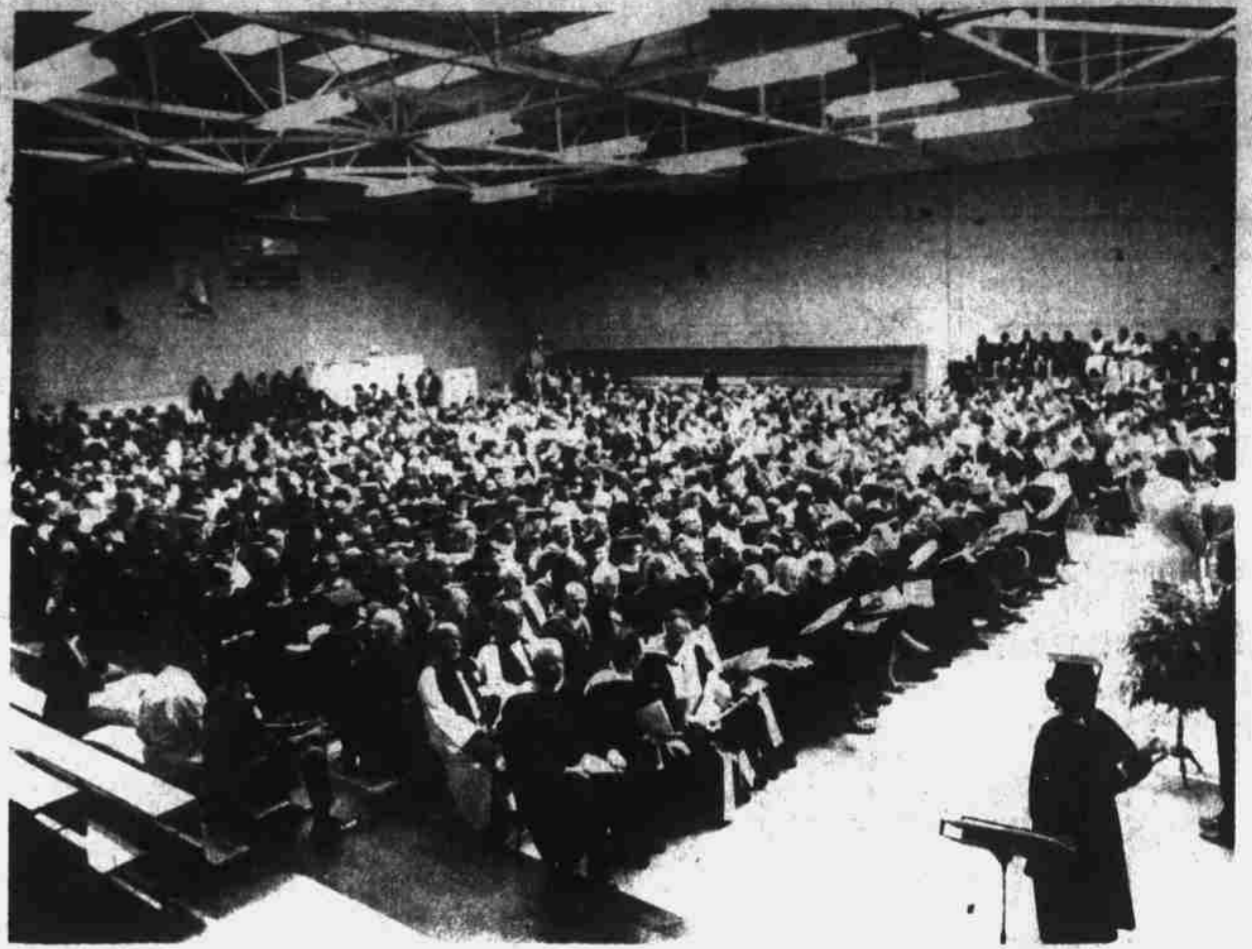




THE RIGHT REVEREND ROBERT F. GIBSON, JR., (right) chairman of the Board of Trustees of Saint Paul's College, presents to the president-elect, Dr. S. Dallas Simmons, the mace — symbol of presidential authority — containing a copy of the original charter and other official documents of the college.



A VIEW OF THE INAUGURATION AUDIENCE

Saint Paul's College Inaugurates New Chief Executive

LAWRENCEVILLE, VA. — For the fifth time in 93 years last Sunday, Saint Paul's College invested a president. The new chief executive, Dr. S. Dallas Simmons, former vice chancellor for University Relations at North Carolina Central University, Durham,

N.C. told an inauguration crowd of 1200 that institutions "with all black leaders, all black students, black courses and the all black community orientation are headed down the road to academic suicide." Indicating that Saint Paul's "will be ready to func-

tion at a high level of efficiency in this multiracial world and pluralistic society", Dr. Simmons also emphasized that the real purpose of higher education must be reckoned with; that is, "preparation for the competition in today's world."

