

Fayetteville Happenings

By Mrs. T.H. Kinney

Think! Beat the heat with some indoor entertainment. The Playhouse opens the musical revue "Side By Side By Sondheim", "Oliver!" on Saturday at Bordeaux and various exhibits at the Mall.

The local chapter of the Shaw University Alumni Association met Saturday afternoon at First Baptist Church.

Happy Birthday Anniversary to Howard J., Ms. Felicia Baggett, Ms. Michelle Nix, Ms. Toni McRae, Mrs. V. Dunton, Ms. Eva Morrissey, Johnny Hodges, Preston Bernard Hodges, LeRoy Hodges II and Charlie Hodges.

Mrs. Ludella Stubbs Currie, a native of Red Springs, has retired after a dedicated 32 years of teaching, 1949-1981. Title I Federal Programs Cumberland County Schools, Long Hill Elementary School and Zeta Phi Beta Sorority honored Mrs. Currie during the past week.

Mrs. Currie received her B.S. degree from Fayetteville State University, the M.A. degree from New York University and her Reading Certificate from East Carolina. She has taught and encouraged students in the Veterans Rehabilitation Program, Adult Education at Fayetteville Technical Institute, remedial English and Reading at Douglas Byrd School and grades 4-6 at Long Hill Elementary School. She has served as a basketball and drama coach, worked with Girl Scouts and Boy Scouts and as Youth Coordinator at the Evans Metropolitan Church.

She has membership in NCAE, ACT, PACE, Reading Association, the Democratic Women, American Legion Auxiliary and Zeta Phi Beta Sorority. Her wonderful family, Willie Currie, II, daughter Mrs. Del Tricia, son-in-law Sgt. 1st Class Lloyd Smith

and two grandchildren, Richard and Deena, have complemented her life. She has traveled in the eastern and western portions of our country, Puerto Rico, Virgin Islands and the Bahamas. During this period she provided direction, gave love and showed much strength to many. We wish for her happiness in her retirement.

Dr. Albert W. Spruill, professor of Education and dean of the Graduate School at A&T State University, Greensboro, was the speaker for the Hoke County Civil League on Friday evening.

Rev. Allen S. McLaughlin, associate pastor of New Bethel Church, was speaker for Youth Day at Friendship Baptist Church on Sunday. A play, "The Church Booster League" was presented in the evening.

Mrs. Sadie Burton, a Harnett County native, was the Women's Day speaker for Haymount Presbyterian Church Sunday morning at Stephen Rodgers Chapel.

Mrs. Burton is a graduate of Fayetteville State University and North Carolina Central University. She taught 39 years in the N.C. schools - 25 of them in Cumberland County. She is a ruling elder and active in other phases of the Haymount Church and the Cape Fear Presbytery.

Miss Bonita Jo An Green and Frederick Kelly were married recently in Pope Air Force Base Chapel with the Rev. Jesse J. Williams and Rev. James H. Turner officiating.

The bride is the daughter of Mr. and Mrs. Franklin Green. The bridegroom's parents are Mr. and Mrs. Dock Kelly, Jr., of Southern Pines.

A reception hosted by the bride's parents was held following the ceremony at Fort Bragg Officers Club.

The bride is a student at Fayetteville Technical Institute. The bridegroom attended East Carolina University. He is now in the U.S. Air Force, stationed at Pope Air Force Base.

The couple will live in Fayetteville.

Members and guests of Chums celebrated their silver anniversary on Friday evening at the Fort Bragg Officers Club.

The bride is a graduate of Fayetteville State University. The bridegroom is stationed at Shaw Air Force Base, S.C., with the U.S. Air Force.

The couple will live at Shaw AFB.

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Miss Sonia A. Guy Is Bride Of Wilbur S. Barham

ENFIELD — Miss Sonia Arlene Guy and Wilbur Stetson Barham were united in marriage on Saturday in New Bethel Baptist Church. Rev. Abraham Walton performed the double ring ceremony.

The bride, who was escorted and given in marriage by her brother John, is the daughter of Mrs. Hattie Guy and the late John Thomas Guy of Enfield. She is a graduate of Enfield High School and North Carolina Central University, Durham. She is currently attending Southeastern University in Washington, D.C.

