

# Calendar and Announcements

**RED CROSS COURSES** — On February 6, the Durham County Chapter of the American Red Cross is beginning a series of courses training volunteer instructors to teach Home Nursing and Blood Pressure, Preparation for Parenthood, Parenting, Baby Sitting and Good Grooming. If you would like to enroll in this program and become a Red Cross instructor, please call Ms. Pearl C. Steele at the Durham County Chapter, 489-6541 for more information. Become a giving, sharing member of the Durham County community, and experience the rewards of helping and caring. Join us - together we can change things.

**A FREE BLOOD PRESSURE SCREENING CLINIC** will be held at the Durham County Chapter of the American Red Cross on January 28, 10 a.m. until 2 p.m. Come by the chapter house at 1000 East Forest Hills Boulevard and have your blood pressure checked by a Red Cross volunteer nurse. This is another community service of your Red Cross chapter.

**GAMING PARTNER RESOURCE FILE** — Carrboro Recreation and Parks Department is currently developing a gaming partner resource file of persons interested in various table games (strategy & war games, card games, chess, checkers, backgammon, etc.). The file is being developed to help locate other players with similar interests and skill level. Persons wishing to register need only to fill out interest forms. There is no registration fee. For more information, please call the department, 942-8541, extension 203.

**SIXTY YEARS OR OVER?** — In your community there are many opportunities for volunteers to assist non-profit agencies. There are lonely people, young and old, confined in nursing homes and hospitals. Your visit can make the difference. **VOLUNTEER.**

The Retired Senior Volunteer Program (RSVP) provides travel reimbursement and free insurance coverage. For more information, call Ms. Helen Pressley or Ms. Kathy Walters, 596-9311, extension 321, Durham Technical Institute when the RSVP office reopens January 4.

**HEALTH NIGHT OUT** — "Headaches — Causes and Relief" is the topic of the February 2 program. Dr. Barrie J. Hurwitz, assistant professor of neurology, and Dr. Richard S. Surwit, associate professor of medical psychiatry and assistant professor of experimental medicine, will be the resource persons. All "Health Night Out" programs take place at 7:30 p.m., in the second floor amphitheater of the hospital's North Division on Erwin Road. Free to the public.

**NEW PERFORMING DANCE COMPANY** starts its winter-spring session of dance classes on Monday, January 25. If you are between four years and eighty, the perfect dance class is offered for you in ballet, modern, modern-jazz, tap, exercise or creative dance. Classes are held during the day for the non-working dance student or the student on shifts and in the evenings and on Saturdays. For more information, a complete brochure and for registration, please call 688-1138.

**POETRY CONTEST** — A \$1,000 grand prize will be awarded in the coming poetry competition sponsored by World of Poetry, a quarterly newsletter for poets.

Poems of all styles and on any subject are eligible to compete for the grand prize or for 99 other cash or merchandise awards, totaling over \$10,000.

Says Contest Chairman Joseph Mellon, "We are encouraging poetic talent of every kind, and expect our contest to produce exciting discoveries."

Rules and official entry forms are available from the World of Poetry, 2431 Stockton Blvd., Dept. A, Sacramento, California 95817.

**HOBBIES, CLASSES AND MORE** — Are you tired of the same winter routine? Are you ready for something new and exciting in your life? Project LIFT, located in the Durham County Library, has information, reference and referrals on adult hobbies and self-interest classes as well as information on education, financial aid, transition (career and educational) and jobs. Spring into action and visit us at 300 N. Roxboro St., or call 683-2626, extension 31. Hours are 9-9 Monday and Tuesday; 9-5:30

Wednesday through Saturday.

**SEARCHING FOR FINANCIAL AID** — Start with EOC (Educational Opportunity Center), 208 S. Main St., Roxboro. They have the latest information on federal, campus-based and independent aid funds.

Financial Aid Forms (FAF), Family Financial Statements (FFS) and Basic Educational Opportunity Grant (BEOG) applications are available at EOC. They can help complete the forms quickly and accurately. Call EOC today (599-0257).

**N.C. MUSEUM OF LIFE AND SCIENCE** — 433 Murray Avenue, Durham, is open 10 a.m. to 6 p.m., Tuesday through Saturday; 1-6 p.m., Sunday. Call 477-0431 for information.

• **CLASSES** — Are you beginning to get tired of winter home activities and need to get out of the house? You need to join us at the N.C. Museum of Life and Science for classes, workshops, and a field trip. Register ages preschool through adult in after school classes such as Color Explorations, Eggsactly, The Eyes Havw It, Wildlife Puppetry, and Cameras for Kids. There are exciting Saturday workshops, a Solar Greenhouse workshop and tour, and computer classes, too. In addition, a special field trip to Discovery Place in Charlotte will be offered. A lot is going on this winter at the Museum. Call 477-0431 for additional information. Classes begin January 25.

• **MATINEE** — On Friday, January 22, Saturday, January 23 and Sunday, January 24 at 3:30 p.m.,

there will be a snake demonstration for interested visitors at the NCML&S.

**ARTS IN DUKE CHAPEL** will present an organ recital by Peter M. Marshall, a member of the Music Department faculty teaching organ and harpsichord and Duke Chapel Organist, on Sunday, January 24. The program which will begin at 5 p.m. in Duke Chapel will include works by J.S. Bach, Pamela Decker, Jean Adam Guilain, Louis Vierne, Matthias Weckmann, L.J.A. Lefebure-Wely, and Charles Marie Widor. The public is invited, and admission is free.

**FREE PLAY BASKETBALL GYM SCHEDULE** — The Durham Parks and Recreation Department and the Durham City Community Education Department list the following January schedule for Free Play Basketball:

Brogden Jr. High, Monday & Wednesday, 6-8:30 p.m.; Lyon Park Gym, M-T-W-Th, 6-10 p.m.; Holloway St. School Gym, T-Th, 6-8:30 p.m.

For more information contact Jennie Latimer at 683-4355.

**THE MUSEUM'S CHOICE**, an exhibition featuring select student art work from the Durham City and County Schools, will be on display through February 21, in the North Carolina Central University Museum. Hours are: Tuesday-Friday, 9 a.m.-5 p.m.; Sunday, 2-5 p.m. Admission free.

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## Let Us Know

In Advance and we'll keep up with you!