

To Do 7,000 Mile "Jazz Is" Tour Driving Professionals Offer Timely Advice

WINSTON-SALEM — Lester Jones and Ed Sellers usually log more highway miles in one year than most drivers do in five.

Between them, they have traveled almost two million miles, the equivalent of 80 trips around the world. As truck drivers for R.J.

Reynolds Industries, Inc., they have battled snowstorms, blistering heat, reckless drivers and assorted other hazards connected with driving

18-wheel trucks.

But even the best professional drivers become cautious in the summer when millions of vacationers crowd the nation's superhighways. "You can't be too careful on long-distance trips," says Jones, a 22-year employee of Reynolds Tobacco.

"Long distance trips test a driver's stamina, alertness and concentration. You're liable to see almost anything on the road, and you have to be prepared for it," adds Sellers, who's driven for Reynolds Tobacco for 20 years.

Sellers and Jones will face one of their stiffest driving challenges starting July 4. They will drive an 18-wheeler containing the stage and production equipment of "Jazz Is", a 20-city, 7,000-mile national tour saluting the history of jazz and its influence on American music. The show is sponsored by R.J. Reynolds Industries and will be performed by students and graduates of the North Carolina School of the Arts.

"The tour won't be a Sunday drive in the country," Jones says. "It'll be the longest trip that Ed and I have ever gone on. We'll drive the way we always have. That's what people who are driving during their vacations should do."

The route to a safe vacation trip starts before the car leaves the driveway. "Don't eat a big meal before you leave the house. A full stomach and the monotony of driving can make you sleepy and less alert," Jones says.

Sellers advises motorists to take a tip from the professionals and take turns at the wheel. "We'll be going about

7,000 miles round-trip. Lester may drive for three or four hours and then I'll take over," Sellers says.

Frayed nerves that often accompany a long trip can be avoided by following one of driving's golden rules. "Don't tell the driver how to drive. A lot of arguments start that way," Jones says.

Sellers also recommends servicing the vehicle before the trip starts. "The tires, fan belt, water hoses and oil pressure should be checked before you leave," he says. "Getting a tune-up, if it's needed, is a good investment, too."

"If your car breaks down on the road, you may have to spend hundreds of dollars to get it fixed," Jones adds. "That's enough to ruin a vacation."

Safety cannot be overemphasized. "Drive the way you normally do, not the way the driver behind you wants you to," Jones adds. The 55-miles per hour speed limit not only saves fuel, Jones says, but also enables motorists and passengers to enjoy the countryside.

Impatience is one of driving's most dangerous habits. "Don't tailgate. If the vehicle in front of you is forced to make a sudden stop, you could get a quick introduction to the people in the back seat of the car in front of you," Sellers says.

Summer driving is hard and emotionally draining work. Looking at the dashboard for several hours while driving on flat roads can put even the best drivers to sleep. "Get out of the car and move around. Take a break when you have to," Jones says.

