

Tips For Camping Trips

One of the most enjoyable vacations for a family in North Carolina is an overnight camping trip. More memories can be packed into a weekend

in the wild than practically any other activity. To make sure all your memories are good ones, the N.C. Department of Natural Resources and Com-

munity Development has prepared the following tips for the first-time camper.
 • Rent or borrow your camping equipment. This will give

you and your family a chance to see if you really enjoy overnight in the outdoors without an initial large outlay of money. Also, choose a site nearby and plan for just one night. That way you could still enjoy Saturday if you find out that your family's idea of roughing it is black and white TV.

of outdoor camping. Be sure to bring everything you need. That salt shaker in the kitchen cabinet won't do you much good when you are on top of Mount Mitchell. Always bring some canned goods along with your unprepared food, in case the wood is wet or it's raining, because an uncooked beef stew doesn't taste very good. You will need an ice chest or cooler with plenty of ice if you have uncooked food; also a sturdy cooler makes a great seat beside the fire at night.

• Plan in advance where you want to go and what you want to carry. Sit down with a park brochure or state map and see where you want to go. Remember to be aware of what the weather will be like that weekend and take only what you will need. A long trip in an overloaded small car doesn't get you off to a good start to enjoy a weekend in the wild.

• A ground cloth or space blanket is a must. You can sit or sleep on it to protect you from ground moisture and it makes a nice cover in case of rain.

• Pack a flashlight and a portable radio with batteries that work, because there aren't any stores when you're in the middle of the woods and have dropped the keys to your locked car.

• Teach your children that the outdoors belongs to nature and you are its guest. Learn to identify poison ivy and oak; you can look but you better not touch! Children should never be allowed to explore the woods alone, because of wild animals that have teeth, claws and other unpleasant attributes. Never pick up a snake. They will leave you alone if you leave them alone and poisonous snakes do abound in North Carolina.

• Pack a first aid kit. It's better to be prepared than sorry. You will need a bottle of calamine lotion, band aids and gauze, insect repellent and sting medicine, antiseptic wipes, ointment for burns, aspirin, first aid cream and that all-important toilet paper which has a thousand uses. Keep the paper dry in a coffee can.

• Water is a must. Whether you camp in a developed campground or a backpack site, always be Smokey the Bear's friend and have a container of water by in case your fire gets out of hand. Water is also mighty good on a hot day. Don't put wash water back into the stream.

• Always pack a change of clothing, even for overnight camping, because there is always that slippery rock in the stream or the chance of a sudden shower. Remember that in the mountains or on the beach it can get cool at night.

• Camping is a wonderful way to enjoy the beauty of outdoors North Carolina, so always leave your campsite at least as clean as you found it. Parks are nature preserves, so leave only footprints and take only memories.

Monday-Friday Daytime

June 28 - July 2, 1982

	WFMY CH. 2 Cable 11	WPTF CH. 28 Cable 3	WTVD CH. 11 Cable 6	WUNC CH. 4 Cable 9	WTTG CH. 5 Cable 10	WRAL CH. 5 Cable 12	WTBS CH. 17 Cable 13	WGHP CH. 8
7:00	Good Morning	Today	Captain Kangaroo Morning		New Zoo Revue	Good Morning America	Fun Time	Good Morning America
7:30					Great Space Coaster		I Dream Of Jeannie	
8:00	Cartoon Critters				Porky Pig		My Three Sons	
8:30	Kroft				Bugs & Popeye		That Girl	
8:45	Superstar							
9:00	Beverly Hills	Richard Simmons	Donahue		I Love Lucy	Hour Magazine	Movie:	Good Times
9:15	Hillbillies	Woman's Page			My Three Sons			Richard Simmons
9:30	Alice							
9:45								
10:00	One Day At A Time	Diff'rent Strokes	One Day At A Time		Ghost & Mrs. Muir	Frog Hollow		AM Carolina
10:15	Tattletales	Wheel Of Fortune	Alice		Rhoda	Edge of Night		
10:30								
10:45								
11:00	Price Is Right	Texas	Price Is Right		Woman's Page	Love Boat	Movie:	Love Boat
11:15								
11:30								
11:45								
12:00	Woman's Page	The Doctors	News		Panorama	News		Family Feud
12:15	Young & The Restless	Search For Tomorrow	Young & The Restless			Ryan's Hope		Ryan's Hope
12:30								
12:45								
1:00	As The World Turns	Days of Our Lives	As The World Turns		Movie:	All My Children	Movie:	All My Children
1:15								
1:30								
1:45								
2:00	Capitol	Another World	Capitol			One Life To Live		One Life To Live
2:15								
2:30								
2:45								
3:00	Guiding Light	ScoobyDoo	Guiding Light	Sesame Street	Brady Bunch	General Hospital	Fun Time	General Hospital
3:15		Popeye			Leave It To Beaver		Flintstones	
3:30								
3:45								
4:00	Munsters	Laverne & Shirley	Charlie's Angels	Sesame Street	Kung Fu	Bugs Bunny	Addams Family	People's Court
4:15	Gomer Pyle	Wonder Woman					Ozzie & Harriett	Sanford & Son
4:30								
4:45								
5:00	Wild Wild West	News	Mary Tyler Moore	Mister Rogers Electric Company	I Love Lucy	Beverly Hills	Partridge Family	M.A.S.H.
5:15			Jeffersons		Andy Griffith	Andy Griffith	Hazel	M.A.S.H.
5:30								
5:45								
6:00	News	Star Trek	News	Dr. Who	Carol Burnett	News	My Three Sons	News
6:15	CBS News		CBS News	Doctor In The House	Happy Days Again	ABC News	Father Knows Best	ABC News
6:30								
6:45								

Monday Evening

June 28, 1982

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7:00	CBS News	NBC News	Jeffersons	MacNeil/Lehrer	Welcomeback Kotter	Sanford & Son	Green Acres	Entertain Tonight
7:15			M.A.S.H.	N.C. People	M.A.S.H.	P. M. Magazine	Andy Griffith	Tic Tac Dough
7:30	P. M. Magazine	Family Feud						
7:45								
8:00	Pvt. Benjamin WKRP in Cincinnati	Little House	Pvt. Benjamin WKRP in Cincinnati	Search For Solutions	Incredible Hulk	Best Of The West	TBS Movie:	Best Of The West
8:15						ABC Monday		ABC Monday
8:30								
8:45								
9:00	M.A.S.H.	NBC Movie: "Midnight Lace"	M.A.S.H.	Great Performances	Merv Griffin	Night Baseball		Night Baseball
9:15	House Calls		House Calls					
9:30								
9:45								
10:00	Cagney & Lacey		Cagney & Lacey		News		TBS News	
10:15								
10:30								
10:45								
11:00	News 2	Benny Hill	News	Alfred Hitchcock	M.A.S.H.	News	All In The Family	News
11:15	Quincy	Tonight	M.A.S.H.	Dave Allen At Large	Odd Couple	Nightline	TBS Theatre:	Nightline
11:30								
11:45								
12:00			Rockford Files		Perry Mason	Late Movie:		Late Movie:
12:15								
12:30	Columbo	David Letterman						
12:45								

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