More than 200 robed delegates and representatives adorned in bright, colorful attire moved down a picturesque, hilly slope to the gymnasium to begin the ceremony. Keynote speaker for the event was Dr. Helen G. Edmonds, a Saint Paul's graduate and

Distinguished Professor of History Emerita at North Carolina Central University. Dr. Edmonds, who has served a number of appointments for U.S. Presidents, spoke of "the need for excellence in a time of fiscal restraints." Saint Paul's new presi-

dent received his undergraduate and master's degrees at North Carolina Central University. An Ahsokie, N.C. native, he earned his doctorate at Duke University and was a staff assistant to President Gerald Ford in 1975-76.



DR. EDMONDS

Help For The Neglected Foundation

By Kelvin A. Bell

Feet. They're called the neglected foundation because three out of four Americans have foot problems. These problems range from athlete's foot to ingrown toenails to fractures of toes and other bones of the feet to corns and callouses. No matter what the affliction, these problems are all irritating and many are very painful. But help is available.

The branch of medicine which deals specifically with the examination, diagnosis, treatment, and prevention of diseases and disorders of the feet is called Podiatry. Raleigh native and graduate of St. Augustine's College, Dr. James Williamson, is such a practitioner, and has recently established a practice in Durham. Having completed his medical studies at the Philadelphia College of Podiatric Medicine and a year of residency at Norfolk Community Hospital, Dr. Williamson has returned to his native state to help provide care for its foundations.

While feet have been the brunt of jokes for centuries, to Dr. Williamson, their care and protection is no laughing matter. In his practice on Duke Street across from Henderson Towers, he is available to see and treat a number of common problems. Among geriatric patients, one such common problem involves debridement (removal) of corns or callouses non-surgically.

Among all age groups, other common ailments and treatments include: care of ingrown nails (infected and non-infected); treatment of diseases of the foot such as athlete's foot disease; Verruca planteris (planter's wart), a very painful affliction occurring on the bottom of the foot which can also be treated without surgery; fractures and dislocations of toes, and a type of fungal infection of the nail which causes it to be very thick, discolored, and not easy to trim.

Williamson can also treat diabetics. He notes that many diabetics may receive injuries to, or have diseases of the feet and do not know it. Because of a loss of sensation in the feet due to problems of the small blood vessels of the skin — diabetics tend to heal a little slower than others — infections could lead to a loss of a foot or leg in some cases.

While a podiatrist does not treat diseases



As part of treatment, patients often receive a whirlpool foot bath prior to additional care by the podiatrist.

such as diabetes, because of the effects of these diseases on the feet, he may be the first to recognize the presence of such diseases. When this occurs, says Williamson, he will provide care for the foot ailments and refer the patient to the proper physician for treatment of disease involving the rest of the body.

Costs of a visit to a podiatrist are comparable to those of regular physician visits, but where the foot is the primary concern, unless the physician is also trained in orthopedic care and surgery, one may still have to be referred to a podiatrist. As with other types of physicians, all major insurance forms are accepted.

Believing that his primary responsibility is in the area of non-surgical care, education, and preventive care, Dr. Williamson has begun speaking with civic and geriatric groups to show them ways to prevent problems. He does encourage people to come in if they suspect anything wrong or have persistent pain. Dr. Williamson discussed some of his tips with us and they are included in the list at the end of this story.

There is one physician for every 670 persons in the country; one dentist for every 2,000, but only one podiatrist for every 23,000 Americans. In North Carolina, of the seventy-some practicing podiatrists, Dr. Williamson is the only black. We welcome the additional care he will make



Dr. Williamson checks instruments to go inside the autoclave, (a sterilizing device), prior to their reuse.

2. Use a simple foot powder (medicated or non-medicated) to help protect your feet.

3. One of the best foot powders is corn starch and it's a lot cheaper than other non-medicated aids.

4. Toenails should not be cut like fingernails. They should not be arched, but cup straight across.

5. The elderly and diabetics should be cautious in the use of

preparations for the removal of corns, callouses, and warts available without prescription. Many of these contain acids which do not easily recognize the difference between good and bad tissue in these individuals.

6. In buying shoes, comfort should be primary and fashion secondary. Make sure there is enough room in the toe box of the shoe both lengthwise and widthwise.

For Colleges

Continued from Page 1
itself or as regarded black students or faculty."

Williams said only black schools such as NCCU training and developing in blacks "fine character and sound academic training" necessary for

leadership, can assure the future of blacks. He said, it is critical, that blacks work to insure the survival of black schools for future generations.

Noting that there is a crisis in the black community, Williams said the time is now for black

Basic Foot Care Tips

1. Keep feet clean and make sure they are properly dried, especially between the toes. Fungus needs heat, moisture, and darkness to grow — the climate inside the shoe can provide all three.



Mrs. George Frazier watches closely as Dr. Williamson removes callouses from soles of her feet.

students and teachers begin working again for the betterment of the black community.

He called for black schools to again use resources tapped before the days of federal aid. Private support, alumni and community groups must join the effort; fraternal, political and social clubs committed to black concerns and guided by black priorities must also become more supportive of black institutions.

Need Of Blacks

(Continued from Front)

tal change will be necessary before it can begin to meet the needs of the masses of black people. Also our system exalts property rights and profits over human

rights to such a great extent that human interests are too often violated. For these reasons, fundamental change is absolute.

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