



In recognition of 1981 as the year of the community college, Central Telephone Company has included students at Durham Technical Institute on the cover of the Hillsborough telephone directory. Durham Technical Institute is one of fifteen community colleges featured on telephone directories by Central Telephone Company. George B. Kemple, North Carolina vice-president for

Central Telephone Co., presented an enlarged picture of the telephone directory to George Newton, chairman of the Board of Trustees of Durham Technical Institute, and Dr. Phail Wynn, Jr., president of Durham Technical Institute. From left are: Dr. Wynn, Mr. Kemple, Mr. Newton.

About Your Medicines



by The United States Pharmacopeial Convention, Inc.

ZOMEPIRAC

Zomepirac (zoo-me-PEER-ak) is used to relieve pain. It is available only with your doctor's prescription.

A commonly used brand name is Zomax.

Proper Use of This Medicine

● Take this medicine only as directed by your doctor. Do not take more of it, do not take it more often, and do not take it for a longer period of time than your doctor ordered. Taking too much of it or using it for a longer period of time may increase the chance of side effects.

● If this medicine upsets your stomach, it may be taken with antacids. However, sodium bicarbonate (baking soda) may make the medicine less effective and should not be used. If you have any questions about which antacid to use, ask your doctor or pharmacist. If stomach upset (nausea, vomiting, stomach pain, or diarrhea) continues, check with your doctor.

● If you are taking this medicine on a regular schedule and you miss a dose, take it as soon as possible. Then go back to your regular dosing schedule. However, if it is almost time for your next dose, do not take the missed dose at all and do not double the next one. Instead, go back to your regular dosing schedule. If you have any questions about this, check with your doctor.

Precautions While Using This Medicine

● If you will be using this medicine for long periods of time (for example, for several months at a time), your doctor should check your progress at regular visits, in order to make sure that the medicine does not cause unwanted effects.

● This medicine may cause some people to become dizzy, drowsy, or less alert than they are normally. Make sure you know how you react to this medicine before you drive, use machines, or do other jobs that require you to be alert.

● Stomach problems may be more likely to occur while you are taking this medicine:

—if you drink alcoholic beverages. Also, alcohol may increase the chance of dizziness or drowsiness occurring while you use this medicine.

—if you take aspirin or other nonsteroidal anti-inflammatory/analgesic medicines (for example, some kinds of arthritis medicine). Therefore, do not use any of the above without first checking with your doctor.

Side Effects of This Medicine

● Along with its needed effects, a medicine may cause some unwanted effects. Although not all of these side effects appear very often, when they do occur they may require medical attention. Check with your doctor if any of the following side effects occur:

More common
 Difficult or painful urination
 Skin rash

Swelling of feet or lower legs
 Weakness

Less common
 Burning, itching, or irritation of vagina
 Depression
 Frequent urination
 Irregular or pounding heartbeat

Itching or skin irritation
 Loss of hearing
 Numbness or tingling of hands or feet
 Ringing or buzzing sound in the ears

Rare
 Blood in urine
 Bloody or black tarry stools
 Hives

Shortness of breath
 Troubled breathing
 Wheezing

● Check with your doctor also if blurred vision or other vision problems occur while you are taking this medicine. Although zomepirac has not been shown to cause vision problems, similar medicines have caused them and the possibility that they may occur with this medicine also always exists.

● Other side effects may occur which usually do not require medical attention. These side effects may go away during treatment as your body adjusts to the medicine. However, check with your doctor if any of the following side effects continue or are bothersome:

More common
 Bloated feeling or gas
 Constipation
 Diarrhea
 Dizziness
 Drowsiness

Headache
 Indigestion
 Nausea or vomiting
 Stomach pain
 Trouble in sleeping

Less common
 Changes in taste
 Loss of appetite
 Unusual increase in sweating

Unusual nervousness or restlessness

● Other side effects not listed above may also occur in some patients. If you notice any other effects, check with your doctor.

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NOTE: The above information is abstracted from the 1981 editions of *About Your Medicines* and *USP Dispensing Information*. It is not sufficient to make an evaluation as to the risks and benefits of taking a particular drug in a particular case or to provide medical advice for individual problems and should not alone be relied upon for these purposes. Should you desire additional information or if you have any questions as to how this information may relate to you in particular, ask your doctor, nurse, or pharmacist.

Millions In Federal Funds Being Lost To North Carolina

By Donald Alderman

North Carolina will lose nearly \$121 in federal funds for the remaining nine months of this fiscal year and almost \$173 million next fiscal year, according to preliminary estimates compiled by the Office of State Budget and Management.

The federal funds will be funneled to the states in the form of block grants this year, with a 25 per cent reduction compared to last year's funding. A part of the "New Federalism," the block grant program gives states more authority in the administration of federal grants.

The state budget office says, however, "a smaller number of programs (than was anticipated) were included in the block grants, and less flexibility was allowed states in administration of the grants."

North Carolina will assume responsibility for administering most of the nine block grants that are authorized by Congress as of October 1 of this year.

The cuts will mean reductions in services ranging from health services and child day care to energy assistance and transportation. The state budget office has decided to pass the cuts along across the board.

Varying federal and state requirements and stipulations are attached to the block grants to prevent political pressure and favoritism as the states decide how to divide the funds among agencies. For instance, the largest block grant to be turned over to the state is social services which covers such areas as mental health, child day care, and foster care. Broad non-discrimination provisions are attached to ensure fair distribution.

Recently representatives from several public agencies, at the Statewide Coalition on Block Grants meeting, examined the question of fair distribution. Although the state budget office said cuts will be felt across the board, some agencies believed that their programs may not be high on the state's priority list. Some agencies believed that provisions against discrimination will have little effect if the transition to block grant funding is not closely monitored.

We Welcome Your Clubs & Social News

News about happenings of your club or social events should be our office not later than Monday at 5 p.m. of the week of publication.

Community Development Public Hearing



WHEN: Monday, September 21, 1981

TIME: 7:30 P.M.

WHERE: City Council Chamber
 Durham City Hall

submitting Durham's next Three Year Community Development and Housing Plan for 1982-85, the City of Durham will hold three Public Hearings. The first public hearing will be held on Monday, September 21, to receive comments from citizens about the performance of the Community Development Program. Information about the Program's performance will be available for review in the City Clerk's Office in the City's Annual Program Performance Report.

For more information contact the Planning and Community Development Department at 683-4137.

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