Monday-Friday Daytime

July 5 - 9, 1982

	WFMY CH. 2 Cable 11	WPTF CH. 28 Cable 3	WTVD CH. 11 Cable 6	WUNC CH. 4 Cable 9	WTTG CH. 5 Cable 10	WRAL CH. 5 Cable 12	WTBS CH. 17 Cable 13	WGHP CH. 8
7:00	Good Morning	Today	Captain Kangaroo Morning		New Zoo Revue	Good Morning America	Fun Time	Good Morning America
7:15					Great Space Coaster		I Dream Of Jeannie	
7:30					Porky Pig		My Three Sons	
7:45					Bugs & Popeye		That Girl	
8:00	Cartoon Critters							
8:15	Kroft Superstar							
8:30								
8:45								
9:00	Beverly Hillsbillies	Richard Simmons Woman's Page	Donahue		I Love Lucy	Hour Magazine	Movie	Good Times
9:15	Alice							
9:30					My Three Sons			Richard Simmons AM
9:45								Carolina
10:00	One Day At A Time	Diff'rent Strokes	One Day At A Time		Ghost & Mrs. Muir	Frog Hollow		
10:15	Tattletales	Wheel Of Fortune	Alice		Rhoda	Edge of Night		
10:30						Love Boat		
10:45								
11:00	Price Is Right	Texas	Price Is Right		Woman's Page		Movie	Love Boat
11:15								
11:30								
11:45								
12:00	Woman's Page	The Doctors	News		Panorama	News		Family Feud
12:15								
12:30	Young & The Restless	Search For Tomorrow	Young & The Restless			Ryan's Hope		Ryan's Hope
12:45								
1:00		Days of Our Lives			Movie	All My Children	Movie	All My Children
1:15	As The World Turns		As The World Turns					
1:30								
1:45								
2:00	Capitol	Another World	Capitol			One Life To Live		One Life To Live
2:15								
2:30								
2:45								
3:00	Guiding Light	ScoobyDoo	Guiding Light	Sesame Street	Brady Bunch	General Hospital	Fun Time	General Hospital
3:15		Popoys			Leave It To Beaver		Flintstones	
3:30								
3:45								
4:00	Munsters	Laverne & Shirley	Charlie's Angels	Sesame Street	Kung Fu	Bugs Bunny	Addams Family	People's Court
4:15	Gomer Pyle	Wonder Woman				Happy Days Again	Ozzie & Harriet	Sanford & Son
4:30								
4:45								
5:00	Wild Wild West		Mary Tyler Moore	Mister Rogers Electric Company	I Love Lucy	Beverly Hillsbillies	Partridge Family	M.A.S.H.
5:15			Jeffersons		Andy Griffith	Andy Griffith	Hazel	M.A.S.H.
5:30								
5:45								
6:00	News	Star Trek	News	Dr. Who	Carol Burnett	News	My Three Sons	News
6:15					Happy Days Again	ABC News	Father Knows Best	
6:30	CBS News		CBS News	Doctor In The House				ABC News
6:45								

Monday Evening

July 5, 1982

	WFMY CH. 2 Cable 11	WPTF CH. 28 Cable 3	WTVD CH. 11 Cable 6	WUNC CH. 4 Cable 9	WTTG CH. 5 Cable 10	WRAL CH. 5 Cable 12	WTBS CH. 17 Cable 13	WGHP CH. 8
7:00	CBS News	NBC News	Jeffersons	MacNeil/Lehrer	Welcomeback Kotter	Sanford & Son	Green Acres	Entertain Tonight
7:15				N.C. People	M.A.S.H.	P.M. Magazine	Andy Griffith	Tic Tac Dough
7:30	P.M. Magazine	Family Feud	M.A.S.H.					
7:45								
8:00	Pvt. Benjamin WKRP In Cincinnati	Little House	Pvt. Benjamin WKRP In Cincinnati	Evening At The Pops	Incredible Hulk	Best Of The West ABC	TBS Movie	Best Of The West ABC
8:15						Monday Night Baseball		Monday Night Baseball
8:30								
8:45								
9:00	M.A.S.H.	NBC Movie: The Legend Of Sleepy	M.A.S.H.	Great Performances	Merv Griffin			
9:15	House Calls		House Calls					
9:30								
9:45								
10:00	Lou Grant	Revenge Of The Gray Gang	Lou Grant		News		TBS News	
10:15								
10:30				Placido Domingo				
10:45								
11:00	News 2	Benny Hill	News	Allrad Hitchcock	M.A.S.H.	News	All In The Family	News
11:15	Quincy	Tonight	M.A.S.H.	Dave Allen At Large	Odd Couple	Nightline	TBS Theatre	Nightline
11:30								
11:45								
12:00			Rockford Files		Perry Mason	Late Movie		Late Movie
12:15								
12:30	Columbo	David Letterman						
12:45								

For constipation relief tomorrow reach for EX-LAX tonight.

Ex-Lax helps restore your system's own natural rhythm overnight. Gently. Dependably. Try it tonight. You'll like the relief in the morning. Chocolated or pills, Ex-Lax is "The Overnight Wonder."



Read label and follow directions.
© Ex-Lax, Inc., 1982

Kyanize
D. PAINT
For All Your Painting Needs
In the Imperial Bldg
Morris St., Durham, N.C.
Phone 688-2338

RELIABLE Construction Company
Plumbing, Roofing
Carpentry and "General Repairs"
Daily
6:30-8:30 A.M.
and
After 4 P.M.