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 new varieties and can tell you if they will grow well in your garden. Don't be timid; asking questions sure beats looking at a botanical turkey in your garden and asking, "Now, why on earth did I plant that?"

CREATIVE SALAD MAKING
 Want to feel like a millionaire? Plant several unusual salad vegetables and let your culinary imagination run wild. You'll feel like Daddy Warbucks!
 Why settle for just lettuce, radish, tomatoes? How boring! Have you ever experimented with growing chervil, sorrel, Chinese cabbage, endive, chives and tender mustard greens for salads?
 There will come those hot summer evenings when the idea of cooking supper will turn you off completely. Remedy: wander about your garden, picking and pulling a colander full of greens and herbs.
 It will give you a salad better than the best you've tasted in fine restaurants. Heavenly! It will soothe your stomach and your jangled nerves, and replenish your body's store of vitamins.
 If you are, indeed, what you eat, wouldn't eating interesting salads make you a more interesting person?

PROLONG YOUR ENJOYMENT: GROW FOOD INDOORS
 Gardeners feel it keenly when winter shuts off the supply of fresh home-grown salad vegetables. Many people know that feeling and want to go on growing vegetables indoors during winter. Well, it's hard to do. The further north you live the harder it becomes, and especially if in your area you are cursed with many cloudy winter days.
 There are a few small, leafy vegetables and herbs that will grow in pots near a south or west window. Leaf lettuce, greens of various kinds, chives, basil and parsley are a few. But they don't grow well at the usual house temperature.
 The fruiting vegetables, such as tomatoes, do poorly except in the sunny south or southwestern parts of the country where windows flood a room with sunlight.
 So, if you have sunny southern or western windows, give salad vegetables a try. But remember, these plants prefer cool rooms that balance the reduced winter sunlight.

DOUBLE-DIGGING AND OTHER ATHLETIC ENDEAVORS
 It must be muscular young people who advocate strenuous gardening. They extoll the virtues of double digging, for example, turning your garden soil over to a depth of 18 inches. They apparently don't realize that many gardeners are at an age where such athletic endeavors are unappealing, if not downright dangerous to life and limb.
 Ruth Stout, who gardened to a great age, proved conclusively that you don't have to dig at all, much less 18 inches deep. She simply piled on more straw much every year and let the earthworms dig the soil for her.
 If you are short on energy or brute power, there are excellent alternatives to the physical approaches to soil preparation. Just go to the library and read up on the way experienced organic gardeners go about it. Double-digging can work, but so can less strenuous approaches.

BUT I'M TOO FRAIL TO GARDEN!
 "But I'm too frail to garden! I'm not strong anymore and my joints hurt from arthritis. I can't bend over or stoop." The problem is, a gardener never stops wanting to turn over the soil and to plant seeds.
 You may have heard this complaint from older gardeners and it is sad to see them give up because of pain or discomfort. They invite even more problems when they give up gardening.
 Elderly or frail gardeners might wish to invest in built-up beds where they can sit on the edge and reach all parts for planting, weeding and harvest. No bending or stooping. Or, at less expense, they can switch to containers for flowers and vegetables.
 Once a year they can prevail on friends, neighbors, family, or youth groups to help in the heavy work of soil preparation.
 Every home for the elderly should have a small garden or containers where guests can keep their hand in gardening. Hope, confidence, serenity—all can flow from the soil.

Drywall Tips
 Here are several suggestions for easier installation of gypsum board:
 * On ceilings especially, drywall stud adhesive, such as that manufactured by United States Gypsum Company's Durabond division, not only saves on nails but creates a stronger bond between furring strips and drywall. Just be sure to follow all directions on the adhesive cartridge.
 * Raid the kitchen cabinet! Chisel may wince, but a potato masher's a great utensil for mixing joint compound. A bread pan, too, is an excellent container for holding workable amounts of the compound.
 * Paneling pluses. Do-it-yourself experts highly recommend that a substrate of drywall be installed underneath the paneling. Why? For a number of homey reasons: to increase sound control, to provide fire resistance and to save money. Dollars can be stretched because, with the drywall, you can use a thinner, less expensive paneling.
 Add zip to frozen vegetables by adding a slice of fresh lemon to the cooking liquid.

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