The bridegroom is the son of Mr. and Mrs. Lincoln Barham of Como. He is a graduate of Murfreesboro High School and North Carolina Central University.

Wedding music was presented by pianist Mrs. Tonsa R. Walton and soloist Mrs. Ernestine Hill. The wedding was directed by Mrs. Martha Tilley and Ms. Marjorie C. Guy of Durham, sisters of the bride.

Maid of honor was Ms. Vernita Walker of Durham. Bridesmaids were Miss Kimberly Tilley of Durham and Miss Loretta Scott of Enfield.

Stanley Dunston of Louisburg served as best man. Ushers were Bobby Wynn of Chapel Hill and Michael Barnes of District Heights, Md. Children in the wedding were Shontelia Latrice Guy and Kevin Barham.

The bride wore a gown of ivory silk organza and re-embroidered Alencon lace. Alencon lace etched with seed pearls outlined the Queen Anne neckline and adorned the bodice. Lace motifs applied the sleeves and the cuffs. The full length skirt extended into a chapel train which was accented with garlands of Alencon lace. The hemline was also trimmed with Alencon lace.

For her headpiece, the bride wore ivory illusion with lace appliques etched with seed pearls mounted on a lace covered caplet.

A reception given by the family of the bride was held immediately following the ceremony at the home of Mr. and Mrs. Wilbur Scott, sister of the bride.

After a wedding trip to Clearwater Beach, Florida, the bride and groom will reside in the Washington, D.C., area where they are both presently employed.



Mrs. Wilbur S. Barham

Engagement Announced

Mr. and Mrs. Stanley Smith announce the engagement of their daughter, Miss Cynthia Elaine Smith, to Melvin Riggs, son of Dr. and Mrs. Harry L. Riggs, Sr., of Bloomfield Hills, Michigan.

The bride-to-be is a graduate of Hampton Institute and North Carolina Central University. She is a teacher in the Durham City Schools.

The prospective bridegroom is a graduate of Fisk University, Oakland University and a doctoral candidate in Higher Education Administration at Duke University. He is currently a teacher in the Durham City Schools.

A July 25 wedding is planned.

About Your Medicines

by The United States Pharmacopeial Convention, Inc.

THIAZIDE DIURETICS

This medicine is a thiazide or thiazide-like diuretic. It is commonly used to treat high blood pressure. It is used also to help reduce the amount of water in the body by increasing the flow of urine. Thiazide diuretics may also be used for other conditions as determined by your doctor. They are available only with your doctor's prescription.

This information applies to the following medicines. Some commonly used brand names are included in brackets.

- Bendroflumethiazide (ben-droe-floo-meth-EYE-a-zide) [Naturetin]
- Benzthiazide (benz-THYE-a-zide) [Aquatag, Exna, Hydrex]
- Chlorothiazide (klor-oh-THYE-a-zide) [Diuril, SK-Chlorothiazide]
- Chlorthalidone (klor-THAL-i-doan) [Hygroton, Uridon]
- Cyclothiazide (sye-kloe-THYE-a-zide) [Anhydron]
- Hydrochlorothiazide (nye-droe-klor-oh-THYE-a-zide) [Esidrix, Hydro-Aquil, HydroDIURIL, Oretic]
- Hydroflumethiazide (hye-droe-floo-meth-EYE-a-zide) [Diacardin, Sahuron]
- Methylclothiazide (meth-ee-kloe-THYE-a-zide) [Aquatensin, Duretic, Enduron]
- Metolazone (me-TOLE-a-zone) [Diulo, Zaroxolyn]
- Polythiazide (pol-i-THYE-a-zide) [Renese]
- Quinethazone (kwin-ETH-a-zone) [Hydro-mox]
- Trichlormethiazide (trye-klor-meth-EYE-a-zide) [Metahydrin, Naqua]

Proper Use of This Medicine

● This medicine may cause you to have an unusual feeling of tiredness when you begin to take it. You may also notice an increase in the amount of urine or in your frequency of urination. After taking the medicine for a while, these effects should lessen. In order to keep the increase in urine from affecting your nighttime sleep:

- if you are to take a single dose a day, take it in the morning after breakfast.
- if you are to take more than one dose a day, take the last dose no later than 6 p.m., unless otherwise directed by your doctor.

