

Clubs and Socials

Better Homes & Gardens Club

President Ella Brown, hosted the March meeting of the Better Homes and Gardens Club on St. Patrick's Day. She presided over an agenda of devotion, minutes, old and new business.

A report was made on contributions to the *Merrick-Washington Magazine* for the Blind and to the NAACP to forward to a burned-out family.

Gardener Beulah Hill distributed green ribbons she made, appropriate for St. Patrick's Day but intended for symbolizing Atlanta's crisis.

Review of the constitution prompted the appointment of a constitution committee composed of Gardeners Mable Bryant, Beulah Hill and Carrie Vereen.

Reports were made regarding the successful council fund raising project, bus trip to Azalea Festival in Wilmington, and the March 28 Flower Arranging Workshop.

Gardener Helen Brown, reported that \$200 had been forwarded to Atlanta in the Club's name to aid Atlanta's pursuit and apprehension of criminal(s) responsible for the murders of Atlanta's black youngsters.

A new member, Ms. Ethel (Bonnie) Taylor, was welcomed into the club.

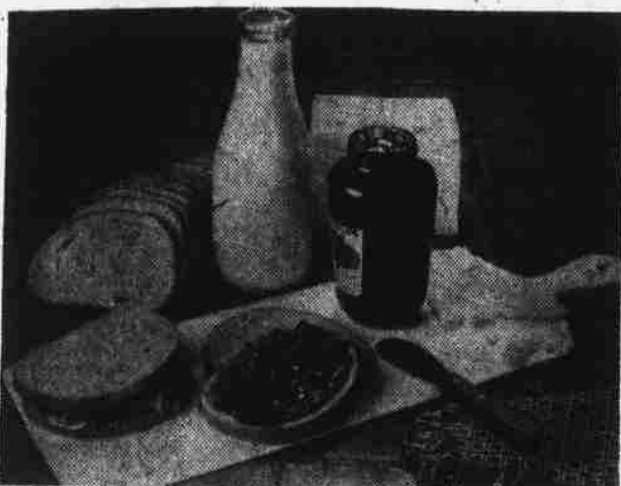
Birthday honors were shared by Ms. Mable Bryant, and new member, Ms. Taylor. Gardener Annie Creen presented cards and led the birthday song.

The club looks forward to fulfilling an invitation from Mrs. George Frazier to a Field Day at their farm with games, fishing, eating and fun.

Members present to enjoy a delicious repast were: Mmes. Beulah Hill, Annie Creen, Lenora Hooker, Mable Bryant, Louise Jenkins, Thomasenia Shaw, Catherine Page, Patricia Tilley, Frances Watson, Ethel Taylor, Gladys Dawkins, Ella Brown, Ella Floyd and Carrie Vereen.

Gardener Tilley thanked the hostess.

Nutrition and Good Taste For School Lunches



Because more women than ever before are working outside the home, more children are leading a hand-preparing breakfast and packing their own school lunches. They need something quick and easy to fix that provides good nutrition and energy to carry them through a day that may include school, Little League practice, a game or other activities.

One idea includes three American favorites—cream cheese, Welch's Grape or Strawberry Spreads and milk. Nutritionally, this combination provides protein, calcium and Vitamins A and D as well as quick energy. And when whole grain breads are used, fiber and B Vitamins are added.

Other ingredients may be added to the sandwich such as raisins, celery, chopped walnuts, almonds, pecans, deviled ham or fruit. Suggested here are several sandwiches children will enjoy preparing as well as eating with a glass of milk.

STRAWBERRY SWISS: Spread Welch's Strawberry Jam on rye bread. Top with several thin slices of Swiss cheese.

EYE OPENER: Whole wheat bread spread with cream cheese and Welch's Grape or Strawberry Jam. Top with scrambled eggs and serve open face.

GRAPE DEVILWICH: Spread cracked wheat bread with deviled ham and Welch's Grape Jelly.

Ministers' Wives Celebrate Birthdays

March 28th was a gala occasion for the Interdenominational Ministers' Wives of Durham and Vicinity. At the home of Mrs. Mable Umstead, a lovely birthday celebration followed the regular monthly meeting.

Honorees were: Mesdames Mozelle Harvey, Lorine Lynch, Artelia Perry, Sarah McKinnon, Mertice Monroe, Celestia Sanders, Armadia Cobb, Bena Mitchell, Lucy Harris and Catherine Page. They all hold the distinction of having birthdays between January and June.

Refreshments were provided by those celebrating birthdays between July and December. They include Mesdames Helen Jones, Lucretia McCoy, Annie Melvin, Esther High, Vivian Thorpe, Mudy Stone, Waveline Coffield, Esther Davis and Mable Umstead.

The public is invited to attend the group's anniversary service April 26 at the First Ledge Rock Baptist Church. Rev. C.R. Stone will be the guest minister for the event. Mrs. Artelia Perry is president of the Ministers' Wives.

Lyon Park Rose Garden Club

The Lyon Park Rose Garden Club held its meeting at the home of Mrs. Mable Freeland on Massey Avenue, last week. The meeting was opened with the club song and a short devotion. Mrs. M.W. Webb read the minutes of the last meeting which were approved. Reports from various committees were included.

Mrs. Catherine Shaw talked on "Removing Winter Coverings and Pruning". The president, Mrs. Sophronia Green, said she hoped the spring gardens would be ready for touring around Easter.

Mrs. Willie Sneed will bring reports on other possible garden tours.

Members present: Mmes. Josephine Foushee, Sophronia Green, Lois Cozart, Celestine Cunningham, Margaret Milliken, Hallie Cruse, M.W. Webb, Mary Hardy, Willie Sneed, Catherine Shaw, Mattie R. Canty and Ruth Mears.

Mrs. Sneed thanked the hostess for a delicious dinner. The next meeting will be with Mrs. Arnetta Merritt on Morehead Avenue, April 11, at 4 p.m.

NCCU Area Garden Club

On Thursday, March 23, Mrs. Hattie Johnson hosted the NCCU Area Garden Club. The Garden Gate was opened by Mrs. Johnson, after which Mrs. Chavis conducted the business session.

Committee reports were discussed and adopted. Mrs. Chavis called attention to the club workshop held at Henderson Towers, which she attended. She made an arrangement, "Joy of Spring" which was presented to Mrs. Nettie Easterling.

Mrs. Elizabeth Kurlines will host the next meeting. Mrs. Johnson served a repast and Mrs. Chavis thanked the hostess.

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