

Business In The Black Wave of the Future PAC Men Menace To Blacks

By Charles E. Belle

Considering that the current resident of the white House is whittling away at the federal budget, black Americans need all of the political strength they can muster. Money is not on our side. The Congressional Budget Office shows that taxes, as a percentage of Gross National Product, will gradually decline from 20.6 per cent this year to 17.7 per cent in 1987. A fourteen per cent drop in five years of available funds to finance the economy. This does not take into effect the dramatic shift of funds from social self-help programs over to war making

defense spending. Such military spending shall exceed \$1 trillion.

PAC men are not President yet, you should thank your lucky stars. Some startling effects have already sliced American thinking Senate ranks down. Senators Birch Bayh and Church are casualties of the crime of Political Action Committees (PAC). The political action committees or PACs formed by special interests, are multiplying as fast as cockroaches in a dirty kitchen, according to a professor of economics at the University of

Maryland. In 1974, there were 600; by 1980, almost 2,000. The top twenty corporate PAC contributors whose contributions have gone to the most conservative candidates, should be flagged as a cancer for the poor and black Americans in the country.

Among them are Blue Bell, Inc., a western and sportswear manufacturer who gave one hundred per cent of its cash contribution to conservative candidates; Coors employees PAC, beer brewers, contributed \$119,000 to all federal races of which 99.62 per cent went to conservative candidates; Schering-Plough Corp., Maybelline and St. Joseph Aspirin and Dart & Kraft, Inc., Miracle Whip, Tupperware and Sealtest Ice Cream paid out over 95 per cent of their funds to defeat candidates supportive to black American causes. Consider these items the next time you visit your local liquor or grocery store. Some say you pay for what you get, but you might not get what you pay for these days. It's a video world, false pictures are in style.

Coping Improving Your Relationship

By Dr. Charles W. Faulkner

Sometimes, after the initial feelings of love and the emotional uplift that accompanies a relationship, the relationship begins to sag. The partners lose interest in each other and begin the long search for a way to restore the enthusiasm, fun and interest to the relationship. Girl friend - boy friend, husband - wife, it does not matter, almost all relationships eventually begin to lose their zip. The cement that previously held them together weakens.

It is the nature of human beings to go through ups and downs in a relationship. Often, the disinterested party focuses only on his/her own need for emotional fulfillment while neglecting the needs of the mate. Relationships require aggressive effort. They require the determined planning and constant contributions of both partners in order to succeed and prosper. There is no miracle except the miracle of your own hard work.

Following are some basic steps that you may use to achieve the happiness in your relationship that you desire:

1. See each other as unique and having individual needs that must be fulfilled. Give the same attention to your partner that you desire for yourself. Respect your partner's individuality.

2. Take conscious steps to close the gap in your relationship. Determine to operate as a member of a team working toward objectives that are clear and agreed upon by both of you. If your mate is unhappy, find out why. If you are unhappy, tell your mate the reasons.

3. Reestablish old goals and establish new ones. If your previous goals have been realized or are unworkable, establish new realistic ones. But, be certain that both of you agree upon the objectives for which you will both work and which will satisfy both of you. Experiment but agree.

4. Constantly reaffirm to your partner that he/she is a needed and desirable person. Verbally express your feeling of security with your mate. Continue the passionate pursuit that brought the two of you together in the first place. Continue to court and refrain from becoming predictable. Perpetuate the spontaneity that made your courtship originally exciting.

5. The ultimate expression of affection
The total release of emotions
The prelude to complete relaxation
Acceptance

These descriptions are most appropriately and frequently applied to sex. Sex is a binding and reaffirming ingredient in a relationship. The beauty of sex begins in the imagination when partners anticipate the fulfillment and release that will take place during the sex act. The psychological prelude of tenderness, understanding and concern make the sex act a rhythmic interchange that says "I become a total person when I am with you." But, this means of expression must be preceded by respect and kind attention to the mate's psychological and emotional needs.

6. Reserve a time for each other when activities are pursued in common. A movie, a nightclub, a lecture, a visit with friends, a lively discussion, a visit to a museum, an art show, cocktails or dinner are all activities that are mutually fulfilling. Or, try something that is new for both of you.

7. Continue to improve yourself. Develop a skill, improve your mind, learn more about your mate, learn more about yourself. Do not stagnate. Grow, Grow, Learn, Learn, Learn.

Letter To The Editor

The new outbreak of violence in Lebanon has claimed the lives of thousands of victims while leaving countless more homeless, without access to even the most basic necessities of life. The International Red Cross estimates that over 300,000 are homeless; others put the figure closer to one-half million.

In the rural areas, whole communities have fled, many of them huddling on open beaches, scavenging for food and water. Beirut itself is engulfed in fear, death and destruction. Empty street and shuttered shops stand amid the unremitting shelling. Stunned and grieving families stretch from one end of this tiny country to the other.

And, as always, it is the children who are the most vulnerable. Moving from place to place looking for what might temporarily be safe shelter, sleeping on open staircases or in empty fields — lacking food, clean water or a change of clothes, the toll of young lives continues to mount.

Save the Children, the international child assistance agency that has been working in Lebanon for over 25 years, is providing emergency services for these children and their families through their established health centers. A team of 45 trained professionals is working around the clock to alleviate the suffering. Volunteers have been mobilized to assist the displaced by locating temporary shelter and distributing medical supplies, clothing and blankets. Save the Children, in cooperation with the United Nations and other voluntary and bi-lateral agencies, is making both an immediate and long-term commitment to the relief and rehabilitation of the Lebanese people.

In order to assist those struggling for survival, Save the Children is issuing an urgent appeal for funds. As a member of the organization's 50th Anniversary Committee, I strongly urge you to take this opportunity to extend a helping hand to the suffering children of Lebanon in their time of crisis. Any contribution, no matter how small, can make a difference. Please mail your check today to Save the Children, Lebanon Emergency Appeal, Dept. P, Westport, Connecticut 06880.

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