor practice,

Mrs. Hinton adds, because children may develop a limited number of food likes and then depend upon these foods for all of the 45 or more nutrients known to be essential for humans.

The "right" foods are usually the safest and best balanced source for all of the nutrients needed by the body. Some nutrients, particularly vitamins A and D, can be toxic or poisonous if taken in large doses over extended periods

of time, Mrs. Hinton adds.

Setting a good example is one of the best ways a parent can encourage a child to learn to eat a wide variety of foods. Fathers are just as important as mothers in this respect.

Allow a child to have a few dislikes. If he dislikes a food, don't push but offer it again at a later time because children change readily.

Children's tastebuds are sensitive, and they have more of them than adults. They usually prefer bland foods and reject sharp or distinctive flavors.

Wednesday Evening

December 17, 1980

	WFMY CH. 2 Cable 2	WPTF CH. 28 Cable 3	WTVD CH. 11 Cable 6	WUNC CH. 4 Cable 9	WTTG CH. 5 Cable 10	WRAL CH. 5 Cable 12	WTBS CH. 17 Cable 13	WGHP CH. 8
7:00	Face The Music P.M. Magazine	Carol Burnett What's Happening	Family Feud M.A.S.H.	MacNeil/Lehrer Julia Child	Welcome Back Kotter M.A.S.H.	Sandford & P.M. Magazine	All In The Family Samford & Son	Joker's Wild Tic Tac Dough
8:00	Enos	Real People	Enos	12th Street Rag	Starsky & Hutch	Eight Is Enough	TBS Movie: "Beneath The 12 Mile Reef"	Eight Is Enough
9:00	CBS Movie: "Butch & Sundance: The Early Years"	Different Strokes Facts Of Life	CBS Movie: "Butch & Sundance: The Early Years"	Edwin Hawkins At The Symphony	Merv Griffin	Taxi Soap	"	Taxi Soap
10:00	Years	Quincy	Years	A Lady Named Brydie	News	Vega\$	TBS News	Vega\$
11:00	News	News	News	"	M.A.S.H.	News	Night Gallery	News
11:30	Movie	Tonight	Mary Tyler Moore	"	Odd Couple	Nightline Love Boat/	Movie 17: "Ten"	Nightline Love Boat/
12:00	"	"	Rockford Files	"	Perry Mason	Police Woman	Little Indians	Police Woman
12:30	"	Tomorrow	"	"	"	"	"	"

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