However, it is best to plan your dose or doses according to a schedule that will least affect your personal activities and sleep. Ask your doctor, nurse, or pharmacist to help you plan the best time to take this medicine.

● In order to help remember to take your medicine, try to get into the habit of taking it at the same time each day.

● If you miss a dose of this medicine, take it as soon as possible. If it is almost time for your next dose, do not take the missed dose at all and do not double the next one. Instead, go back to your regular dosing schedule. If you have any questions about this, check with your doctor.

● For patients taking this medicine for high blood pressure:

—Importance of Diet—When prescribing medicine for your condition, your doctor may also prescribe a personal diet for you. Such a diet may be low in sodium (salt). Medicine is usually more effective when this diet is properly followed.

Also, it may be very important for you to go on a reducing diet. However, check with your doctor before going on any diet.

—Many patients who have high blood pressure will not notice any signs of the problem. In fact, many may feel normal. It is very important that you take your medicine exactly as directed and that you keep your doctor's appointments even if you feel well.

—Remember that this medicine will not cure your high blood pressure but it does control it. Therefore, you must continue to take it as directed if you expect to keep your blood pressure down. You may have to take medicine for the rest of your life. If high blood pressure is not treated, it can cause serious problems such as heart failure, blood vessel disease, stroke, or kidney disease.

Precautions While Using This Medicine
● It is important that your doctor check your progress at regular visits.

● This medicine may cause a loss of potassium from your body. To help prevent this, your doctor may want you to:

- eat or drink foods that have a high potassium content (for example, orange or other citrus fruit juices), or
- take a potassium supplement, or
- take another medicine to help prevent the loss of the potassium in the first place.

It is very important to follow these directions. Also, it is important not to change your diet on your own. This is more important if you are already on a special diet (as for diabetes), or if you are taking a potassium supplement or a medicine to reduce potassium loss. Extra potassium may not be necessary and, in some cases, too much potassium could be harmful.

● Check with your doctor if you become sick and have severe or continuing vomiting or diarrhea. These problems may cause you to lose additional water and potassium.

● Caution: Diabetics—Thiazide diuretics may raise blood sugar levels. While you are using this medicine, be especially careful in testing for sugar in your urine. If you have any questions about this, check with your doctor.

● A few people who take this medicine may become more sensitive to sunlight than they are normally. When you begin to take this medicine, avoid too much sun or use of a sunlamp until you see how you react, especially if you tend to burn easily. If you have a severe reaction, check with your doctor.

● For patients taking this medicine for high blood pressure: —Do not take other medicines unless they have been discussed with your doctor. This especially includes over-the-counter (non-prescription) medicines for appetite control, asthma, colds, cough, hay fever, or sinus.

Side Effects of This Medicine

● Along with its needed effects, a medicine may cause some unwanted effects. Although not all of these side effects appear very often, when they do occur they may require medical attention. Check with your doctor if any of the following side effects occur:

Rare
Severe stomach pain with nausea and vomiting
Skin rash or hives
Unexplained sore throat and fever

Signs of too much potassium loss
Dryness of mouth
Increased thirst
Irregular heartbeats
Mood or mental changes

● Other side effects may occur which usually do not require medical attention. These side effects may go away during treatment as your body adjusts to the medicine. However, check with your doctor if any of the following side effects continue or are bothersome:

Less common
Diarrhea
Dizziness or lightheadedness when getting up from a lying or sitting position
Increased sensitivity of skin to sunlight
Loss of appetite
Upset stomach

● Other side effects not listed above may also occur in some patients. If you notice any other effects, check with your doctor.

NOTE: The above information is abstracted from the 1981 editions of *About Your Medicines* and *USP Dispensing Information*. It is not sufficient to make an evaluation as to the risks and benefits of taking a particular drug in a particular case or to provide medical advice for individual problems and should not be relied upon for these purposes. Should you desire additional information or if you have any questions as to how this information may relate to you in particular, ask your doctor, nurse, or pharmacist.

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